



May 2018



235 Redstone Road **Richmond Hill, Ontario** L4S 2E2 (905)508-1073

Superintendent: Rita Russo 905-884-4477

Trustee: Carol Chan

School Website www.redstone.ps.yrdsb.edu.on.ca Twitter @RedstonePS

Administrators' Message

It is hard to believe that we are already looking forward to May ... where has the year gone?? Maintaining a regular routine as the days get longer (and warmer) remains important for students so that they will be well rested for school. Be sure to keep homework and bedtime routines as regular as possible.

At the recent Parent Voice Matters Symposium, organized by the YRDSB, the keynote speaker spoke of the importance of feeling as though we matter. Both children and adults alike need to feel like they are needed, their contributions are valued and that they are an important part of our lives. We need our students to know that they matter to us at school - this means their academic success, but also their emotional well-being. Take some time to speak to your children about their strengths and all of their positive traits. Often, we can see the good in others, but are much harder on ourselves. Children need to be reminded that they are good and kind, and have many positive qualities to share with others. Let's focus on the positive and help children to flourish.

We hope that you and your family will be able to join us on May 3rd for our Family Wellness Night. This will also launch our Wellness Week at Redstone from May 7-11. There will be guest speakers and workshops for parents and children to learn more about being healthy of mind and body.

W. Thompson Principal

L. Taglieri Vice Principal



PITA THURSDAYS May 3, 10, (Session 2 - 17, 24, 31)

June 7, 14, 21 (Session 2)

Family Wellness Night

On Thursday May 3rd, 2018, we will be hosting a Family Wellness night. We will have guest speakers and activities to support both adults and children towards a balanced and healthy lifestyle. The event will run 6:00p.m-8:00p.m. We hope to see you then!

. ____ . . ___ Office Hours: 8:30 am -4:30 pm If your child will be absent or late please use our 24-hour voicemail system. CALL THE SCHOOL AT 905-508-1073 AND PRESS 2 TO LEAVE A MESSAGE ON THE ATTENDANCE LINE. IF the voicemail is full, send an email to: www.redstone.ps@yrdsb.ca

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PIZZA DAYS May 2, 9, 16, 23, 30 June 6, 13, 20, 27



Wellness Tip – Mattering

How do we show kids they matter?

- Listen to them (uninterrupted!)
- Give them voice/choice
- Encourage/express belief in them
- Set limits (say no, when needed)
- Directly express and show they matter

(From: Michelle Cassidy, Parent Voice Matters Symposium)

Respect Responsibility Honesty

Fairness Perseverance Empathy Initiative

Integrity

Courage Optimism

Honesty



- If it's not right, don't do it.
 If it's not true, don't say it.
- Tell a lie once, and all your truths become questionable.



Recipients of the Character Award April - Integrity Mrs. Coetzee & Ms. Niaz - Jolene, Noah, William Mrs. Wong & Mrs. Mira – Kayley, Avalyn Mr. Janzen & Ms. Bidos – Hasan, Desmond, Jaden Mrs. Gertzbein & Mrs. Jaffer – Austin, Roen, Darian Ms. Thayanithi – Burhanuddin Mrs. Blumenthal – Arianna, Jaclynne Mr. Hynd – Katelyn, Sammy Ms. Zonni – Amberlynn Ms. Kathir – Mila, Zoe Ms. Wainberg – Zoe, Christina Mr. Horowitz – Julia Z. Mrs. Cookson – Smriti Mrs. Alvarez – Adam W. Mr. Inglis – Chloe K. Mrs. Richter - Jewel M., Sophie Z. Mr. Stoddart – Diana Mr. Grey – Isa D. Mr. Barwin – Charley Mrs. Ciani – Nathalya Mrs. Clark - Jack, Abijah Mr. Mangaloglu - Rozhin, Zoie

Redstone is excited for our Third Annual Wellness Symposium! This year we have events for the whole family centered around healthy eating, resiliency and fun ways to stay active and stress free.

Please join us on the evening of Thursday, May 3rd from 6:00 to 7:45 pm for parent and student sessions.

Parents are invited to sign up for two of the following sessions:

"Picky Eaters: Why Kids Become Pick & What We Can Do About It" presented by Lara Frendjian, a Registered Holistic Nutritionist.

"Saving Time With Healthy Food Prep: Demonstration on Ways to Make & Plan Meals for the Whole Family" by Christine Hickson the Owner of HealthyNow, whose services include catering, meal preparation services, juice cleanses and performance juices, personal chef services, and nutritional consulting.

Dr. Douglas Campbell, a clinical psychologist, will present "Childhood Aggression: Helping Parents Raise Resilient Children".

Students will be invited to watch a wellness movie entitled "Wreck it Ralph" and to participate in yoga activities presented by "L.I.G.H.T (Lead, Inspire, Grow, Hope, Transform), a non-profit social justice organization.

We are looking forward to a wonderful evening at Redstone. Please RSVP by May 1st to confirm your attendance for the sessions by using the following link http://bit.ly/redstonewellness2018

Respect	Honesty	Fairness	Perseverance	Courage
Responsibility	Empathy	Initiative	e Integrity	Optimism



Redstone PS 🥗 Redstone PS 🥗 Redstone PS 🖄

Redstone PS

Order your Mabel's Labels to keep camp gear from getting lost!

At Mabel's Labels, you can even **get personalized Redstone labels for your child**.

Visit <u>www.campaigns.mabelslabels.com</u> and search "Redstone" to support our fundraiser and place your order.

<u>Q-Mack @ Redstone</u>

On April 12, our students participated in a presentation by motivational speaker and basketball player Q-Mack. His message of kindness, inclusion and perseverance inspired students to be their best self!

We would like to thank School Council as this presentation was made possible through their fundraising efforts. Thank you everyone for your support.







Bird Boxes

Bird boxes are useful in many ways. Recently, trees are being cut down and because of that, birds are losing their nesting areas. By building bird boxes, you are providing birds a safe place to rest and raise chicks. Attracting birds with bird boxes will help a lot of native birds such as Black-capped Chickadees, House Sparrows, Dark-eyed Juncos, Tree Swallows, and Finches. Some members of the Earth Keepers are building bird boxes to help birds and the environment.

By: Tammy, Isabelle and Charley

Clean Up, Green Up Richmond Hill We participated in Clean Up, Green Up week, in partnership with the Town of Richmond Hill. We collected 21 bags of garbage and 5 bags of recycling on Redstone property and surrounding areas!

Community Clean-Up

Thank you all for your support! Together, we cleaned up a large stretch of the Headwaters Park Trail and Storm Pond area filling up around 18 large garbage bags.



<u>Junior Boys Basketball</u>

This team of intrepid boys formed shortly after the March Break to hone their basketball skills under the tutelage of Coach Dixon. After practicing person-to-person defence, give 'n go's, and pick 'n rolls, the boys developed into a fairly strong fast break team.

Led by their Captain Matthew Ho and Assistant Captains Rukshan Rajah and Chris Millis, the Roadrunners played games throughout the area, travelling to Red Maple P.S. and Pleasantville P.S., as well as hosting a game here at Redstone with Sixteenth Avenue P.S. over the course of the month-long season.

The boys participated in the area tournament on April 19th, playing a number of excellent games that lead up to a nail-biter against Walter Scott P.S. that came right down to the wire.

At the end of the season, the team celebrated the athletic progress and the character-building that they had achieved by enjoying a pizza lunch together. Congratulations on a great season. Go Roadrunners!







Senior Badminton Team

Best of luck to our Sr. Badminton team, who will be competing in the area tournament on May 1st. Go Roadrunners Go!!

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Responsibility	Empathy	Initiative	e Integrity	Optimism

Transportation Requirements

Students in Grades JK-3 must live more than 1.2 km from the school to qualify for bussing.

Students in Grades 4-8 must live more than 1.6km from the school to qualify for bussing.

This means that a student may have qualified in Grade 3, but no longer qualifies in Grade 4. It also means that a younger sibling may qualify while an older sibling may not.

Autism Awareness Month

We would like to thank all of our students and families for their participation in our Autism Awareness fundraiser during the month of April. Together, we raised over \$400 for the Autism Ontario "Raise the Flag" campaign. Autism Ontario is an organization that focuses on advocacy, support, research, public awareness, best practices and government relations.

We also recognized students in our school who are always ready to help our students with Autism. Thank you & congratulations to the following students, who were received our "Helping Hands Award": Ana T., Lucas B., Shervin M., Mitchell M., Anish N., Ben D., Zeo L., Tawhid A., Meriyam J., Jueun C., Sami J. and Nathalya R.

Remember, different is ok!

GET READY FOR KINDERCARTEN

Kindergarten Registration continues

If you have a child entering Kindergarten in September (born in 2014), please go to your local elementary school to register your child.

Welcome to Kindergarten

Redstone will be hosting a 'Welcome to Kindergarten' event for all families and children who have been registered for Junior Kindergarten at Redstone. The event will take place on Thursday, May 10 at 6:00pm. We hope to see you there.

GRADE 8 GRADUATION

Graduation

Monday, June 25 6:00 pm – Group photo 6:30 pm - Ceremony (more info to follow closer to the date)

Grade 8 Trip

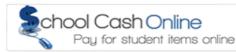
June 20, 2018 Blue Mountain (extended day) (more info to follow)

Red Cross Babysitting Course Monday June 4 (PA Day)

We will be hosting a Red Cross Babysitting Certificate Course at Redstone PS on Monday, June 4 2018 from 9 am -3:30 pm. This program is open to students in grades 6, 7, and 8. The cost of the program is \$68 and includes the cost of the manual and a certificate for each participant. The course is taught by well-trained facilitators with first aid certification and teaching experience. Students will gain experience with diapering and feeding, along with participate in discussions and problem solving exercises which will help them to be confident on a babysitting job.

For more information contact Pauline at 905-478-1744 or entrepreneur33@hotmail.com.

Registration forms and payment are due by Monday May 7, 2018.



School Cash Online

All YRDSB schools are now using School Cash Online as an online payment system. School Cash Online is an easy, safe and convenient way for families to pay online for extracurricular items or events, including yearbooks and field trips. It helps to reduce paper and the amount of cash/cheques handled by parents and students.

Families may make payments using School Cash Online, or by cash or cheque.

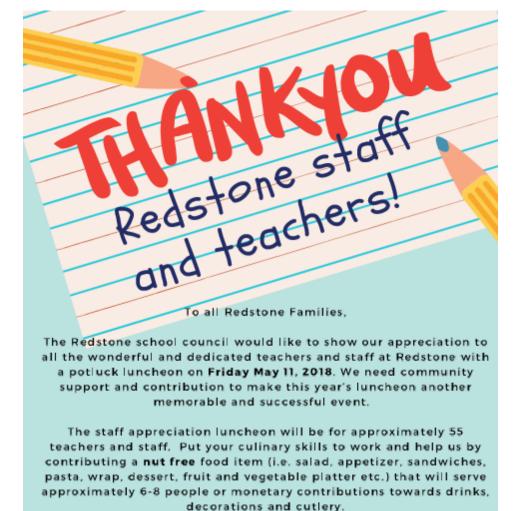
You can register for School Cash Online at any time. There is also a button on our school website. Once you are registered, you will be notified of any new items available for vour child.

Respect Honesty Fairness Empathy Responsibility

Perseverance Initiative

Integrity

Courage Optimism



Please let us know how you can help by Monday May 7 by calling/text Yvette at (416) 725-4515, emailing Vivian at vivmb88@gmail.com or completing our online survey at

https://goo.gl/forms/KmGaYXv84FujNgUa2

Thank you all for your continued support of our school!

Redstone school council

Health Connections – Personal Safety

It's time to remind children about being safe in our community.

Children need to know:

- Their name, age, telephone number, address, city and province. This can be done through rhyme or song.
- How to contact their parents at any time, by memorizing cell or work numbers.
- How and under what circumstances to call 911.

Responsibility

- To never approach or enter a stranger's vehicle. A responsible adult would never ask a child for directions or any other question for that matter.
- Make sure they know they have a right to say "no" to an adult, especially when the adult is asking them to do something they have been taught is wrong or feels uncomfortable. Reminding children of this right is important because children are taught from a young age to respect adults.
- To always tell parents where they will be and to never enter someone's home without their parent's permission.
- If home alone, never admit it when answering the phone. Never answer a knock at the door or speak through it. Adults can be very persuasive. Teach your child to call you if there is a knock at the door and if they fear for their safety, teach them to call 911. Make sure they know that police officers are there to help them and would not get mad if it were a false alarm.
- If they think they are being followed or are in danger they should run home or to a public place. If someone grabs them, they should try to get away, yelling and screaming while doing so.
- It is important to play in safe areas, never take shortcuts and stick with a buddy whenever possible.

Empathy

It is never too early or too late to teach children the importance of personal safety. Common sense, communication and consistency are the
 keys. Remind children to alert a responsible adult if something strange happens that makes them feel uncomfortable. Remember, crime
 prevention is everyone's responsibility. For more information on this subject, visit <u>www.yrp.ca</u>.

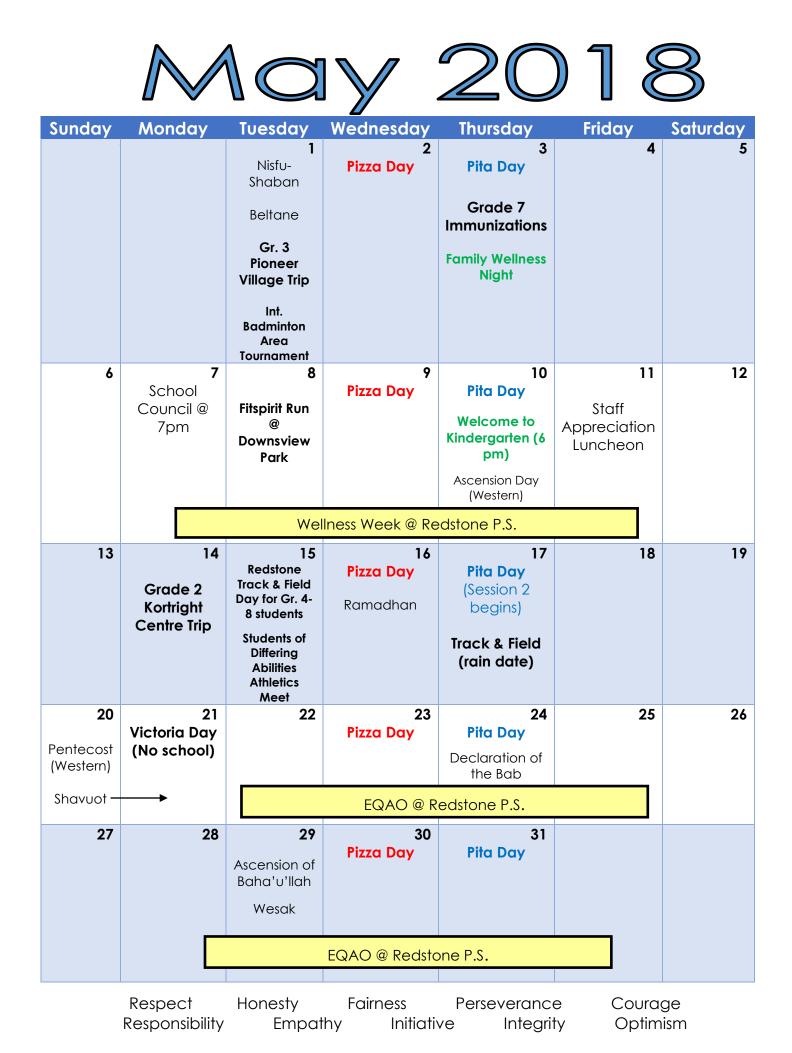
Initiative

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Respect Honesty Fairness Perseverance



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