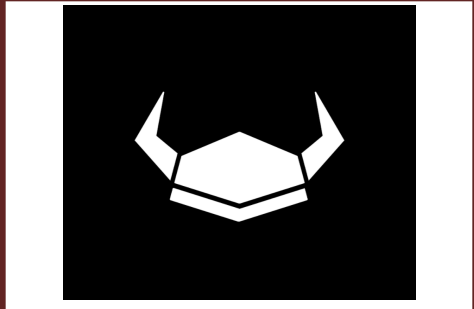


The Richmond Hill High School Family Bulletin
Week of February 20, 2023



201 Yorkland St., Richmond Hill, Ontario L4S 1A2 Phone: (905) 884-2131 Fax: (905) 884-9653
 Email: richmond.hill.hs@yrdsb.ca

Principal: Debbie Linkewich, debbie.linkewich@yrdsb.ca **Vice-Principals:** Paul Ruytenbeek, paul.ruytenbeek@yrdsb.ca; Helen Ho, helen.w.ho@yrdsb.ca
 Tamara Gord, Tamara.gord@yrdsb.ca
Superintendent: Erik Khilji **Trustee:** Crystal Yu

“The things that make us different, those are our super powers.” – Lena Waithe

What’s Happening This Week at RHHS

This Week	Next Week
<p><u>Monday, February 20</u> ● Family Day (no school)</p>	<p><u>Monday, February 27</u> ● School Council</p>
<p><u>Tuesday, February 21</u> ●</p>	<p><u>Tuesday, February 28</u> ●</p>
<p><u>Wednesday, February 22</u> ●</p>	<p><u>Wednesday, March 1</u> ●</p>
<p><u>Thursday, February 23</u> ●</p>	<p><u>Thursday, March 2</u> ●</p>
<p><u>Friday, February 24</u> ● Course Selection Closes</p>	<p><u>Friday, March 3</u> ●</p>

★ RHHS SCHOOL COUNCIL PRESENTS:



Enriched
ACADEMY

RHHS SCHOOL COUNCIL PRESENTS: HOW TO PREPARE YOUR CHILD FOR FINANCIAL INDEPENDENCE



What students need to know about
money ... and how families can help
prepare them for financial independence
For families and students

Please join us for the Live Presentation:



Monday, February 27 | 7:00pm

Richmond Hill High School
201 Yorkland St, Richmond Hill

Please register [here](#)



In this live event cofounder of Enriched Academy, Kevin Cochran, will share his story and talk about what students need to know about money and what parents can do to help prepare them for financial independence.

A live Q&A session will follow the presentation.



★ **Course Selection:**

Course Selection opened in MyBlueprint this Thursday February 16th and **will close next Friday February 24th**. Your children have received a grade appropriate course selection presentation by guidance, as well as many resources being posted in the guidance classroom. Please ensure that they are checking the guidance classroom on a regular basis so they receive this valuable information.

Please review your child's course selections for next year and have them submit as soon as possible. A course verification sheet will come out after the March break to confirm choices and make any changes at that time.

[Course Selection for Students in Grades 9-12](#)

[Course Selection Reminders](#)

★ **OSSLT:**

The spring date for the Ontario Secondary School Literacy Test (OSSLT) is Tuesday, April 18th. Grade 12s, if you haven't gotten confirmation of success on the OSSLT, please speak with Mr. Chan or Ms. Gord to ensure that you have met this graduation requirement.

★ **Centre for Black Student Excellence Mailing List:**

As part of our commitment to dismantling anti-Black racism, YRDSB is **launching the Centre for Black Student Excellence Mailing List**.

Family members subscribed the mailing list will receive information about:

- Updates and programs from the [Centre for Black Student Excellence](#)
- Information about Board programs that would benefit Black students, families with Black children
- Community flyers and programs that would benefit Black students and families with Black children

Families can sign up for the mailing list using this [subscription form](#), available at www.yrdsb.ca/blackexcellence, and can unsubscribe at any time.

The mailing list is one of the key commitments outlined in our [Dismantling Anti-Black Racism Strategy](#). For more information please visit the [Centre for Black Student Excellence](#).



The Centre for Black Student Excellence

The Centre for Black Student Excellence is a space of learning and discovery committed to the promotion of dismantling anti-Black racism and amplifying voices that have been historically marginalized.

Visit us at www.yrdsb.ca/blackexcellence to:

- Access videos, resources and information about community partners.
- Learn more about our work to dismantle anti-Black racism, guided by our strategy.
- Celebrate Black excellence through video, feature stories, podcasts and more.
- Find out about programs available to Black students and families.
- Check out our new community newsletter.
- And much more.

Mailing List

Want to stay up-to-date on programs, resources and events in our community that support Black student excellence?

Subscribe to the Centre for Black Student Excellence Mailing List today to receive information related to supporting Black students, celebrating Black excellence and dismantling anti-Black racism.

You can unsubscribe at any time.

Learn more at www.yrdsb.ca/blackexcellence.



★ Earthquake Donations:



TÜRKIYE and SYRIA EARTHQUAKE

List of Urgently Needed Items

Winter Clothing (coats, jackets, raincoats, boots, gloves, scarfs, hats)

Tents

Camping mattress

Blankets

Sleeping bags

Thermos

Flashlights (without batteries)

Diapers

Cleaning and Personal Hygiene

Sanitary Napkins

Dry Food Items

Baby Formula

All donations will be sent to Türkiye in a prioritized manner via the Consulate.

Donations to Syria will be distributed from Türkiye through a third party organization.

Donations may be dropped off at:

Humanity First Food Bank

600 Bowes Rd, Unit 40, Concord ON L4K 4A3

Telephone: (416) 440-0346

Email: Info@humanityfirst.ca

You may also donate online at www.humanityfirst.ca

★ Parenting Program for Farsi and Dari Speaking Families:



Parenting Program for Farsi and Dari Speaking Families

Building healthy relationships with your children is a fundamental parenting skill. As a parent, we want to raise healthy individuals. This starts with knowing and practicing strategies that help us mitigate parenting challenges. Join us for a session full of helpful information and practical strategies. Some of these topics are:

Session 1: Fostering positive relationships with children with looking at self-esteem enhancement strategies

- Tips on fostering a healthy and secure attachment with your child
- Useful communication strategies such as emotional validation and normalization
- Learning how to strengthen your child's self-esteem

Session 2: Regulating Emotions

- Functionality of emotions: What can emotions do for you?
- Understanding and naming emotions
- Tips for addressing your child's emotions and strategizing healthy coping strategies to deal with challenging emotions

Session 3: Social Media and Parenting Concerns Q&A

- Social media and recommendations regarding healthy social media habits
- Age-appropriate screen time
- Peer pressure and interpersonal skills

Date: February 27, March 27 and April 24, 2023

Time: 6:30 pm - 8:30 pm

Location: Zoom (Virtual) Held in Farsi / Dari

[Register Here](#)

For more information, please contact: **Maryam Jariani**
Community Partnership Developer (Iranian/Afghan Community)
maryam.jariani@yrdsb.ca; 905-727-0022 ext. 3512



Speaker: **Afsaneh Zafarani** School Social Worker

Speaker: **Mahsa Ghayoumi** Psychotherapist from (Family Service York Region)



زبان ارتباط سالم بین والدین و فرزندان برای خانواده فارسی و دری

مزایای شرکت در این جلسه فارسی

ایجاد روابط با فرزندان یک مهارت اساسی است. ما به عنوان والدین می خواهیم افراد سالمی " تربیت کنیم. این با دانستن و تمرین راهبردهایی شروع می شود که به ما در کاهش چالش های والدین کمک می کند. با ما برای جلساتی پر از اطلاعات مفید و استراتژی های کاربردی همراه باشید
جلسه اول: ارتباط سازی مثبت والدین با فرزندان با نگاهی به روش های افزایش حرمت نفس

- نکاتی در مورد تقویت دلبستگی سالم و ایمن با فرزندان
- راهبردهای ارتباطی مفید مانند ارزش دادن به احساسات
- آموزش تقویت عزت نفس فرزندان

جلسه دوم: مدیریت احساسات

- نقش احساسات در روابط
- شناخت احساسات
- روش های سالم مدیریت احساسات

جلسه سوم: دغدغه های والدین در ارتباط با شبکه های اجتماعی (پرسش و پاسخ)
تاریخ جلسات: 27 فوریه - 27 مارچ - 24 اپریل ساعت 6:30 - 8:00 بعدازظهر آنلاین. زوم

لطفا اینجا ثبت نام کنید

مریم جاریانی : مسئول جامعه ایرانی/افغان 905-727-0022 maryam.jariani@yrdsb.ca

سخنران: افسانه زعفرانی مشاور مدرسه

سخنران: مهسا قیومی روان درمانگر



★ Fostering Your Child's Emotional Resilience:

Parent/caregiver series supporting students of Chinese Heritage.

The series will provide a number of parent/caregiver virtual events to build community, support mental health, and promote healing.

The third session in the series is offered for any parent/guardian of students of Chinese Heritage. Parents, caregivers are invited to join this workshop and engage meaningful conversations that help students thrive at school. Tips on ways that help strengthen family relationships and emotional wellbeing will be shared. This will be a free virtual event.

Community Building and Engagement Event

February 27th, 2023 at 7:00pm-8:30pm Cantonese Session

[Registration for Cantonese Session](#)

March 6th, 2023 at 7:00pm-8:30pm Mandarin Session

[Registration for Mandarin Session](#)



Fostering Your Child's Emotional Resilience 培養孩子的情緒適應力/ 培養孩子的情緒適應力

This session in Cantonese and Mandarin will introduce key strategies of how parents can encourage their child to express their feelings.

這講座將讓大家學習如何有效的鼓勵你的子女表達他們的情緒

這講座將學習如何有效的鼓勵你的子女表達他們的情緒

To register for a Cantonese session:

[點擊這裡報名粵語講座](#) or scan the QR code



To register for a Mandarin session:

[点击这里报名普通话讲座](#) or scan QR code



Parents, Guardians and Caregivers

Join us to learn and share with your community how the families are supported!

Cantonese Session

Date: **Monday, February 27th, 2023**

Time: **7:00-8:30 pm**

Mandarin Session

Date: **Monday, March 6th, 2023**

Time: **7:00-8:30 pm**

Location: Google meets link will be provided upon registration.

Presenters:

AJ Luo

Triple P Program Facilitator
Family Services of Ontario

Charmaine Tong

York Region District School Board
School Social Worker (Chinese Heritage Community)

For more information, please contact:

Community Care Team
School Social Worker
Charmaine Tong
charmaine.tong@yrdsb.ca

This free information session is brought to you in partnership with Family Services of Ontario, and Community Care Team, Student Services of York Region District School Board

★ **Secondary Students COVID Screening:**

All school-based staff and secondary students and visitors are required to complete a daily self-assessment screening.

Secondary students to complete on-line self-assessment [COVID-19 School and Child-Care Screening Tool](#) prior to entering the school on a daily basis.

School Reminders

Daily School Schedule	
Class	Time
Period 1	8:50 – 10:05
Homeroom/Announcements	10:05 – 10:10
Period 2(1st Lunch)	10:15 – 11:30
Period 3 (2nd Lunch) - Grade 9s	11:35 – 12:50
Period 4 (3rdLunch) - Grade 10s	12:55 – 2:10
Period 5	2:15 - 3:30

RHHS School Council	
Upcoming Dates	Information
<ul style="list-style-type: none">Monday February 27, 2023Monday March 20, 2023Monday May 15, 2023	<ul style="list-style-type: none">Meetings will be held in the school library and also virtually. The meeting ID is 294 102 167 612 and the passcode is MLYa4s.Meetings start at 7:00 PM

RHHS on Social Media
<ul style="list-style-type: none">TWITTER: https://twitter.com/rhhs_yrdsb?lang=en (School) https://twitter.com/rhhs_stuco?lang=en (Student Council) @RHHSLearningCo1 (Library)INSTAGRAM: rhhs_yrdsb (School)rhhs_stuco (Student Council) rhhsllc (Library)WEBSITE: www.yrdsb.ca/schools/richmondhill.hs/Pages/default.aspx (School) www.rhhsstuco.ca (Student Council)

Absence Policy

- **VALID ABSENCES** include illness, bereavement or family emergency.
- **AUTHORIZED ABSENCES** include dentist/doctor appointments, driver's test, and court appearances.
- **EXCUSED ABSENCES** refer to field trips and school sanctioned events. Students are still considered to be at school.
- **EXTENDED ABSENCES** of three days or more require the completion of a "Special Leave" form at least one week in advance of the leave. This form may be obtained from the Main Office. A parent/guardian signature is required. It is the student's responsibility to catch up on all work missed. **DO NOT plan absences or family vacations during culminating and exam periods as the evaluations CANNOT be rescheduled.**

Type of Absence	Parent/Guardian Responsibility
Absent for a Full Day	Phone the school with a valid reason the same day or send a note upon return
Absent for One or More Classes	Phone with valid reason indicating the time of absence or send a note with the student
Leaving Before the End of the Day	Student signs out in attendance office with a note from the parent/guardian
In the Event of an Emergency	Contact the office as soon as possible.

For safety reasons, students who have signed out must leave the building as they will not be directly supervised



This reporting feature can be found on our school and Board website. It is meant for 'non-emergency' reporting as it is not monitored 24 hours per day - if a student needs immediate assistance or counseling please contact Kids Help Phone or 911.

You are encouraged to discuss incidents of bullying by other students with your family and a trusted member of staff at the school. Completing a report online is not a substitute for having a discussion with the teacher or Principal. Any incidents involving staff members should immediately be communicated to the Principal or Superintendent of the school and are not to be reported online; any staff reports submitted online will be deleted.

We teach our students that character matters. Every day, students exhibit these positive character traits, and we acknowledge these students in many ways. If you witness a student doing something that exhibits extreme acts of courage, initiative, respect, responsibility, empathy, fairness, honesty, optimism or any other outstanding behaviour, please let us know.

Click on the "Report It" button above for a direct link to the "Report It" site.

Mental Health Newsletters/Tip Sheets for Parents

[Resources and Newsletter for Mental Health Supports for Parents from YRDSB](#)
