



26th – PA Day

Silver Pines
Public School

May/June Calendar of Events

May

- 4th – School Council meeting
- 4th – Gr 3 Pioneer Village trip
- 5th – Volunteer Appreciation tea at 3pm
- 7th – Gr 7 Recreational Outdoor Campus Trip
- 13th/14th – School Play Production
- 18th – Victoria Day (no school)
- 20th– Jump Rope 4 Heart
- 20th – Special Needs Track & Field
- 21st - Fit Spirit 5km Run
- 22nd – Gr 2 Recreational Outdoor Campus Trip
- 25th to 29th – Gr 8 Lake St. George Trip
- 25th to June 4th – EQAO
- 26th – Gr 4 Recreational Outdoor Campus Trip
- 27th – Welcome to Kindergarten Orientation at 7pm



June

- 4th –Fun Fair
- 5th – PA Day
- 11th – Track & Field
- 17th –Music Night
- 18th – Staff Appreciation Lunch by Parent Council
- 23rd - Grade 8 Graduation
- 24th – Report Cards go home
- 25th - Last Day of School – 11:30am dismissal

Principal: Lindsey Diakiw | 905.508.7303
Vice Principal Sherry Zarif | 905.508.7303
Superintendent: Rita Russo | 905.884.4477
Trustee : Corrie McBain

<http://www.silverpines.ps.yrdsb.edu.on.ca>
SILVER PINES is on TWITTER @pines_ps



Message from Administration....

Finally the warmer, sunnier weather has arrived and we are all looking forward to higher temps in the coming two months.

In the coming two months we will have our Mid Summer's Night Glee production and Kindergarten Information Night for our new parents. Our Grade 3 and 6s will be involved in writing EQAO and our Junior intermediates will be competing in Track and Field. We have Music night and Fun Fair. Our Primaries will have their play day and will say goodbye to our grade 8s at Grad. May and June are always the busiest months of the school year as we plan for next year while continuing our work to achieve academic success and well being for our students.

Our staff have been working on addressing our challenge of practice. We have been integrating the problem solving model into all of our classes in order to support our students as they try to understand the question, develop a plan, carry out their plan and look back at their solution. We have seen some improvements in our student's abilities to solve problems independently. We are conducting a more formal assessment of the use of the problem solving model at the end of May.

Our Fun Fair on June 4th will be a community building event and be a lot of fun. Come, bring your family and friends. Food and fun for all ages!!

As the weather gets warmer encourage your child to walk or ride their bikes to school. Exercise improve their physical and mental health.

If you have any requests for class placement for your child please let your child's teacher know.

Please remember to be sun smart in the coming two months as we get warmer and sunnier days ahead. Have a wonderful spring!

Best Regards,

Lindsey Diakiw

Principal

Sherry Zarif

Vice Principal



Be SUNSMART



One bad sunburn in childhood can double the risk of developing skin cancer (Canadian Cancer Society). Help protect you and your family:

- Reduce sun exposure between 11 a.m. and 4 p.m. or when the UV index is three or more
- Seek shade or create your own shade
- SLIP! on lightweight clothing that covers your arms and legs
- SLAP! on a wide brimmed hat and UV protected sunglasses with wraparound frames and even shading
- SLOP! on sunscreen and lip balm with SPF 30 or higher and reapply every two hours
- Keep babies under one year of age out of the direct sun

For health-related information call York Region Health Connection at 1-800-361-5653, TTY 1-866-252-9933 or visit www.york.ca/healthyschools

48032 000 2011



On June 4th Silver Pines will be having it's Annual Fun Fair. We will have inflatables, a variety of games, candy guess, BBQ and Pizza and especially the big raffle baskets and many, many more fun booths. Keep June 4th open because you DO NOT WANT TO MISS OUT ON THIS FUN PACKED AFTER-NOON!

Our Grade 7 Project Based Math Golf Course

Quotes from our Students

Nima

The golf project is just a creative way of bringing subjects together and colliding them. It brings math to real life instead of pen and paper. It gives students a chance to collaborate with their team to bring a golf course to life. Adding in the video diaries and science makes it feel like real life. It gives us a taste of how engineers, architects, structure builders and bloggers are in the world. I'm really looking forward to this project.

Karta

We are doing a golf project. This is very creative and interesting. I have never done this before. This includes math and science. It contains finding fractions of the course, finding the angles and the shapes for the course. We are hitting science by building the structures. Because the grade 7 teachers want to keep track of our progress we are making video diaries which are fun and unique. I think we can pull off the golf course and make it awesome.

Evan

I say that the golf course idea was the best idea that we could have ever thought of this year. I love gold. I loved it since I was a young child and now we get to make our own. The golf course is the biggest thing for achieving this year, to play, and to build, but the problem might be if it rains. Math and Science are working on each other sides to build and plan. We have to first show how the golf course is going to look. We are going to sketch it out. Thank you for letting this course come to life.

MATH NIGHT

Quotes from Our Grade 7 Students

Michelle

Great enthusiastic community, its amazing seeing all of us come together to promote what really matters, math. With these great nights we can teach kids and parents how to educate themselves in many different ways at home. On math night we saw many different families come all different races and religions to play and I know they all can't wait for next years'!

Nikki

On math night there were a lot of booths with teachers and a few students from our class, but a lot of amazing ideas and games all incorporating math in it, but the best was the one that had to fight to reach a decision, from the decision came complication, from the complication came ideas and from the ideas came math night....and with math night came people who unite.

Ryan

Math cannot always be boring but incredible when you put your mind to it. Math night really shows that math is all around us. If we like it or not, we took the opportunity to show families that math is enjoyable not only for kids but for parents too. Activates like Family Feud and other favorite games shows were played. This may inspire families to be more involved in math, which may benefit our future. Talking about the future, my group made an app involving math which really opens up the doors for people, and gives them a variety of activities they are interested in.

SILVER PINES is on TWITTER
@pines_ps



I will be tweeting as often as possible Tweets will keep you informed of upcoming dates and reminders as well as interesting information and daily events happening at school. Follow me on twitter (just be a little patient as I am a newbie with this form of communication , Lindsey Diakiw



Planning on Moving??

Each year at this time we begin to plan our staffing and classes for the upcoming school year. It is important for us to know how many students to expect for September at Silver Pines grades JK to 8. If your children (grades JK to 7) will not be returning to our school in the fall, please inform the office as soon as possible

Class Placement Process

At the end of May, current homeroom teachers, in consultation with receiving teachers, appropriate support staff and the school administration, work to develop balanced classes that strive to best meet the needs of all our students. All class placement decisions are made after extensive planning, preparation, and discussion on the part of many people. Our primary goal is to develop balanced classes that reflect the diversity of our community and allow the variety of interests and talents of our students to emerge. To this end we consider gender, academic ability, interest, talent, behaviour, and ethno-cultural background when developing our student lists.

After working with your child over the course of this year, your child's teachers have a very good understanding of your child's strengths and needs, both academic and social. Each new year brings opportunities for all students to meet new friends and expand their circle of acquaintances. For this reason, class placement decisions based on friendships will not be considered.

Please be aware that we do not accept requests for specific teachers and/or for particular groups of students to remain together.

If you have information about your child that may have an impact on his/her ability to learn effectively, you are encouraged to share that information with his/her teachers at the beginning and throughout the school year.

Your active support in helping your child remain positive about the new challenges ahead is important for a smooth transition to the new class.

HYDRATION: A KEY TO GOOD HEALTH

Drinking more water is one of those things that we all know we should do, but did you know that staying properly hydrated is equally as important as eating healthy foods?

Ensuring that you are well hydrated aids in the removal of toxins from the body, the delivery of oxygen to your muscles and can help lower your body temperature when working out. While drinking enough water is a key method to ensure proper fluid intake for hydration, the amount of fluids you consume in a day can be counted from: water, ice cubes, milk, juices, broths, soups, popsicles, teas and coffee.

Health officials recommend you limit your intake of fruit juices (avoiding punches or fruit cocktail beverages) and popsicles on a daily basis due to higher sugar content. Teas and coffees, contrary to popular belief, when consumed in moderation are not found to be dehydrating.

So how much fluid does each of us need and what does it really do for us?

In the past experts have expressed that for the average person, 8 glasses of water per day is the optimal amount. Health Canada conducted a review of data on fluid intake needs as part of the Dietary Reference Intake process and found that “there are a wide range of intake amounts compatible with normal hydration,” and an individual’s body weight and height can become factors when calculating daily intake needs.

The Dietitians of Canada and Eat Right Ontario recommend aiming for a daily fluid intake of approximately:

children 1-3 years old	3 cups	girls 14-18 years old	7 cups
children 4-8 years old	5 cups	boys 14-18 years old	10 cups
children 9-13 years old	7 cups		

With the summer approaching, remember that the more you sweat, the more water you should be consuming to properly rehydrate your body. The same goes for exercising. If you don’t consume enough fluid your body finds it difficult to produce enough sweat to regulate your internal temperature, which can lead serious conditions such as heat stroke.

You also need fluids to help your kidneys function properly. The kidneys are one of the most important organs in the human body as they remove toxins from the blood and body. Ensuring that you are consuming water on a day-to-day basis helps to promote internal kidney health.

Dehydration is serious business, and nothing to mess around with. Signs and symptoms that you are becoming (or are) dehydrated include, but are not limited to feeling sleepy, sluggish, hot, irritable, thirsty and hungry.

Here are a few suggestions on how to be mindful of your water intake throughout the day:

Keep a Post-It-Note or notepad on your desk and write down how many glasses you have in a day, or alternatively write 1-10 and cross off each number after each glass.

Carry a reusable water container. Keep water with you as a reminder to take a few sips throughout the day to help reach your target.

There are many helpful phone apps like, Waterlogged or MyFitnessPal, that help you track your water intake.

Did you know that even sometimes when you think you feel hungry, you are actually just thirsty? As a helpful tip, when you feel like you want to start snacking, try having a glass of water first and then waiting 5-10 minutes to see if your hunger dissipates. If you find you are still hungry, then continue on to a healthy snack or meal. Looking to elevate the flavour of water? Try adding in cucumber slices & lemon, or raspberry & mint leaves, or lime & peach slices, or strawberry & basil leaves.



SUMMER READING ADVENTURES



As the summer slowly approaches, your child will have many opportunities to read and get lost in their own book adventures. To help promote the love of reading, we encourage you and your family to visit one of the four branches of the Richmond Hill Public Libraries.

Check out their website for more information <http://www.rhpl.richmondhill.on.ca/RHPL/>

How can I help my child develop a love of reading and writing?

- Use the public library

- Read for pleasure

- Read different texts (newspapers, books, emails, magazines, billboards etc.)

- Read books together and discuss them

- Listen to books on tape/ CDs in the car

- Set aside a consistent time for reading each day

Why should your child read during this summer?

There are many benefits for children of all ages to read, be read to and talk about books over the summer. Some benefits include:

- Develop language skills

- Understand and appreciate various texts and print

- Improve vocabulary

- Increase sense of relaxation

By talking to your child about books or reading aloud together, this will support their reading skills, improve fluency and more importantly develop a love of reading that could last a lifetime.

What happens when my child struggles with reading?

Practice shared reading

Join a book club

Ask your child what they are interested in—choose books that excite your child

Start small by choosing easy texts and gradually move into more challenging text

Model reading for your child-let them “catch” you and/or partner reading

Create a safe and comfortable reading environment, without judgment

Read aloud to your child

Pair books with activities (read books about fractions and then make pizza for dinner and talk about dividing it up)

Let your child choose their own reading materials. Expand your definition of readings---your child can read magazines, comic books, baseball cards, websites

Check out these websites for various book recommendations:

Richmond Hill Public Library: Kids’ Reading List <http://www.rhpl.richmondhill.on.ca/Kids/ReadingCategories.cfm>

Reading Rockets <http://www.readingrockets.org/books>

Association for Library Service to Children: Notable Children's Books <http://www.ala.org/alsc/awardsgrants/notalists>