

INCREASING RESILIENCY AND WELL-BEING IN OUR CHILDREN

PARENT WORKSHOP

Learn techniques to assist your children in becoming more resilient

A PRESENTATION FOR PARENTS
OF ALL STUDENTS BUT IN PARTICULAR
THOSE IN GRADES 7-9



Sponsored by

The York Region District School Board Resiliency Committee and
The Learning Disabilities Association of York Region

No cost

Monday November 2, 2015
Richmond Green Secondary School

7:00 p.m.-9:00p.m.

RSVP – chris.mcadam@yrdsb.ca