

The School Council at Stephen Lewis Secondary School Presents

A Free Parenting Seminar on Having a Healthy Relationship with Your Teen



Join us for a free, informative seminar to learn what it means to have effective communication with your teen. Learn about “front-loading”, how to fill their ‘power buckets’, consequences vs. punishments, rules and boundaries, and how to empower your child.

Image from pixabay

Guest Speaker: Lauren Millman

In Private Practice since 2004, Lauren Millman is an accomplished Toronto Marriage and Family Counsellor, Best Selling Author, member of the Ontario Association for Family Mediation, and is a regular TV and Radio Guest-Host for Rogers, SiriusXM, and The Mediation Station. Lauren has a degree in Social Psychology and Behaviour and offers support to individuals, couples and families.

Date and Time:

Thursday April 26th, 2018

7:00PM – 9:00PM

Light refreshments will be served

Location:

Stephen Lewis Secondary School

555 Autumn Hill Boulevard, Thornhill, L4J 8X2

Please RSVP by April 20th:

<https://goo.gl/forms/mFLsjyG7wcV4eScP2>

