

Thornlea SS

Principal: Joe Foti Vice-Principal: Kim Tavares Vice-Principal: Barb Caravella April 1, 2016

Thornlea Drama Club Proudly Presents

The <u>20th</u> Annual Student One Act Play Festival

> April 6 - 8, 2016. 7:30pm

Theatre Two-One-Nine

> Tickets \$8 General Admission



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MESSAGE FROM THE VICE-PRINCIPAL

Dear Families and Community Members:

We hope that everyone had a good March Break and is looking forward to milder temperatures and a change of season as we welcome Spring.

My first couple of weeks have been fantastic, getting to know students, staff, and parents. Thank you for the warm welcome to Thornlea SS.

Thornlea has been very busy these last couple of weeks. On Thursday March 31st, many grade 10 students wrote the Ontario Secondary Literacy Test which is a graduation requirement. Thank you for your patience and flexibility as we modified the schedule for the school day to accommodate the writing of the test. Students and teachers worked very hard to prepare and we look forward to receiving and sharing our results in the new school year.

It was also wonderful to meet many of you at Parents' Night on the 31st. If you were unable to attend Parents' Night, please feel free to call and leave a message to speak with them or set up an appointment should you have any questions or concerns about your child's progress.

The month of March also brought the Easter holiday. To those of you who celebrate Easter, I hope that you had a joyous celebration.

April will be a busy month as well. Midterm report cards will be issued on April 26, spring sports will begin, drama shows are set to showcase student talent, spirit and fundraiser assemblies have been planned for students, and Thornlea's first annual Health and Wellness Day will take place on April 20. We look forward to all of these exciting events.

As always, if you have any questions about school events and activities, please call the main office to be directed to the appropriate person.

As we head into the final term of the academic year, I wish you all a wonderful start to Spring as we finally say goodbye to winter.

Warmest regards,

Barb Caravella



Thornlea's 1st Annual Health & Wellness Day Wednesday, April 20, 2016 Just for the Health of It!

Thornlea's April 20th Health & Wellness Day is fast-approaching! This day is part of our overall Health & Wellness Plan, and has been specifically set aside so students can take time to explore new activities, to strengthen positive relationships with their peers and teachers, and to have fun!

Every student (all grades & programs) and staff member will be involved on April 20th. Students who have NOT yet signed up must do so by Thursday, April 7th in the Library. Your child MUST sign up for 1 full-day activity <u>OR</u> 2 half-day activities.

In order to sign up, each student will need to bring:

i) a field trip form signed by the parent/guardian;

 ii) when a cost is involved, a cheque made out in the correct amount to Thornlea Secondary School, (cheque preferred, but we will also accept cash in the exact amount);
iii) when a waiver is required (True North Rock Climbing and SkyZone Trampoline), printed proof of

iii) when a waiver is required (True North Rock Climbing and SkyZone Trampoline), printed proof of online waiver completion.

If your child is ill or unable to attend on April 20 for Health & Wellness Day, please phone in the absence to the school office at (905)889-9696.

Activity	Description	Cost
Bowling	You will enjoy 4 games of bowling at World Bowl, Richmond Hill. Cost of bowling shoes is included. You can bring money for the snack bar, and/or bring a packed lunch.	\$25
Laser Tag (Rinx)*	Laser tag, roller rink, mini-golf, balladium, timefreak, cyber sport, and bowling at Rinx in Toronto. Bring a packed lunch.	\$35
Ripley's Aquarium	Experience a self-guided tour of one of North America's newest and most fascinating aquariums in downtown Toronto. Bring packed lunch.	\$20
Rock Climbing	Enjoy rock climbing at True North Climbing in Downsview. You will receive a introductory lesson, along with shoes and a harness for the day. Bring a packed lunch. WAIVER must be signed in advance ONLINE by parent/guardian. Student must bring proof of signed waiver to school on sign-up day. <u>http://www.truenorthclimbing.com/</u>	\$30
Trampoline (SkyZone)*	Have fun at this trampoline/gymnastics park in Woodbridge. Sky socks will be provided. WAIVER must be signed in advance ONLINE by parent/guardian. Student must bring proof of signed waiver to school on sign-up day. <u>https://vaughanstore.skyzone.com/waiver/</u>	\$30

Full Day Out-Of-School Activities for WHICH THERE IS STILL SPACE:

Activity	Description	Cost
DIY (p.m.)	Each student will spend ½ day participating in one DIY activity, based on his/her individual interest. Options include: knitting, origami, beading, mindfulness colouring, book-folding sculpture, scrapbooking, etc.	\$15
Painting (a.m.)	Enjoy a ½ day painting workshop. Produce your own work of art!	\$1 5

Half Day In-School Activities (with cost) for WHICH THERE IS STILL SPACE:

Half-Day In-School Activities (no cost) for WHICH THERE IS STILL SPACE:

Activity	Description	Cost
Basketball (a.m.)	Participate in a ½ day mini-tournament in the gym. Dress appropriately.	Free
Board Games & Card Games (a.m. & p.m.)	Students will have the opportunity to play a variety of low-tech board games and card games for ½ day. Students can bring games from home if they wish.	Free
Jam Session (p.m. only)	Students will have 1/2 day to jam on their own musical instruments with other aspiring musicians.	Free
Karate & Weight- Lifting (a.m.)	Participate in a weightlifting session, followed by a karate workshop. Not for the faint of heart! Dress appropriately!	Free
Movies (a.m. + p.m.)	Staff will consult with students who select this option to ensure the movies they watch for 1/2 day in Room 219 will be of interest!	Free
Reading & Homework (a.m. & p.m.)	If you love to read, or if you think the best way to reduce your stress is to catch up on your school work, you are welcome to spend ½ day in the school Library to achieve either of these ends!	Free
Running & Yoga (p.m. only)	Students will have the opportunity to participate first in an outdoor running session, and then in a relaxing yoga workshop. Bring appropriate clothing.	Free
Urban Dance/ Beatbox (a.m. only)	Students will have the opportunity to participate in <i>both</i> Urban Dance and Beatbox workshops, with a break in between the two! Dress in comfortable clothing & wear appropriate shoes.	Free
Video Games (a.m. + p.m.)	Students will have the opportunity to play video games on their own devices (from home) and on school-provided devices for ½ day.	Free
Volleyball (p.m. only)	Participate in a ½ day mini-tournament in the gym. Dress appropriately.	Free



After placing 3rd in regular season area play, the Thornlea Junior Girls Volleyball Team won the Tier 2 'B' tournament, placing them 9th overall of 32 teams in Tier 2 for the 2016 season. Coach Bendavid is very proud of their progress this season and couldn't be happier with this accomplishment. Way to go Thunder!





Grade 9 French Immersion students from Mme. De Luca's class discovering the *joie de vivre* of Acadian culture as they created their own folk dances to the Cajun song *Allons à Lafayatte*.



Grade 10 French Immersion history students from Mme. De Luca's class reenacting a World War I battle in the drama room.

Students built their trenches using available materials in between "no man's land" and engaged in a light-hearted "paper battle" between the central powers, an interactive learning activity accompanied to realistic sound effects and fog. Students were then asked to journal their emotions from the perspective of a soldier during the war.





April is National Autism Awareness Month. Every year, autism organizations around the world celebrate the day with unique fundraising and awareness-raising events. Our school will have an Autism Awareness Display on April 7th

- Wear blue and get a blue treat
- Come on by the Autism Display in the Front foyer and join us in a Jigsaw Puzzle Activity
- Watch a presentation on our Autism Community Class
- Browse the table for interesting Autism Literature

Use **#LIUB** to share your experience across social media and help light the world up blue this April! Find out which major **global landmarks will light up blue in 2016.**

Hello all from the Guidance Department! Our team has been busy with providing our students with their course request for next year. Please make sure your child has submitted a signed course selection form to the Guidance Department. A Course Selection Verification Sheet was distributed, students had their opportunity to request a change on this sheet or keep it for their personal records.

A reminder that the Guidance Team this year consists of Mr. Paul Stephenson (Counselor/Student Success), Ms. Andrea Tse (Counselor & Head of ESL), Ms. Joan Walker (Counselor & SHSM Coordinator), Mr. Nizam Alkins, Head of Guidance (Counselor) and Ms. Gail Burdett (Guidance Secretary).

The Ontario University Application Centre (OUAC) deadline has now passed. Currently over 130 Thornlea students have applied. We wish them all the best and will continue to answer their questions on the University selection process. The next marks transmission for OUAC will be on April 28th.

Guidance will continue to monitor and support the College application process. Currently, over 40 Thornlea students have applied. No PinCodes are distributed for College Applications; students will create their own on-line at www.ontariocolleges.ca.

Please note that the "equal consideration" deadline has passed (Feb. 1st), but students can still apply. The next marks transmission for OCAS will be on April 25th.

As for Scholarship information, please make an appointment to see Mr. Stephenson in the Guidance office. Two great websites to find out more information on scholarships are: <u>http://www.studentawards.com/</u>

http://www.electronicinfo.ca/en/page.php?id=21

Important Notice for all grade 12's that have applied to OUAC for university! Your grades from semester one have been processed by OUAC and sent to the Universities to which you have applied. Please log on to your online application in order to review your academic information. This verification is especially important if OUAC does not have a valid email address on file, or you are not able to receive emails from OUAC/your Universities because of a junk-mail setting with you inbox. If you see an error in your OUAC file, it is very important that you contact your Guidance Counsellor as soon as possible to have it corrected.

College and University Spring Open Houses are a popular way for prospective students to visit various Post-Secondary Institutions and evaluate them prior to applying and/or choosing. It is never too early to begin the search. The Guidance Department encourages all students, especially in grades 11 and 12 to attend the open house program of any potential future University/College. Please visit the University/College website to confirm Open House schedules. Spaces can be limited.

We also would like to remind students of the process for making guidance appointments. If any student would like to make an appointment with their "Alpha/Program" identified counselor, they should come to the Guidance Office before school starts (8:30 to 8:55), during their lunch, or after school (3:00 to 3:30).

We would also like to remind students that there is a new process in place for Community Service Hours (CSH). All students must complete 40 community hours to obtain their Ontario Secondary School Diploma. The Guidance department must approve your community service opportunity before you start your hours. Please see your counselor for a CSH sheet and pre-approval. Finally, a reminder to all grade 12 students; that they should hand in their community service hours as soon as possible. It is highly recommended that this be completed before the April 28/25 OUAC/OCAS transmission.

For more information on volunteer opportunities, please come down to the Guidance Office and pick up a Community Service Hours form and please take a look at our "Volunteer Bulletin Board" for current opportunities to fulfill this Ministry of Education requirement.

Special Announcement:

Attention Grade 12 students, you may request <u>Part-Time Status</u> started on <u>Monday April 11th</u>. Please come to the guidance office to pick up a drop request form. This form must be completed and handed in by <u>Thursday April 21st 3:00 PM</u>. The <u>Full Disclosure</u> date is Wednesday May 4th. Summer School Registration Information

The York Region District School Board will once again be offering acceleration and credit reinforcement courses during the summer. The 2016 summer school sites are as follows: Keswick H.S. Langstaff S.S. Markham D.H.S. Middlefield C.I. Richmond Green S.S. Sir William Mulock S.S. Stephen Lewis S.S. Pierre Elliott Trudeau

opens on Monday April 4, 2016

Acceleration Courses (for those who wish to take a new course or upgrade a previous mark) will run from July 4 to July 29, 2016.

Credit Recovery Reinforcement Courses (for those who have not been successful in gaining the credit AND have received the recommendation of the home school administration) will run for two sessions. Session 1 will run from July 4 to July 15, 2016. Session 2 will run from July 18 to July 29, 2016. All classes start at 9:00 a.m. and finish at 3:19 p.m. **YRDSB students** must register online using Career Cruising (same as regular course selection) by going to their own course planner and clicking on the *Con Ed* tab. Please see your Guidance Counsellor if you require some assistance. Registration

Also, if you are a grade 11 or 12 student and would like to apply for the 2-credit summer school Co-op session, please come to the Guidance

Attention all ESL students, if you are interested in taking ESLB, ESLC, ESLD, ELSE for <u>CREDIT</u> this summer with the YRDSB. Please come to the guidance office for details.

Follow us on Twitter: http://twitter.com/thornlea_ss

Office for an application.

Secondary: Social Change and Youth Conference

High School students are invited to attend the Social Change and Youth Leadership Conference (SCYLC) hosted by the Engineers Without Borders chapter at the University of Toronto. This conference is an exciting opportunity for high school students to develop leadership skills and learn about international development issues.

> The conference will be held at the University of Toronto, St. George campus from Saturday May 28 to Sunday May 29.

The \$89.00 cost includes accommodation for one night in a U of T residence and food.

For more information visit <u>www.scylc2016.weebly.com</u>.

Bill Crothers Secondary School Presents...

The 2016 *Return to Learn* Concussion Management Symposium

An informative evening about sport-related concussion management for parents, students, educators, and coaches.

Featuring a keynote presentation from... Dr. Neilank Jha - Neurosurgeon and Concussion Expert Concussion Management Today

additional presentations from... Cherie Piper, Three-time Olympic Gold Medalist Concussion Management in Elite Sport

Dr. Frances Flint - Sport Psychologist Social and Emotional Considerations for Concussion Rehabilitation

Dr. Sari Kraft & Stefanie Moser, Athletic Therapist Clinical Management of Concussion : From Family Medicine to Athletic Therapy

> Rebecca Green - YRDSB Superintendent Concussion Management Protocol in Our Schools

> > April 11, 2016 at 7:00 PM Bill Crothers Secondary School 44 Main Street | Unionville, ON

Admission is FREE, but space is limited. Click here to register! The School Council at Stephen Lewis Secondary School Presents

A Free Parenting Seminar on Connecting with Teens



Join us for a free, informative seminar to learn important techniques to connect with and have open communication with your teenagers. Register today!

Photo credit Huffington Post, Jenuery 2013 Http://www.blogcdn.com/www.perentitish.co.uk/media/2013/01/teenage r-mother-engument-el.jog

Guest Speaker: Dror Enbar, M.A Parent Mentor and Consultant

Date and Time:

Thursday, April 7, 2016 7:00рм -9:00рм Light refreshments will be served

Location:

Stephen Lewis Secondary School 555 Autumn Hill Boulevard, Thornhill, L4J 8X2

Please RSVP by April 5 to:

Stephen Lewis Secondary School Council Email: stephen.lewis.ss@sc.yrdsb.edu.on.ca Online: http://goo.gl/forms/lj5izdUXIA



http://goo.gl/forms/ij5izdLIXIA



Introducing HOPE Helping Other Parents Everywhere

HOPE (Helping Other Parents Everywhere) is a growing network of support and self-help groups for parents, relatives, and guardians who are struggling with behaviours of a teen or adult child in their life.

Founded in 2008, HOPE offers hope, empathy, support, and information at weekly meetings, through peer-to-peer phone support, and through educational events.

HOPE offers a positive, confidential environment where parents develop practical strategies to address their parenting concerns. HOPE is a registered charity. Fees are minimal. HOPE has four community groups including one at Yonge and Finch and one at Church and Wellelsey.

For more information about HOPE, or to refer a parent to HOPE, please visit HOPE's website - hope4parents.ca

A few HOPE brochures are included with this letter and more can be provided upon request. Please share this information with your school community.

We would be pleased to speak to you by phone or attend your school to make a presentation about HOPE to your staff, parent council, or parent community.

Please email info@hope4parents.ca to schedule a date, to request further information, or to make a referral to HOPE.

Sincerely,

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Leanne Lewis President Helping Other Parents Everywhere (HOPE)

Helping Other Parents Everywhere (HOPE), Inc. 1740 Kingston Road East, P.O. Box 64, Pickering, Ontario LIV 2R2

Charitable Number: 83946 7693 RR0001



It's that time of year again! HOPE's Annual Conference "A Day of Learning and Inspiration"

For parents and guardians of teens and young adults and professionals who interact with teens and young adults

This letter is to invite you, your colleagues, and parents in your community to HOPE's Annual Conference - A Day of Learning and Inspiration.

Saturday, May 7 - 9:15am-3:45pm, Toronto Botanical Garden

Three impactful sessions, delicious food, beautiful setting:

- Dr. Oren Amitay: Open Forum on Youth Mental Health your questions answered
- Sue Hutton: Mindfulness techniques and stress management for parents and professionals who interact with youth
- Maria Papadimitriou: Tuning In Talking and Listening to Youth About Drugs

Priced at HOPE's cost - \$80.00pp

Easy online registration at Eventbrite: www.eventbrite.ca, search "HOPE Conference 2016") or visit HOPE's web site www.hope4parents.ca.

Pre-registration is required by April 29, 2016 (no tickets at door).

Early bird registration April 8, 2016.

Please share this information.

CALENDAR OF EVENTS

April 4	Thornstock Fundraiser
	Assembly
April 6-8	Drama Show
April 11	Spirit Assembly/Charity
•	Basketball Game and Buy IN
April 14	Term 1 Ends
April 15	Term 2 Begins
April 18	School Council Mtg. 7:15pm
April 20	Health & Wellness
, p.ii <u>-</u> 0	"Just for the Health of it"
April 21-29	Paris/Nice/Monaco Trip
April 22	Health & Wellness
April 22	Campaign Week
April 26	Mid-Term Reports Home
April 27	Election Speeches Assembly
April 28	School Dance
May 4	Full disclosure
May 5	MADD Assembly Gr. 12's
May 6	PA Day
May 6	SAC Car Wash
May 9-13	Outdoor Ed Trip
May 11	Spring Concert
May 11-13	Outdoor Ed Trip
May 16	School Council Mtg. 7:15pm
May 19	Prom
May 23	Victoria Day
May 26	Thornstock
May 27	Thornstock Rain Date
June 3 **ADDITIONAL DATE**	PA Day
June 7-10	Drama Show
June 14-15	EQAO Math Gr. 9 Sem 2
June 22-27	EXAMS
June 29	PA Day
June 29	Graduation @Thornlea GYM