



P A R E N T BULLETIN

VOLUME 31

April 13
2017

CONTACT US

905-479-2787

Attendance x 230

Guidance x 458

Arts x 431

unionville.hs@yrdsb.ca

unionville.hs.yrdsb.ca

PRINCIPAL

Suelyn Cheong

suelyn.cheong@yrdsb.ca

VICE PRINCIPALS

Sonya Borrell

sonya.borrell@yrdsb.ca

Krista Pummell

krista.pummell@yrdsb.ca

SUPERINTENDENT

Peter Tse

peter.tse@yrdsb.ca

BOARD TRUSTEE

Billy Pang

billy.pang@yrdsb.ca



UPCOMING EVENTS

April 17

Easter Monday - No school

April 18

Term Four Begins

April 19

3% Project Assembly & Workshop

First Nations, Metis and Inuit
in-school workshop

Outdoor Education Class to
Mt Nemo Conservation Area
8:30 am to 4:00 pm

EW4U to Aurora Cultural Centre
8:30 am to 1:30 pm

AU music classes to North York Music Festival
10:30 am to 3:00 pm

April 20

Ridvan

BB1201 to Toyota Manufacturing Plant
9:00 am to 2:00 pm

'Kahawi' Dance Workshop for Lifeskills
class 9:00 am to 11:00 am

April 21

Track & Field at York U
8:15 am to 4:15 pm

Grade 12 AU Visual Arts students to
Glasstronomy Studio 8:30 am to 4:00 pm

Life Skills Class to Markham Theatre
9:45 am to 11:30 am

April 24

Grade 9 French Classes - Chef a L'ecole

School Council Meeting in Library
6:00pm (see attached flyer)

April 25

Grade 9 Geography Classes to Rattlesnake Point
8:45 am to 2:00pm

April 26

Grade 8 Transition Day - AM only

Midterm Report Cards Distributed in
Homeroom

PSK4U to Ontario Science Centre
8:45 am to 2:15 pm

April 27

Grade 9 Geography Classes to Rattlesnake Point
8:45 am to 2:00 pm

Life Skills Class/ESL Intensive Class to RH
Centre for the Performing Arts
9:00 to 11:30 am

U of T National Biology Competition
1:00 pm to 2:30 pm

Charis Coffee House
6:00 pm to 10:00 pm

April 28

Social Justice Talent Show
period 3 & 4 in the Atrium

Scholarship Opportunities

- Recognition Award for Innovation (Due: April 28th)
- Achievement in Excellence: Bursary in Community Leadership & Service (Due: May 10th)

Please review all eligibility criteria prior to submitting your application.
All materials are attached and also available on the Guidance Moodle.

Check out the latest school announcements by following us on twitter [@UHSupdates](https://twitter.com/UHSupdates)

PARENT BULLETIN

Guidance News

Secondary Summer School Registration opens April 3rd. Students can register on Career Cruising. Please visit www.yrdsb.ca, programs and services, summer programs—secondary summer school programs for more information about locations and courses.

Summer e-learning school will be open for registration as of April 20th. If you are interested, please make an appointment to see your Guidance Counselor to discuss your eligibility.

Course information and important dates will be available **May 2017**.

EARTH WEEK

Earth Week!

Tuesday: Trashless Tuesday

Wednesday: Walk to school Wednesday & 3% project

Thursday: Wear green Thursday

Friday: Flick off Friday



Hello staff and students,

The **3% project** will be coming to UHS on **Wednesday April 19th**. During the period 1 and 2 assemblies, Steve Lee will share with “the science, human cost, and youth-led solutions of climate change form around the world”.

In the afternoon, Steve Lee will be working with students, mentors and teachers to design a Solution Project to tackle a youth-identified problem in our community!

If you (students and teachers) want to join the workshop, please see Mrs. Rass. Students are required to pick up a permission form outside of room 354 and provide to Mrs. Rass.

Period 1: Grade 9 and 10 in the large gym

Period 2: Grade 11 and 12 in the large gym

Period 4: Workshop (Library) permission form required

For more information, please see:

<http://www.3percentproject.com/>

https://www.youtube.com/watch?v=F9J_VRtp32o

[v=F9J_VRtp32o](https://www.youtube.com/watch?v=F9J_VRtp32o)

The assembly schedule will include the following:

(10 mins): Students gather in the large gym

(02 mins): Emcees welcome and introduce the 3% Project

(21 mins): Science of Climate Change

(10 mins): Solutions of Climate Change

(07 mins): Follow-up Actions for Climate Change





PARENT BULLETIN

Guidance News

Attention Students who have applied to post-secondary institutions.

The Guidance department would like to remind you that the full disclosure date is May 3rd. Therefore, all courses continued past May 2nd, and marks earned to date in these courses, must be shown (fully disclosed) on your official transcript. Please note that if you are looking to drop a course, there is a process and specific criteria in place that must be followed for students to do so.

Also, please note, this year's mid-term report cards are being issued two working days before the OCAS (Ontario Colleges Application Service) and OUAC (Ontario Universities Application Centre) upload needs to be completed. As a result, if you are applying to an Ontario College and/or an Ontario University and you do not want a course to be transferred to OCAS and/or OUAC, your task is to start the process to drop the course as soon as possible by making an appointment with your alpha Guidance Counsellor. Please speak with your teachers regarding your progress in your courses. Teachers will be able to provide you with an updated mark on April 18th.

Summary of dates:

- April 25- Deadline for students to see alpha counsellor to drop a course
- April 26- Deadline for completed drop form to be returned to Guidance by 3:00 p.m.
- April 27- Transfer of mid-term marks to OCAS and OUAC
- **May 3 - official full disclosure date**

Guidance News

Resiliency Workshop Description for "Believe"

The Pan Am Silver Medalist and former UHS student, Sara Wells, will be coming to the Library during Periods 2, 3 and 4 on Monday May 1st. Believing in your dreams is one of the most important steps you'll take in goal setting. While many of us can come up with things we want to accomplish, it is the emotional connection we make with the dream by believing in its possibility that lead us to action and accomplishments. For Olympian Sarah Wells, this belief was mandatory to fuel her Olympic dream after a devastating stress fracture in her leg threatened her chance of making the team. Sarah's story is one of guts, resilience and perseverance. Audiences will leave inspired to dream big, overcome obstacles and of course believe!

If you are interested please email michelle.farwell@yrdsb.ca



UNIONVILLE HIGH SCHOOL

School Council presents....



Dr. Brian Beech, PHD RSW

AGENDA

April 24, 2017

6:00 pm

Mix & Mingle

Hors d'oeuvres and refreshments will be served

6:30 pm

Principal Updates

6:45 pm

Dr. Brian Beech

Speaks to you about your child's mental health and well-being.

8:00 pm

Q & A with Dr. Beech



Dr. Brian Beech is a clinical social worker with 25 years of experience assisting adults, adolescents and children with a wide variety of social, emotional, behavioural and learning difficulties. He has extensive experience in child, adolescent and family therapy. He provides his clients with strategies to learn how to cope more effectively with the stresses of significant life changes and transitions, as well as the challenges of day-to-day life. He has considerable experience with mood and anxiety disorders, and

sees many young adults in the transition from high school to post-secondary education. In addition to his direct practice, he has been teaching at the University of Toronto Faculty of Social Work for the past 12 years.

You asked....we are listening.

- What is the difference between depression and typical teenage behaviour?
- How is depression diagnosed?
- Why are teens feeling more anxious than ever?
- How do I recognize the signs that my child may be struggling with their mental health?
- How can I start the conversation about mental health with my child?
- How do I get my child help from a therapist/doctor?
- Is there help for parents and siblings to cope with a teen experiencing mental health challenges?

School Council Meeting

Monday April 24th, 2017
6:00 pm

Please click on the link below to RSVP and fill out a short survey **by April 13th**.
The survey will help us focus on the topics that you find most imperative.

RSVP and Survey

<http://bit.ly/2o6Fe58>

BAYVIEW SCHOOL COUNCIL PRESENTS...

MENTAL HEALTH SYMPOSIUM

Thursday April 27 7PM - 9PM Bayview Secondary School
10077 Bayview Ave. & Major Mackenzie, Richmond Hill

KICKING OFF THE EVENT...



- ✓ To bring new awareness, understanding and appreciation for the challenges faced by today's youth.
- ✓ Tips on how to be helpful to someone who is struggling. www.youthspeak.ca

FOLLOWED BY...

BRAIN FITNESS with Jill Hewlett

Nationally recognized Speaker, Author, Wellness Authority and Brain Fitness Expert, Jill Hewlett is a licensed Educational Kinesiologist and Brain Gym® consultant of two decades.
www.jillhewlett.com



Learn tools that are great for the whole family and create success for individuals in the classroom, workplace and daily life.

Brain Gym® activities will be included.



Please register by April 25 at <http://tinyurl.com/bss20170427>

Parent Engagement & Network (P.E.N.) Workshop Series

Workshop 7:

What Can You Do This Summer? 夏日活動簡介

Camping in Ontario 安省露營資訊

Summer activities in your community 社區暑期活動推介

How to volunteer in your community? 如何參與社區的義務工作?

Date 日期: Tuesday, April 18 2017 4月18日 (星期二)

Time 時間: 6:00—8:00pm 下午6時至8時

Language 語言: English 英語 (translation will be provided in Mandarin and Cantonese 提供普通話及廣東話翻譯)

Location 地點: Markham South Welcome Centre 南萬錦迎新中心

7220 Kennedy Road, Unit 8, Markham, L3R 7P2

Speakers: Brenda He (CICS-Immigrant Youth Centre)

Portia Lee (City of Markham)

Ryan Moniz (Markham Public Library)

Registration 網上報名: <https://goo.gl/1YX8Gg>

Inquires 查詢: Jean Wang (School Settlement Worker 王姑娘) 416-662-5416

Cathy Ng (吳老師) cathy.ng@yrdsb.ca

This program is organized & facilitated by:



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada





Women Offering Wisdom Conference

A celebration of South Asian Heritage month in York Region with young high school women

Saturday May 6, 2017 | 8:30am - 4:30pm

Coppard Glen Public School, Markham

Register at <http://bit.ly/2oSUsvS>

 **@WOWYorkRegion**

 **WOWYorkRegion**

Email: [woworkregion@gmail.com](mailto:wowyorkregion@gmail.com)

Women Offering Wisdom is a community grassroots initiative dedicated to supporting the health and well-being of young diverse South Asian women in York Region.

Guest Speakers



Nirmala Armstrong
Regional Councillor



Muneeza Sheikh
Lawyer/Social Activist



Rashmi Swarup
YRDSB Superintendent



Raz Soos
Life Coach/Speaker

Career Panel

Our career panel will profile South Asian women working in various fields such as technology, business, healthcare, and media.



Lady Pista



Uzma Jallaluddin



Ruchika Bindra



Saline Alie



Monica Sayal



Asma Syed

Coaching Circles

Coaching circles will focus on discussions to help students navigate personal, academic, and career experiences with mentors in the community. Students will have the opportunity to build relationships and local networks.

Workshops on...

- Paint by Differences: Creative Expression
- Being an ally within and beyond South Asian communities
- Yoga & Mindfulness
- Self-Defense
- Bollywood Dance



\$5000 Award for Modern Learning Recognition Award for Innovation, 2017

SUBMISSION INFORMATION

RATIONALE

- The goal is to recognize students who have demonstrated a collaborative and innovative approach to learning as “a maker” (innovator) in the creation of something new for the betterment of human kind, the environment or all living things within the East Asian community.
- Two Awards: 1) Grades 7 - 8 Students
2) Grades 9 - 12 Students

CRITERIA

- Applicant is committed to the well-being of the international East Asian community
- Applicant uses language that aligns with a growth mindset and supports the learners' willingness to take risks, to innovate and to persevere
- Applicants must demonstrate strategies that support innovation, creativity and entrepreneurship in the context of authentic challenges within the East Asian community
- Applicant must demonstrate independent and autonomous learners through the use of creative problem solving

REQUIREMENTS

- One complete application package which includes:
 1. Application Form
 2. **Two** reference letters (see forms below):
 - 1 from YRDSB school teacher or administrator
 - 1 community involvement mentor or school-based educator
 3. Applicant Response

APPLICANT RESPONSE

- In a 400-500 word response, please answer the following question:

“How have you demonstrated innovation as a learner in order to create something new for the betterment of the East Asian community?”

SUBMISSION

- Application package (parts 1-3 listed above) must be submitted by **Friday April 28, 2017.**
- Completed applications should be submitted to:
Federation of Chinese Canadians in Markham (FCCM)
c/o of Dr. Ng; Market Village, 4390 Steeles Ave E, Markham, ON L3R 9V4

Applicants, please note:

- Application materials will not be returned.
- All applicants are thanked for their interest; only winners will be notified.
- The recognition award will be presented at the successful applicants at the **Asian Heritage Month Celebration** held at **Richmond Green Secondary School** on **Saturday May 13th from 2:00 – 5:00 pm.**
- Incomplete applications are ineligible for consideration.



First Name		Last Name	
Home Address		Telephone Number	
		() -	
City	Province	Postal Code	
Email Address		Name of York Region School:	
		Grade:	
Parent Contact Information (name, telephone, email address):			

Applicant Name	Applicant Signature	Date
Parent/Guardian Name	Parent/Guardian Signature	Date



\$5000 Award for Modern Learning Recognition Award for Innovation, 2017

REFERENCE FORM

(Two copies required – educator and/or community mentor)

Applicant First Name	Applicant Last Name

Please rank the applicant on a scale of one (1) to four (4) with FOUR being the highest.	1	2	3	4
Inquiry-Based Learning (Problem-Solving): - Problem-solving strategies; risk taker; written/oral communication; self-reflection;				
Leadership: - Recognition of community needs; impact change within the community; interpersonal skills; relationship builder; commitment to equity; empathy				
Learning Strengths In Innovation: - perseveres; has growth mindset; adapts to challenges; trial and error (learning from mistakes);				
Citizenship: - Intercultural awareness; global perspective; inclusivity; social justice; understanding the strengths of others				
Work Habits - organized; collaborative; time management; goal setting; work ethic;				

Please answer the following questions:	
In what capacity do you know the applicant?	
Based on your experiences working with the applicant, what stands out the most about her/ his achievements, strengths and experiences?	

Referee's Name	Position
Name of School or Community Agency	Contact Information
Signature	Date



\$5000 Award for Modern Learning

Recognition Award for Innovation, 2017

APPLICANT RESPONSE

Applicant First Name	Applicant Last Name

In a 400-500 word response, please answer the following question:

"How have you demonstrated innovation as a learner in order to create something new for the betterment of the East Asian community?"

Response



\$500 Achievement of Excellence

Bursary in Community Leadership & Service, 2017

SUBMISSION INFORMATION

"THE BEST WAY TO FIND YOURSELF IS TO LOSE YOURSELF IN THE SERVICE OF OTHERS." — M.GANDHI

RATIONALE

- The goal of this bursary is to promote community involvement in service among secondary school students and to support the post-secondary pursuits of South Asian York Region students.

CRITERIA

- Applicant identifies as South Asian in heritage
- Applicant demonstrates scholastic achievement and outstanding community involvement
- Applicant is pursuing a post-secondary pathway: apprenticeship, college, university

REQUIREMENTS

- One complete application package which includes:
 1. Credit counseling summary
 2. Application Form
 3. Minimum of **2** reference letters:
 - 1 from school teacher or administrator (in signed and sealed envelope)
 - 1 community involvement supervisor (in signed and sealed envelope)
 4. Applicant Response

REFERENCE FORM CRITERIA

- 1 from YRDSB/School Staff or Administrator indicating:
 - Evidence of contribution to school community
- 1 from Community Agency/Service/Organization indicating:
 - Evidence of contribution to community/non-profit community organization in any field

APPLICANT RESPONSE

- In a 300-400 word response, please answer the following question:
 - How has your South Asian heritage impacted your values, beliefs or future goals?

SUBMISSION

- Application package (parts 1-4 listed above) must be submitted by **Wednesday, May 10, 2017.**
- Completed applications should be submitted by any teacher/administrator at the school through inter-office courier mail **or** through posted mail to:
Ayesha Syed, Inclusive School & Community Services
Dr. Bette Stephenson Centre for Learning,
36 Regatta Avenue, Richmond Hill, Ontario L4E 4R1

Applicants, please note:

- If you require any accommodations to this process, kindly contact Ayesha Syed at Ayesha.Syed@yrdsb.ca at least one week prior to the submission deadline.
- Application materials will not be returned.
- All applicants are thanked for their interest; only winners will be notified.
- The scholarship will be awarded to winners at their school's commencement ceremony after evidence of post-secondary pathway securement.
- Incomplete applications are ineligible for consideration.



\$500 Achievement of Excellence **Bursary in Community Leadership & Service, 2017** **APPLICATION FORM**

First Name		Last Name
Home Address		Telephone Number
		() -
City	Province	Postal Code
Email Address		Name of York Region High School
Parent Contact Information (name address, telephone, email)		
Community Involvement		
How many total hours of community service have you completed during high school (including your mandatory 40 hours)?		
List the community organizations/agencies that you have volunteered with and the approximate number of hours that you have volunteered with each.		
Provide an agency/community leader supervisor's name, agency name and signature of supervisor to validate the community involvement indicated above.		
List the school committees and clubs (dedicated to community action/service) that you have volunteered with and the approximate number of hours that you have volunteered with each.		
Provide a York Region District School Board teacher/administrator name and signature to validate the in-school involvement indicated above.		

By signing below, I confirm that all of the information submitted in this package is an honest reflection of my/the applicant’s community involvement and academic achievements.

Applicant Name	Applicant Signature	Date
Parent/Guardian Name	Parent/Guardian Signature	Date



\$500 Achievement of Excellence **Bursary in Community Leadership & Service, 2017** **REFERENCE FORM (A)**

To be completed by a school teacher or administrator

Applicant First Name	Applicant Last Name

Please rank the applicant on a scale of one (1) to four (4) with FOUR being the highest.	1	2	3	4
Leadership -sets goals; mobilizes others to achieve goals; models values; takes responsibility; works with others; problem-solves effectively				
Commitment to School/Community Initiatives -honours commitments;takes initiative; promotes equity & diversity in words and actions; inclusive				
Learning Strengths -perseveres; has growth mindset; adapts to challenges				
Empathy -models empathy; embodies positive character; perpetuates inclusive climates				
Work Habits -organized; collaborative; punctual; honours deadlines; reliable				

Please answer the following questions:	
In what capacity do you know the applicant?	
Based on your experiences working with the applicant, what stands out the most about her/ his achievements, strengths and experiences?	

Referee's Name	Position
Name of School	Contact Information
Signature	Date



\$500 Achievement of Excellence Bursary in Community Leadership & Service, 2017

REFERENCE FORM (B)

To be completed by the supervisor of Community Organization

Applicant First Name	Applicant Last Name

Please rank the applicant on a scale of one (1) to four (4) with FOUR being the highest.	1	2	3	4
Leadership -sets goals; mobilizes others to achieve goals; models values; takes responsibility; works with others; problem-solves effectively				
Commitment to School/Community Initiatives -honours commitments; takes initiative; promotes equity & diversity in words and actions; inclusive				
Learning Strengths -perseveres; has growth mindset; adapts to challenges				
Empathy -models empathy; embodies positive character; perpetuates inclusive climates				
Work Habits -organized; collaborative; punctual; honours deadlines; reliable				

Please answer the following questions:	
In what capacity do you know the applicant?	
Please highlight the applicant's participation in your organization.	
Please describe the applicant's participation with the South Asian community.	

Referee's Name	Position
Name of Organization	Contact Information
Signature	Date



\$500 Achievement of Excellence
Bursary in Community Leadership & Service, 2017
APPLICANT RESPONSE

Applicant First Name	Applicant Last Name

In a 300-400 word response, please answer the following question:

How has your South Asian heritage positively impacted your values and beliefs in the formation of your future goals?

Response