



P A R E N T BULLETIN

VOLUME 31

Apr 18
2019

CONTACT US

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Attendance x 230

Guidance x 458

Arts x 431

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Ron Lynn

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UPCOMING EVENTS

Monday April 22	<ul style="list-style-type: none">Easter Monday (SFD)
Tuesday April 23 Day 1	<ul style="list-style-type: none">Midterm Report Card DistributedHSP3C/3U to Toronto Zoo (8:45am-3pm)Jazz Club to Music Alive Festival (8:30-11:30am)Jr. & Sr. Badminton to Maple HS. (7:15am-5:45pm)
Wednesday April 24 Day 2	<ul style="list-style-type: none">Jr. & Sr. Badminton to Markham Pan Am Centre (7:30am-5:30pm)Rock Climbing team to YRAA Qualifier (11am-3pm)
Thursday April 25 Day 1	<ul style="list-style-type: none">Music Spring Celebration Concert at Flato Markham Theatre(7-9pm)United Nations Club to SOMA at U of T (all day)Environmental Council Earth Day Clean Up (3-4pm)Rock Climbing team to YRAA Finals (all day)
Friday April 26 Day 2	<ul style="list-style-type: none">Holy Friday (SFD)United Nations Club to SOMA at U of T (all day)

Summer School programs

A reminder to all students who have applied to summer school that you **must return your sign-off forms to Guidance** in order to be approved for the course you have selected. Please get them in as soon as possible. Thank you!



International and Indigenous Languages (IIL) Program– Credit Courses

Students can earn credits while learning a language. International and Indigenous Languages offers over 15 languages for students in Grades 9 to 12. Level 3 language credit courses can even be counted towards college and university acceptance.

For the upcoming 2019/2020 school year, we are excited to announce that the Indigenous languages, Ojibwe and Cree, will be offered.

[International and Indigenous Languages](#)

Please see our credit course offerings on our website: [IIL Credit Program](#)

Potential Graduates

All students who are planning to graduate this year must hand in their completed Community Service Hours to Guidance by **May 31st** in order to allow time for processing.



Check out the latest school announcements by following us on twitter [@UHSupdates](#)

The Memory Project: Portraits for Peru

Ms. Gardham's grade 10 AU visual class is grateful to be apart of The Memory Project: Portraits for Peru. This is the second year that UHS has participated in working with this non-profit organization. This project helps foster empathy and education while giving back to those less fortunate. The Memory Project selects children from all over the world who are facing substantial challenges such as neglect, abuse, loss of parents, and extreme poverty.

Through this organization, grade 10 Arts Unionville students were each given a portrait of a child from Peru and they have been working on creating watercolour portraits of these children. The finished portraits will be returned to the non-profit organization who will then hand deliver these works of art to the children. At the end of the school year our students are sent a video that documents the reactions these children get from receiving such a beautiful keepsake from a stranger living in a different country. It is meaningful for the artists to see how this small act of kindness can mean so much to someone else.



Wellness Wednesday Workshops during the Mental Health Month of May

Title: ART-EXPLO! – Expressive Arts for Wellbeing (By Hong Fook Youth & Family Program)

Description: This workshop invites you to tap into your imaginative and play capacities in order to reconnect with your sense of self and wellbeing. In ART-EXPLO, art techniques fade to the background as the process of creative exploration and expression rises to the fore. No prior art experience necessary. At ARTS-EXPLO, all create, all art.

Dates: Wellness Wednesdays in May (8, 15, 22, 29)
Period 3 will take place in Art Room 212
Period 4 will take place in Art Room 211
For more information or to book your class contact:
michelle.farwell@yrdsb.ca





PARENT BULLETIN

Guidance News

FULL DISCLOSURE MEMO

Attention Students who are applying to post-secondary institutions. Please read the message regarding full disclosure

Full disclosure: "If a student withdraws from a course more than five (5) days after the reporting period, a withdrawal (W) is entered in the credit column and the student's mark at the time of withdrawal is recorded as a percentage in the achievement column of the transcript".

Full disclosure applies to all grade 11 and 12 courses that a student is registered in for longer than "5 days following the first provincial report card". Our **report card distribution date this year is April 23rd** and, therefore, our **full disclosure date is April 29th** therefore all courses continued past April 29th, and marks earned to date in these courses, must be shown (fully disclosed) on your official transcript.

Please note, this year report cards are being issued one working day before OCAS (Ontario Colleges Application Service) and OUAC (Ontario Universities Application Centre) upload needs to be completed. As a result, if you are applying to an Ontario College or Ontario University and you do not want a course to be transferred to OCAS or OUAC, your task is to start the process to drop the course as soon as possible by making an appointment with your Guidance Counsellor.

****There is a process and specific criteria in place that must be followed for students to be considered to drop a course****

Summary of dates:

- April 18 – deadline for students applying to a college and/or university to see alpha counsellor to drop a course
- April 23 – deadline for completed drop form for students applying to post-secondary due to Guidance by 3:00 p.m.
- April 24 - transfer of mid-term marks to OCAS and OUAC
- **April 29 - official full disclosure date**

Teachers have been asked to share with grade 12 students' mid-term marks the week of April 15th to enable students to make any decisions relating to full disclosure.



PARENT BULLETIN

Scholarship News

Arya Samaj Markham Youth Scholarship Program

Various scholarships amounts available

Application Forms & Details are available through their website: <http://www.vedicculturalcentre.com/scholarship.htm>

Due: Friday April 26th

Southeast Collector Environmental Services Award

\$1,000 annually per student/per school

Please check the Guidance Moodle for the application and eligibility criteria. In order to receive this scholarship students must be pursuing studies in the Environmental Studies and submit applications to the Guidance office by the deadline.

Due: May 10th

Lieutenant Governors' Community Volunteer Award for Students

Please check the Guidance Moodle for the application and eligibility criteria. Please submit applications to the Guidance office by the deadline.

Due: May 10th

Jean Lumb Awards

\$1,000

http://jeanlumbfoundation.ca/?page_id=5619

Due: May 20th, 2019

Women in STEM (Science, Technology, Engineering, and Math) Scholarship

\$1,500

Eligibility criteria and Application details are available on their website:

https://scholartree.ca/scholarship/the-launchpad-project-scholarship-by-tundra-technical/yXmqSluF_7

Due: June 7th, 2019





PARENT BULLETIN

Graduation Ceremony

Are you planning to attend graduation? We want to see you there!
The graduation fee and gown order is due **April 29**. Please visit [School Cash Online](#) TODAY!

What does your graduation fee include?

- gown, hat, and stole
- graduating class composite keepsake
- 2 guest tickets
- ceremony and refreshments
- a night you will never forget!

DATE: June 26, 2019

TIME: 6:30 pm

LOCATION: Sheraton Parkway Toronto North Hotel
600 Hwy 7, Richmond Hill, ON L4B 1B2



Community Hero– Ms. Melissa Caufield

A couple of months ago a teacher heard about a contest on 680 News looking for nominations for Community Heroes. They were looking for extraordinary leaders in our community who do amazing work to better the lives of people around them.

She immediately thought of Melissa Caufield. Having the great pleasure of working with and observing her in our Special Education Department I knew immediately she fit the criteria.

She nominated her because of her compassion, dedication and professional approach with students, parents and staff alike.

We are thrilled to announce that she won!

Melissa is the Community Hero for the month of April. She was interviewed at the station and her interview can be heard on 680 News throughout the month. She will also be featured on their social media.

Congratulations Melissa! Tune in to 680 News.



Guidance News

Social Change and Youth Leadership Conference

For more information about the conference and registration, you can check this link:
scylc2019.weebly.com

GlobalEng Conference

May 25th - May 26th

Social Change and Youth Leadership Conference (SCYLC) 2019:
Opportunity for all high school students in the GTA

Featuring:

- 4 workshops regarding **UN sustainable development goals (SDGs)** and **engineering design**
 1. Engineering Design Workshop
 2. SDG 1: No Poverty
 3. SDG 2: Zero Hunger
 4. SDG 13: Climate Change
- Several **case competitions** for a chance to win a letter of recommendation
- Keynote speeches from **experts** in global development and engineering
- An overnight stay at **New College**: a residence at University of Toronto's Downtown Campus



Ticket Prices:

- **Overnight: \$94.99 (Including Eventbrite Fee and Taxes)**
 - Included with a 1 NIGHT stay: 1x Breakfast, 2x Lunch, 1x Dinner, and SNACKS!! And a Swag Bag
- **Non-overnight: \$44.99 (including Eventbrite Fee and Taxes)**
 - Included: 2x Lunch, 1x Dinner and SNACKS!! And a Swag Bag

Engineers Without Borders is a non-profit charity run by University students: all revenue will go towards renting New College Rooms, providing meals and swag bags

What Will You Gain?

- Learn what studying engineering design is like, and how **proposal writing** works
- A solid understanding of the complexities of **sustainable development issues**
- Case competition participation is highly valuable in finding **jobs** and **university applications**
- The chance to meet **industry professionals** who will judge case competitions and provide keynote speeches
- The opportunity to connect with University of Toronto engineering students, explore the St. George campus and **experience residence life**

Register Today: <https://scylc2019.weebly.com/register-now.html>

Contact Us:

Email: scylc2019@gmail.com **Facebook:** /scylc **Instagram:** scylcuoft

Registration Deadline: 11:59 PM, April 28

Engineers Without Borders:
SCYLC



YOU-THRIVE

You and youth thrive through healthy connections. Connections include those with peers, family, community, and the environment. Connections also include the things within you - your feelings, thoughts, body, and values.

YOU-Thrive is a group to grow connections - with yourself, with peers and with space.

Come join us at YOU-Thrive and discover the joy of living deeply connected.

When:

Monday, August 26 - Friday, August 30, 2019 from 9am to 4pm

Where:

Dorcas Centre (2667 Bur Oak Ave, Markham)

YOU-Thrive aims to support youth's wellbeing through enhancing psychological flexibility, fostering mindfulness, and promoting positive self-concept.

Program Highlights:

- Arts and activity-based.
 - Space for social connections and peer support.
 - Program delivery in English.
- Language support available in Cantonese and Mandarin.

Light lunch will be provided.

FOR YOUTH AGED 12-15

For Registration/Questions:

Cindy Kwong
Youth Worker
Tel: 416-493-4242 ext. 5242
Email: ckwong@hongfook.ca



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Upcoming Cycle

Orientation Session - Saturday, June 22, 19 (3:45-5:45PM)

Cycle Dates - Saturdays, July 6-27, 2019 (10 am to 4:30 PM)

Location - CICS IYC (5284 Hwy 7 #2, Markham, ON)

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 - Space for social connections and peer support.
 - Program delivery in English.
- Language support available in Cantonese and Mandarin.

Light lunch will be provided.

FOR YOUTH AGED 12-18

For Registration/Questions:

Vivian Chow
Youth Settlement Worker
Tel: 905-294-8868 ext. 205
Email: vivian.chow@cicscanada.com

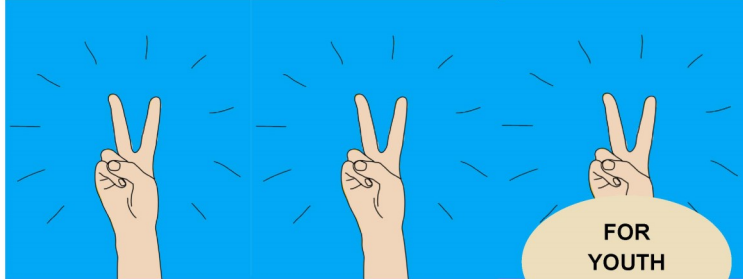
Cindy Kwong
Youth Worker
Tel: 416-493-4242 ext. 5242
Email: ckwong@hongfook.ca



www.hongfook.ca 416-493-4242



Immigration, Refugees and Citizenship Canada



FRIDAY NIGHT DROP-IN

Our youth drop-in program offers youth a space to hang out with their friends, meet other youth, and relax. Join us every 2nd Friday of the month, where we will spend time at Dorcas Centre, play games, and mingle.

When

Every 2nd Friday of the month starting March 8, 2019

Dates: March 8, April 12, May 10, June 14, July 12, August 9, September 13, October 11, November 8, December 13

Time: 7pm-9pm

Where

Dorcas Centre (2667 Bur Oak Ave, Markham)

The drop-in is just that: a drop in. Youth are welcome to come by anytime between 7pm to 9pm to hang out, make some crafts, and play board games.

Youth are also welcome to bring in their own projects to work on.

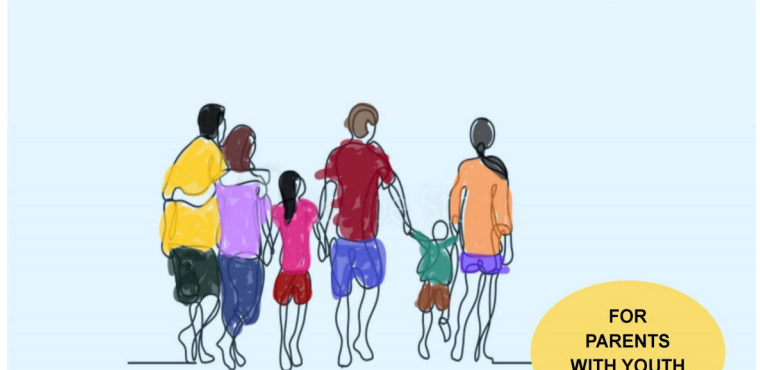
Registration required.

For Registration/Questions:

Joyce Chiu
Youth Program Worker
Tel: (416) 493-4242 X 2246
Email: jchiu@hongfook.ca



www.hongfook.ca 416-493-4242



FOR PARENTS WITH YOUTH

RAISING AMAZING YOU-TH

Connect with other parents while learning techniques for raising well-adjusted youth.

"Raising an Amazing YOUth" is a 6-session workshop series for parents of youth aged 11-15. Through this workshop, you will have a better understanding of the developmental needs of your Amazing YOUth.

When

Every 3rd Friday starting May 17, 2019

Dates: May 17, June 22, July 19, August 16, September 20, October 18

Time: 7pm-9pm

Where

Through these six workshops, you will better understand the developmental needs of your youth, learn and practice communication skills, and help your youth develop emotional and interpersonal skills so that they can better cope with developmental challenges.

Program delivery in Cantonese.
Space is limited. Registration on a first-come, first-serve basis.

For Registration/Questions:

Joyce Chiu
Youth Program Worker
Tel: (416) 493-4242 X 2246
Email: jchiu@hongfook.ca



www.hongfook.ca 416-493-4242



Markham District High School
presents

Cannabis Parent Session

- An overview of the drug
- The harms associated with use
- York Region data and parental strategies
- Resources to help their youth to delay use

By: Substance Use Prevention & Harm Reduction
York Region Community and Health Services

APRIL • 25 • 2019

7PM - 8:30PM

at School Library

Markham District High School
89 Church St., Markham, ON L3P 2M3
905-294-1886

YRDSB'S EDUCATORS FOR STUDENTS OF SOUTH ASIAN HERITAGE
SOUTH ASIAN HERITAGE MONTH

CHAI HOUSE READ-IN

TWO LOCATIONS & DATES

WEDNESDAY, MAY 1
4:30 PM to 6:30 PM
MAPLE HS
LIBRARY

TUESDAY, JUNE 11
4:30 PM to 6:30 PM
MILLIKEN MILLS HS
CAFETERIA



**BRING & READ
OUT LOUD**
TEXTS FEATURING SOUTH ASIAN CULTURES
IDENTITIES, FORMS, KNOWLEDGE & AUTHORS



**ARTISTIC
DISPLAYS**
OF STUDENT WORK EMBOLDENED
WITH SOUTH ASIAN PRIDE AND
HERITAGE



**LIVE
PERFORMANCES**
OF MUSIC, DANCE, SPOKEN WORD
POETRY, CALLIGRAPHY, AND MANY MORE

FOR THOSE INTERESTED IN ATTENDING OR PERFORMING PLEASE FILL OUT THIS FORM:

bit.ly/essahchai



YORK HILLS CENTRE FOR CHILDREN, YOUTH
AND FAMILIES PRESENTS...
COFFEE AND CONVERSATION. A SERIES OF
WORKSHOPS OPEN TO ALL OF THE COMMUNITY

CHILDREN'S MENTAL HEALTH WEEK MAY 6- 11, 2019

Admission is free of charge

Workshop Topics Include:

- Working in Partnership with Schools
- Conscious Parenting
- The Importance of Play
- Gaming Addictions
- ADHD
- Anxiety

Location: 402 Bloomington Road, Aurora, Ontario
905-773-4323

To register for a workshop- please see the
eventbrite link on the back of this flyer.

York Hills Centre for Children, Youth and Families presents:
Parenting your Anxious Child

What does anxiety look like in
children and youth?
Join the conversation to learn about:

The cycle of anxiety

Signs and symptoms of anxious
children/youth

Helpful strategies that
parents/caregivers can use to
support their child and more...

Presenters:
Jennifer Scott, RSSW, RP and
Beverly Hilton, MSW, RSW

Location: Our Lady of the Lake Catholic College School
185 Glenwoods Ave, Keswick Ontario, L4P 2W6
Part 1: Tuesday May 7, 2019
Part 2: Wednesday May 8, 2019
Time: 6:30 p.m.- 9:00 PM

To Register for both part 1 and part 2 through the Eventbrite

Part 1 - <https://www.eventbrite.ca/e/york-hills-presents-parenting-your-anxious-child-part-1-tickets-59324101986>

Part 2 - <https://www.eventbrite.com/e/york-hills-presents-parenting-your-anxious-child-part-2-tickets-59326642585>

