



# P A R E N T BULLETIN

## VOLUME 32

Apr 26  
2019

## CONTACT US

905-479-2787

Attendance x 230

Guidance x 458

Arts x 431

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[unionville.hs.yrdsb.ca](http://unionville.hs.yrdsb.ca)

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### BOARD TRUSTEE

Ron Lynn

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## UPCOMING EVENTS

<b>Monday April 29 Day 1</b>	<ul style="list-style-type: none"><li>• Full Disclosure</li><li>• Mock Trial Competition at York Region Administrative Centre (12:30-4:30pm)</li></ul>
<b>Tuesday April 30 Day 2</b>	<ul style="list-style-type: none"><li>• Math Team to Canadian Team Math Competition (9:45am-2:45pm)</li><li>• FSF2D/3U/4U to Ecole Secondaire Etienne Brule (9:00-11:30am)</li><li>• Jr. &amp; Sr. Badminton to Markham Pan Am Centre (7:30am-5:30pm)</li></ul>
<b>Wednesday May 1 Day 1</b>	<ul style="list-style-type: none"><li>• Student Leaders Conference</li><li>• Best Buddies Prom (10am-3pm)</li><li>• Science Olympics to York University (7:45am-3pm)</li><li>• Track &amp; Field to Birchmount Stadium (7:30am-7pm)</li></ul>
<b>Thursday May 2 Day 2</b>	<ul style="list-style-type: none"><li>• SHSM Tedx Event (8:15am-3:15pm)</li><li>• Grade 11/12 Visual Arts to OCAD (8:45am-1pm)</li></ul>
<b>Friday May 3</b>	<ul style="list-style-type: none"><li>• PA Day</li></ul>

### Summer School Programs

A reminder to all students who have applied to summer school that you **must return your sign-off forms to Guidance** in order to be approved for the course you have selected. Please get them in as soon as possible. Thank you!



### Summer School Dual Credit

Grade 11 and 12 students who are currently in SHSM or need credits to graduate may be eligible to take a Dual Credit College course this summer. For more information see: [Summer School Dual Credit](#). If interested, please make an appointment with your Guidance counselor as soon as possible.

### International and Indigenous Languages (IIL) Program— Credit Courses

Students can earn credits while learning a language. International and Indigenous Languages offers over 15 languages for students in Grades 9 to 12. Level 3 language credit courses can even be counted towards college and university acceptance.

For the upcoming 2019/2020 school year, we are excited to announce that the Indigenous languages, Ojibwe and Cree, will be offered.

[International and Indigenous Languages](#)

Please see our credit course offerings on our website: [IIL Credit Program](#)



Check out the latest school announcements by following us on twitter [@UHSupdates](#)



# PARENT BULLETIN

## Special Education Bulletin

### Grade 11/12 Pathways Information for Parents and Students:

Post-Secondary Pathways

[Post-Secondary Pathways Workshop](#)

Transition Resource Guide

<https://www.transitionresourceguide.ca/>

If you have any question, please contact Ms. Rochelle Bowmile, Department Head of Special Education.

## Graduation Ceremony

Are you planning to attend graduation? We want to see you there!

The graduation fee and gown order is due **April 29**. Please visit [School Cash Online](#) TODAY!

What does your graduation fee include?

- gown, hat, and stole
- graduating class composite keepsake
- 2 guest tickets
- ceremony and refreshments
- a night you will never forget!

DATE: June 26, 2019

TIME: 6:30 pm

LOCATION: Sheraton Parkway Toronto North Hotel  
600 Hwy 7, Richmond Hill, ON L4B 1B2



## Wellness Wednesday Workshop During the Mental Health Month of May

**Title:** ART-EXPLO! – Expressive Arts for Wellbeing (By Hong Fook Youth & Family Program)

**Description:** This workshop invites you to tap into your imaginative and play capacities in order to reconnect with your sense of self and wellbeing. In ART-EXPLO, art techniques fade to the background as the process of creative exploration and expression rises to the fore. No prior art experience necessary. At ARTS-EXPLO, all create, all art.

**Dates:** Wellness Wednesdays in May (8, 15, 22, 29)

Period 3 will take place in Art Room 212

Period 4 will take place in Art Room 211

For more information or to book your class contact:

[michelle.farwell@yrdsb.ca](mailto:michelle.farwell@yrdsb.ca)





# PARENT BULLETIN

## Scholarship News

### **Arya Samaj Markham Youth Scholarship Program**

Various scholarships amounts available

Application Forms & Details are available through their website:

<http://www.vedicculturalcentre.com/scholarship.htm>

**Due: Friday April 26th**

### **Southeast Collector Environmental Services Award**

\$1,000 annually per student/per school

Please check the Guidance Moodle for the application and eligibility criteria. In order to receive this scholarship students must be pursuing studies in the Environmental Studies and submit applications to the Guidance office by the deadline.

**Due: Friday May 10th**

### **Lieutenant Governors' Community Volunteer Award for Students**

Please check the Guidance Moodle for the application and eligibility criteria. Please submit applications to the Guidance office by the deadline.

**Due: Friday May 10th**

### **Jean Lumb Awards**

\$1,000

[http://jeanlumbfoundation.ca/?page\\_id=5619](http://jeanlumbfoundation.ca/?page_id=5619)

**Due: Monday May 20th, 2019**

### **Women in STEM (Science, Technology, Engineering, and Math) Scholarship**

\$1,500

Eligibility criteria and Application details are available on their website:

[https://scholartree.ca/scholarship/the-launchpad-project-scholarship-by-tundra-technical/yXmqSluF\\_7](https://scholartree.ca/scholarship/the-launchpad-project-scholarship-by-tundra-technical/yXmqSluF_7)

**Due: Friday June 7th, 2019**



## Wellness Wednesday Workshops during the Mental Health Month of May

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Period 3 will take place in Art Room 212  
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For more information or to book your class contact:  
[michelle.farwell@yrdsb.ca](mailto:michelle.farwell@yrdsb.ca)



## Rock Climbing Team

Congratulation to the Varsity Rock Climbing Team who won this year's York Region Championships this week at the YRAA Finals at Rock and Chalk. This is our team's first championship win, dethroning the 5 time champions - Newmarket High. Amazing work team - Ms. Zamperin & Mr. Ricci are amazingly proud of you! Full results can be seen on the YRAA website.





# Social Change and Youth Leadership Conference

For more information about the conference and registration, you can check this link:  
[scylc2019.weebly.com](http://scylc2019.weebly.com)

## GlobalEng Conference

May 25th - May 26th

Social Change and Youth Leadership Conference (SCYLC) 2019:  
Opportunity for all high school students in the GTA

### Featuring:

- 4 workshops regarding **UN sustainable development goals (SDGs)** and **engineering design**
  1. Engineering Design Workshop
  2. SDG 1: No Poverty
  3. SDG 2: Zero Hunger
  4. SDG 13: Climate Change
- Several **case competitions** for a chance to win a letter of recommendation
- Keynote speeches from **experts** in global development and engineering
- An overnight stay at **New College**: a residence at University of Toronto's Downtown Campus



### Ticket Prices:

- **Overnight: \$94.99 (Including Eventbrite Fee and Taxes)**
- Included with a 1 NIGHT stay: 1x Breakfast, 2x Lunch, 1x Dinner, and SNACKS!! And a Swag Bag
- **Non-overnight: \$44.99 (including Eventbrite Fee and Taxes)**
- Included: 2x Lunch, 1x Dinner and SNACKS!! And a Swag Bag

*Engineers Without Borders is a non-profit charity run by University students: all revenue will go towards renting New College Rooms, providing meals and swag bags*

### What Will You Gain?

- Learn what studying engineering design is like, and how **proposal writing** works
- A solid understanding of the complexities of **sustainable development issues**
- Case competition participation is highly valuable in finding **jobs** and **university applications**
- The chance to meet **industry professionals** who will judge case competitions and provide keynote speeches
- The opportunity to connect with University of Toronto engineering students, explore the St. George campus and **experience residence life**

**Register Today:** <https://scylc2019.weebly.com/register-now.html>

### Contact Us:

**Email:** [scylc2019@gmail.com](mailto:scylc2019@gmail.com) **Facebook:** /scylc **Instagram:** scylcuoft

**Registration Deadline: 11:59 PM, April 28**

**Engineers Without Borders:**  
**SCYLC**



## What Is Critique Week?

Critique Week is a Not-For-Profit organization which hosts an event by the same name. Critique Week is a challenge event that acts as a platform for teens to leverage self-expression and raise awareness of community issues. Ultimately, it is a unique learning opportunity for youth where education takes a hands on approach to nurture and develop talent!

This year, Critique Week is partnering up with



to help raise awareness about the importance of Hospice palliative care in our community.

Hospice Vaughan is a Not-For-Profit organization that provides compassionate support to individuals facing a life limiting illness or the loss of a loved one. We provide in-home visiting volunteers, a day program, grief and bereavement support, counselling and wellness services, children's services and more. All our services are free of charge and extend out to caregivers, family members and friends.

Currently we are building a new Centre of Excellence 10-bed Residential Hospice in Vaughan. Together, we are building better endings for our community members.

### GET INVOLVED!

For more information on Critique Week please visit:  
[www.hospicevaughan.com/critiqueweek](http://www.hospicevaughan.com/critiqueweek)



Register here: [critiqueweek.com/registration](http://critiqueweek.com/registration)  
Deadline to Register: April 30, 2019  
Deadline to Submit: May 26, 2019

Welcome to Critique Week, a unique learning opportunity for youth where education takes a hands on approach to nurture and develop talent.



Critique Week is a Not-For-Profit organization which hosts an event by the same name. Critique Week is a challenge event that acts as a platform for self-expression and awareness of community issues.

Critique Week connects with teens through video in 3 ways: as a fun way to **learn about the media arts**, as a platform for self-expression, and to raise awareness of community issues.

This year, Critique Week is partnering up with **Hospice Vaughan** to help raise awareness about the importance of **hospice palliative care** in our community.

Once registered, participants will receive a package that will outline all of the criteria, including contest guidelines and technical requirements. Participants will then create a 3 minute video presentation exploring the topic of hospice palliative care, and finalists will be selected for showcase at our **June 2nd event**.



The **Critique Week Showcase Event** will give finalists the opportunity to showcase their work, learn from industry experts, participate in workshops, and win prizes!

The Video Challenge offers students a fun and creative opportunity to explore the subject matter while providing the opportunity to:

- Raise awareness towards relevant issues
- Learn about the media arts
- Receive feedback from industry experts
- Win awards and prizes

The winner of Critique Week will receive a grand prize related to the Art of Film and Television Production. All participants will receive assorted gifts and prizes from our sponsors.

For more information, visit [critiqueweek.com](http://critiqueweek.com) or email us at [info@critiqueweek.com](mailto:info@critiqueweek.com)

# EMPOWERING YOUTH VOICES

Community Service Hours

Free Dave and Busters Play Card!

Hang Out With Friends!

Grab your cell phone, make a video and spread awareness. Express yourself and make your mark. For more information visit:  
[www.critiqueweek.com](http://www.critiqueweek.com)  
 Deadline to register: April 30, 2019  
 Event Date: June 2, 2019  
 Dave and Busters (Vaughan)

Express Yourself!





## YOU-THRIVE

You and youth thrive through healthy connections. Connections include those with peers, family, community, and the environment. Connections also include the things within you - your feelings, thoughts, body, and values.

YOU-Thrive is a group to grow connections - with yourself, with peers and with space.

Come join us at YOU-Thrive and discover the joy of living deeply connected.

### Upcoming Cycle

Orientation Session - Saturday, June 22, 19 (3:45-5:45PM)  
Cycle Dates - Saturdays, July 6-27, 2019 (10 am to 4:30 PM)

Location - CICS IYC (5284 Hwy 7 #2, Markham, ON)

YOU-Thrive aims to support youth's wellbeing through enhancing psychological flexibility, fostering mindfulness, and promoting positive self-concept.

### Program Highlights:

- Arts and activity-based.
- Space for social connections and peer support.
- Program delivery in English.  
Language support available in Cantonese and Mandarin.

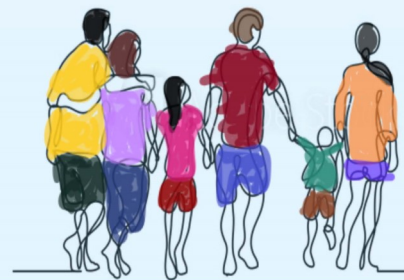
Light lunch will be provided.

## FOR YOUTH AGED 12-18

For Registration/Questions:

Vivian Chow  
Youth Settlement Worker  
Tel: 905-294-8868 ext. 205  
Email: [vivian.chow@cicscanada.com](mailto:vivian.chow@cicscanada.com)

Cindy Kwong  
Youth Worker  
Tel: 416-493-4242 ext. 5242  
Email: [ckwong@hongfook.ca](mailto:ckwong@hongfook.ca)



## FOR PARENTS WITH YOUTH

## RAISING AMAZING YOU-TH

Connect with other parents while learning techniques for raising well-adjusted youth.

"Raising an Amazing YOUth" is a 6-session workshop series for parents of youth aged 11-15. Through this workshop, you will have a better understanding of the developmental needs of your Amazing YOUth.

### When

Every 3rd Friday starting May 17, 2019

Dates: May 17, June 22, July 19, August 16, September 20, October 18

Time: 7pm-9pm

### Where

Through these six workshops, you will better understand the developmental needs of your youth, learn and practice communication skills, and help your youth develop emotional and interpersonal skills so that they can better cope with developmental challenges.

For Registration/Questions:

Joyce Chiu  
Youth Program Worker  
Tel: (416) 493-4242 X 2246  
Email: [jchiu@hongfook.ca](mailto:jchiu@hongfook.ca)

Program delivery in Cantonese.

Space is limited. Registration on a first-come, first-serve basis.



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada

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The Regional  
Municipality of York



[www.hongfook.ca](http://www.hongfook.ca) 416-493-4242

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YORK HILLS CENTRE FOR CHILDREN, YOUTH  
AND FAMILIES PRESENTS...  
COFFEE AND CONVERSATION. A SERIES OF  
WORKSHOPS OPEN TO ALL OF THE COMMUNITY

## CHILDREN'S MENTAL HEALTH WEEK MAY 6- 11, 2019

Admission is free of charge

### Workshop Topics Include:

- Working in Partnership with Schools
- Conscious Parenting
- The Importance of Play
- Gaming Addictions
- ADHD
- Anxiety

Location: 402 Bloomington Road, Aurora, Ontario  
905-773-4323

To register for a workshop- please see the  
eventbrite link on the back of this flyer.

## York Hills Centre for Children, Youth and Families presents: Parenting your Anxious Child

What does anxiety look like in  
children and youth?  
Join the conversation to learn about:

The cycle of anxiety

Signs and symptoms of anxious  
children/youth

Helpful strategies that  
parents/caregivers can use to  
support their child and more...

### Presenters:

Jennifer Scott, RSSW, RP and  
Beverly Hilton, MSW, RSW

Location: Our Lady of the Lake Catholic College School  
185 Glenwoods Ave, Keswick Ontario, L4P 2W6

Part 1: Tuesday May 7, 2019

Part 2: Wednesday May 8, 2019

Time: 6:30 p.m.- 9:00 PM

To Register for both part 1 and part 2 through the Eventbrite

Part 1 - <https://www.eventbrite.ca/e/york-hills-presents-parenting-your-anxious-child-part-1-tickets-59324101986>

Part 2 - <https://www.eventbrite.com/e/york-hills-presents-parenting-your-anxious-child-part-2-tickets-59326642585>

