



Unionville High School Weekly Parent Bulletin

Friday, February 24, 2023

201 Town Centre Blvd. Markham, ON
905-479-2787

Reception 431/Attendance 230/Guidance 458

Email: unionville.hs@yrdsb.ca

Tweets: [@UHSupdate](https://twitter.com/UHSupdate)

Principal
[Reid Wilshire](#)

Principal
[Susie Nunes](#)

Vice -Principal
[Patrick Belmonte](#)

Vice -Principal
[Amol Gheewala](#)

Superintendent
[Kien Nam Luu](#)

Trustee
[Ron Lynn](#)

TECH REQUEST FORM – 2022-2023

CLUBS LIST 22 - 23

GUIDANCE UPDATES

Character Matters Trait of the Month: Initiative

"The time is always right to do what is right" - Martin Luther King

DATE	EVENT
MONDAY, FEBRUARY 27	School Council Meeting 7:00pm
MARCH 13 - 17	March Break (No Classes)
THURSDAY, MARCH 23	Start of Ramadan

Black History Month 2023



Black History month is an opportunity to recognize and celebrate the accomplishments of Black Canadians past and present. The student-led group, UHS Black Excellence, has been sharing inspirational quotations each morning and many departments are showcasing Black success stories across disciplines.

On Friday, February 17th, students attended the second Masterclass, held by YRDSB's Black Excellence Program. This session was focused on Music and Culture, and featured keynote speaker, Dr. Mark Campbell - DJ, author, scholar, assistant professor and curator. Dr. Campbell's counter narrative on Black Excellence and innovation was followed by important student-led dialogue. Students had the opportunity to share the importance of art to Black culture and identities, and also heard perspectives from other students. They networked, met with other peers, and enjoyed a delicious pizza lunch!





Unionville High School's School Council Presents...

Life-Proofing Our Kids for Success:

A Four-Part Series

Dr. Lin & Associates <https://www.dr.linandassociates.com/>

Monday, February 27, 2023—Stress and Our Kids @ 7:30pm to 8:30pm – Senait Litchmore

Senait is a Registered Psychotherapist with the College of Registered Psychotherapists of Ontario, and has provided therapeutic support for individuals and families for over 10 years. She is trained in Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Solution-Focused Therapy, Family Systems and Trauma-Focused Cognitive Behavioural Therapy. As an Enneagram Life Coach, accredited practitioner with Integrative 9 Enneagram solutions, Senait uses the iEQ9 assessment as a roadmap to understand clients clearly and help to unlock their full potential, increase self-awareness and improve their relationships. Senait's passion to empower others was birthed from her lived experience and is sustained by her desire to break toxic generational cycles and guide people to rewrite their narrative, impacting themselves, their families, communities and future generations.



Monday, April 24, 2023—Resiliency for Life @ 7:30pm to 8:30pm — Jackie Robertson

Jackie Robertson is a Registered Psychotherapist with over 30 years of experience working with families, adolescents and children. Jackie is a passionate speaker, educator, facilitator and consultant. Jackie has a wealth of experience in the areas of mental health, familial issues, trauma and adoption as she also provides training for the Adoption Counsel of Ontario. She has travelled internationally to build partnerships, coach leaders, provide clinical expertise, and facilitate teaching and workshops. She is engaging, down to earth, humorous and highly motivating in her work approach. She finds her work in supporting others on their journey to reach their full potential is extremely enriching.

Unionville High School
201 Town Centre Blvd.
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Phone: 905-479-2787
Fax: 905-479-4539
Email: unionville.hs@yrdsb.ca

To join the third conversation with Senait Litchmore, registered psychotherapist with the College of Registered Psychotherapists of Ontario, please complete the google form: [UHS School Council Invitation](#) (Space is limited to 250)

We hope to see you there!

To join the third conversation with Senait Litchmore, registered psychotherapist with the College of Registered Psychotherapists of Ontario, please complete the google form: [UHS School Council Invitation](#) (Space is limited to 250)

If you would like a free copy of Dr. Lin's: "Life Proofing Your Kids; Healthy Parents, Happy Kids." Please email us at unionville.hs@yrdsb.ca

Spring OSSLT

Attention to all students who will be writing the OSSLT this semester (this includes eligible students who did not participate or were not successful in the fall administration): our dates have been finalized and this semester's OSSLT will be taking place on the following dates: **April 17, 18, 19 and 20** during **periods 1 and 2**. Students and families will receive specific details as to when they will be writing the OSSLT in March. Any questions about the OSSLT should be directed to our Literacy Teacher – Ms. Chankseliani – at alyssa.chankseliani@yrdsb.ca or Vice-Principal - Mr.Gheewala - at amol.gheewala@yrdsb.ca

After School Literacy Program

Attention Students and Families:

In preparation for the Ontario Secondary School Literacy Test (OSSLT) that will be taking place from April 17-20 at UHS, we are offering an After School Literacy Program for extra support and preparation.

The program consists of ten 1.5 hour sessions for a total of 15 hours. Beginning March 6, we will be offering two programs:

Program 1	Program 2
<p>March 6, 2022 - April 17, 2022 Every Monday and Wednesday (except March Break and Easter Monday (April 10)) from 3:15pm - 4:45pm</p>	<p>March 7 2022 - April 13, 2022 Every Tuesday and Thursday (except March Break) from 3:15pm - 4:45pm</p>

There is no fee to participate in this program. Please choose ONE of the programs above that best suits your child's schedule and register through this [Google Form](#) link.

If you have any questions or concerns please contact Alyssa Chankseliani at alyssa.chankseliani@yrdsb.ca.

Course Selection Information

The final day to submit course selections is **Friday February 24** by 4pm. Students who do not complete and submit their course selections by this date will be contacted by the Guidance department on **Monday February 27** to complete this task.

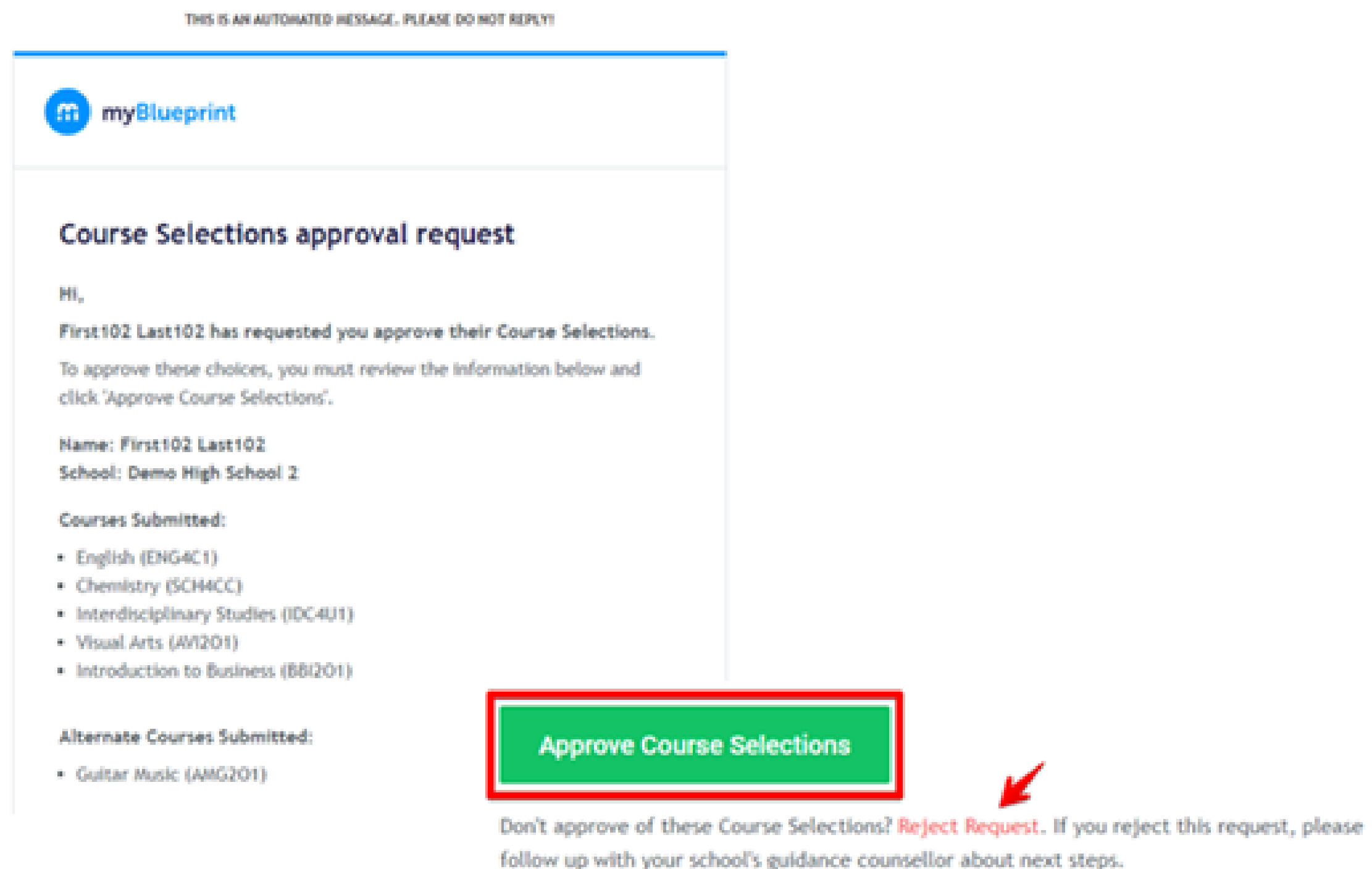
A reminder that students who are graduating this year and not returning to UHS must select 'Not Returning' in my Pathway planner.

In order for course sections to be processed, parents/guardians must approve their student's course request. Upon submitting courses in My Pathway Planner, students will be required to enter in the email of a parent/guardian. An automated message from My Blueprint similar to the one below will be sent. **Please check your email and complete this task by Monday February 27. If you did not receive the email, please check your SPAM folder. Parents/guardians will be able to view the student's course submissions and can either approve or reject the courses. Course selections cannot be processed until this parent/guardian approval is received.

Guidance Counsellors will be reviewing these submissions on a daily basis and any errors or concerns will be communicated directly to the student via their gapps email.

STEP 6: Parent/Guardian can **Approve or Reject**

THIS IS AN AUTOMATED MESSAGE. PLEASE DO NOT REPLY!



myBlueprint

Course Selections approval request

Hi,

First102 Last102 has requested you approve their Course Selections.

To approve these choices, you must review the information below and click 'Approve Course Selections'.

Name: First102 Last102
School: Demo High School 2

Courses Submitted:

- English (ENG4C1)
- Chemistry (SCH4CC)
- Interdisciplinary Studies (IDC4U1)
- Visual Arts (AV201)
- Introduction to Business (BB201)

Alternate Courses Submitted:

- Guitar Music (AMG201)

Approve Course Selections

Don't approve of these Course Selections? **Reject Request**. If you reject this request, please follow up with your school's guidance counsellor about next steps.

Semester 2 Timetables

The Guidance department recognizes that many students still have incomplete timetables for Semester 2. We are aware of the courses required for each student and are working as quickly as possible to complete timetables. Just a reminder that elective course changes will not be accepted. Thank you for your patience and understanding.

Night School

Night school is available to students who cannot get the course during day school. Remote learning night school registration is now open and synchronous learning will take place on Tuesdays and Thursdays from 6:30pm to 9:45pm beginning **February 16th**. Registration for Online night school (which is asynchronous learning) will open on **January 31st**. Registration for either format is on My Pathway Planner under "Continuing Education" and will require Guidance approval. Check out the YRDSB website for more information at: <https://www2.yrdsb.ca/schools-programs/adult-learning/night-school>

What Do You Need to Graduate from High School?

[What do you need to Graduate?](#) – Click the link to see what courses and requirements you will need to graduate.

Peer Tutoring

All students **interested in becoming a peer tutor** for the 2022-2023 school year must submit their application through this link: <https://bit.ly/BecomeTutorUHSO>

This application must be completed using the **student's GAPPS email**. Upon submitting, students will **receive an email containing a PDF** that will need to be printed, signed and returned to the Guidance Department dropbox located outside the Guidance Office. **Please Note:** If students are applying to tutor a subject they are currently taking, please ask your subject teacher first, as students are required to indicate their subject teacher's name to confirm if they are recommended for tutoring that subject.

All students **requesting a peer tutor** must submit their application through this link: <https://bit.ly/RequestTutorUHS>

This application must be completed using the **student's GAPPS email**. Upon submitting, students will **receive an email containing a PDF** that will need to be printed, signed and returned to the Guidance Department dropbox located outside the Guidance Office.

[Please click here for the Peer Tutoring flyer](#)

Upcoming Programs at Markham Public Library

How to Excel in your Job Interview - [Tues | Feb 28 | 6:30 PM | ZOOM](#)

Aging Well - Living Well with Diabetes - [Wed | Mar 1 | 11 AM | ZOOM](#)

How to Use the Digital Library - [Tues | Mar 7 | 7 PM | ZOOM](#)

Addressing Emotional Eating - [Wed | Mar 1 | 1 PM | Cornell Branch](#)

Traditional Indian music, musical instruments, and Singing - [Wed | Mar 1 | 7 PM | ZOOM](#)



MARKHAM PUBLIC LIBRARY



LIFE SKILLS SESSIONS FOR VOLUNTEERS

HOW TO BUDGET AND HANDLE YOUR FINANCES

Presented by: Credit Counsel Society

Monday March 13, 2023

1:00PM - 2:00PM (zoom)

HOW TO PLAN FOR UNIVERSITY

Presented by: Future Reach Education

Tuesday, March 14, 2023,

4:00-5:00PM (Cornell Library) AND,

Thursday, March 16, 2023

2:00 PM - 3:00 PM (Cornell Library)

HOW TO HANDLE STRESS

Presented by: The Adulthood Edit

Wednesday, March 15, 2023,

2:00-3:00 PM (Milliken Mill Library)

MARCH BREAK REGISTRATION



for any questions, please contact:
jackielee@markham.library.on.ca



Volunteer *with* Markham Public Library

Get your hours, make friends, and
create an impact for your community



Scan for more info!



MARKHAM PUBLIC LIBRARY

Access to updating GAPPS Profile Images – February 27, 2023 – March 2, 2023

All staff and students will be able to access their GAPPS profile images from February 27th to March 2nd. Access to the GAPPS profile image will close end of the day Thursday, March 2nd.

Teachers will have access to supporting students. Please see below for parameters on appropriate image options.

Can students use illustrations from a Google Search as their profile image or sample images provided in Google Apps for Education? ^

Students should be using one of the four options presented. If there is the option to use other images (e.g. dog, an activity, etc.) many students end up selecting stock images from Google and its recognized that this becomes problematic for educators to understand any nuances related to those images.

If a student wants to use their pet, it can be an image of the student with their pet. Overall, it should be evident that the student is present in the image (or representation of their identity in the image).

If you choose a photo, please be sure that only your image can be seen. When selecting a profile picture, students should consider the following questions:

- Is the image racist, colonial and/or oppressive? (i.e., does it promote and/or perpetuate negative and/or positive stereotypes, bias, prejudice, discrimination and/or beliefs that one group of people is superior to another?)
- Could the image be seen as harmful, offensive, and/or inappropriate by another student/person? (i.e., could it be viewed as a form of bullying, cyberbullying and/or harassment?)
- Could this image have a negative impact on my (i.e. the student's) own future?
- Does this image have a meaning that has been harmful in the past, or is harmful in the present?

If staff identify problematic images, they will speak to students about their choice of image. If it is clear that the image is harmful, the image will be removed and an administrator will speak with the student who has a harmful image as their profile image. The image will be restored to the student's default initials.

If students or families have any questions, they should speak with their teachers or an administrator.

Homestay Families Needed for International Visa Students

Host families are needed to offer homestay accommodation to international visa students. The experience of hosting can be a once in a lifetime experience for your family. Are you able to offer a caring home environment to a YRDSB international student? Remuneration (monthly stipend) is available to families to cover the cost of hosting. Hosting opportunities are available from two well-known organizations, approved by YRDSB. These organizations can support you every step of the way. Both Canada Homestay Network and MLI Homestay offer additional information online. These opportunities are available broadly to YRDSB staff, and members of school communities

From this week's Communication

[The Centre for Black Student Excellence Newsletter – March 2023](#)

[Fostering your Child's Emotional Resilience](#)

[Navigating through Negative Self-Talk](#)

[Parenting Sessions...Let's talk about it!](#)

[Raising Resilient Children](#)

[The Design Challenge Wind Turbine Design](#)

[Student Mental Health and Addictions Newsletter March 2023](#)

[York Region Traveller Safety Plan 2023-2027](#)



YR Hacks 2023

Registration for YRHacks 2023 is finally here! YRHacks' first hybrid hackathon will take place from **March 3rd to March 4th!** To register, head to yrhacks.ca and fill out the registration form! Registration is first come first served, so make sure to sign up as soon as possible! We hope to see you there!

Shadows of Racism Project

UHS is excited to share an opportunity that we hope will engage students interested in social justice, and excited to explore their social identities through art. It is a collaborative project between Unionville High School and [Alpha Education](#) that will see students work with Mr. Clodd's Grade 12 art students, and Ms. Boughtflower's class to create a traveling exhibition about student identity.

There are workshops that introduce students to the importance of Diversity, Equity and Inclusion led by professional educators, and then they will work with a team of professional artists to develop their ideas and concepts into works of art, partnered with Arts Unionville students. The final exhibit will go on tour across Ontario.

The project is limited to 10 students on a first come first served basis, and will require students to commit to 8 workshops, held during period 1 throughout March and April. The 8 sessions are mandatory in-school field trips and students will be excused from the regularly scheduled classes in order to participate.

Students do not need to be artists for the project - it is about sharing personal narratives about identity and developing student voice.

We will need final confirmation from interested students by Wednesday, March 1st. Please complete the [this form](#) if you are interested.

Technology Requests

We are encouraging all students to bring their own laptop or chromebook to school on a daily basis to assist in their learning. If you are bringing a personal laptop or chromebook, please ensure that it is clearly labelled for ease of identification. All students who were previously issued a Board device should bring this device to school for continued daily use. If your child does not already have a personal or Board laptop or chromebook, please complete the [Technology Request Form 2022-2023](#).

Unionville Howl

The Unionville Howl, our school newsletter, is coming out with an anthology. An anthology is a published collection of multiple different pieces of writing and visuals. The Howl is opening up applications for this exciting opportunity. If you are interested in being a part of this massive publication, please apply using this [link](#). If you have any questions or concerns, please email Ms. Wu at keyan.wu@yrdsb.ca

UHS Library Items

Celebrate Black History Month at the UHS Library by borrowing one of these amazing books! This week's list highlights non-fiction. Click links for more information.

[My Ackee Tree: A Chef's Memoir of Finding Home in the Kitchen](#) by Suzanne Barr

[The Skin We're In: A Year of Black Resistance and Power](#) by Desmond Cole

[Until We Are Free: Reflections on Black Lives Matter in Canada](#) edited by Rodney Diverlus, Sandy Hudson and Syrus Marcus Ware

[Conversations in Black: On Power, Politics and Leadership](#) by Ed Gordon

[No Bootstraps when You're Barefoot: My Rise from a Jamaican Plantation Shack to the Boardrooms of Bay Street](#) by Wes Hall

[The 1619 Project: A New Origin Story](#) by Nikole Hannah-Jones

[All About Love: New Visions](#) by bell hooks

[In the Black: My Life](#) by B. Denham Jolly

[More Myself: A Journey](#) by Alicia Keys

[They Said This Would be Fun: Race, Campus Life and Growing Up](#) by Eternity Martis

[The Autobiography of Willie O'Ree: Hockey's Black Pioneer](#) by Michael McKinley

[Black Women Who Dared](#) by Naomi Moyer

[Born a Crime: Stories from a South African Childhood](#) by Trevor Noah

[The Audacity of Hope](#) by Barack Obama

[Becoming](#) by Michelle Obama

[The Light We Carry: Overcoming in Uncertain Times](#) by Michelle Obama

[Viola Desmond: Her Life and Times](#) by Graham Reynolds

[The Black Battalion, 1916-1920: Canada's Best Kept Military Secret](#) by Calvin W. Ruck

[The Immortal Life of Henrietta Lacks](#) by Rebecca Skloot

[Black Food: Stories, Art and Recipes from Across the African Diaspora](#) edited by Bryant Terry

[Black Life: Post-BLM and the Struggle for Freedom](#) by Rinaldo Walcott

[More Than Enough](#) by Elaine Welteroth

[Disorientation: Being Black in the World](#) by Ian Williams



Students are invited to join the Library's Google Classroom. The join code is sv427pg. Students may also search for books, request books and access other resources on the [Library page](#) (click link) of the UHS website.

Students also have access to ebooks through [SORA](#) (click link). They sign in using the number 0 followed by their student number.

Upcoming Math Competitions

The Fryer, Galois, Hypatia, and Euclid math contests will be written in the first week of April.

The Fryer, Galois, and Hypatia contests, for students in grades 9, 10, and 11 respectively, will be written on April 5th during period 1. The cost to participate is \$12.50 and students may register on School Cash Online. Since many students will be writing at the same time, we have limited spots available for these three contests. Please register early to avoid disappointment! Registration will remain open until March 3rd, or until spaces are filled.

The Euclid contest for grade 12 students will be written one day earlier, on April 4th during periods 1 and 2. This contest is intended for grade 12 students, but grade 11 students may register as well. The cost to participate is \$19 and students may register on School Cash Online beginning this Tuesday, February 21st. Registration will remain open until March 3rd.

Please visit <http://www.cemc.uwaterloo.ca> for more information on these contests.

Yearbook 2022-2023

The year is quickly coming to a close! Keep your child's memories alive by purchasing this year's yearbook! The link can be found in [School Cash Online](#)!

Also, to graduating students and their families: this is a reminder to submit your baby photos to be included in the Yearbook!

Do you have great pictures taken with friends this year at UHS? Or an artwork or writing that you want to showcase? You are invited to submit content for the yearbook @ <https://forms.gle/azdSUtsActmnmv5kr8>. Categories include:

- Pic with Friends
- Pic with Pet
- Sports & Clubs
- Semi-Formal
- Field Trips, Events, Competitions, etc.
- GRADS ONLY - Grade 9 Throwback
- Artwork
- Written Work

The last day to make a submission is February 28th.



Wellness Reminder of the Week:

The UHS Wellness Council is a student run council whose mission is dedicated to improve students' health and well-being by creating and maintaining a positive school environment here at UHS. To learn more about how you can be part of the UHS Wellness Council, [please click here](#) for our Instagram page.

"February is short, it is filled with lots of love and sweet surprises." - Charmaine J. Forde.

News, Tips and Resources for Families

Looking for the latest news, tips and resources for families? Some of our departments put out monthly newsletters that provide helpful updates and resources for families.

Visit our [newsletters page](#) to see them all, or check out the latest from:

- [Centre for Black Student Excellence](#)
- [Math and Math Problems of the month](#)
- [Mental Health](#)
- [Parent, Family & Community Engagement](#)
- ["The Special Edition"](#) Exceptional Learning Strengths and Needs Newsletter

What Indigenous language revitalization looks like in northern Ontario



We'd like to share an interesting article regarding the importance of sustaining and revitalizing Indigenous languages to preserve culture and tradition. Mike Parkhill, Arleen Ash and Cassandra Spade, are fighting to preserve Indigenous languages for the generations to come. They have created an initiative to encourage the younger generations to practice storytelling through an Anishinaabemodaa App language learning app.

Click the [link](#) to learn more.

Wishing you a happy start to second semester

Yours truly,

Michelle Teh and Katie Major
UHS Indigenous Education Liaisons



TÜRKIYE and SYRIA EARTHQUAKE

List of Urgently Needed Items

Winter Clothing (coats, jackets, raincoats, boots, gloves, scarfs, hats)

Tents

Camping mattress

Blankets

Sleeping bags

Thermos

Flashlights (without batteries)

Diapers

Cleaning and Personal Hygiene

Sanitary Napkins

Dry Food Items

Baby Formula

All donations will be sent to Türkiye in a prioritized manner via the Consulate.

Donations to Syria will be distributed from Türkiye through a third party organization.

Donations may be dropped off at:

Humanity First Food Bank

600 Bowes Rd, Unit 40, Concord ON L4K 4A3

Telephone: (416) 440-0346

Email: Info@humanityfirst.ca

You may also donate online at www.humanityfirst.ca



diverse minds



B'nai Brith Presents...



ATTENTION HIGH SCHOOL STUDENTS!

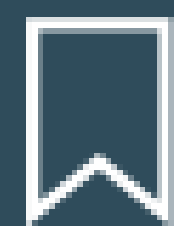
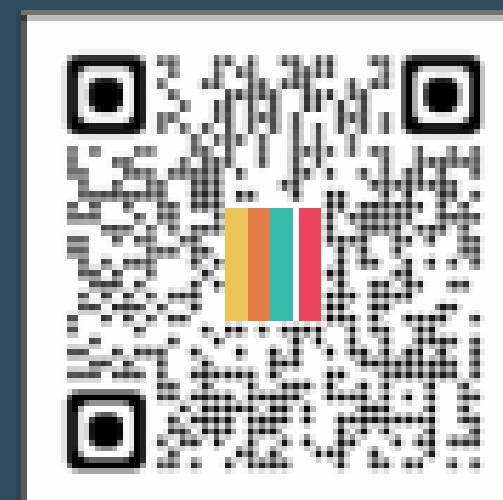
Write and illustrate a children's book that tells a story of diversity and inclusion

WINNING BOOK WILL BE PUBLISHED AND WILL RECEIVE A PRIZE OF \$5000!
2ND PRIZE: \$2500 • 3RD PRIZE: \$1000

Deadline for entries is April 16, 2023!



3.2 M likes



diverse minds@bnaibrith.ca

diverse minds Calling all high school students in Canada!
Create a book for elementary school kids. Visit DiverseMinds.ca
for detailed submission information and guidelines

#onceinalifetime #championingdiversity

Culturally Responsive Mental Health & Wellbeing Services for Students and Families (Alphabetized)

[Across Boundaries](#) provides a dynamic range of dignified, inclusive and compassionate mental health and addiction services and programs for racialized communities in Afrikaans, Amharic, Arabic, Bengali,, Caribbean dialects, Dari, Farsi (Persian), Harare, Hindi, Mandarin, Pashto, Punjabi, Shona, Somali, Swahili, Tsonga, Twi, Urdu, Xhosa

[Black Youth Helpline](#) (416-285-9944/1-833-294-8650) serves all youth and specifically responds to the need for a Black youth specific service

[BounceBack Ontario](#) is a free, guided self-help program that's effective in helping people aged 15 and up who are experiencing mild-to-moderate anxiety or depression, or may be feeling low, stressed, worried, irritable or angry. Services available in Arabic.

[Canadian Centre for Victims of Torture](#) is a community-based organization that helps victims of torture, war, genocide and crimes against humanity. CCVT provides treatment, tools and support that allow refugees to heal from trauma and become active community members. Youth Settlement Counselor: 416-363-1066 EXT: 227; Parenting Support: 416-363-1066. [Children and Youth Programs](#) Support is available in various languages including Arabic.

[Distress Centres of Greater Toronto Area](#) provides support in [English](#), [Cantonese](#), [Mandarin](#), [Portuguese](#), [Spanish](#), [Hindi](#), [Punjabi](#) and [Urdu](#).

[Family Services of York Region](#) Supported languages Tamil, Hindi, Urdu, Farsi, Mandarin/Cantonese, Gujarati, Punjabi

[Harriet's Youth Support Line](#) (1-877-695-2673) is a 24-hour emergency / crisis response line for African, Caribbean, and Black youth. Text messaging is available for young people who do not feel like speaking to someone, but are still in need of help.

[Hong Fook](#) provides a continuum of mental health services covering the spectrum from "promoting wellness" to "managing illness" in Cambodian, Chinese (Cantonese and Mandarin), Korean, Vietnamese and English.

[Hope for Wellness Helpline](#) (1-855-242-3310) offers immediate help to all Indigenous peoples across Canada. It is available 24 hours a day, 7 days a week and offers counselling and crisis intervention. Connect to access support via phone or online chat.

[ICNA Relief Canada](#) (905-858-1067) provides a non-clinical aspect of counselling to clients in need

[Jewish Family and Child Services](#) is a multi-service agency that strengthens and supports individuals, children, families and communities within the context of Jewish values. Jewish Family and Child Services offers affordable, professional counselling that is confidential and convenient.

[JVS Toronto](#) offers individual counselling for children, adolescents and adults addressing symptoms related to mental health such as anxiety, depression or anger. They also offer counselling to parents as they



strive to provide the best for their children while dealing with their own stressors.

[Khalil Center](#) is a psychological and spiritual community wellness center advancing the professional practice of psychology rooted in Islamic principles. Khalil Center utilizes faith-based approaches rooted in Islamic theological concepts while integrating the science of psychology towards addressing psychological, spiritual and communal health

[Muslim Family and Child Services](#) (416) 910-1253 is a not for profit organization using an integrated network of professional consultants and community support services including crisis intervention

[Naseeha](#) (1-866-627-3342) provides an anonymous, non-judgmental, confidential and toll-free peer support helpline for Muslim and non-Muslim youth experiencing personal challenges. Naseeha's services are open to all regardless of age, race, ethnicity, sexual orientation, gender identity, family makeup, social status, income, ability, physical and mental health, and religion.

[PCHS - Punjabi Community Health Services](#) offers mental health and addictions, geriatric, settlement, child, youth and family services.

[Pflag York Region](#) (Anonymous Support Line: 1-866-977-3524) is York Region's LGBTQ2 support, resource and education network – bringing together all members of the community.

[Sikh Family Helpline](#) (1-800-551-9128) is a non-emergency helpline providing support and connecting individuals to service providers in English and Punjabi

[SOCH Mental Health](#) aims to empower South Asian community members to recognize and accept mental health as an essential part of their wellness through education, prevention, and building resilience.

[TAIBU Community Health Centre](#) provides intersectional, equity-based and culturally affirming practices for YRDSB students who self-identify as Black, including Individual Therapeutic Counselling with a referral via a school Social Worker or Psychology Services Professional

[York Rainbow Support](#) (1-888-967-5542) provides Individual, Couple and Family counselling services for Lesbian, Gay, Bisexual, Transgender, Two Spirit, Queer & Questioning individuals.

General Supports for Emotional Well-Being (Alphabetized):

[310-COPE](#) provides crisis counselling for all. Professional counsellors are available 24 hours a day, 7 days a week.

[Kids Help Phone](#) provides support for children and youth. Professional counsellors are available 24 hours a day, 7 days a week.

[MOBYSS](#) (The Mobile Youth Walk-In Clinic) offers a safe space to talk to a medical or mental health professional in a warm, welcoming, and friendly environment. Services are 100% free and confidential with staff who are caring and non-judgemental. A health card is not required and there are no referral requirements.

[Victim Services of York Region](#) provides crisis counselling and referrals for longer-term support. Advice and support for families and educators on best practices for providing support can be found here.



THE ALLIANCE OF EDUCATORS
FOR MUSLIM STUDENTS

January 24, 2022

Please [click here](#) to visit the live links.

Prayer/Meditation Space Request

Does your child need a space to practice their faith? All students who would like to use our Prayer/Meditation Space for the 2022-2023 school year should complete the School Start Up forms: <https://startupforms.yrdsb.ca/> and email Ms. Kyriopoulos (effie.kyriopoulos@yrdsb.ca) for more information.

Preparing for Severe Weather

As we are getting into colder climates and temperatures, here is a message that was sent to families from the YRDSB :

Dear families,

With yesterday's announcement from Ontario's Chief Medical Officer of Health regarding masking and winter weather approaching, we want to provide families with an update on masking and the steps we take to keep students safe when severe weather occurs.

Masking in Schools

Yesterday, Ontario's Chief Medical Officer of Health strongly recommended that individuals wear masks in indoor settings. We continue to consult with York Region Public Health, who are strongly recommending masking in indoor settings. York Region schools and workplaces continue to be mask friendly environments and masking is strongly encouraged in YRDSB schools and buildings, and on all forms of school transportation. All students, staff, families and visitors who choose to wear a mask, or who are advised or required to wear a mask will be supported in doing so. A limited number of masks are available; children who wish to wear a mask but do not have access to one, may contact their school.

School Transportation Cancellations

School transportation (buses and taxis) may be cancelled due to extreme cold or inclement weather. On these days, schools will remain open unless otherwise stated. If school transportation is cancelled in the morning, it will also be cancelled in the afternoon. Any special or hot lunch days and field trips will also be cancelled.

Families should use their best judgment to decide whether to send their children to school on extreme cold or inclement weather days. Students will not be penalized for missing school on those days. For safety reasons, please let the school know if your child will not be attending school that day.

School Closures

Emergency closures will be considered when conditions may not be safe for students and staff members to attend school for the full day. This may include events that significantly limit school operations or access to the school site (e.g., widespread, prolonged power failures or downed power lines).

In keeping with our current practice, we will continue to keep our schools open as much as possible. However, it is important that families have alternate childcare arrangements planned for the rare occasions when schools may be closed. Before and aftercare programs will not operate if schools are closed.

Communication to Families

Decisions about school transportation and school closures will be made as early as possible and no later than 6:00 a.m. We will do our best to notify families in advance when we may be considering closing school and Board offices. Transportation cancellations or school closures are communicated through:

- Student Transportation Services - www.schoolbuscity.com or 1-877-330-3001
- [Board](#) and school websites
- [@YRDSB](#) Twitter account
- Radio and TV media outlets

For more information on severe weather days, please visit our website www.yrdsb.ca.

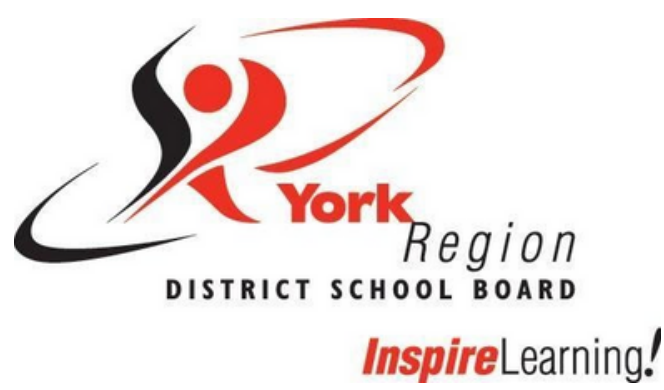
Did You Know!

On the York Region District School Board website, you can translate the webpage to almost any language!

Please see below for an example!



The screenshot shows the York Region District School Board website. A search bar at the top contains the text "Q 嗎, 我們今天要找什麼?". To the right of the search bar is a language selection dropdown menu. The menu is open, showing a list of languages: English, Afrikaans, Albanian, Arabic, Armenian, Azerbaijani, Basque, Belarusian, Bengali, Bosnian, Bulgarian, Catalan, Cebuano, Chinese (Simplified), Chinese (Traditional), Croatian, Czech, Danish, and Dutch. The "Chinese (Traditional)" option is currently selected and highlighted in blue. The main content area of the page is partially visible, showing the title "在線學習畢業要求" (Online Learning Graduation Requirements) and some introductory text.



Inclusive School and Community Services is hosting A Guardian/Parent Engagement Event

Advocacy and Allyship

YRDSB is hosting a 3 part Information series that looks at how to engage and help build shared solutions. Families will build on knowledge about discrimination, racism, bias, stereotypes and how to advocate and become an ally.

3. Becoming an Ally

Learn how to become an ally through engaging and listening to lived experiences of discrimination and hate.

Presented by: Soha Mohammad from Working Women

When: March 22nd 6:30pm – 8:00pm

Registration at <http://bit.ly/3VZpttx>

Please reach out to Harpinder Kaur or Kenzie Wass if you have any questions Harpinder.kaur@yrdsb.ca, Kenzie.Wass@yrdsb.ca

Do you need a computer?

Renewed Computer Technology (RCT) is a not-for-profit, charitable organization that empowers learners, educators and not-for-profit organizations with increased access to information and communications technology (ICT), skill development and learning opportunities, in a socially and environmentally responsible manner.

Working with **York Region District School Board** we are offering affordable, renewed computer packages.



1. Open camera on phone
2. Hold camera up to QR code above
3. Click link that appears on your screen

You can apply for this program if you are:

A resident of Ontario and you are an individual with limited income.

Parents or legal guardians may apply on behalf of a child or youth under the age of 18.

We offer 1 computer, per family, with a limit of 2 per household per year.

For more information, please contact:

Alexander Oliver
RCT Community Engagement Lead
AOliver@rcto.ca

All systems include our
STANDARD 1 YEAR DEPOT WARRANTY

*batteries not covered by warranty

We have Desktop Packages from \$60.00 to \$250.00.
Plus \$50.00 to ship the computer to your home.



You get - a desktop complete with Windows 10 and MS Office 2019 - Word, Excel, PowerPoint, Outlook and OneNote plus learning software, monitor, keyboard and mouse

We have Laptop Packages from \$200.00 to \$350.00.
Plus \$40.00 to ship the computer to your home.



You get - a laptop complete with Windows 10 and MS Office 2019 - Word, Excel, PowerPoint, Outlook and OneNote plus learning software

*Computers may not appear exactly as shown

Club Name	Meeting Date/Time	Room	Contact
Architecture	Thursday - 3:15	117	Zach Layton
Arts Council	Tuesday or Thursday - 3:15	212	Shane Clodd
Artisans Club	Monday - 3:15 - 4:30	211	Jessica Li
Black Excellence	Monday - 3:15	216	Sara Faulkner - Zach Teitel - Beckey Senwaa
Book Club	Wednesday (Biweekly) - 3:15	348	Celeste Lawton
Business & Sports	Wednesday (Biweekly) 3:15	324	Neil Sareen
Charis Christian Club	Friday - 3:15	240	Peter Lansing
Chinese Culture Club	Friday - 3:15	239	Shan-Chen Yu
Community Council	Thursday (Biweekly) - 3:15	302	James Campbell
Computer Science Club	Friday - 3:15	118	Raymond Do
Cooking Club	Twice a month - 3:15	310	Anna DiLorenzo
Dance Council	Wednesday - 7:45 AM	205	Melissa Bettio - Kathleen Major
DECA	Thursday - 3:15 - 4:30	324	Kuo Pan - Wes Guldemond - Neil Sareen
Dramatic Arts Council	Monday - 3:15	135	Laz Geronikolos
Eco-Council	Friday - 3:15	354	Michael Johnston
Film Club	Tuesday (Bi-weekly) - 3:15	356	Lauren Fridman - Shiraz Rafik - Zach Layton
Gender & Sexuality Alliance	Thursday - 3:15	348	Sara Faulkner - Zach Teitel
Historical Club	Thursday - 3:15	348	Laura Fong
Jazz Band	Monday 3:15 - 4:45	132	Niloufar Barazesh
Light Music Club	Tuesday - 3:15 - 4:30	N205	Jennifer Porter
Math Club	Wednesday - 3:15	242	Daniela Panacci
Med Club	Thursday (Biweekly) - 3:15 - 4:00	Library	Henry Wang
Mock Trial	Tuesday - 3:15	347	Nathan Struk
Muslim Students Association	Thursday (Biweekly) 3:05 - 4:00	327	Farhan Baig
Narrative Arts Club	Wednesday (Bi-weekly) 3:15	303	Shiraz Rafik
Newcomers Club	Friday - 3:15	236	Keyan Wu - Brooke Semoff
Philisophical Studies Club	Thursday - 3:15	348	Laura Fong
Prom Committee	Monday - 3:15 (2nd Monday Every Month)	345	Zafirah Damji - Daniela Panacci - Melissa Bettio
Robotics	Wednesday & Thursday 3:15	117	Brian Cho - Andrew Dennis Raymond Do - David De Paolis
Science Club	Thursday - 3:15	338	Elaine Howard - Jeffrey Chan
Show Choir	Friday - 3:15	205	Melissa Bettio - Julia Fong - Michelle Teh
Social Justice Club	Monday - 3:15	314	Felicia Sukdeo - Jennifer Porter
Special Events Club	Wednesday - 3:15	345	Zafirah Damji - Susan Sun
STEM Beyond	Tuesday - 3:15	350	Georgina Mantelos
Tamil Students Association	Wednesday - 3:15	241	Shama Sharma
Target Alpha	Wednesday - 3:15	324	Mathew Himelson - Wes Guldemond
Wellness Club	Wednesday - 3:15	Library	Michelle Farwell
Writers Club	Wednesday - 3:15 - 4:15	115	Zach Layton
Unionville Howl	First Tuesday of the Month	P02	Keyan Wu
Yearbook Club	Tuesday - 3:15	115	Lisa Wong - Frances Tom - Zach Layton
Yoga Club	Wednesday - 3:15	205	Jennifer Zamperin
Zoology	Wednesday - 3:15		Yiu Lun Leung - Daniel Dietrich

Please click [here](#) to contact teachers.