

Unionville High School Weekly Parent Bulletin

Friday, January 13, 2023

201 Town Centre Blvd. Markham, ON 905-479-2787 Reception 431/Attendance 230/Guidance 458 Email: <u>unionville.hs@yrdsb.ca</u> Tweets: <u>@UHSupdate</u>

Principal on Assignment Reid Wilshire

Principal on Assignment Susie Nunes

Vice-Principal Amol Gheewala Vice-Principal Patrick Belmonte Superintendent Kien Nam Luu

Trustee Ron Lynn

TECH REQUEST FORM - 2022-2023

CLUBS LIST 22 - 23

GUIDANCE UPDATES

Character Matters Trait of the Month: Optimism

"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence." – Helen Keller

DATE	EVENT
JANUARY 19 - 20	EQAO Math
MONDAY, JANUARY 23	School Council Meeting 7:00pm
JANUARY 26 - FEBRUARY 1	Exams/Culminating Activites
THURSDAY, FEBRUARY 2	Exam Review Day
FRIDAY, FEBRUARY 3	P.A. Day (No Classes)

Welcome

A warm welcome to our new superintendent of Education, CEC-East & Equitable Outcomes, Kien Nam Luu

EQAO Math

Attention all families of students who are taking Grade 9 Math (MTH1W1) this semester: The EQAO Math Assessment will be taking place during your child's math class on **Thursday**, **January 19 and Friday**, **January 20**, **2023**. An email was sent home to families and posted on your child's Google Classroom. Please contact your child's teacher with any questions.

UHS Showtime "Something Rotten"

UHS Showtime presents the musical comedy "Something Rotten" with a book by Karey Kirkpatrick & John O'Farrell and music and lyrics by Karey and Wayne Kirkpatrick at the Flato Markham Theatre. Join us this Friday, January 13th and Saturday, January 14th at 7:30 p.m. as we welcome you to the year 1595 to witness the Bottom brothers desperately try to compete in the theatre world against the wildly popular William Shakespeare.

Parents and students are welcomed to purchase tickets to our evening Showtime performances at a cost of \$20 per ticket.

Anyone interested can click on the link below to buy tickets through School Cash Online.

School Cash Online Link:

https://linktr.ee/somethingrotten.uhs



Thai Pongal

January is Tamil Heritage Month and we would like to acknowledge the start of the Tamil New Year on January 15th, 2023. On this day, Tamils around the world will be celebrating Tamil New Year and Thai Pongal, the Tamil harvest festival. Thai Pongal is the most important and widely celebrated festival amongst Tamils around the world. Thai Pongal is a time to give thanks for the blessings of the previous year and a time to look forward to the New Year. We would like to wish all members of the UHS Community a very joyous Thai Pongal!



Unionville High School's School Council Presents...

Life-Proofing Our Kids for Success: A Four-Part Series

Dr. Lin & Associates https://www.drlinandassociates.com/

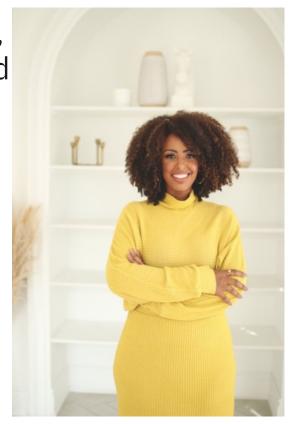


Monday, January 23, 2023—The Gift of Learning – Helping Our Kids Succeed @ 7:30pm to 8:30pm—Dr. Merry C Lin

Dr. Merry C. Lin is a psychologist with over 30 years of clinical experience. She is the Executive Director of Dr. Lin & Associates where she leads a team of psychotherapists, life coaches and HR Management consultants. In this role, she consults with corporations and not-for-profit organizations, providing expertise in a wide variety of areas, including mental health, stress management, trauma, abuse recovery, leadership and team development. Dr. Merry also has an extensive background in assessment, providing psycho-educational and diagnostic assessments for kids, adolescents and adults, to identify giftedness, intellectual disabilities, learning disabilities, ADHD, Autism Spectrum Disorder, and behavioural/emotional/mental health issues. A wise counsellor and respected speaker, she can be heard on her popular podcast, *The Fully Lived Life* (https://anchor.fm/the-fully-lived-life). Dr. Merry has also made regular TV appearances, and her teaching videos are available on RightNow Media. She is the author of The Fully Lived Life: Rescuing Our Souls from All that Holds Us Back.

Monday, February 27, 2023—Stress and Our Kids @ 7:30pm to 8:30pm – Senait Litchmore

Senait is a Registered Psychotherapist with the College of Registered Psychotherapist of Ontario, and has provided therapeutic support for individuals and families for over 10 years. She is trained in Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Solution-Focused Therapy, Family Systems and Trauma-Focused Cognitive Behavioural Therapy. As an Enneagram Life Coach, accredited practitioner with Integrative 9 Enneagram solutions, Senait use the iEQ9 assessment as a roadmap to understand clients clearly and help to unlock their full potential, increase self-awareness and improve their relationships. Senait's passion to empower others was birthed from her lived experience and is sustained by her desire to break toxic generational cycles and guide people to rewrite their narrative, impacting themselves, their families, communities and future generations.



Monday, April 24, 2023—Resiliency for Life @ 7:30pm to 8:30pm — Jackie Robertson



Jackie Robertson is a Registered Psychotherapist with over 30 years of experience working with families, adolescents and children. Jackie is a passionate speaker, educator, facilitator and consultant. Jackie has a wealth of experience in the areas of mental health, familial issues, trauma and adoption as she also provides training for the Adoption Counsel of Ontario. She has travelled internationally to build partnerships, coach leaders, provide clinical expertise, and facilitate teaching and workshops. She is engaging, down to earth, humorous and highly motivating in her work approach. She finds her work in supporting others on their journey to reach their full potential extremely enriching.

Unionville High School 201 Town Centre Blvd. Markham, ON L3R 8G5

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To join the second conversation with Dr. Merry C. Lin on Monday, January 23, 2023, please complete the google form: <u>UHS School Council Invitation</u> (Space is limited to 250) an opportunity to join the next conversation will be shared in the next couple of weeks.

We hope to see you there!

UHS School Council Meeting

Dear Families,

Our 4th School Council Meeting will be held on Monday, January 23rd at Unionville HS in the Library at 7:00pm. We will also be offering the meeting virtually (Google Meet link will be shared).

School Council Meeting Tentative Agenda:

Monday, January 23, 2023 – 7:00pm – 8:30pm.

- 1. Welcome
- 2. Updates from USAC
- 3. Updates from Admin Staffing, Facilities, Programs
- 4. Subject Department Presentations:
- * Library Ms. Hawkins (Pre-recorded)
- * Guidance Ms. Riolo
- * Co-op Ms. Minos
- 5. The Gift of Learning Helping Our Kids Succeed @ 7:30pm to 8:30 pm—Dr. Merry C Lin

Please use the link below to pre-register.

UHS School Council Invitation

Do you have questions that you would appreciate a response to? Please use the link below to submit your questions ahead of time or during the School Council Meeting. Responses will be provided within the preceding Parent Bulletin.

<u>School Council Q&A Form - Monday, January 23, 2023</u>

Looking forward to connecting with you.

Thank you,

UHS Administration

Interested in the Aquatic Leadership Program?

The YRDSB runs an Aquatic Leadership Program in partnership with the Town of Aurora, The City of Markham and the City of Vaughan during 2nd semester. For more information, please see here.

January: Spirit Moon

As we start the new year together, it is important to take this time to be mindful and grateful for the relationships and connections in our lives. According to Indigenous practices and culture, the month of January focuses on the Creation of the First Moon, or the Spirit Moon. It encourages us to re-evaluate and reflect on our relationship with our connections to this land, to the water, to ourselves, and other facets of life as we prepare ourselves for the rest of the season/year.

With this in mind, you may want to try practicing more mindfulness, self-care, and gratitude as a good way to start off the new year.

Michelle Teh and Katie Major UHS Indigenous Education Liaisons

Yearbook 2022-2023

Time is flying by quickly. Remember when you were starting the school year in September, most excited for the year to come for your kids? Well, a great way to immortalize those memories is by buying this year's UHS yearbook! Get a yearbook on School Cash Online (https://yrdsb.schoolcashonline.com/Home/SignIn) and keep your child's teenagehood with you forever!

Morning Music Requests

Hey wolves, want to suggest your favourite school appropriate songs and have them played in the mornings? Students can submit music requests via their gapps accounts now through the following <u>Google form</u> - - or they can also access the form on our instagram @uhs_announcements! Remember that songs must be school appropriate! Looking forward to hearing from you!"



Here are some of the newest books at the UHS Library

Are you looking for a good mystery to keep you warm this January? The UHS Library recommends the DreadfulWater mystery series by Thomas King. All of these titles are available in the UHS Library.

DreadfulWater
The Red Power Murders
Cold Skies
A Matter of Malice
Obsidian
Deep House



Students are welcomed and encouraged to borrow books!

Students also have access to ebooks through SORA. They sign in using the number 0 followed by their student number.

Night School

Night school is available to students who cannot get the course during day school. Remote learning night school registration is now open and synchronous learning will take place on Tuesdays and Thursdays from 6:30pm to 9:45pm beginning **February 16th.** Registration for Online night school (which is asynchronous learning) will open on **January 31st.** Registration for either format is on My Pathway Planner under "Continuing Education" and will require Guidance approval. Check out the YRDSB website for more information at: https://www2.yrdsb.ca/schools-programs/adult-learning/night-school

Caregiver Orientation: New Autism Diagnosis - February 1 at 6:30pm

Please click here to register.

NBE3U Announcement

We are pleased to announce that all sections of ENG3U next semester will be changed to NBE3U as of February 6.

Students who had ENG3U on their timetable for semester two will now see it replaced by NBE3U.

NBE3U is equivalent to ENG3U and intended to prepare students for the compulsory Grade 12 English University course.

NBE3U explores the themes, forms, and stylistic elements of a variety of literary, informational, graphic, oral, cultural, and media text forms emerging from First Nations, Métis, and Inuit cultures in Canada, and also examines the perspectives and influence of texts that relate to those cultures. In order to fully understand contemporary text forms and their themes of identity, relationship, and self-determination, sovereignty, or self-governance, students will analyze the changing use of text forms by Indigenous authors/creators from various periods and cultures in expressing ideas related to these themes. Students will also create oral, written, and media texts to explore their own ideas and understanding, focusing on the development of literacy, communication, and critical and creative thinking skills necessary for success in academic and daily life.

"The history of Canada begins with Indigenous peoples; this land's development and its future are inextricably linked to its first inhabitants. In this unique position, Indigenous peoples have perspectives on and knowledge of this land and of humanity that can inform how Canada addresses global challenges in the twenty-first century. Exploration of Indigenous cultures, ways of knowing, and contributions to society is therefore essential for students as the global citizens and problem solvers of tomorrow." (The Ontario Curriculum Grades 9 to 12: First Nations, Metis, and Inuit Studies Revised 2019).

If you have questions regarding this change, please contact a school administrator.

Looking for Winter Programs? Please see the following link from our partners at Hong Fook!

HONG FOOK - Winter Catalogue - English

HONG FOOK - Winter Catalogue - Chinese





Wellness Reminder of the Week:

Hey Wolves! As you may already know, the month of January means that you've almost completed your first semester! Congratulations! However, during this time comes with its challenges, such as many assignments, projects and exams too. So, please don't forget to take breaks when studying, sleep well, try your best! Good luck!

The UHS Wellness Council is back! We are a student run council whose mission is dedicated to improve students' health and well-being by creating and maintaining a positive school environment here at UHS. To learn more about how you can be part of the UHS Wellness Council, please click here for our Instagram page.

Peer Tutoring

All students **interested in becoming a peer tutor** for the 2022-2023 school year must submit their application through this link: https://bit.ly/BecomeTutorUHSO

This application must be completed using the **student's GAPPS email**. Upon submitting, students will **receive an email containing a PDF** that will need to be printed, signed and returned to the Guidance Department dropbox located outside the Guidance Office. **Please Note**: If students are applying to tutor a subject they are currently taking, please ask your subject teacher first, as students are required to indicate their subject teacher's name to confirm if they are recommended for tutoring that subject.

All students **requesting a peer tutor** must submit their application through this link: https://bit.ly/RequestTutorUHS

This application must be completed using the **student's GAPPS email**. Upon submitting, students will **receive an email containing a PDF** that will need to be printed, signed and returned to the Guidance Department dropbox located outside the Guidance Office.

Please click here for the Peer Tutoring flyer

Preparing for Severe Weather

As we are getting into colder climates and temperatures, here is a message that was sent to families from the YRDSB:

Dear families,

With yesterday's announcement from Ontario's Chief Medical Officer of Health regarding masking and winter weather approaching, we want to provide families with an update on masking and the steps we take to keep students safe when severe weather occurs.

Masking in Schools

Yesterday, Ontario's Chief Medical Officer of Health strongly recommended that individuals wear masks in indoor settings. We continue to consult with York Region Public Health, who are <u>strongly recommending masking in indoor settings</u>. York Region schools and workplaces continue to be mask friendly environments and masking is strongly encouraged in YRDSB schools and buildings, and on all forms of school transportation. All students, staff, families and visitors who choose to wear a mask, or who are advised or required to wear a mask will be supported in doing so. A limited number of masks are available; children who wish to wear a mask but do not have access to one, may contact their school.

School Transportation Cancellations

School transportation (buses and taxis) may be cancelled due to extreme cold or inclement weather. On these days, schools will remain open unless otherwise stated. If school transportation is cancelled in the morning, it will also be cancelled in the afternoon. Any special or hot lunch days and field trips will also be cancelled.

Families should use their best judgment to decide whether to send their children to school on extreme cold or inclement weather days. Students will not be penalized for missing school on those days. For safety reasons, please let the school know if your child will not be attending school that day.

School Closures

Emergency closures will be considered when conditions may not be safe for students and staff members to attend school for the full day. This may include events that significantly limit school operations or access to the school site (e.g., widespread, prolonged power failures or downed power lines).

In keeping with our current practice, we will continue to keep our schools open as much as possible. However, it is important that families have alternate childcare arrangements planned for the rare occasions when schools may be closed. Before and aftercare programs will not operate if schools are closed.

Communication to Families

Decisions about school transportation and school closures will be made as early as possible and no later than 6:00 a.m. We will do our best to notify families in advance when we may be considering closing school and Board offices. Transportation cancellations or school closures are communicated through:

- Student Transportation Services <u>www.schoolbuscity.com</u> or 1-877-330-3001
- Board and school websites
- <u>@YRDSB</u> Twitter account
- Radio and TV media outlets

For more information on severe weather days, please visit our website www.yrdsb.ca.

Prayer/Meditation Space Request

Does your child need a space to practice their faith? All students who would like to use our Prayer/Meditation Space for the 2022-2023 school year should complete the School Start Up forms: https://startupforms.yrdsb.ca/ and email Ms. Kyriopoulos (effie.kyriopoulos@yrdsb.ca) for more information.

Club	Teacher Supervisors
Artisans Club	jessica.li@yrdsb.ca
Book Club	celeste.lawton@yrdsb.ca
Business & Sports	neil.sareen@yrdsb.ca
Charis Club	peter.lansing@yrdsb.ca
Chess Club	afsana.ahmed@yrdsb.ca
Chinese History Club	shan-chen.yu@yrdsb.ca
Club de Français (French Club)	peter.lansing@yrdsb.ca
Community Council	melissa.delrosario@yrdsb.ca - james.campbell@yrdsb.ca - felicia.sukdeo@yrdsb.ca
Computer Science Club	raymond.do@yrdsb.ca
Cooking Club	anna.dilorenzo@yrdsb.ca - frances.tom@yrdsb.ca
Dance Council	melissa.bettio@yrdsb.ca - kathleen.major@yrdsb.ca
DECA	kuo.pan@yrdsb.ca - wesley.guldemond@yrdsb.ca - neil.sareen@yrdsb.ca
Dramatic Arts Council	lazaros.geronikolos@yrdsb.ca
Eco-Council	michael.johnston@yrdsb.ca
Film Club	lauren.fridman@yrdsb.ca - shiraz.rafik@yrdsb.ca - zachary.layton@yrdsb.ca
Gender & Sexuality Alliance	sara.faulkner@yrdsb.ca - zachary.teitel@yrdsb.ca
Guitar Ensemble	niloufar.barazesh@yrdsb.ca
UHS Historical Club	laura.fong@yrdsb.ca
Jazz Band	niloufar.barazesh@yrdsb.ca
Light Music Club	jennifer.porter@yrdsb.ca
Math Club	daniela.panacci@yrdsb.ca - shan-chen.yu@yrdsb.ca
	liubov.chulkova@yrdsb.ca - shama.sharma@yrdsb.ca
Mock Trial	dustin.cash@yrdsb.ca - nathan.struk@yrdsb.ca
Muslim Students Association	farhan.baig@yrdsb.ca
Narrative Arts Club	shiraz.rafik@yrdsb.ca
Newcomers Club	tara.kapeluch@yrdsb.ca
Philosophical Studies Club	laura.fong@yrdsb.ca
Prom Committee	zafirah.damji@yrdsb.ca - daniela.panacci@yrdsb.ca - melissa.bettio@yrdsb.ca
Robotics	brian.cho@yrdsb.ca
Science Club	elaine.howard@yrdsb.ca - jeffrey.chan@yrdsb.ca
Show Choir	melissa.bettio@yrdsb.ca - julia.fong@yrdsb.ca - michelle.teh@yrdsb.ca
Social Justice Club	felicia.sukdeo@yrdsb.ca - jennifer.porter@yrdsb.ca
Special Events Club	zafirah.damji@yrdsb.ca - shuai.sun@yrdsb.ca
STEM Beyond	georgina.mantelos@yrdsb.ca
Tamil Students Association	shama.sharma@yrdsb.ca
Target Alpha	wesley.guldemond@yrdsb.ca - mathew.himelson@yrdsb.ca
UHS Architecture Club	zachary.layton@yrdsb.ca
UHS Black Excellence	sara.faulkner@yrdsb.ca - zachary.teitel@yrdsb.ca - beckey.serwaa@yrdsb.ca
UHS Med	evan.mallin@yrdsb.ca
UHS Wellness Club	michelle.farwell@yrdsb.ca - evan.mallin@yrdsb.ca
UHS Writers Club	zachary.layton@yrdsb.ca
Unionville Howl	keyan.wu@yrdsb.ca
Zoology Club	yiulun.leung@yrdsb.ca - daniel.dietrich@yrdsb.ca

Please click <u>here</u> to contact teachers.

Upcoming Events - February 2023

DATE	EVENT
MONDAY, FEBRUARY 20	Family Day (No Classes)
MONDAY, FEBRUARY 27	School Council Meeting 7:00pm