



Tel: (905)-479-2787

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THIS WEEK'S EVENTS

Monday October 5	<ul style="list-style-type: none">• ESL classes to Young People's Theatre 8:45am to 2:00pm• School Council Meeting 7:00pm• Staff Meeting @ 3:15p.m.—Students are reminded to exit the school building promptly after the bell.
Tuesday October 6	<ul style="list-style-type: none">• Junior Boys Soccer @ Stouffville
Wednesday October 7	<ul style="list-style-type: none">•
Thursday October 8	<ul style="list-style-type: none">• Interim Report Cards Distributed• ESL classes to Immigrant Youth Centre 8:30am to 2:45pm• Junior Boys Soccer @ Brother Andre
Friday October 9	<ul style="list-style-type: none">• Club Fair 11:15am to 1:45pm• Student registration verification forms due to Homeroom teachers

UPCOMING EVENTS

Monday October 12	<ul style="list-style-type: none">• Happy Thanksgiving!• No Classes
Tuesday October 13	<ul style="list-style-type: none">• Outdoor education to Killarney departs
Wednesday October 14	<ul style="list-style-type: none">• After-School Literacy Course Begins - 3:30 p.m. to 5:00 p.m.
Thursday October 15	<ul style="list-style-type: none">• Parent/Guardian Interview Night - 6:30 p.m. to 8:30 p.m. - Students are invited to attend! Interview request forms will be distributed with interim report cards.
Friday October 16	

All visitors to UHS must report to the main office to sign in.

IMPORTANT MESSAGES

After-School Literacy Program

The After-School Literacy program is designed to provide students with the skills and strategies necessary to be successful on the Literacy test (OSSLT). The OSSLT is a graduation requirement for all students. We strongly encourage any student who will be writing the OSSLT this year who would benefit from extra support and skill development to attend this program. The course will run on Wednesdays after school from 3:30 p.m. to 5:00 p.m. The first class is scheduled to begin on Wednesday, October 14. Registration forms are available in the attendance office. Hurry, space is limited.

I M P O R T A N T M E S S A G E S

Download the YRDSB App!

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Did you know that you can download the York Region District School Board app, *YRDSB Mobile*, using your iPhone, Android or Blackberry 10 device?

YRDSB Mobile provides parents and students with up-to-date news, access to student resources, school maps and contact information. Users are able to access the *Report It* tool, school year calendars, transportation information and much more.

To download the free app, search for "YRDSB" in your app store.

Library News

Access My Library is a free app that will automatically connect you to the UHS library resources. This app is available for both Apple and Android platforms. Once you have downloaded the app, search for school libraries in order to find Unionville High School. The Access My Library app also provides instant access to the many databases available through the UHS library.

School Cash Online

Unionville High School is accepting online payments! Please register today to receive email notification of student fees owed (both optional and required) including upcoming field trips. See the attached flyer for the link to School Cash Online including instructions on registering.

Join the UHS School Council

As your child starts the new school year at Unionville High School, it's a perfect time for you to join the UHS school council.

Studies have shown parent involvement has a strong positive influence on student achievement and adjustment, and being part of the school council is an excellent way to get involved. We are parents who work full-time, part-time, or are at home – just like you! We are committed to our children's education and are committed to a positive learning environment and experience for our children.



As a member of the UHS School Council, you will get a behind-the-scenes look at the operations of Unionville High School. You will have the opportunity to express your opinion and contribute your voice on various initiatives and policy or procedure changes. Come and hear about upcoming events from students and staff. Whether you are a new parent or guardian to UHS or an existing one, this is a great opportunity to get to know the school's administration team of Ms. Weaver, Principal; Mrs. Pummell and Mrs. Borrell, Vice Principals, along with other parents and guardians in the UHS community.

**Our first School Council meeting for the 2015/16 school year will be held on
Monday, October 5th, at 7:00 in the library.**

At our first meeting we will be electing this year's School Council Executive. The elected positions include Chair/Co-chair, Treasurer and Secretary. Nominations forms were sent home with your child in the school's start-up package and will also be available at the October 5th meeting. We look forward to having you join us at our meetings.

Message of Welcome from the UHS 2014/2015 School Council Executive



United Way
Toronto & York Region
www.unitedwaytyr.com



LDAYR and Evoke Learning Presents: The Ultimate Selfie A Transformative Workshop for Students - Grades 8 — 12

Date and Time:

Sat, October 3rd 2015
10:00am to 4:30pm

Location:

LDA — York Region
11181 Yonge Street
Richmond Hill, ON
905-884-7933 ext.23
(Room: B13 basement)

Cost:

FREE spots available!

*Includes light lunch
and snacks.

Inspired by his daughter Alexandra's resiliency as a young adult with a Learning Disability, **Bill Cotric**, a professional coach, created "The Ultimate Selfie."

Growing up with a learning disability that she has never allowed to define her, Alexandra is a university graduate and a certified Ontario teacher. Her mindset has always been that anything is possible if you draw from your strengths and not your perceived weaknesses. Bill brings this perspective to his work as a coach and it is the underlining message of this workshop.

"The Ultimate Selfie" will invite students to:

- Dialogue with peers, through group coaching, about the daily life challenges they face
- Learn how being your authentic self can address many of those challenges, and just what being your authentic self means
- Learn to be present in the moment without worrying about, or bringing in the past or the future
- Create an "Authenticity Statement" for their life and discover what it means to live into your own personal values
- Discover and accept their uniqueness for the purpose of building trust and confidence in themselves
- Connect to nature and draw strength from it
- Learn how being grateful is the starting point of all positive initiative
- Change habits that no longer work
- Tap into their physical and emotional well-being by moving from their head to their heart
- Start to understand physical and social environments, what they are, and the impact they have on us
- Discover how to remind ourselves of our intentions
- Dream big and choose new possibilities for a fulfilling life
- Experience the magic of life through being grounded in your authentic self

This experiential workshop will move students closer to being comfortable with their unique self, which we sometimes tend to see as a deficit more than a gift. Greater self-awareness of what being authentic means to our overall well-being and happiness will also help build confidence in being your true self. Drawing on their courage, this workshop will invite students to access their deeper wisdom to become more centred and strong to their authentic intentions. The workshop promotes greater self-acceptance and will confirm that labels which they (or others) put on them don't define who they are. Having and living this awareness will ultimately lead them to a happier, more fulfilling life. Students will learn how to embrace their true self and understand that real and sustainable happiness can only come when we are being true to ourselves. What they currently perceive as their weaknesses or vulnerabilities can ultimately be their unique strengths that can be used to fulfill their life's goals.

About Your Workshop Facilitator

Bill Cotric is a professionally certified coach and currently holds the PCC (Professional Certified Coach) designation, and is working towards his MCC (Master Certified Coach) credentials. Bill is known for his highly intuitive style, deep insights, and creative coaching strategies that open clients to greater self-awareness. Bill has served as a Board Director for the Adler School of Professional Coaching and joined the Adler Faculty in 2010. Bill is the father of a young adult with Learning Disabilities.

Unionville H.S. is accepting online payments through School Cash ONLINE!

School Cash Online provides the following benefits:

- A convenient fee payment option that saves time
- Reduces paper
- No more need to send cash or cheques to school
- A quick way to register. It takes less than 5 minutes to register.

Parents that opt to participate will receive notification via email of student fees owed (both required and optional), and can make secure online payments by credit card or Interac and receive a receipt.

To view a presentation about the program, go to <http://www.kevsoftware.com/movies/ParentRegEnglish/>.

Follow the easy steps on the next page to register and get started!

Step 1: Register

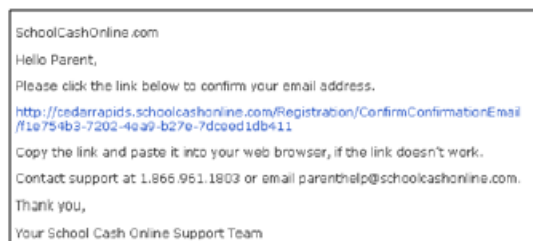
- Click on the School Cash Online button on our school's website at <http://Unionville.HS.yrdsb.ca/> and select the **"Get Started Today"** button.
- Complete each of the three Registration Steps

***For Security Reasons your password, requires 8 characters, one uppercase letter, one lowercase letter and a number.**



Step 2: Confirmation Email

A registration confirmation email will be automatically forwarded to you. Click on the link provided inside the email to confirm your email and School Cash Online account. The confirmation link will open the School Cash Online site prompting you to sign into your account. Use your email address and password just created with your account.

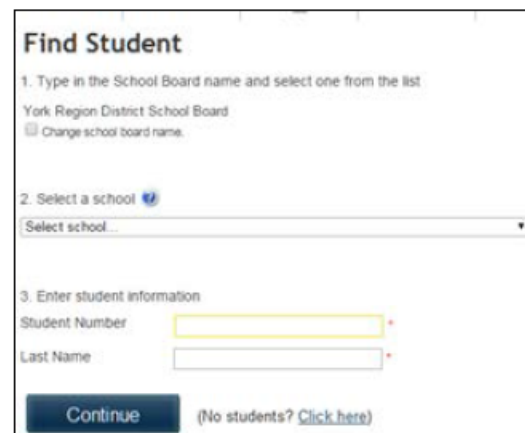


Step 3: Find Student

NOTE: A STUDENT NUMBER IS REQUIRED

This step will connect your children to your account.

- Enter the School Board Name
- Enter the School Name
- Enter Your Child's Student # and Last Name
- Select **Continue**
- On the next page confirm that you are related to the child, check in the Agree box and select **Continue**
- Your child has been added to your account



Step 4: View Items or Add Another Student

If you have more children, select **"Add Another Student"** option and repeat the steps above. 5 children can be added to one parent account.

If you do not wish to add additional children, select **"View Items For Students"** option. A listing of available items for purchase will be displayed.

NEED HELP?

If you require assistance, select the **GET HELP** option in the top right hand corner of the screen or contact School Cash Online – Parent Help Desk at 1-866-961-1803 or parenthelp@schoolcashonline.com.

INCREASING RESILIENCY AND WELL-BEING IN OUR CHILDREN

PARENT WORKSHOP

Learn techniques to assist your children in becoming more resilient

A PRESENTATION FOR PARENTS
OF ALL STUDENTS BUT IN PARTICULAR
THOSE IN GRADES 7-9



Sponsored by

The York Region District School Board Resiliency Committee and
The Learning Disabilities Association of York Region

No cost

Monday November 2, 2015
Richmond Green Secondary School

7:00 p.m.-9:00p.m.

RSVP – chris.mcadam@yrdsb.ca

