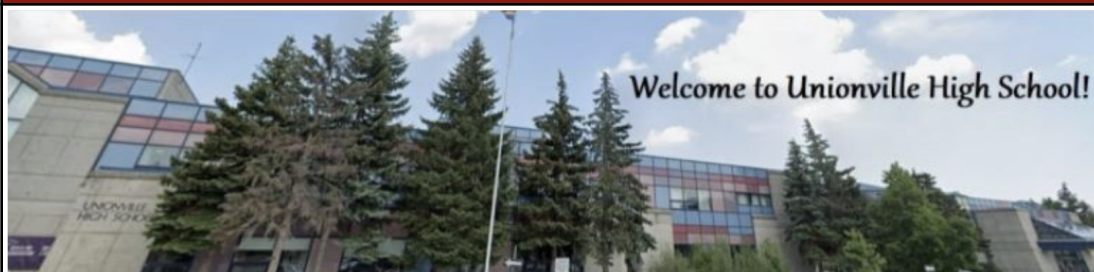




UHS Parent Weekly Bulletin –Vol.40

Friday, June 25, 2021



201 Town Centre Blvd.

Markham, ON

L3R 8G5

(P) 905-479-2787

(F) 905-479-1539

Extensions:

Reception - 431

Attendance - 230

Guidance - 458

Principal

Suelyn Cheong

suelyn.cheong@yrdsb.ca

Vice-Principal

Andrew Gazaneo (A-L)

andrew.gazaneo@yrdsb.ca

Vice-Principal

Patrick Belmonte (M-Z)

patrick.belmonte@yrdsb.ca

Superintendent

Becky Green

becky.green@yrdsb.ca

Board Trustee

Ron Lynn ron.lynn@yrdsb.ca

Email:

unionville.hs@yrdsb.ca

School Website:

[Click here](#)

Tweets

[@UHSupdates](#)

28 No Classes	29 No Classes	30	1	2
Credit Conferencing & Credit Rescue (Last Day for Community Classes) Student Materials Return/Retrieval (8:30-3:30)	PA Day	Main Office Open	Holiday Main Office Closed	Main Office Closed

THE UNIONVILLE HOWL



@theunionvillehowl

theunionvillehowl@gmail.com



Unionville Howl Newsletter: Year End Edition

Message from the Premier of Ontario

Dear graduates,

We have been asked to share this [congratulatory message from the Premier of Ontario](#) with all graduating students and their families.

Kind regards,

York Region District School Board

Message from the Minister of Education

Dear families,

Please click the link below to hear a graduation message from Minister of Education, Stephen Lecce:

<https://www.youtube.com/watch?v=O9HFATFo2XE>

Survey for Parents/Guardians & Students

Survey for Parents/Guardians

Dear Families,

The York Region District School Board is conducting two surveys to collect feedback from students and families across the system to understand their experiences at school. The deadline to complete the survey has been extended until June 29, 2021. There is one survey for students and one for families. Information for families can be found [here](#).

All parents and guardians of students from Kindergarten to Grade 12 are invited to participate in the survey for families. The survey is voluntary and will take about 15-20 minutes to complete. The survey is anonymous and individual responses will be kept in strict accordance with all relevant legislation. Individuals will not be identified in any reports or presentations resulting from this survey. Parents and guardians can access the English and translated versions of the survey [here](#). Translated versions include: Arabic, Chinese (simplified), Chinese (traditional), Farsi, Gujarati, Hebrew, Korean, Punjabi, Russian, Tamil, Turkish, Urdu, and Vietnamese.

Survey for grades 7 to 12

Dear student,

The York Region District School Board is conducting a survey to collect feedback from students to understand their experiences of learning during this school year. The survey has been open since May 26, 2021 and will be closing in a few days (June 28, 2021).

All students in Grades 7 to 12 are invited to participate in this online survey to be completed at their convenience.

- The survey is voluntary and will take about 15-20 minutes to complete.
- The information students provide will be anonymous and individual responses will be kept in strict accordance with all relevant legislation.
- Individuals will not be identified in any reports resulting from this survey.
- Students may skip questions they do not want to answer.

Students can access the survey [here](#).

Timetable Changes/Concerns

The Guidance department has been very busy working on completing student timetables for September 2021.

Please note: As indicated during the course selection process and in previous parent/guardian bulletins, course elective changes will NOT be completed for the 2021-2022 school year. Information will be provided in late August/early September for timetable concerns that are not related to elective changes.

Community Involvement

The summer is a great time for students to work on completing their community involvement hours.

Use the link below to see what activities are eligible.

[What types of activities are eligible?](#)

To access the 'Notification and Completion of Community Involvement Form, please use this link:

[Students](#)

Need some help finding organizations to volunteer with? Students can join the 'UHS Volunteer and Program Opportunities' Google Classroom using the class code: **gsrz264**. Students can also visit the City of Markham at www.volunteermarkham.ca or call 905-415-7000.

Happy Volunteering!

Guidance Office Closed During Summer Months

The Guidance department is not open during the summer months. If you have any questions or concerns, please contact the main office (905-479-2787).

Resources and contact information are found below should you require any support.

We hope you have a safe and restful summer break!

Community Contacts and Services

York Regional-- Police-Fire-Ambulance **911**

- 310-COPE www.yssn.ca: 905-310-COPE (2673) or 1-855-310-COPE (2673) - available 24/7
- www.KidsHelpPhone.ca: 1-800-668-6868, text 686868 - available 24/7
- Mental Health Helpline <https://www.ontario.ca/page/mental-health-services>: 1-866-531-2600 - available 24/7
- York Hills Help Phone Line: 905-503-9561 www.yorkhills.ca
- Hong Fook Mental Health Foundation www.hongfook.ca 416-479-7600
- Youthdale – Crisis Line for Youth 416-363-9990 (24 hours a day, 7 days a week) <https://www.youthdale.ca/crisis-line>
- Poison Control www.ontariopoisoncentre.ca: 1-800-268-9017
- Lesbian Gay BI Trans Youth Line www.youthline.ca: 1-888-687-9689
- Trans Lifeline www.translifeline.org: 1-877-330-6366
- Black Youth Helpline www.blackyouth.ca: 1-833-294-8650
- Hope for Wellness (support for First Nations and Inuit) www.hopeforwellness.ca 1-855-242-3310
- 360° Kids 905-475-6694 (press 3 for Connections Emergency Housing) <https://www.360kids.ca/>
- York Region Children's Aid Society www.yorkcas.org: 905-895-2318
- Family Services – York Region 905-415-9719 or 1-866-415-9723 <https://www.fsyrc.ca/>
- York Region Abuse Program www.centralhealthline.ca: 905-895-3646
- Markham Stouffville Hospital www.msh.on.ca: 905-472-7000

After a year of various eco-actions, the Environmental Council is proud to announce that Unionville High School is a certified EcoSchool!

- **UHS EcoSchools History:**

Ecoschools Canada is a certification framework that encourages a wide range of educational institutions to adopt environmentally friendly practices. As part of certification, schools participate in environmental activities that reduce their environmental impact and earn them EcoSchools Points! These points contribute to the school's level of award: Certified, Bronze, Silver, Gold or Platinum certification.

UHS first became an EcoSchool in the 2009-2010 school year, earning Silver Certification for three years in a row. Last year (2019-2020) we decided to certify again! Unfortunately, many schools including our own were unable to complete a full certification, but due to our interest and commitment to certification, we were able to receive a Special Edition Seal!

This year, the Environmental Council decided to reinstate the school's EcoSchool status despite many adversities caused by the pandemic. Here is the eco-action and point breakdown:

- **Action Breakdown (points achieved in brackets)**

- a. **Getting to Know Your EcoSchool (4.5/5)**

The Environmental Council collected general statistics about our school including the number of staff/students, floor area, environmental partnerships and more!

- b. **Environmental Literacy (7.25/10)**

To educate students about climate change and the environment, the Environmental Council researched and found online resources that relate to outdoor learning for certain subjects, such as Science, English, and Phys Ed. Articles relating to current environmental issues were also found on websites, and all these materials were compiled and sent to teachers for future use in their classes.

- c. **EcoCode (3.875/5)**

One of the biggest guides that leads our EnviroCouncil is our EcoCode. It's our mission statement, code of conduct, and biggest inspiration for all our activities. **"To nurture environmental integrity through memorable education and hands-on conservation"**.

- d. **Earth Day (4.5/5)**

The Environmental Council hosted a virtual Earth Day celebration open to everyone at the school. Students took part in a short educational presentation and Earth related games.

- e. **Reducing Single-Use Plastics (8.75/10)**

To raise awareness about the plastic pollution crisis and the importance of reducing harmful single-use plastics, the Environmental Council researched the topic and created an informative presentation to share with many UHS classes. A Kahoot was included along with the presentation for students to test their knowledge, as well as a pledge form for students to take their pledge to reduce single-use plastics and be more eco-conscious in their daily lives. We received more than 80 pledges!

- f. **School Energy Exploration (6.75/10)**

In this action, we explored the amount of energy our school used and how sustainably it was sourced. Did you know that UHS Energy is in partnership with the Markham Theatre? This state-of-art energy system has been in place since the school was built in 1985, using hot and chilled water from Markham District Energy generation.

Additionally, UHS is part of a solar panel microfit program where the school produces renewable energy and sells it back to the grid!

g. Textile Recycling (5/5)

Through Instagram, the Environmental Council was able to hold a textile recycling challenge.

h. The Great Gulp (8/10)

Disposable plastic water bottles are detrimental to the environment, so part of this initiative was to raise awareness and encourage the use of reusable water bottles.

i. WWF National Sweater Day (3.75/5)

The first Thursday of February was WWF's National Sweater Day. On this day, families turned down their thermostats by 2 degrees to save energy. The Environmental Council created an Instagram challenge to raise awareness about this event. There was also a follow-up infographic post.

j. WWF Earth Hour (4.5/5)

Students were encouraged to turn off their lights during the annual WWF Earth Hour to save electricity.

k. Create Your Own Action - Pollinator Garden Proposal (4/5)

To repurpose one of UHS's gardens into a pollinator garden, the Environmental Council planned and wrote a proposal so this can be possible in the coming years. Pollinators are essential to maintain the diversity in our ecosystems. Maintaining this diversity supports agricultural economies and the food supply. The garden would also serve as a hands-on learning environment for many courses taught at UHS.

l. Create Your Own Action - Guest Speaker Events (4/5)

During the year, the Environmental Council invited two guest speakers to give a presentation on their experience in the climate movement. From sustainable business to environmental justice, UHS students were invited to learn about a range of topics and get actively involved!

How Can You Help?

There are many ways that students and staff can help us make our school a better place! Check out some of our suggestions:

1. Turn off the lights or use natural light from windows!
2. Sort your recycling and garbage (and compost at home).
3. Use GOOS - Good On One Side - paper.
4. Follow **@ecouhs** on Instagram to stay up to date with environmental initiatives at school.
5. Educate yourself and others on environmental issues that surround our planet today.

As always, the Environmental Council is open to new members. Listen to announcements next Fall for information on how to join for the 2021-2022 school year!

Next Steps:

Through the dedication of our council members, we managed to earn 64.875 points, just 2 points away from silver. In the following years, the Environmental Council hopes to engage more students/staff and will diligently work toward gold status to ensure we are doing as much as we possibly can for our environment. We will continue to make a long-lasting positive change in our school community and would like to thank all our dedicated teammates, and our incredibly supportive staff advisors who helped us make a sustainable impact!

Summer Up Programs

[Blacks in Canada - Truths, Triumphs and Excellence](#)

[Global Health Mini-Masters](#)

[Bright Lights in the Lab - The Science of the Brain](#)

[Mathematics - Solving Math Problems in Everyday Contexts](#)

Teen Police Academy Program

Grade Level: 10 - 12

The Community Safety Village - York Regional Police is now accepting applications from youths for the 2021 Teen Police Academy Program. The program is suitable for students in grades 10-12 who have an expressed interest in policing. This adaptation of our very successful 2019 pilot program will allow them to gain some insight into the profession and its requirements.

The goal of the program is to offer youth an opportunity to develop leadership, awareness, communication and problem-solving skills that will help them grow as a person and be successful in any future endeavours.

****In order to apply each student must submit a current resume and cover letter as well as a 400 word document on "Why they are applying for this camp" and "What they hope to gain from this experience"?**

Each selected candidate will have the opportunity to take part in a variety of experiences such as:

- Presentations about the recruiting process
- Learning about a variety of police units, both sworn and civilian positions
- Exposure to the various scenarios that will challenge them and improve their awareness and problem solving skills
- Exercises designed to build their communication skills and develop their public speaking abilities
- Taking part in activities that will build team work and cooperation

Teen Police Academy Virtual program:

Monday, August 9 – August 13, 2021

Monday, August 23 – August 27, 2021

[Virtual Summer Camps Registration](#)

Important Dates, Report Cards and Selection of Learning Model

Important Dates

We hope this correspondence finds you and your family well. The following are some key dates for you to be aware of:

June 28: Credit Conferencing and Rescue Day: Some students will be involved in activities to support completion of Semester 2 courses. Students are expected to attend only as directed by their teacher. This is the last day for Community Classes; **Student Materials Return/Retrieval at UHS**

June 29: PA Day

July 7: Graduation Video Release

Report Cards

Our reports provide you information about your child's achievement throughout the second semester. Of note is that this reporting period reflects learning that has occurred in a modified learning environment as required by the provincial public health guidelines. As a result, the rate of progress described in this report may differ from previous years due to the ongoing impact of COVID-19 on student learning. We hope that this report will provide valuable feedback for your child while supporting conversations about learning at home.

Report cards are part of the ongoing communication from our school to support student achievement and well-being. **Distribution of your child's final report card for the second semester will begin on July 8, 2021.** These reports will be distributed using the same process used for Midterm and Interim Reports via student GAPPS accounts.

2021-2022 Caring and Learning Plan - Selection of Learning Model

As previously announced, families will have the option to select in-person or virtual learning. To ensure families are making this decision with as much up-to-date information as possible, **we anticipate that this process will take place July 28 - August 16.** More information will be released at that time about how to make this selection.

Student Material Retrieval and Return Process

Dear Families,

Re: Student Material Retrieval and Return Process

On **Monday June 28**, students and families can safely return items that belong to UHS (e.g. **textbooks, library books, musical instruments, sheet music, technology, parking passes**) and pick up any items left at school/assigned to them. This process is by appointment only (8:30 am - 3:30 pm) using the Google Form below:

[Appointment Bookings for Materials Drop-Off/Pick-Up June 2021](#)

If you are currently using a board-issued laptop or chrome-book and you ***are returning*** to a YRDSB school in the fall, please keep your device for use over the summer. If you ***are not returning*** to a YRDSB school in **September**, you must return all YRDSB technology. Students are expected to return all school items and anything else that is property of the YRDSB.

Guidelines for Visit:

- Visits to the school must be conducted within the Public Health Guidelines. A mask must be worn and a two-meter distance must be maintained at all times while on school property.
- **Entry will be at Town Centre Blvd. only and exit will be at Warden (or stairwell #3 to return to Town Centre parking). Please arrive on time.**
- Please sanitize your hands upon entering and exiting the building. Do not wear gloves.
- A [Covid-19 School and Child Care Screening](#) must be conducted prior to arrival. Please do not come to the school if you are experiencing symptoms.
- Students must drop-off and retrieve items individually. No additional family members will be allowed to enter the building.
- There will be no access to classrooms, washrooms or drinking fountains.

- If your child has medication at school, please call us in advance if you'd like it to be available for pick-up.
- Students will be directed to the **cafeteria** to return items and will not be permitted to walk to other locations in the school.

Our goal is to provide a safe and supportive process to allow for the return of materials and school property. We appreciate your cooperation as we facilitate a safe and organized process.

Sincerely,

The UHS Administration Team

Attention Graduates: Download Your Work on YRDSB Google Drive

This is a message for all Graduates and any student leaving YRDSB at the end of June. Students who wish to keep work that has been saved on the YRDSB Google Drive (GAPPS account) will need to download it as soon as possible - no later than the end of June. They will not have access to this account after this time.

Instructions on how to Download your Google Data

1. Select the Google Apps and Services you want to export your data and documents from, and select the option to receive the file as a download via email (depending on the size of your Google account, this could take several hours). Use the .zip file option.
2. Once the Google Takeout email arrives, use the links to download your archived data and documents to the personal computer, USB/external drive and/or the personal Google Drive that you wish.
3. You can "unzip" the archives and then upload the data and documents to a new personal Google Account or use the files and documents in Microsoft Office or other applications.

Need More Help? Support resources from Google are available on [how to download your Google data](#).

Secondary Credit International and Indigenous Languages Programs (Grade 9 to 12)

The Credit International and Indigenous Languages program, offering 15 different languages, is available to students from Grades 9 to 12. Registration is now open for the upcoming 2021- 2020 year, please see course offerings [secondary course offerings](#). Online registration closes on September 13, 2021. Please visit our [website](#) for more information about our courses, program delivery and registration information.

Did you know there are many benefits to taking **credit** language courses?

Students can take one International Languages Course as a Group 1- Compulsory or as an Elective Credit towards their Ontario Secondary Diploma. Students can also earn up to three credits towards graduation. If students successfully complete the Level D - University course, it can be used as one of their top six (6) marks for post-secondary entry.

For more Information please do not hesitate to e-mail us if you have any questions at international.languages@yrdsb.ca.

Thank you for your interest in our programs.



Please click the link below for the Hong Fook Youth & Family Program calendar for June 2021 and Youth & Family Service Summer Programs.

[June 2021](#)

[Hong Fook Youth & Family Services - Summer Program Catalogue \(English\)](#)

[Hong Fook Youth & Family Services - Summer Program Catalogue](#)

2021 Summer Learning Programs Available

During the month of July, YRDSB continues to offer credit and non-credit summer school program opportunities for elementary, secondary and adult students. Traditional in-class face-to-face summer programs will move to a remote learning delivery model. Registration is now open for the following programs:

Elementary Credit and Non-Credit Programs:

- Elementary Summer School (Grades 6 - 8 non-credit reinforcement)
- Grade 8 Reach Ahead

Secondary Credit Programs:

- Online-Learning
- Remote Learning

Please view the following links for information regarding each model and how to register:

[Secondary Program Flyer](#)

[Summer School Update April 20, 2021](#)

[How to Register](#)

Note to students: **A sign-off form is NOT required**. Disregard this step. Your alpha counsellor will review your registration and will send an email confirmation to your GAPPS account confirming that the course has been approved. If there are any concerns with your summer school selection, you will be contacted directly by your alpha counsellor.

Adult Learning Programs:

- Adult Literacy and Basic Skills

- English as a Second Language
- Citizenship Classes

For more information about summer learning programs and registration please visit www.yrdsb.ca and follow us on Twitter @YRDSB.

Scholarship News

Continue to check the Guidance Moodle for upcoming scholarship information as well as application and eligibility details. Scholarship information is intended for graduating students that plan to attend a post secondary institution in 2021-2022.

Upcoming Scholarship Information:

The Scholarship Report (June - August) (PDF located on the Guidance Moodle)

University Listing Scholarships - Fall 2021 Entrance (PDF located on the Guidance Moodle)

College Listing Scholarships - Fall 2021 Entrance (PDF located on the Guidance Moodle)

June 25, 2021 - The Alliance of Jamaican Alumni Associations (AJAA, Toronto) Scholarship

The AJAA is an umbrella organization representing alumni associations affiliated with educational institutions in Jamaica. The Alliance's mandate is to provide guidance and financial assistance to students from the Jamaican educational system in integrating them into the Canadian educational system, and to provide support to the member Jamaican Alumni Associations in The Greater Toronto area.

<https://www.ajaacanada.com/graduates.html>

June 30, 2021 - MACCA Scholarships

MACCA will be awarding Scholarships of \$1,000 to selected recipients. Selection is based on students' involvement and dedication to their community and academic achievements. One outstanding student that excels in these areas and demonstrates that they have gone above and beyond will also receive the President's award.

Applications can be downloaded from the website: [Home - MACCA](#)

July 3, 2021 - Black Business and Professional Association (BBPA) Scholarship

Established in 1986, the BBPA National Scholarship Fund offers scholarships dedicated to supporting academic excellence and to facilitating the career ambitions of Black Canadian youth. New applications will be received until July 3, 2021. Please see their website for tips on how to apply. They will also be hosting a number of applicant preparation sessions during the month of June.

[BBPA Scholarships – Black Business and Professional Association | The premiere destination for Black Businesses and Professionals](#)

July 3, 2021 - Mon Sheong Foundation Scholarship

Founded in Toronto in 1964 as a charitable organization to promote Chinese culture and heritage through caring for the elderly and nurturing the young, Mon Sheong Foundation offers the Mon Sheong Golden Jubilee Scholarship. Check out their website for more details:

[Golden Jubilee Scholarship – Mon Sheong Foundation](#)

July 16, 2021 - The OBCL Epilepsy Scholarship

This scholarship is awarded to graduating Ontario high school students who live with epilepsy and will be entering their first year of post-secondary education this fall.

[2021 Epilepsy Ontario Scholarship Application](#)

July 30, 2021 - LDAYR Scholarship

The Learning Disabilities Association of York Region is proud to announce our first LDAYR Scholarship (\$5,000).

[Scholarship 2021 – Learning Disabilities Association of York Region](#)

July 31, 2021 - BFCN Scholarship and Award

Black Foundation of Community Networks (BFCN) - 10th Annual BFCN Scholarship and 7th Annual BFCN Aim to Achieve Award

[SCHOLARSHIPS – BFCN](#)

HELP US WITH SOME VACCINE MATH – LET’S GET TO 80%

COVID-19 vaccines are paving the way to control the spread of the virus and a return to a more normal life.

To help schools safely open in September and operate as close to normal as possible, we need students aged 12 to 17 to get their first dose of the COVID-19 vaccine this June and July.

Clinical trials conducted by Pfizer in the United States have found the vaccine to be 95% effective after the first dose and 100% effective after the second dose in youth ages 12 to 15.



All York Region vaccination sites are youth friendly. At a York Region clinic, you can:

- Find a time slot that works for you
- Get vaccinated as a family
- Access targeted mental health resources while you wait

Let’s get at least 80% of students aged 12 to 17 a first dose of vaccine this June and July and be ready for a safe return this September!

Visit york.ca/COVID19Vaccine for youth-friendly clinic locations, times and booking instructions.



York Regional Police Community Advisory Council (PCAC) Presents:

Grade 12 Leadership in Social Justice Achievement Awards

York Regional Police and The Police Community Advisory Council will be presenting 12 Awards to recognize outstanding students with bright futures as upcoming leaders and dreamers in their communities. The YRP Leadership in Social Justice Achievement Awards committee will provide 12 awards of \$500 to York Region Students who have been contributors in social justice, equity and human rights in their schools and communities. Achievement exists in many different forms and we want to hear about yours.

Award recipients will be recognized at the **YRP International Human Rights Day Celebration** on Thursday, December 9, 2021.

Submission deadline:
**AUGUST 27
2021**

For further information, please contact:

Josie Rose, Co-Chair, York Regional Police Community Advisory Council at PCAC.YRP@gmail.com.

yrp.ca/LeadershipInSocialJusticeScholarship





Summer Programs and Resources

Welcome to Summer!

Please visit [2021 Online Summer Program Opportunities for Children, Youth and Families](#)

You will find a list of programs organized by category and age group. We encourage you to check the link regularly as the Community and Partnership Developer Team will be making regular updates to available programs and resources.

Also check out the [Community Resources](#) Page for other important information regarding mental health, financial, legal and other supports.

The following **Community and Partnership Developer** staff will be available throughout the summer to support families with information and resources they might need. These staff members can be reached by email or phone:

Oksana Majaski	oksana.majaski@yrdsb.ca		416-568-2252
Yasmin Mawani	yasmin.mawani@yrdsb.ca		416-727-8179
Yvonne Kelly	yvonne.kelly@yrdsb.ca		416-697-4208
Patti O'Sullivan	patti.osullivan@yrdsb.ca		905-252-0597
Shani Blake	shani.blake@yrdsb.ca		416-554-0362



From the Lifelong Leadership Institute

GET READY TO SUMMER UP!

**17 EXCLUSIVE PROGRAMS TAUGHT
BY PROMINENT LEADERS FOR
ONTARIO'S BLACK YOUTH**

THESE SUMMER 2021 PROGRAMS WILL:

- Provide unique and sought-after skills
- Make a student's resume **STAND OUT**
- Be fun and engaging (we promise!)

**FREE FOR QUALIFYING BLACK YOUTH IN GRADES 8-12
SIGN UP NOW! SPACES ARE LIMITED!**


THREE CATEGORIES OF PROGRAMS

ACADEMIC. ARTS. ASPIRATIONS

FOR MORE INFORMATION OR
APPLY TODAY AT:

[HTTPS://LLILEADERS.COM/SUMMERUP](https://llileaders.com/summerup)

THE SUMMERUP PROGRAM IS FUNDED BY THE
ONTARIO MINISTRY OF EDUCATION

Ontario 

[Apply Today](https://llileaders.com/summerup)





**PROGRAM IS
FREE!**

**MEET NEW
PEOPLE!**

**INVITE YOUR
FRIENDS!**

REGISTRATIONS

Joyce Chiu

Youth Program Worker

Tel: (647) 281-6031

Email: jchiu@hongfook.ca

CHOICES YOUTH PROGRAM

TEN-WEEK PROGRAM AT HONG FOOK

WHAT IS CHOICES?

Choices Youth Program is a ten-week prevention and early-intervention program that helps youth develop skills to make informed decisions and the confidence to resist risk-taking behaviours. By providing opportunities for open discussion, participants learn positive coping strategies, refusal skills and practice new skills in a safe space.

WHEN & WHERE

Tuesdays, 4:30-6:00pm

Dates: June 29-August 31

Where: Virtual meetings

WHO CAN JOIN

Youth ages 12-17

WEEKLY TOPICS

Communication

Decision making

Goal setting

Alcohol

Coping strategies, mental health, and self care

Relationships

Leadership and confidence

Self respect

Risk taking & social media



www.hongfook.ca





该计划是免费的!

结交新的朋友!

邀请你的朋友!

报名查询, 可致电:

Joyce Chiu

Youth Program Worker

Tel: (647) 281-6031

Email: jchiu@hongfook.ca

我的选择 青少年服务

在康福举办的10个礼拜项目

什么是我的选择?

鼓励12至17岁的青少年获取资讯, 以作出明智及适当的决定, 并在生活中提倡正面的选择。为青少年提供安全的空间, 让他们学习说“不”的技巧和积极的应对策略, 以及在一个没有批判的环境下练习新的技能。导师及义工们以角色演练, 嘉宾演讲, 视频及互动活动等手法演绎每周的专题。

日期:

6月29日—8月31日 (每周二)

下午 4:30 至 6:00

活动地址: 线上视频会议

特别为

12至17岁

每周专题包括

沟通技巧

作出决策

目标设定

酒精问题

应对策略

人际关系

自我尊重

承受风险/社交媒体



www.hongfook.ca

