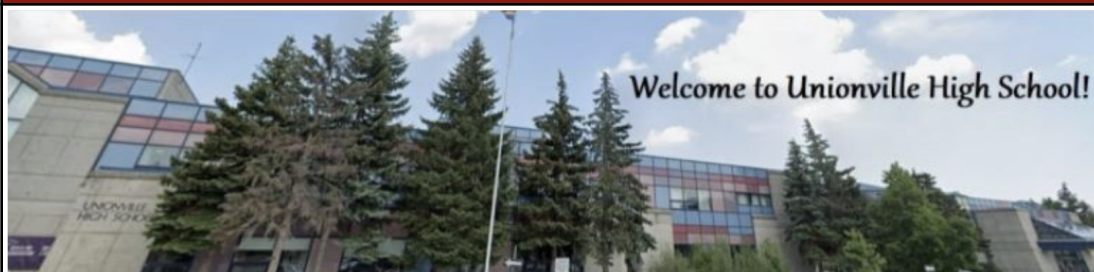




# UHS Parent Weekly Bulletin –Vol.37

Friday, June 4, 2021



## 201 Town Centre Blvd.

Markham, ON  
L3R 8G5  
(P) 905-479-2787  
(F) 905-479-1539

### Extensions:

Reception - 431  
Attendance - 230  
Guidance - 458

### Principal

Suelyn Cheong  
[suelyn.cheong@yrdsb.ca](mailto:suelyn.cheong@yrdsb.ca)

### Vice-Principal

Andrew Gazaneo (A-L)  
[andrew.gazaneo@yrdsb.ca](mailto:andrew.gazaneo@yrdsb.ca)

### Vice-Principal

Patrick Belmonte (M-Z)  
[patrick.belmonte@yrdsb.ca](mailto:patrick.belmonte@yrdsb.ca)

### Superintendent

Becky Green  
[becky.green@yrdsb.ca](mailto:becky.green@yrdsb.ca)

### Board Trustee

Ron Lynn [ron.lynn@yrdsb.ca](mailto:ron.lynn@yrdsb.ca)

### Email:

[unionville.hs@yrdsb.ca](mailto:unionville.hs@yrdsb.ca)

### School Website:

[Click here](#)

### Tweets

[@UHSupdates](#)

## Adaptive Students - Online Schedule

Period 1	8:30 am – 9:45 am
Period 2	9:50 am – 11:05 am
Lunch	11:05 am – 12:25 pm
Period 3	12:25 pm – 1:40 pm
Period 4	1:45 pm – 3:00 pm

7		8		9		10		11	
		AMK1/2/3/4MM - Virtual Guest Artist Midori Koga 9:50 AM				AMK1/2/3/4MM - Virtual Guest Artist Reginald Miller 9:50 AM  Grade 9 Band - Virtual Guest Artist Alana Ngo 3:20 PM			
14		15		16		17		18	NO CLASSES
									Credit Conferencing & Credit Rescue

## Schools Remain Closed to In-Person Learning

Dear families,

On Wednesday, June 2, the Government of Ontario announced that schools in Ontario, including York Region District School Board will remain closed to in-person learning until the end of the 2020-2021 school year, with learning continuing virtually. Students will continue to access learning as they have been since schools closed to in-person learning in April.

Students with special education needs whose needs cannot be accommodated through remote learning and are currently attending school in-person can continue to attend school in person.

We appreciate that this may be disappointing for some students and families. If you are concerned about your child's emotional well-being, we encourage you to reach out to your child's teacher or school. You can find [tips on how to speak to your child about COVID-19 on our website](#) as well as [mental health supports](#). Families can also access a variety of resources, including supports using online tools at [www2.yrdsb.ca/family-resources](http://www2.yrdsb.ca/family-resources).

**Information will be shared with you in the coming weeks about arranging to return or pick-up items at the school.**

Thank you for your ongoing support and patience. We will continue to share updates and information with you as it becomes available. You can also follow the Board's Twitter feed: [@YRDSB](#), or for information about COVID-19 and schools or the 2021-2022 school year, visit: [www.yrdsb.ca/school-reopening](http://www.yrdsb.ca/school-reopening).

We miss our students and look forward to welcoming our returning students back to school for the 2021-2022 school year.

## Vaccine Clinics for Youth with Developmental Disabilities

York Region Public Health is committed to meeting the accessibility needs of youth with disabilities in a timely and proactive manner. For that reason, we are offering targeted COVID-19 vaccination clinics for youth with developmental disabilities and their families in an environment that is both supportive and flexible.

[For general information on youth clinics, please click here.](#)

In partnership with the York Region school boards, we will be sending mobile vaccination teams to a school near you. These clinics will be held in a familiar environment with teams consisting of Registered Nurses who are experienced and supportive immunizers. Students are also welcomed to bring any items that may increase their comfort at the clinic such as headphones, earphones and tablets.

**These targeted COVID-19 vaccination clinics will...**

- have additional time built into the schedule to ensure your child has the time they need to adjust and receive their vaccination without rushing;
- offer the choice of having your child vaccinated inside the school at the clinic or in their vehicle with an in-car observation period of 15 minute.

### Clinic Details:

- All youth attending this clinic must be 12 years of age or older at the time of their appointment to be eligible to receive the vaccine.
- The vaccine being offered is the Pfizer-BioNTech COVID-19 vaccine.
- Parents, guardians and siblings age 12+ are welcome to attend the clinic and can receive their COVID-19 vaccination if eligible (please book additional appointment(s) if desired).
  - Early second dose appointments will only be offered to those who meet current eligibility requirements; visit [york.ca/COVID19Vaccine](http://york.ca/COVID19Vaccine) for details.

- If a parent or legal guardian is unable to accompany their child, they can complete and sign a [consent form](#) and send it with the child to the appointment.
- Clinics will operate from 9 a.m. to 4 p.m.
- Appointments must be booked in advance; walk-in appointments are not available.
- If you require support to reschedule or cancel a booked appointment, please call Access York at 1-877-464-9675.

Town/City	Date of Clinic	School	Address	Booking Link
<b>Aurora</b>	Tuesday, June 8	St. Maximillian Kolbe Catholic High School	278 Wellington Street East, Aurora, L4G 1J5	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60049">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60049</a>
<b>Georgina</b>	Wednesday, June 9	Sutton District High School	20798 Dalton Road, Sutton, L0E 1R0	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60139">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60139</a>
<b>King</b>	Monday, June 7	King City Secondary School	2001 King Road, King City, L7B 1K2	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/59933">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/59933</a>
<b>Markham</b>	Monday, June 7	Middlefield Collegiate Institute	525 Highglen Avenue, Markham, L3S 3L5	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/59958">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/59958</a>
	Wednesday, June 9	Pierre Elliott Trudeau High School	90 Bur Oak Avenue, Markham, L6C 2E6	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60164">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60164</a>
<b>Newmarket</b>	Thursday, June 10	Huron Heights Secondary School	40 Huron Heights Drive, Newmarket, L3Y 3J9	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60239">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60239</a>

<b>Richmond Hill</b>	Tuesday, June 8	St. Robert Catholic High School	8101 Leslie Street, Thornhill, L3T 7P4	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/59999">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/59999</a>
	Thursday, June 10	Richmond Hill High School	201 Yorkland Street, Richmond Hill, L4S 1A2	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60189">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60189</a>
<b>Whitchurch-Stouffville</b>	Wednesday, June 9	Stouffville District Secondary School	801 Hoover Park Drive, Stouffville, L4A 0A	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60076">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60076</a>
<b>Vaughan</b>	Tuesday, June 8	Holy Cross Catholic Academy	7501 Martin Grove Road, Woodbridge, L4L 9E4	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60024">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60024</a>
	Wednesday, June 9	Thornhill Secondary School	167 Dudley Avenue, Thornhill, L3T 2E5	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60110">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60110</a>
	Thursday, June 10	Tommy Douglas Secondary School	4020 Major Mackenzie Drive, Woodbridge, L4H 4E9	<a href="http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60214">http://ca.apm.activecommunities.com/yorkregion/Activity_Search/60214</a>

York Region Public Health is committed to working with our partners to ensure people with disabilities can receive the accommodations needed to receive their vaccine safely and comfortably.

For information about the COVID-19 vaccine and youth, please review our [COVID-19 Vaccines for Youth Age 12 to 17](#) fact sheet. For information on how to prepare for your child's COVID-19 vaccination, please read the attached resource **COVID-19 Youth Vaccination Clinics + FAQs**.

If the above locations and dates do not work for your family, families and youth are welcome to book an appointment at one of the mass vaccination clinics. For more information or to book an appointment at a mass vaccination clinic, visit [york.ca/COVID19Vaccine](http://york.ca/COVID19Vaccine) or call Access York at 1-877-464-9675.

## Graduation Update

This message is provided as an update to our Board's graduation planning in light of this week's announcement by the provincial government. The planning for graduation ceremonies is a significant process which schools began planning for months in advance. With the safety of our students and our staff as our number one priority, we have planned for virtual graduations this year in June. This determination was based on the need to make decisions in a timely manner on the guidance of York Region Public Health with respect to the predicted conditions and the stay-at-home order that was in place. While it is noted that these do not fully replace the face to face graduation celebrations, we do want to assure you that the virtual graduation ceremonies for each of our schools will honour each of our graduates in recognition of their achievements.

We recognize that there are a number of questions now emerging regarding face-to-face celebrations. We are currently waiting to receive further direction from the Ministry of Education, which they have indicated will be shared with Boards shortly. Once received, we want to assure you that we will review that direction, taking into account that any on-site, face-to-face recognition of our graduates will need to consider a number of factors. This will include engaging with York Region Public Health for their direction as we must ensure that we continue to prioritize the safety of our students, families and staff.

We understand the challenges the pandemic has presented for our students, and it is our hope that our virtual graduation ceremonies will still provide our graduating students with an opportunity to celebrate their achievements. Please stay tuned for further information that will be provided as soon as it is available.

## Flag at Half-Mast

Our flag will be at half-mast for the first nine days in June (215 hours – one hour for each victim) to acknowledge the children who lost their lives at the Kamloops Residential School.

If you want to learn more about Canada's colonial legacy and the residential school system, please visit The National Centre for Truth and Reconciliation website: [National Centre for Truth and Reconciliation: NCTR](https://www.nctr.ca/).



Orange is the colour used to show support for survivors of the residential school system. It is the symbolic colour of Orange Shirt Day that also uses the slogan "Every Child Matters" to encourage Canadians to respect the survivors of Canada's Residential School system and learn more about Canada's treatment of Indigenous children.

The fallen feather is associated with Tanya Talaga's book, "Seven Fallen Feathers" which examines the deaths of seven Indigenous children in Thunder Bay, Ontario, and to symbolize the many children who have lost their lives to systemic racism and abuse in Canada - the many "fallen feathers."

To learn more about how to honour and support Indigenous communities, please visit the following:

<http://anduhyaun.org/>

<https://supportanishnawbe.ca/>

<https://www.nameres.org/>

<https://woodlandculturalcentre.ca/>

<https://www.tungasuvvingatinuit.ca/>

[Wikwemikong Heritage Organization](#)

Ontario Native Women's Association: Missing and Murdered Indigenous Women [Home](#)

<https://fncaringsociety.com/donate>

[Legacy of Hope Foundation – Indigenous-led charitable organization](#)

[Pledge to support the Campaign \(moosehidecampaign.ca\)](#)

### UHS Feed the Need

Did you know that 28% of individuals who received the Canadian Emergency Response Benefit (CERB) still need to rely on the food bank for help? The UHS Feed the Need Initiative really needs your help to reach our goal of addressing food insecurity in our community.

We would like to gently remind you that this is the last week for donations to the UHS Feed the Need Initiative. Thank you to everyone who has donated so far and those who plan to donate over the next week!

We received a few inquiries from the UHS community about not being able to donate on our donation website (<https://fbyr.ca/uhs/>). Please be reassured that we are urgently attending to this matter and will work with the York Region Food Bank to resolve this issue.

Please note only credit cards can be used for donations through our link (<https://fbyr.ca/uhs/>). Debit cards with a VISA option will not be accepted on the page, so please make sure that you have access to a credit card. Alternatively, you can donate food at any of our drop-off locations to help make a difference. Please fill out the appropriate google form listed below. In addition, on our Instagram page (@uhsfeedtheneed), a poll has been posted for our viewers to indicate if they had any problems on our donation page.

In the meantime, we encourage all members of the UHS community, students, staff, and families, to please donate to our initiative and thank you in advance. This is our last week of the initiative so let's make it count!

Google form link for monetary donations:

<https://docs.google.com/forms/d/e/1FAIpQLSdhvuu5nUpkHqI7VsFSeWMIZvyt2APf1qgOIL1HxVrnPZT-JA/viewform>

Google form link for non-perishable food items: <https://forms.gle/A4epFBh7ic5JmXVw7>

### Wellness Corner

Our UHS Wellness Council continues its fun and informative initiatives. Stay tuned for the announcement of the winner of the “**Art from our Hearts**” contest. Highlights from today's “Chef It Up” event will also be shared. Be sure to follow the Wellness Council on Instagram @uhshealthandwellness for all activity details.

**Checking in on your mental health (from CMHA):**

“There's a common misperception that “good mental health” means feeling happy and “bad mental health” means feeling sad. In fact, a mentally healthy life includes the full range of human emotions—even the uncomfortable ones like sadness, fear and anger. While feeling well means different things to different people, some things might actually apply to all of us: in order to thrive, we all need a good sense of self, and we all need purpose, contribution, hope, resilience and belonging. [Please visit the CMHA website to find an informal checklist that you can use to check your own mental health.](#)”



## Math: Tutoring and Reviewing Concepts Prior to September 2021

TVO Mathify is available to support Grade 6-10 students online, Monday - Friday, 9:00 a.m. - 9:00 p.m., and on Sunday from 3:30 p.m. - 9:00 p.m. TVO Mathify provides free 1:1 Grade 6-10 tutoring support. All tutors are Ontario Certified Teachers. Please click the following link to find out more: [TVO Mathify: Students](#)

For information, preparation and practice regarding Mathematics programs in YRDSB, you may wish to access the [YRDSB Math page](#). Toward the bottom of this page you will find other useful links including the [Math Self-Assessment \(Secondary\)](#) link which takes you to a comprehensive set of questions to gauge readiness for different topics in the various math courses. Each topic has video lessons linked to it from the University of Waterloo's Centre for Education in Mathematics and Computing (CEMC). Embedded in the video lessons are practice questions.

Additional resources related to Math mindsets and confidence include the following:

[How to Learn Math for Students](#)

[Parent Resources Archives](#)

## USAC Update

Our Unionville Student Activity Council has been working tirelessly behind the scenes this year to support the school community. After several months revisiting the USAC Constitution, and defining the core values and purpose of the student leadership group, the students settled on a committee model with three working committees: Communications, Events and Student Affairs. Much of their work has been to develop procedures for social media communications, a new Student Life website (coming soon!), planning for a new Student Ambassador and Mentorship program called Wolf Pack (launching in September), and facilitating funding and development for our very successful community of clubs.

The remodeled USAC is still evolving. Organizational change takes time, and the students continue to reflect and adjust the Council to create a model that is responsive to the school culture at UHS. To this end, we felt that since this Council was not elected until November, that it would be best to carry forward into September and avoid running another election now in June. We will have 12 existing USAC grade reps to pick up the work in September, assist with whatever transitions occur when we return to school, and to help run the next USAC election in early October.

## RELAY FOR LIFE

**HEY WOLVES!**

**RELAY IS COMING TO UHS AND WE ARE EXCITED TO MAKE A DIFFERENCE!**

Relay For Life, organized through the Canadian Cancer Society, is more than a fundraiser. We advocate for those who have been affected by cancer by uniting with thousands of people across the country. UHS Relay in particular hopes to create a positive change within our community and to raise money for game-changing cancer research.

Sign up to be a part of the change and participate in our fun challenges and amazing incentives at <http://relayforlife.ca/unionvillehs>.

**STAY TUNED FOR UPDATES AND REMEMBER: TOGETHER, WE ARE BIGGER THAN CANCER!**

## Message from Our Trustee

Dear families,

It is hard to sum up this past school year; it truly has been a year like no other. Many of our students have been transitioning between virtual and in-person learning. Others have spent the full year learning virtually as part of our Elementary and Secondary Virtual Schools. Whatever option you have chosen, this year has been challenging and has asked a lot of all of us - students, families, staff members and community partners. We have had to be flexible and adaptable in how we learn, teach and work. We have had to be diligent in learning new routines and adhering to public health measures to reduce the spread of COVID-19. And, we have had to pay more attention than ever to supporting mental health and well-being during this challenging time.

This pandemic has affected different families in different ways, and I want to thank you for your patience, support and resiliency throughout this challenging year. I also want to take this opportunity to remind you that resources are available on the Board website, including [community resources](#), [mental health supports](#), [tips](#) and [resources](#) to support online learning, and [tips for speaking with your child about COVID-19](#). These resources will continue to be available throughout the summer.

Despite the challenges this year, we have seen incredible examples of student learning and achievement. I am incredibly proud of the determination, resilience, creativity and perseverance demonstrated by our students. I want to wish a very special congratulations to the graduating class of 2021. This is an important milestone and while we are all disappointed that we are unable to celebrate in person as we would have hoped, we look forward to honouring our graduates virtually. Schools are working hard to make their virtual graduation celebrations a very special occasion. We are very proud of our graduates and wish you all the very best in the next chapter of your journey.

I also want to acknowledge the hard work of our educators and staff members who have maintained a focus on supporting students while navigating the challenges of the past year. Our staff members have shown a true commitment to their own learning in the service of our students, and have been participating in webinars, online training modules and other **professional learning opportunities** throughout the school year to enhance their own practices.

Earlier this spring, we launched the [Board's Dismantling Anti-Black Racism Strategy](#), with the goal to "achieve racial equity in YRDSB schools for Black students and staff." The strategy was co-developed by York Region Black community leaders, YRDSB staff and in consultation with students. Thank you to everyone who supported this work and participated in the launch. We look forward to continuing this essential work.

The Board is also preparing for the 2022 Municipal Election by undertaking a **review of school board trustee electoral areas**. The boundaries of the areas the trustees represent change over time due to population growth and changes in student numbers. We are committed to ensuring that, as the region's population changes, electoral areas continue to reflect the communities we serve. Public input is important to the Board of Trustees during the electoral area review. Throughout the process there will be a number of ways for you to learn more about the review and to provide input. Information about the [Trustee Determination and Distribution](#) is available on the Board website.

As was communicated to families in May, we are looking ahead to the 2021-2022 school year. Our goal is to create a learning model within the provincial funding allocation that meets public health requirements and is centred on the safety and well-being of our students and staff members. To help meet this goal, we are planning to implement a hybrid model of learning for elementary and secondary schools, a model several other school boards have been using during this current school year. Through this model, families will continue to have the ability to opt for in-person or remote learning, and placement for all students will be in their home school. I know there are many questions about what this will look like and what to expect in September. The Board continues to provide as much information as possible and has shared some [frequently asked questions on the Board website](#) about the model change for 2021-2022. This page will continue to be updated. As planning continues and information becomes available, we will provide regular updates to families. Please know that the health and safety of our students, staff and families remain our top priority. You can also continue to find information on the Board website at [www.yrdsb.ca](http://www.yrdsb.ca) and on Twitter [@YRDSB](https://twitter.com/YRDSB).



As we go into the summer months, I want to thank you once again for your support over the past year, and to wish you all a safe, healthy and enjoyable summer.

As the school year comes to a close, I want to wish you and your families a safe, healthy and happy summer. I look forward to a time when we can welcome your children back into our schools again. We know that families have questions about what the return to school will look like. We will continue to share information with you as it becomes available. In the meantime, we encourage you to continue following public health guidelines and to stay connected.

### **YRDSB Student and Family Surveys - Now Available**

The 2020-21 YRDSB Student and Family Surveys are now available online between May 26 and June 18.

These surveys will provide the Board and our schools with valuable information about the experiences of students and families. Results will be used to guide Board and school planning to support student achievement and well-being.

Students and families have received a link to their respective surveys by email. If you do not want your child(ren) to participate in this survey, but missed the deadline on May 24, 2021 to opt your child(ren) out of receiving the link to the surveys, please advise your child(ren) to not participate. Families who do not want to participate in the Family Survey may disregard the email invitation.

The Family Survey is available online in:

- [Arabic](#)
- [Chinese \(simplified\)](#)
- [Chinese \(traditional\)](#)
- [Farsi](#)
- [English](#)
- [Gujarati](#)
- [Hebrew](#)
- [Korean](#)
- [Punjabi](#)
- [Russian](#)
- [Tamil](#)
- [Turkish](#)
- [Urdu](#)
- [Vietnamese](#)

As our first partners in education, we value parent/guardian input and encourage parents/guardians to complete the survey. The information provided will be anonymous, considered confidential and kept in strict accordance with all relevant legislation. Please contact [research.services@yrdsb.ca](mailto:research.services@yrdsb.ca) if you have any questions or visit the [Board website](#) to learn more.

### **Grade 12 Pathways to Success Survey**

As per the Ministry of Education, school boards are required to report 2020/2021 board-level data as part of the Student Success Strategy. The Ministry has provided questions to assess how the [Creating Pathways to Success](#) policy and program is helping students to develop the knowledge and skills they need for effective education and career/life planning. Students in Grade 8 and 12 are required to complete the exit survey as per Ministry requirements. All grade 12 students should complete the survey between May 21 and June 11.

Grade 12 students can access the survey through their My Pathway Planner accounts by doing the following:

1. Go to [www2.yrdsb.ca](http://www2.yrdsb.ca).
2. Click on the "[Online Student Tools](#)" button.

3. Click on the "[My Pathway Planner](#)" button.
4. Log into their account using their YRDSB credentials.
5. Click on the "Complete Survey" button in the blue banner on the homepage.
6. Complete the survey questions in the Google Form that opens.

### Hong Fook Youth & Family Program Calendar



Please click the link below for the Hong Fook Youth & Family Program calendar for June 2021.

[June 2021](#)

### 2021 Summer Learning Programs Available

During the month of July, YRDSB continues to offer credit and non-credit summer school program opportunities for elementary, secondary and adult students. Traditional in-class face-to-face summer programs will move to a remote learning delivery model. Registration is now open for the following programs:

#### Elementary Credit and Non-Credit Programs:

- Elementary Summer School (Grades 6 - 8 non-credit reinforcement)
- Grade 8 Reach Ahead

#### Secondary Credit Programs:

- Online-Learning
- Remote Learning

Please view the following links for information regarding each model and how to register:

[Secondary Program Flyer](#)

[Summer School Update April 20, 2021](#)

[How to Register](#)

Note to students: **A sign-off form is NOT required**. Disregard this step. Your alpha counsellor will review your registration and will send an email confirmation to your GAPPS account confirming that the course has been approved. If there are any concerns with your summer school selection, you will be contacted directly by your alpha counsellor.

### **Adult Learning Programs:**

- Adult Literacy and Basic Skills
- English as a Second Language
- Citizenship Classes

For more information about summer learning programs and registration please visit [www.yrdsb.ca](http://www.yrdsb.ca) and follow us on Twitter @YRDSB.

## **Scholarship News**

Continue to check the Guidance Moodle for upcoming scholarship information as well as application and eligibility details. Scholarship information is intended for graduating students that plan to attend a post secondary institution in 2021-2022.

### **Upcoming Scholarship Information:**

The Scholarship Report (PDF located on the Guidance Moodle)

University Listing Scholarships - Fall 2021 Entrance (PDF located on the Guidance Moodle)

College Listing Scholarships - Fall 2021 Entrance (PDF located on the Guidance Moodle)

**June 11, 2021:** School sponsored scholarships (due as one file to Ms. Hawkins by 3:00 p.m.)

### **Southeast Collector Environmental Services Award (\$1000 Bursary)**

This Award is available for current Grade 12 students pursuing post-secondary studies in advanced education in the environmental field in universities, colleges and certificate or apprenticeship programs leading to an environmental trade.

### **Markham Dental Award (\$300)**

Students are encouraged to apply if they meet the eligibility requirements. For those who a) have involvement in community and school activities, as well as demonstrate a genuine interest in dentistry through extra-curricular activities OR b) may be interested in studying dentistry in the future or c) are studying Science or Life Sciences at University in September 2021.

### **Lieutenant Governor's Student Volunteering Award**

U.H.S. has been asked to nominate an exceptional student from our graduating class to receive the Lieutenant Governor's Community Volunteer Award for Students. It pays tribute to those who go above and beyond the required number of volunteer hours.

### **June 18, 2021**

Black Education Fund - [Back Education Fund Inaugural Scholarship](#)

### **June 25, 2021 - The Alliance of Jamaican Alumni Associations (AJAA, Toronto) Scholarship**

The AJAA is an umbrella organization representing alumni associations affiliated with educational institutions in Jamaica. The Alliance's mandate is to provide guidance and financial assistance to students from the Jamaican educational system in integrating them into the Canadian educational system, and to provide support to the member Jamaican Alumni Associations in The Greater Toronto area.

<https://www.ajaacanada.com/graduates.html>

### **July 3, 2021 - Black Business and Professional Association (BBPA) Scholarship**

Established in 1986, the BBPA National Scholarship Fund offers scholarships dedicated to supporting academic excellence and to facilitating the career ambitions of Black Canadian youth. New applications will be received until July 3, 2021. Please see their website for tips on how to apply. They will also be hosting a number of applicant preparation sessions during the month of June.

[BBPA Scholarships – Black Business and Professional Association | The premiere destination for Black Businesses and Professionals](#)

**July 16, 2021 - The OBCL Epilepsy Scholarship** is awarded to graduating Ontario high school students who live with epilepsy and will be entering their first year of post-secondary education this fall.

[2021 Epilepsy Ontario Scholarship Application](#)

### **July 30, 2021 - direct application**

The Learning Disabilities Association of York Region is proud to announce our first LDAYR Scholarship (\$5,000)

[Scholarship 2021 – Learning Disabilities Association of York Region](#)

### **July 31, 2021:**

Black Foundation of Community Networks (BFCN) - 10th Annual BFCN Scholarship and 7th Annual BFCN Aim to Achieve Award

[SCHOLARSHIPS – BFCN](#)

## **Crisis Mental Health Support for Students**

For a variety of support services and agencies, please refer to the following list:

- 310-COPE [www.yssn.ca](http://www.yssn.ca): 905-310-COPE (2673) or 1-855-310-COPE (2673) - available 24/7
- [www.KidsHelpPhone.ca](http://www.KidsHelpPhone.ca): 1-800-668-6868, text 686868 - available 24/7
- Mental Health Helpline <https://www.ontario.ca/page/mental-health-services>: 1-866-531-2600 - available 24/7
- York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30-4:00 pm; for children & youth (0-18 years), parents, caregivers or adult supporters. Visit [www.yorkhills.ca](http://www.yorkhills.ca) for more information.
- Markham Stouffville Hospital [www.msh.on.ca](http://www.msh.on.ca): 905-472-7000
- Poison Control [www.ontariopoisoncentre.ca](http://www.ontariopoisoncentre.ca): 1-800-268-9017
- Lesbian Gay BI Trans Youth Line [www.youthline.ca](http://www.youthline.ca): 1-888-687-9689
- Trans Lifeline [www.translifeline.org](http://www.translifeline.org): 1-877-330-6366
- Black Youth Helpline [www.blackyouth.ca](http://www.blackyouth.ca): 1-833-294-8650
- York Region Children's Aid Society [www.yorkcas.org](http://www.yorkcas.org): 905-895-2318
- York Region Abuse Program [www.centralhealthline.ca](http://www.centralhealthline.ca): 905-895-3646
- Police-Fire-Ambulance 911

Black Student Success Network  
presents



# The Come Up

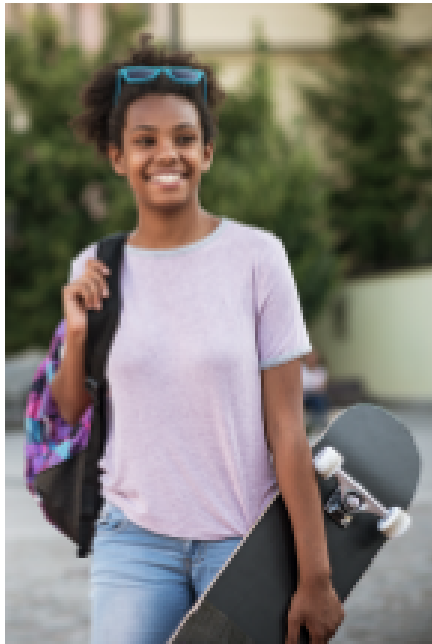
Virtual Summer Program 2021

## *Navigating Secondary School and Beyond*

- ✓ Are you a YRDSB student?
- ✓ Are you entering grade 9 in September?
- ✓ Interested in earning your first full high school credit?
- ✓ Do you self-identify as Black?



Registration Deadline: June 16



**Monday to Friday  
July 7 - July 30  
(9:00 a.m. - 3:30 p.m.)**

Here is what you will earn:



Full High School Credit  
Weekly Lunch Card  
Swag Bag Gift Cards &  
Giveaways

Topics include:

Positive Identity Formation  
Financial Literacy  
Social Media & Self Image  
Career Pathways  
Hip Hop Education  
& More

Registration: [bit.ly/3f3qeil](https://bit.ly/3f3qeil)

For more information please email:  
[Bssn@yrdsb.ca](mailto:Bssn@yrdsb.ca)

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[Click to Register](#)

## Navigating Secondary School and Beyond

### Virtual Black Parent/Guardian Workshop Series

- ✓ Is your child a YRDSB student?
- ✓ Is your child transitioning to Grade 9 in September?
- ✓ Does your child self-identify as Black?

Join us for a workshop series on navigating the secondary school system



For more information email:  
**Bssn@yrdsb.ca**

**Tuesday, June 29, 2021 - 6:30pm - 8:00pm**  
**Session # 1 - Understanding the Secondary System** (structure, rights, policies, & more)

**Tuesday, July 13, 2021 - 6:30pm to 7:30pm**  
**Session # 2 - Supporting your Child** (Mental health supports, tips and Strategies)

**Tuesday, July 27, 2021 - 6:30pm to 7:30pm**  
**Session # 3 - School/Community Resources** (Accessing Supports)

Families of all students for the virtual summer school program will receive registration information for the Virtual Black Parent/Guardian Workshop Series via email once student registration is complete.





Inclusive School and Community Services is hosting  
**A Guardian/Parent Engagement Event**

## Engaging in Conversations With Our Children about Anti-Asian Racism

This session provides an opportunity for families to learn more about Anti-Asian racism and includes dialogues and strategies for guardians/parents to advocate for and support their children.

### Guest Speakers



**Gen-Ling Chang**

Gen-Ling Chang is the former Associate Director of TDSB. Currently, she is the Deputy Executive Director with ALPHA Education and Chair of School and Community with Asian Canadian Educators Network.



**Sandy Yep**

Sandy Yep currently works at the Ministry of Education in Ontario, and is Vice-President of the Asian Canadian Educators Network. Having worked on social justice, equity and anti-racism his whole life, he brings compassion, teaching and seeks to engage others in conversations on race, diversity, and inclusion.



**Philip Qian**

Philip Qian works at the Toronto District School Board. He is a first generation immigrant, a learner, and a father of a seven-year-old boy.

**Please note:**

This virtual event is intended for guardians/parents. Children and youth may also attend with their families for strategies to continue to engage in conversations about race at home. The event will be facilitated on Zoom in English with the option for a separate audio channel for Mandarin interpretation.

**Date:** Thursday, June 17th, 2021

**Time:** 7:00 p.m. - 8:30 p.m.

**Registration link:** [bit.ly/3wPwDEp](https://bit.ly/3wPwDEp)

**Registration closes:** June 16th, 2021



[Registration Link](https://bit.ly/3wPwDEp)

## 監護人/家長共同參與的活動

### 與我們的孩子交流反亞裔種族歧視

此講座給家庭一個機會來進一步了解反亞裔種族歧視並且提供給監護人/家長和您  
孩子指導性的策略

**Inclusive School and Community Services, YRDSB**

約克區教育局共融校園和社區資源服務部

#### 講座嘉賓



**Gen-Ling Chang 鄭健齡女士**

鄭健齡女士曾任多倫多教育局副總監，現為亞太和平教育中心機構副總幹事，  
加拿大亞裔教育工作者網絡的校園與社區主席



**Sandy Yep 葉勁立先生**

葉勁立先生是教育工作者，政策分析師及社區領袖。他目前在安大略省教育部  
工作，並任加拿大亞裔教育工作者網絡的副總裁。葉先生熱愛他的工作和社區。



**Philip Qian 錢罡先生**

錢罡先生任職於多倫多教育局，他是第一代移民，學習者，也是七歲孩童的父  
親。

此講座針對監護人/家長

孩子和青少年也可以參加，從而幫助家庭更好的交流

此講座在Zoom上以英文的形式進行，

同時配有普通話講解的語音頻道

日期：2021年6月17日

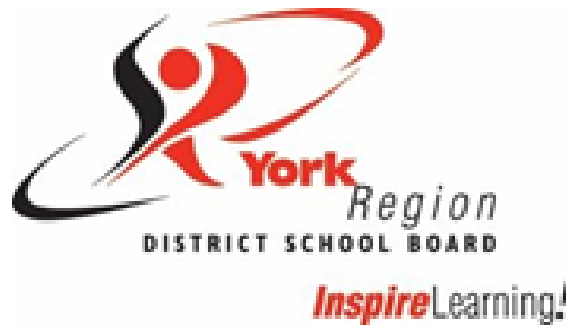
時間：晚上7:00 p.m. - 8:30 p.m.

[點這裡報名 / bit.ly/3vK4FK5](https://bit.ly/3vK4FK5)

報名截止日期2021年6月16日



[Registration Link](https://bit.ly/3vK4FK5)



## Student Mental Health and Addictions Newsletter June 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

### Hope for the Future: Beyond Academic Loss

For students, June usually marks a period of celebration and closure. It is when proms, graduations, capstone projects, final performances, and independent studies are completed. Each of these events serves as a [rite of passage](#), the conclusion of one period before commencing the next year. As we continue to navigate the Covid-19 pandemic, we have experienced a shift to virtual format, postponement, or cancellation of many of these events, leaving many students and their families experiencing a sense of grief and loss.

According to the [Centre for Addiction and Mental Health](#) (CAMH), grief is how we react to loss. Grief can affect our thoughts, emotions, behaviours, and how we function physically. Several types of loss are related to the pandemic, including but not limited to academic loss, loss of a loved one, loss of social connections, loss of rituals and routines. These losses can impact students' wellbeing and their sense of hope for the future. [Dr. Amy Cheung](#) youth psychiatrist at Sunnybrook, recommends that regardless of the type or size of an event, it is important to acknowledge the loss students might experience due to these events no longer coming to fruition because of the pandemic. Acknowledging the loss and validating the many thoughts and feelings students may be experiencing is vital. It is equally important to have conversations that are based on hope for the future. As difficult as this might be, given the uncertainty regarding how the pandemic will unfold.

The [Centre for Addiction and Mental Health](#) states, healing from the losses of COVID-19 is not just about accepting everything that has changed; rather it means finding healthy ways to address the losses we have experienced. Included below are some recommendations from [CAMH](#):

- **Name your struggles:** When we name/externalize the challenges we face; we can begin to clarify why we feel stressed. **Action:** Identify five things you have found challenging and order them from least to most difficult. **Example:** 1) Eating healthy 2) getting active 3) completing homework projects 4) finishing a task you have been procrastinating 5) preparing for the move from elementary/secondary or secondary/post-secondary school. Select one issue to tackle first, break it down into smaller pieces to work on if necessary.
- **Taking things one day at a time:** The changes and loss that the pandemic brings can result in students and families feeling stressed, anxious, sad, and overwhelmed. Some may worry about when and if things will get better; this can affect mood and diminish an individual's sense of hope. **Action:** Focus on the things that are within your control. **Example:** Break down large tasks or projects into smaller manageable portions that can be undertaken each day.
- **Prioritizing self-care:** Self-care can look different for each individual and family. Prioritizing small and intentional actions throughout the day is essential to maintaining positive wellbeing. **Action:** Consider simple things you can incorporate into the day that add value and make you feel optimistic even in stressful situations. **Example:** Make an uplifting music playlist, incorporate YouTube wellness videos, listen to audiobooks, or read. If you cannot get outdoors, is it possible to sit by a window? It is important that the activity you choose fuels YOU!

- **Exercising and eating healthy:** Physical activity supports our physical and mental health, particularly when stressed. **Action:** Find an exercise routine that works for you, and select a balanced diet that provides the necessary nutrition to fuel your mind and body. **Example:** Beanbag or sock toss into a basket, light stretches or yoga, movement activities, and sports.
- **Talking to someone:** In previous newsletters, we addressed the importance of social connection and reaching out to talk to someone for support. **Action:** Let others know what you are experiencing. Learn how to identify when a child or youth might need help. **Example:** Ask for help from someone you trust. Utilize, supports from faith based or community organizations if additional help is required.

## A Path Forward

We recognize that talking to a stranger or even someone you know may be difficult and uncomfortable. We encourage you to explore pathways of support that feel comfortable and safe to access. Consider supports such as [Family Services York Region](#) which provides services in multiple languages included but not limited to Chinese, Hindi, Punjabi, Urdu and Gujarati. These services are free and confidential. Additional [community supports](#) and mental health activities which can be done at home with children can be found [here](#)

As we conclude this month's newsletter, we wish to highlight that a path forward and healing from the losses attributed to the pandemic is possible. We can shape this path forward and our own healing with small and intentional actions each day by focusing on what is within our control and seeking help when things are beyond our control. We encourage you to find ways to acknowledge and celebrate the "small things" and the "big things." Perhaps it is celebrating by baking a cake or creating a celebration meal. Maybe you stage your very own graduation photoshoot or create a time capsule/memory box detailing the past year/years, which you can hide away or bury to open at a later date. Recognize that despite all that came your way over the 2020-2021 school year and the pandemic thus far, you pushed through, and you have everything within you to continue pushing through. Even on the days you may have felt otherwise.

## Mental Health COVID-19 Page

The link below is dedicated to supporting student mental health during this pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with the [Mental Health and Community Supports During COVID](#). Continue to check out the [YRDSB website](#) for updated information as well as the Twitter accounts @YRDSB and @YRDSB\_SS.

**Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc.** Mental Health Lead  
[patricia.marra-stapleton@yrdsb.ca](mailto:patricia.marra-stapleton@yrdsb.ca)

**Hoshana Calliste, MSW, RSW** Assistant Coordinator of Mental Health  
[hoshana.calliste@yrdsb.ca](mailto:hoshana.calliste@yrdsb.ca)

**Summer Programs Available – Register now to reserve your spot**

**Ongoing Open Registration for 2020-2021 Adult ESL, LINC & LBS Programs**

**English as a Second Language (ESL); Language Instruction for New Comers (LINC); and  
Literacy and Basic Skills (LBS) Classes**

YRDSB offers Adult English as a Second Language (ESL) programs for those who want to develop effective language skills in speaking, listening, reading, and writing for daily life in Canada. We also offer specialized classes in *Citizenship* and *Conversation*.

**Adult ESL Program Registration – In person and online options available!**

1. Email [uplands@yrdsb.ca](mailto:uplands@yrdsb.ca) or call 905-731-9557 with the following information:
  - your first and last name
  - your telephone number
  - CLARS identification number (those without a CLARS number will require an assessment, please contact us for further assistance).
2. Our office will contact you if additional documentation is required.
3. Visitors to Canada may also register and attend for a fee of \$10 per day, per class.

**For an assessment or to register, please call: 905-731-9557**



If you are interested in improving your digital skills, want to work on your resume or interview skills, or prepare to take your GED exam, our Literacy and Basic Skills (LBS) program is for you!

**Literacy and Basic Skill Assessment – In person and online options available!**

1. Email [uplands@yrdsb.ca](mailto:uplands@yrdsb.ca) or call 905-731-9557 Ext. 307 with the following information:
  - your first and last name
  - your telephone number
  - tell us that you are "interested in the LBS program"

**NOTE: Due to the high volume of inquiries, it may take a few days to receive a reply communication from our office. We appreciate your patience.**

Thank you for your interest in our programs. We look forward to serving you.



暑假课程火热报名中，欢迎致电预约课程

2020-2021年度

成人英语班 (ESL); 加拿大新移民语言课程 (LINC)及 基本技能进修计划(LBS)

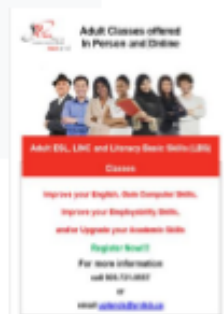
由安省政府资助，约克教育局开办，特别为成年人在社区内提供“英语为第二语言”作课程指导。课程着重聆听、会话、阅读及写作。透过教学活动学英语以提高学生英语水平，并可以深入地了解加拿大社会结构和文化，以及生活上应用技巧。此外，我们还提供公民入籍班、英语会话班等专业课程。

成人英语班接受报名- 提供面对面上课及网课!

想了解更多相关课程资料或如何登记，请电邮到 [uplands@yrdsb.ca](mailto:uplands@yrdsb.ca) 或 致电 905-731-9557(分机 300- 中文服务)查询。

请清楚列明以下资料:

- 你的姓，名字
- 电话号码
- CLARS reference number 学习注册编号



如从未前往测试，申请者必须透过语言评核中心 CLARS (Coordinated Language Assessments and referrals) 预约英语能力测试，完成后，评估审核员会给予学习注册编号和听、说、读、写四个范畴的测试结果以供学生注册。如需预约 请致电语言评核中心 电话：1-855-330-8655 或电邮到 [ysla@achev.ca](mailto:ysla@achev.ca), 免费测试。

持有工作签证、旅游签证、访客身分则需要先致电 Uplands Learning Centre, 8210 Yonge Street, Thornhill 预约做英语水平测试。如需预约 请致电 905-731-9557。英语水平测试费用\$60(不能退还), 上课每日/每节课 \$10 收费。

想提高自己的电脑技能, 加强面试技巧, 或准备参加 GED 考试吗? 我们的基本技能进修计划(LBS) 可能适合你!

基本技能进修计划评估- 提供面对面上课及网课!

有兴趣者请把以下资料电邮到 [uplands@yrdsb.ca](mailto:uplands@yrdsb.ca) 或 拨打 905-731-9557 分机 307 Betty

- 你的姓，名字
- 电话号码
- 列明“想参加基本技能进修计划”(LBS)



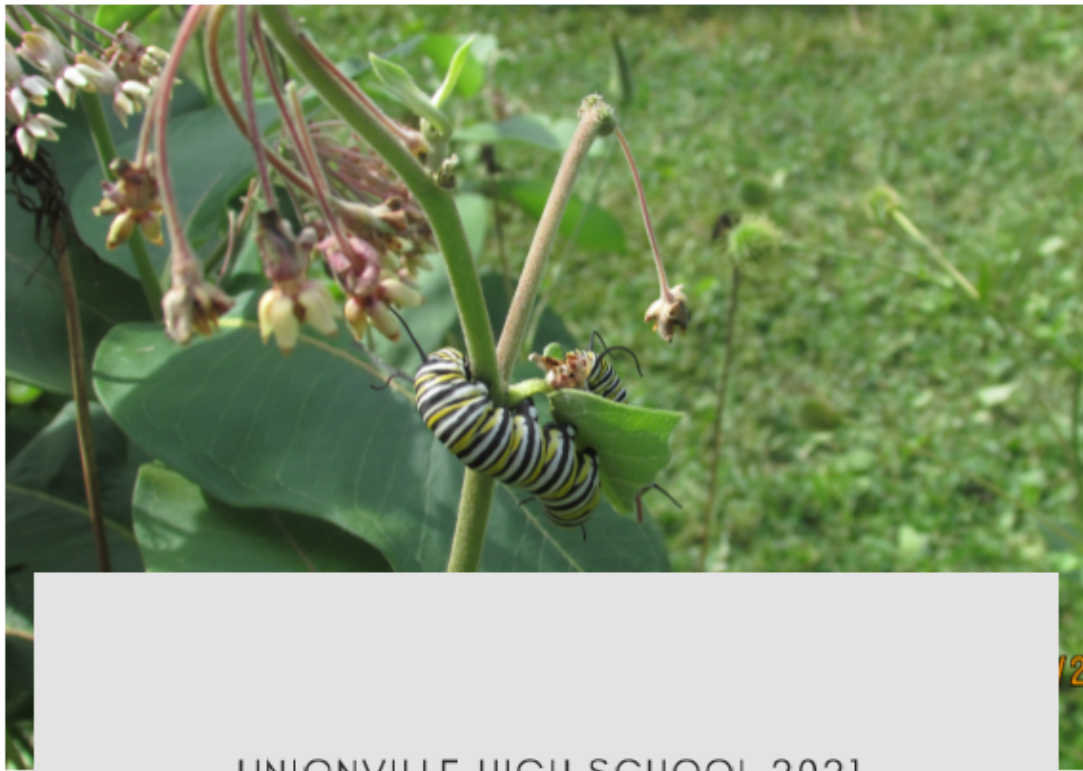
# FREE English as a Second Language Classes for Adults



**Adult English as a Second Language & Citizenship**  
Improve your Listening, Speaking, Reading and Writing Skills  
Communicate with Confidence in English

**SUMMER SCHOOL - July 5-31, 2021**  
**COURSE OFFERINGS**

COURSE CODES	CLASS		
	Description	Day	Class Time
Online - Morning	Everyday English	Mon - Fri	9:00 am - 12:00 pm
Online - Afternoon	Everyday English	Mon - Fri	12:30 pm - 3:30 pm
Online - All Day	Everyday English	Mon - Fri	9:00 am - 2:30 pm
Online - Evening	Everyday English	Mon - Fri	6:00 pm - 8:30 pm
Online - IELTS	IELTS	Mon - Fri	6:00 pm - 9:00 pm
Online - Citizenship	Citizenship	Mon - Fri	12:30 pm - 3:30 pm
	Citizenship	Mon - Fri	6:00 pm - 8:30 pm
Online - Saturday	Everyday English	Sat	9:00 am - 12:00 pm



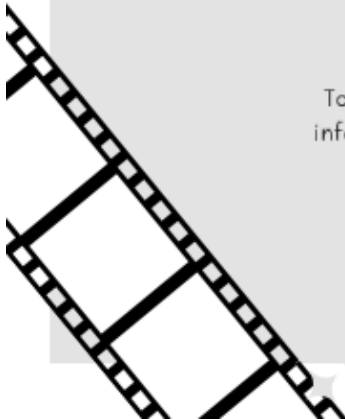
UNIONVILLE HIGH SCHOOL 2021

# UHS Click Contest

**LOVE PHOTOGRAPHY? THE CLASS OF  
AWQ-201 IS HOLDING A  
PHOTOGRAPHY CONTEST!**

**1-10 JUNE 2021**

To participate in the contest and for more  
information, please check out the UHSclicks  
Google classroom!



One Overall Winner will be rewarded a \$25 Starbucks gift card

Contest runs from June 1-10, 2021

## Parent Engagement Event (Mandarin session)

### How to use your child's report card as a tool to encourage and affirm their learning and achievements

#### 成績單回家了，怎麼跟孩子談？

讓我們一起來學習，如何傾聽和表達，才能走進孩子的內心

#### Guest Speakers / 普通話講座嘉賓

**Julia Shen 沈近嘉**

Certified NVC Trainer Candidate 非暴力溝通認證培訓師候選人  
Supervisor, WeSupport 加華心理健康互助平台培訓師

**Alice Wan-Ling Chu 朱老師**

Teacher Liaison – Chinese Heritage Community  
Inclusive School and Community Services, YRDSB

华人社区华系老华 华克区教育局共融校園及社区华源部

**Sandra Li 李楓先**

MSW, RSW, RP, School Social Worker, YRDSB

华克区教育局學校社工. 社會工作碩士. 註冊社工. 註冊心理治療師

Performance Plus 學校 - Milliken Mills, Highgate, 和Wilclay公立學校

**YRDSB 約克區教育局共融校園和社區資源服務部**

**FSYR - Family Services York Region 約克區家庭服務中心**

WeSupport 加華心理健康互助平台日期: **2021年6月7日**

時間: 晚上7:00 - 9:00

[點這裡報名](#)

[bit.ly/3fNEXOi](https://bit.ly/3fNEXOi)

**報名截止日期2021年6月6日**