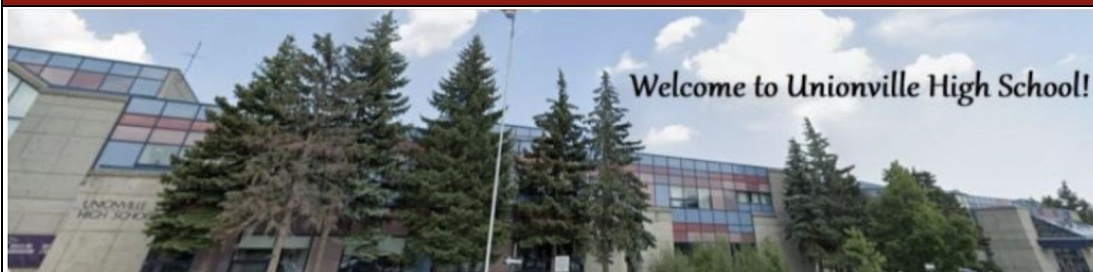




# UHS Parent Weekly Bulletin –Vol.26

Friday, March 12, 2021



## 201 Town Centre Blvd.

Markham, ON  
L3R 8G5  
(P) 905-479-2787  
(F) 905-479-1539

### Extensions:

Reception - 431  
Attendance - 230  
Guidance - 458

### Principal

Suelyn Cheong  
[suelyn.cheong@yrdsb.ca](mailto:suelyn.cheong@yrdsb.ca)  
Brian Schouten (interim)  
[brian.schouten@yrdsb.ca](mailto:brian.schouten@yrdsb.ca)

### Vice-Principal

Andrew Gazaneo (A-L)  
[andrew.gazaneo@yrdsb.ca](mailto:andrew.gazaneo@yrdsb.ca)

### Vice-Principal

Patrick Belmonte (M-Z)  
[patrick.belmonte@yrdsb.ca](mailto:patrick.belmonte@yrdsb.ca)

### Superintendent

Becky Green  
[becky.green@yrdsb.ca](mailto:becky.green@yrdsb.ca)

### Board Trustee

Ron Lynn [ron.lynn@yrdsb.ca](mailto:ron.lynn@yrdsb.ca)

### Email:

[unionville.hs@yrdsb.ca](mailto:unionville.hs@yrdsb.ca)

School Website:

[Click here](#)

### Tweets

@UHSupdates

Term 1 - Rotation 3	March 12 - 23	Term 1 - Rotation 3	March 24
In Person 8:30-11:00 AM	Period 3	Online 8:30 - 9:05 AM	Period 3
11:00 - 12:30 PM	Transportation and Lunch	Online 9:10 - 9:45 AM	Period 4
Synchronous Learning 12:30-1:20 PM	Period 4	Online 9:50 - 10:25 AM	Period 1
Synchronous Learning 1:20-2:10 PM	Period 1	Online 10:30 - 11:05 AM	Period 2
Synchronous Learning 2:10—3:00 PM	Period 2	Online Feedback	

15	B	16	A	17	B	18	A	19	B
22	A	23	B	24	A&B	25	A	26	B
Week of Parents' Night				<ul style="list-style-type: none"> <li>AM - Whole Class Online Synchronous</li> <li>PM - Feedback</li> </ul>		T1-R4			

## UPCOMING EVENTS

Monday, March 15	<ul style="list-style-type: none"> <li>AU Dance Virtual Workshop with Natasha Poon Wu (8:30 - 11:00 AM)</li> </ul>
Tuesday, March 16	<ul style="list-style-type: none"> <li>AU Dance Virtual Workshop with Natasha Poon Wu (8:30 - 11:00 AM)</li> </ul>
Wednesday, March 17	
Thursday, March 18	
Friday, March 19	

## Time Change

Please remember to turn your clocks **forward** one hour this **Sunday, March 14, 2021**.

## Course Verifications - 2021-2022

Course Verifications for the 2021-2022 school year will be sent to students' GAPPs email accounts and parent/guardian email accounts by Tuesday March 16.

We ask that you and your child carefully review the courses that were requested. You and your child may want to revisit the UHS course calendar at <https://app.myblueprint.ca/public/courses/yrdsb/unionville1> to review course descriptions and pre-requisites.

If your child is satisfied with their course request, no further action is required. We will presume you have verified and approved your child's course selections for the following school year.

If your child would like to make a change to their request, instructions will be provided in the course verification email. **The deadline to submit any changes is Friday, March 19.**

It is very important that your child considers their selections carefully. Elective course changes will not be completed after this final verification process.

UHS Guidance Department

## Extension Notice: Voting for the 2021-2022 Student Trustee Election

Please note that the deadline for students to vote for their 2021-2022 Student Trustees has been extended from Thursday, March 11, 2021 to **Monday, March 15, 2021 at 8:00 p.m.**

The results of the election will be communicated to the final four candidates on Tuesday, March 16, 2021. All four finalists have been notified of the changes.

Voting instructions and information on the four student trustee candidates can be found on the [Student Trustee website](#).

## Spirit Week

Dear Parents/Guardians,

We are pleased to announce that for the week of March 15 - 19, UHS will be hosting a SPIRIT WEEK for all students and staff! Each day of the week, a different event will be scheduled for students and staff to participate in both in person and virtually. Be sure to check our Instagram handles, @samthewolf, @uhs\_announcements and @uhs.athletics for details.

The schedule will be as follows:

**Monday, March 15 (Cohort B): Pajama Day**

**Tuesday, March 16 (Cohort A): 2000's Day**

**Wednesday, March 17 (Cohort B): Green Day**

**Thursday, March 18 (Cohort A): UHS Day (UHS apparel or school colours - maroon and grey)**

**Friday March 19 (Cohort B): Vacation Day**

Note: UHS dress code applies.

Thanks for promoting and participating in SPIRIT WEEK!!

## Wellness Corner: Sleep Awareness Week

Did you know that 1 in 4 adults (18 to 34) and 1 in 3 adults (35 to 64) is not getting enough sleep?

Let's join our Student Wellness Council next week as members of their executive take on a "Sleep Challenge" to help them improve their sleep habits and bring awareness to the importance of sleep for optimal physical and mental health.

**"Good sleep hygiene can lead to better sleep."**

- Avoid screens, alcohol, caffeine, and nicotine before bed.
- Maintain a regular bedtime/wake-up time.
- Practice relaxation and mindfulness-based stress reduction techniques.
- Reduce noise in the sleeping environment.
- Exercise regularly.

Canadian Health Measures Survey (CHMS) 2014-2015

Irish LA, Kline CE, Gunn HE, Buysse DJ, Hall MH. The role of sleep hygiene in promoting public health: A review of empirical evidence. *Sleep Medicine Reviews* 2015; 22:23-36 Suzuki K, Miyamoto M, Hirata K. Sleep Disorders in the elderly: Diagnosis and management. *Journal of General and Family Medicine* 2017 Apr; 18(2):61-71

## Dismantling Anti-Black Racism: Student Videos and Lessons

YRDSB is committed to dismantling all forms of racism. To support this work, the Board is releasing two videos to affirm our commitment to anti-racism with emphasis initially being placed on anti-Black racism. [Video one is intended for primary grades](#) and [video two is intended for junior to secondary grades](#). UHS teachers will show the secondary video to students prior to presenting a series of four lessons called "Our Actions Online Have Impact."

All incidents of anti-Black racism will be taken seriously, and it is expected that all must be reported, investigated and addressed. In response to ongoing anti-Black racism within Canadian educational institutions including the YRDSB, the Board, in collaboration with the community, has co-developed the [Dismantling Anti-Black Racism Strategy](#). A core objective of this strategy is to "proactively...achieve the goal of 'education for all' and create schools free from racism...and to ensure equitable outcomes for Black students." This is achieved by "a coordinated effort" to dismantle anti-Black racism and engage in practices that affirm the Black identity. This includes the intentional creation of "anti-racist and Black-affirming learning and working environments in which Black students and staff can be their full-selves, contribute their best, and become their best selves."

It is imperative that we address and respond to all acts of racism, anti-Black racism, discrimination and hate experienced by students, staff or any member of our school communities. These videos and lessons have been created for all YRDSB students to clearly understand that discrimination and hateful acts and language including, but not limited to, racial slurs and racist jokes will not be tolerated. Schools will be required to respond and take action accordingly.

## Cap & Gown Orders - A Message for Graduating Students and their Families

As we approach spring, we want to update you on our planning for the year-end celebration of our graduating students for the 2020-2021 school year. This is an important milestone, and we look forward to recognizing the achievements of our graduates.

### Scheduling and Format:

We can confirm that our graduation celebration will still take place in June. However, due to the ongoing impact of the pandemic, we are unable to confirm what format the ceremony will take. Depending on the conditions in June, the ceremony could be a virtual celebratory event, an in/at-school smaller event or some form of hybrid event. Our priority continues to be the health and safety of our students, families and staff members. The format of our graduation ceremony in June will depend upon the direction and advice we receive from York Region Public Health. We want to assure you that we will continue to work with Public Health closely throughout the next few months, and we will

confirm our plans for graduation when we get closer to the month of June with a clearer understanding of what is feasible and safe.

### **Students Attending Virtual School:**

Please note that students attending the Secondary Virtual School (SVS) will graduate with their homeschool peers.

### **Graduation Photos:**

Understanding the importance of being able to offer an opportunity for graduation photos, we are working with Public Health to establish a protocol which will ensure the safety of our students and staff in the process. Each school will work with their vendor to share the protocols as required by Public Health and determine how the photos may be facilitated on site. More information is forthcoming.

### **Caps & Gowns:**

While at this time we are unable to confirm if we can hold any kind of formal, in-person graduation ceremony, we understand that you may wish to purchase a cap and gown for family pictures, celebrations and as a memento. It is recognized that this decision is challenging with so many unknowns, but we wanted to ensure the opportunity to purchase a cap and gown was available to each student.

**The cost of a cap and gown package is \$17 and includes a gown, cap with maroon tassel and silver year charm, and a V-stole in maroon. Once the graduation cap and gown packages are received by the school, students will be notified of the distribution model. We are working to arrange for graduation photos on site after delivery of these packages. More information is forthcoming. To order a cap and gown package, please visit [School Cash Online](#). The Grade 12 cap and gown package goes live as of today. Orders must be submitted by March 17, 2021.**

Please email us at [unionville.hs@yrdsb.ca](mailto:unionville.hs@yrdsb.ca) if you have any inquiries, including if you have any financial support questions.

The UHS Administration

## **Education Career Fair Student Event for Grade 10 & 11 Students**

Dear Parents/Guardians:

Education Career Fair (ECF) events are national initiatives that provide grade 10 and 11 students with the opportunity to engage in pathways planning for one day with exhibitors from Ontario: national post-secondary institutions, career training institutions, industry associations, local employers and volunteer/non-profit organizations. As suggested by the *Premier's Highly Skilled Workforce Expert Panel Report*, the ECF event will support students to begin planning their future career path by participating in seminars, engaging in one-on-one discussions with school recruiters and industry experts, and reflecting on their experience and learning in MyPathways Planner. Due to COVID restrictions, on **Thursday, March 25, 2021**, students will take part in virtual opportunities that will support them with pathways planning. The day will provide new, dynamic and engaging experiences delivered **virtually** by the Education Career Fair in partnership with the YRDSB Pathways Team, Curriculum and Instructional Services.

**Students will participate in a virtual education career fair event that features:**

- A pre-fair day for students to see the opportunities available and plan their experience;
- Opportunities to connect with exhibitors, download brochures, live chat with representatives, watch videos and enjoy virtual tours;
- Seminars from speakers on a multitude of topics such as paying for school to work/life balance; and,
- Information about volunteer opportunities.

**Students will be excused from classes if they choose to participate in some or all of the sessions. Parents/Guardians must complete this [permission form](#) in order for their child to participate in the Fair.**

Please be advised that there will be no teacher supervision for students who are participating in the event. Parents/Guardians take full responsibility for their child, if they choose to participate in the Education Career Fair.

Parents/Guardians will need to complete a separate permission form for each of their children who are eligible to participate.

### **Registration Information**

Once parents/guardians complete the google permission form, they will receive information on how to register in the ECF platform. ECF will then send parents/guardians information on how students can access the event.

When students are scheduled to attend an ECF event, they will be asked to register.

At that point, the following data will be collected:

- First Name
- School Email Address
- Grade of study

The first name and school email address will only be used to send log-in information. This will allow the students to access the ECF events. Grade of study will only be used for ECF Management data records.

### **ECF Privacy Policy**

This privacy policy pledges the following:

- We do not use the personal information of K-12 students for any marketing or targeted advertising.
- We store all data for K-12 students on dedicated servers located in Canada.
- All data storage will be managed utilizing technical and administrative safeguards designed to protect against unauthorized access to, or disclosure or use of, such data and against reasonably anticipated third party threats to the security of such data.
- We do not sell information to third parties.
- We do not own personal information.
- All data will be wiped within (1) one month of completion of event interaction.

### **Report It**

Our schools should be safe, welcoming and inclusive places for everyone. It is important that students know what to do if they witness or experience inappropriate behaviour or incidents of hate or discrimination.

- There may be situations when you can safely step in and intervene and help.
- Talk to an adult at school, family member or other trusted adult.
- Report the event without the person involved knowing using our online reporting tool, Report It.

Report It lets you share information about inappropriate student behaviour or incidents of hate or discrimination. You can use the online form to report:

- bullying, drugs, cheating, vandalism, harassment, violence or any other inappropriate behaviour
- incidents of discrimination or hate, including anti-Indigenous racism, ableism, anti-Asian racism, anti-Black racism, antisemitism, classism, homophobia, Islamaphobia, sexism, transphobia or other forms of hate

You can report events that happen at school, at school-related events, online or off school property if it negatively affects a student or the school climate. You can also choose to make a report anonymously.

Complete reports are shared with the school to investigate and respond. Acts of discrimination, hate and bullying are never acceptable. Using the Report It tool is a way of standing up for each other and for ourselves.

You can find Report It on the homepage of the Board website at [www.yrdsb.ca](http://www.yrdsb.ca) and on the homepage of every school website, or watch this [short video](#) to learn more.

## Scholarship News

Continue to check the Guidance Moodle for upcoming scholarship information as well as application and eligibility details. Please note: Scholarship information is intended for graduating students that plan to attend a post secondary institution in 2021-2022.

### Upcoming Scholarship Information:

The Scholarship Report (February - May) - (PDF located on the Guidance Moodle)

University Listing Scholarships - Fall 2021 Entrance - (PDF located on the Guidance Moodle)

College Listing Scholarships - Fall 2021 Entrance - (PDF located on the Guidance Moodle)

[Black Foundation of Community Networks](#) (BFCN) - 2021 Scholarship Directory

A.B.L.E. Scholarship Opportunity: [Application Form](#) & [Candidate Letter Selection Criteria](#); application deadline has been extended to March 22, 2021 at 5:00 pm.; for any questions, students may contact the Scholarship & Awards Committee Chair at [ablescholarship@gmail.com](mailto:ablescholarship@gmail.com).

Canadian Pediatric Stroke and Acquired Brain Injury Survivors Scholarship Application:  
[www.achievingbeyondbraininjury.com](http://www.achievingbeyondbraininjury.com)

Scotia Bank/My Blueprint - [Financial Wellness and STEM Scholarship Information](#)

To apply for a Jean Lumb Award, please visit <https://jeanlumbfoundation.ca/>.

To learn more about The Public Property Assessment Network Scholarship for Central-East Region, [click here](#).

## Summer Jobs

Hey students! Looking for a summer job?

Have you considered working for the Ontario Government? Each year the Ontario Public Service targets up to 5,000 summer students to work in locations across Ontario in areas such as:

- Ontario Parks
- Environment
- Science
- Administration
- Business and Finance
- Research and Laboratories
- Communications
- Customer Service

Earn while you learn! All jobs were posted on February 25th. Closing dates will be between March 10 and June 1.

Apply early to have a chance to apply to the job types that interest you.

You can learn more at: [ontario.ca/summerstudents](http://ontario.ca/summerstudents).

## COVID-19 Student Self-Assessment and Confirmation

### Message to all UHS students:

Each day, you are required to complete...

- a) the **REVISED** Online Self-Assessment: [COVID-19 School and Child-Care Screening Tool](#).



AND

b) the Confirmation [Form](#) for which you will receive an email receipt.

**Before you come to school every morning**, read the self-assessment tool. If you answer 'yes' to any of the questions, do NOT come to school.

Once you complete the self-assessment, then complete the Confirmation Google Form. It asks you, "Have you completed the self-screening test?" Answer 'yes.' **You will receive a receipt that is sent to your gapps email once you have completed this confirmation form.**

**Scroll down to the bottom of the receipt which shows the colour-coded day of the week and have this ready as you approach the entrance.**

When you get to the **Town Centre** or **Warden** entrance (**these are the only two entrances**), hold up your phone and have the bottom of your receipt ready to show the staff member at the door. We want to see the colour-coded day at the bottom of your receipt.

If you do not have a phone, you can provide us with a **printout**. Alternatively, you can read a hard copy of the self-assessment that has been posted and give us a **verbal confirmation** that you have completed the screening.

Students may start entering the school at 8:15 a.m.

Thank you for following our daily screening procedure.

### Free Triple P Parenting Virtual Sessions

Click the link below to view the current schedule of virtual seminars, groups and sessions you can attend with other parents in Ontario. Click the individual session listing or the 'register' button for more details or any special instructions.

<https://www.triplep-parenting.ca/ont-en/find-help/find-a-session/>

### Crisis Mental Health Support for Students

For a variety of support services and agencies, please refer to the following list:

- 310-COPE [www.yssn.ca](http://www.yssn.ca): 905-310-COPE (2673) or 1-855-310-COPE (2673) - available 24/7
- [www.KidsHelpPhone.ca](http://www.KidsHelpPhone.ca): 1-800-668-6868, text 686868 - available 24/7
- Mental Health Helpline <https://www.ontario.ca/page/mental-health-services>: 1-866-531-2600 - available 24/7
- York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30-4:00 pm; for children & youth (0-18 years), parents, caregivers or adult supporters. Visit [www.yorkhills.ca](http://www.yorkhills.ca) for more information.
- Markham Stouffville Hospital [www.msh.on.ca](http://www.msh.on.ca): 905-472-7000
- Poison Control [www.ontariopoisoncentre.ca](http://www.ontariopoisoncentre.ca): 1-800-268-9017
- Lesbian Gay BI Trans Youth Line [www.youthline.ca](http://www.youthline.ca): 1-888-687-9689
- Trans Lifeline [www.translifeline.org](http://www.translifeline.org): 1-877-330-6366
- Black Youth Helpline [www.blackyouth.ca](http://www.blackyouth.ca): 1-833-294-8650
- York Region Children's Aid Society [www.yorkcas.org](http://www.yorkcas.org): 905-895-2318
- York Region Abuse Program [www.centralhealthline.ca](http://www.centralhealthline.ca): 905-895-3646
- Police-Fire-Ambulance 911

# Nowruz 2021

For most of us, March 20<sup>th</sup> signifies the beginning of a new season, spring and a chance to look forward to warmer weather. For many of us from countries like Iran, Afghanistan, the Kurdish regions of Iraq, Turkey and Syria, throughout Central Asia and many more - The first day of spring is a New Year's Festivity, also known as Nowruz (pronounced NO-ruz). While specific traditions vary from country to country, as different cultures add their own elements, the central theme is the same: a celebration of spring and a time for rebirth and renewal.

In recognition of Nowruz, students and parents/guardians are invited to participate in free activities during the month of March which focus on aspects of Nowruz traditions celebrated by different communities.

## Ongoing Events for March

### Student Virtual Talent Show

**When:** March 19th 5:30-7:00 pm

**Where:** Virtual TBA

**Ages:** Grade 1-12

**Overview:** Students within our board can get an opportunity to celebrate Nowruz by showcasing their talents on a virtual platform. This event will be open to anyone who would be interested in attending.

At this stage, we are hoping to gather students Grade 1-12 who celebrate Nowruz that may be interested in showcasing their talent.

It would be for 5-10 minutes and can be individual or a group. Talents can include anything, however these are just some suggestions:

- Playing an instrument
- Poetry/Spoken word
- Singing
- Acting
- Any type of visual art

Following [Registration](#) of the Virtual Talent Show a consent form will be provided and will need to be completed in order for the student to participate.

### Poster Competition

**When:** March 1st - March 19<sup>th</sup>

Winner announced March 19<sup>th</sup> 2021 at Virtual Talent Show

**Where:** Virtual TBA

**Ages:** Grade 1-12



**Overview:** What does the first day of spring mean to you? For those who celebrate Nowruz, the first day of spring is the start of a new year and new beginnings.

We are encouraging all students who celebrate Nowruz to create a poster that illustrates any of the following:

- How do you and your family celebrate Nowruz?
- What does Nowruz mean to you?
- What do you hope for the upcoming New Year?

Get Creative! Posters can be made in any format the student is comfortable with (digital, paint, canvas, etc.)

A photo of the poster can be sent to [maryam.jafari@yrdsb.ca](mailto:maryam.jafari@yrdsb.ca) along with the student's name, school, grade and contact information. A consent form will be provided following poster submission.

**Winner will receive a \$25.00 Gift Card!**

## Family Virtual Workshops for March

### Family Virtual Workshop Registration

Families (students and parents/guardians) can [sign up](#) for the free workshops and a Zoom link will be provided prior to the event.

## Haftseen it Your Way

**When:** Thursday, March 18<sup>th</sup> 2021 5:30-6:30pm

**Where:** Zoom link will be sent prior to event date

**Ages:** Grade 1-12

**Overview:** A workshop designed to provide an opportunity for YRDSB families to learn more about the traditions of the Iranian community around Nowruz. For Nowruz, the community sets up their own table with seven items that begin with the letter S. Each item represents an item that will bring good luck to the family in the New Year. In this workshop, families will get creative and pick another letter and set up a new table with items beginning with the chosen letter and share what each item represents or means to them personally.

## Esme Famil (Traditional Iranian Game)

**When:** Thursday, March 25<sup>th</sup> 2021 5:30-6:30pm

**Where:** Zoom link will be sent prior to event date

**Ages:** Grade 1-12

**Overview:** A workshop designed to provide an opportunity for YRDSB families to learn more about the traditions of the Iranian community around Nowruz. This friendly online game is played among the Iranian community. It's competitive but fun! Similar to other religious and cultural celebrations, during Nowruz, families get together and celebrate the New Year by eating delicious food, giving gifts, and playing games at gatherings. With this traditional Iranian game, families will have the opportunity to play with members of the community and learn about different cultures and traditions.

For more information about the events and workshops please contact Marjan Afzaly at [marjan.afzaly@yrdsb.ca](mailto:marjan.afzaly@yrdsb.ca)



### **Anthology II, *A Snapshot in Time***

Stories and artwork are vital to our mental health. They promote wellness and reflection and help us move forward in our day to day. This is especially important given the challenges that students and staff have faced during our current learning models (adaptive and SVS). We invite students to share their personal narratives using any of the following prompts.\*

**Submission deadline:** April 1, 2021

**Format:** written piece, poetry, flash fiction or non-fiction as long as it relates to the topic, “a snapshot in time”

**Length:** 50- 300 words maximum

**Questions?** Email Shanzay, student project manager, at [UHSeditor@gmail.com](mailto:UHSeditor@gmail.com)

**Publication date:** June 23, 2021

#### **Some possible writing prompts:**

- Wellness and your studies. What's your secret formula?
- Self-discovery: What surprised you the most about You?
- Share something that is usually visible but is currently invisible.
- School spirit?
- What else? You're welcome to explore ideas related to the idea of “A Snapshot in Time”.



**Email [UHSeditor@gmail.com](mailto:UHSeditor@gmail.com) to receive a submission sign-up form**

\* Please note that due to limited space, all submissions will go through a selection process and may not be considered for publication. Please email us for details or if you have any questions.

# YOUR VOICE MATTERS

Share your lived experiences relating to  
Anti-Black Racism through our survey.

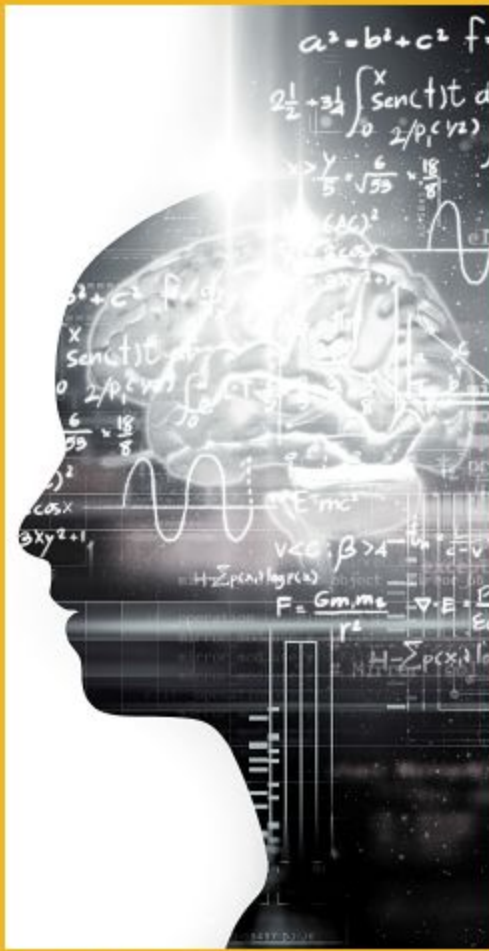


## Newmarket Anti-Black Racism Task force Survey

This survey is being conducted by the Newmarket Anti-Black Racism Task Force which has been created by the Town of Newmarket. The purpose of the survey is to gather information from the community as it relates to anti-Black racism which will be used to make recommendations to the Town of Newmarket Council. A Terms of Reference for the Task Force can be viewed [here](#).

The overall duration of the survey is approximately 10-15 minutes. Your responses are voluntary and will be held confidential. Responses will remain anonymous and not be individually identified. Results of the survey will be reported as a group and not as separate responses by individuals. All survey responses are being collected with due regard to Provincial and Municipal privacy legislation and guidelines. The survey will close on March 31, 2021.

The survey is open to everyone. Please click here to participate: <https://bit.ly/3t6920n>.



# NACCA

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**THE RIGHTSLINE  
COMPUTER SCIENCE  
2021 SCHOLARSHIP**





## THE RIGHTSLINE SCHOLARSHIP

We want to offer a supportive and holistic approach to advance the change we want to see in the world. With diversity, inclusion, and access at the core of our mission, we can transform the landscape of opportunity for youth in our communities. With a comprehensive strategy, we know we can support recipients through their post-secondary education experience. The scholarship includes yearly funding, networking, access, internship and the potential for employment opportunities.



## \$5K ANNUAL COMMITMENT

Scholarship recipients will be awarded \$5,000/per year (3-4 years depending on the Computer Science program. Maximum \$20,000 per recipient over a 4 years program).

Applications for new recipients will recur every 4 years (3 years if one city has a recipient who graduate from their program).

FOR MORE INFORMATION OR TO APPLY PLEASE VISIT  
[naccacommunity.ca/2021-scholarship-award](http://naccacommunity.ca/2021-scholarship-award)



# HOW DOES THIS WORK?

A step in the right direction for a more inclusive and diverse future. Big picture thinking with a strategy and support in place.

Rightsline would like to establish meaningful working relationships with various organizations that are community-motivated with anti-racism at their forefront. Together we would like to initiate a Rightsline Scholarship fund that will sponsor and support the recipient through the journey of post-secondary education and into their professional career.

## HOW DO WE DO THAT?

**Application Process:** work with leaders in the community to establish the Rightsline Scholarship. Pilot 2021: Newmarket African Caribbean Canadian Association (NACCA)

The application process is collaborative and geography-specific. Computer Science programs are an important criteria when selecting the recipient of the Rightsline Scholarship. We want to encourage students to apply into this ever-growing industry which has ample employment opportunities.

**Paid Internship/Co-Op:** Support in securing summer internship/co-op in the field of Technology. Depending on the program the recipient would work either with Rightsline or leverage their network to help in the search.

**Mentorship and support:** Quarterly mentoring session with CEO and executive leadership team throughout the program and quarterly mentoring session with Leaders in the field ((Technology/Entertainment) industries.

**Networking:** We believe in the power of a network and we want to support the recipient along the way. Upon graduation, we would like to continue to mentor and assist in finding a full-time role. The recipient will have the opportunity to come on board in a full-time capacity.

**Corporate Training:** Navigating a career can be a challenge. Rightline would like to provide corporate training, feedback and insights giving the recipient the experience in performance appraisals, growth opportunities and leadership skills.

FOR MORE INFORMATION OR TO APPLY PLEASE VISIT  
[naccacommunity.ca/2021-scholarship-award](http://naccacommunity.ca/2021-scholarship-award)

For more information or to apply please click this [link](#)



# NACCA

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## SCHOLARSHIP AWARD 2021

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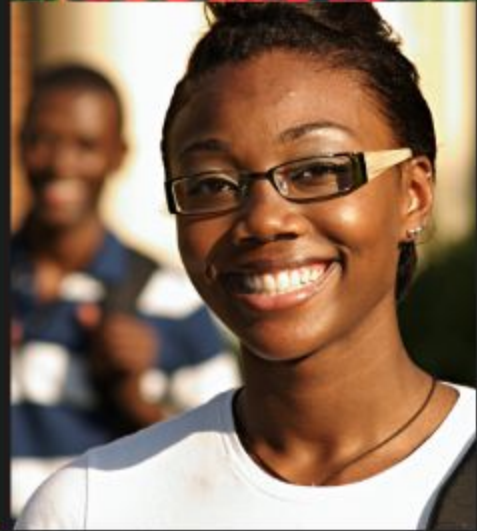
The Newmarket African Caribbean Canadian Association is pleased to offer \$1000 scholarship to selected students in support of their post-secondary education. One student will receive the Iris Malcolm Memorial Award (\$2000). A total of ten students will be awarded for 2021.

Through our scholarship program, we recognize and celebrate students who are involved in building their community through volunteerism and leadership, and have demonstrated excellence in their academic pursuits.

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**FOR FULL DETAILS, ELIGIBILITY &  
APPLICATION PROCESS VISIT:**

**[naccacommunity.ca/2021-  
scholarship-award](http://naccacommunity.ca/2021-scholarship-award)**





## Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

**Monday, March 22, 2021 6:30 pm - 8 pm**

**Panel Discussion and Q&A: COVID's impact on Mood Disorders including depression.**

***PARENTS' Support Group-All are welcome!***

### **VIRTUAL MEETING**

**Does your child's anxiety, ADHD, mood disorders, learning disability, or behaviour challenges make parenting difficult? Join us...**

**PCMH Chapter Support is inviting you to a scheduled Zoom meeting.**

**Topic: Aurora/York PCMH Meeting**

**Time: Mar 22, 2021 06:30 PM Eastern Time (US and Canada)**

**Join Zoom Meeting**

**<https://zoom.us/j/91372172338?pwd=N0hkWkVLalZRMytHakpRTIFGa1ZEZz09>**

**Meeting ID: 913 7217 2338**

**Passcode: 902988**

**One tap mobile**

**+15873281099,,91372172338# Canada**

**+16473744685,,91372172338# Canada**

**Dial by your location**

**+1 647 374 4685 Canada**

**+1 647 558 0588 Canada**

**Meeting ID: 913 7217 2338**

#### **Benefits of PCMH Support Group:**

- meet other parents with children who have similar challenges
  - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
  - learn how to access resources in the community

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit [www.pcmh.ca](http://www.pcmh.ca).

**Next Meetings: Monday, April 19 Topic Bullying at 6:30 pm – 8 pm.**

**Monday, May 10<sup>th</sup> Topic Community Resources 6:30 – 8 pm.**

**Monday, June 21<sup>st</sup> Building Healthy Relationships 6:30 – 8 pm**





## **CALLING ALL YOUNG WRITERS!**

The Speaker's Award for Youth Writers invites Ontario youth in grades 7-12 to submit their short stories and personal essays to this writing contest.

Original fiction and non-fiction essay submissions are welcome, and a winner from each of the following three grade categories will be chosen: grades 7-8, grades 9-10, and grades 11-12.

Winners will be announced in autumn 2021 and have their work published on the Legislative Assembly of Ontario website.

**Visit our website for more information:  
[www.ola.org/en/visit-learn](http://www.ola.org/en/visit-learn)**

Online applications will be accepted from  
March 1<sup>st</sup> to April 18<sup>th</sup>, 2021.

***Questions? Contact us at [youtharts@ola.org](mailto:youtharts@ola.org).***



## **APPEL À TOUS LES JEUNES ÉCRIVAINS!**

Les élèves de la 7<sup>e</sup> à la 12<sup>e</sup> année de l'Ontario sont invités à soumettre leurs nouvelles et leurs dissertations dans le cadre du Prix du président pour les jeunes écrivains.

Les textes de fiction et les textes documentaires originaux sont acceptés. Un gagnant sera choisi dans chacune des catégories suivantes : 7<sup>e</sup> et 8<sup>e</sup> années, 9<sup>e</sup> et 10<sup>e</sup> années, et 11<sup>e</sup> et 12<sup>e</sup> années.

Les gagnants seront annoncés à l'automne 2021, et les textes gagnants seront publiés sur le site Web de l'Assemblée législative.

**Visitez notre site Web pour plus d'informations :**  
**[www.ola.org/fr/visiter-apprendre](http://www.ola.org/fr/visiter-apprendre)**

Les demandes sont acceptées en ligne du  
1<sup>er</sup> mars au 18 avril 2021.

***Questions? Contactez-nous à  
[youtharts@ola.org](mailto:youtharts@ola.org).***