SHOWILLE HIGH SCHOP

201 Town Centre Blvd. Markham, ON L3R 8G5 (P) 905-479-2787

(P) 905-479-2787 (F) 905-479-1539

Extensions: Reception - 431 Attendance - 230 Guidance - 458

Principal Suelyn Cheong suelyn.cheong@yrdsb.ca

Vice-Principal Andrew Gazaneo (A-L) andrew.gazaneo@yrdsb.ca

Vice-Principal Patrick Belmonte (M-Z) patrick.belmonte@yrdsb.ca

Superintendent Becky Green becky.green@yrdsb.ca

Board Trustee Ron Lynn ron.lynn@yrdsb.ca

Email: unionville.hs@yrdsb.ca

School Website: Click here

Tweets @UHSupdates

UHS Parent Weekly Bulletin – Vol.36

Friday, May 28, 2021



Adaptive Students - Online Schedule				
Period 1	8:30 am – 9:45 am			
Period 2	9:50 am – 11:05 am			
Lunch	11:05 am – 12:25 pm			
Period 3	12:25 pm – 1:40 pm			
Period 4	1:45 pm – 3:00 pm			

31	1	2	3		4	
			Full Dis	sclosure		

Dear families,

As you are aware, youth aged 12 and over are now eligible to receive the COVID-19 vaccine. Please see this <u>letter to families from York Region Public Health</u> with information about the COVID-19 Youth Vaccine, including frequently asked questions.

In addition, you may find the following fact sheets helpful:

- York Region Public Health Youth Vaccine Fact Sheet
- Government of Ontario Youth COVID-19 Vaccine Fact Sheet

For more information

If you have any questions about the youth vaccine, you can contact York Region Public Health: T: 1-877-464-9675 TTY 1-866-512-6228

W: www.york.ca/COVID19Vaccine

Full Disclosure Reminder

Thursday, June 3 is the full disclosure date which is the final day that a student, in a grade 11 or 12 course, may drop a course so that it is not recorded on the Ontario Student Transcript.

Schools Remain Closed for In-Person Learning

You may have seen reports in the media about the possibility of schools reopening to in-person learning. At this time, the Ministry of Education has not confirmed if or when schools will be reopening, and **schools currently remain closed for in-person learning** with learning continuing virtually.

While we do not yet have information about school reopening, we remain prepared for the possibility of region-wide or province-wide school reopenings if the Government of Ontario directs us to do so. We will continue to share information with families as it becomes available to us.

Earlier this week, we received correspondence from York Region Public Health that, like other jurisdictions around the province, points to the drop in COVID-19 case counts in York Region. Today, you may have seen references to information in that letter, including a much reduced positivity rate. This is a result of the collective efforts from our community and we thank you for continuing to follow provincial and local public health guidelines.

In addition to this, vaccination rates continue to increase, and York Region Public Health has already started to book appointments for children over 12 years of age. We encourage all eligible families to book vaccinations. For more information, please visit <u>www.york.ca/covid19vaccine</u>.

While we receive encouraging news from our local public health unit, it's important to note the decision to reopen schools to in-person learning is made at the provincial level. This decision takes into account many factors (e.g. burden on provincial healthcare system, inter-regional travel, and etc.), some of which may have significant local and provincial consequences. We continue to be in discussion with our local public health unit and the Ministry of Education, and will provide additional information as soon as it becomes available.

If decisions are made to reopen schools to in-person learning, we will keep families informed and support our students with the transition back to school.

Resources continue to be available on the Board website, including <u>community resources</u>, <u>mental health</u> <u>supports</u> and <u>tips to support online learning</u>. Visit <u>www.yrdsb.ca/school-reopening</u> to learn more.

We look forward to welcoming our students and staff back into our schools for in-person learning as soon as we are safely able to do so. Thank you for your continued support and understanding.

Graduation Update

Hello graduates. Thank you for responding to our call regarding photos and selfies. We are working behind the scenes to create your virtual graduation ceremony which will be available to you and your family at the end of this semester. Information on how to access the virtual ceremony will be provided closer to the date of release.

In the meantime, we wanted to let you know that we are thinking of you! We are currently putting together a **memento package** for each graduate consisting of a bag, poster, sticker, and stress ball. All of these items have been branded with a customized **UHS Class of 2021 logo**, designed just for you! Those students who ordered a cap and gown will receive these with their memento package. Once the Board, in association with York Region Public Health, provides us with clear direction, we will share our distribution model with you.



Lastly, we wanted to let you know that, courtesy of our Recreational Leadership Class, we are also making **customized grad-wear** available to you. <u>Please click the following link to order your UHS Class of 2021 clothing</u>. The site provides you with style and logo options, including our latest UHS Class of 2021 logo. The logo comes in three different colours this year including white, black, and maroon!

When visiting the Entripy Shop, please note the following:

1. Ship to your own home address - NOT the school.

2. Ensure that the logo colour is different from the clothing colour so that the logo stands out. Colour options will not be corrected automatically. If there are questions, please fill out this google form:

https://forms.gle/jpWr8LKiLtush7XX9

3. Please use appropriate language when personalizing your name. Staff will flag any inappropriate language.

4. If your purchase is over \$75 (excluding tax), you qualify for free shipping!

We wish all of our graduates the very best as they complete their final summative tasks. Please continue to check your gapps email and @samthewolf on Instagram to receive the latest grad updates.

Message from Our Trustee

Dear families,

It is hard to sum up this past school year; it truly has been a year like no other. Many of our students have been transitioning between virtual and in-person learning. Others have spent the full year learning virtually as part of our Elementary and Secondary Virtual Schools. Whatever option you have chosen, this year has been challenging and has asked a lot of all of us - students, families, staff members and community partners. We have had to be flexible and adaptable in how we learn, teach and work. We have had to be diligent in learning new routines and adhering to public health measures to reduce the spread of COVID-19. And, we have had to pay more attention than ever to supporting mental health and well-being during this challenging time.

This pandemic has affected different families in different ways, and I want to thank you for your patience, support and resiliency throughout this challenging year. I also want to take this opportunity to remind you that resources are available on the Board website, including <u>community resources</u>, <u>mental health supports</u>, <u>tips</u> and <u>resources</u> to support online learning, and <u>tips for speaking with your child about COVID-19</u>. These resources will continue to be available throughout the summer.

Despite the challenges this year, we have seen incredible examples of student learning and achievement. I am incredibly proud of the determination, resilience, creativity and perseverance demonstrated by our students. I want to wish a very special congratulations to the graduating class of 2021. This is an important milestone and while we are all disappointed that we are unable to celebrate in person as we would have hoped, we look forward

to honouring our graduates virtually. Schools are working hard to make their virtual graduation celebrations a very special occasion. We are very proud of our graduates and wish you all the very best in the next chapter of your journey.

I also want to acknowledge the hard work of our educators and staff members who have maintained a focus on supporting students while navigating the challenges of the past year. Our staff members have shown a true commitment to their own learning in the service of our students, and have been participating in webinars, online training modules and other **professional learning opportunities** throughout the school year to enhance their own practices.

Earlier this spring, we launched the **Board's Dismantling Anti-Black Racism Strategy**, with the goal to "achieve racial equity in YRDSB schools for Black students and staff." The strategy was co-developed by York Region Black community leaders, YRDSB staff and in consultation with students. Thank you to everyone who supported this work and participated in the launch. We look forward to continuing this essential work.

The Board is also preparing for the 2022 Municipal Election by undertaking a **review of school board trustee electoral areas**. The boundaries of the areas the trustees represent change over time due to population growth and changes in student numbers. We are committed to ensuring that, as the region's population changes, electoral areas continue to reflect the communities we serve. Public input is important to the Board of Trustees during the electoral area review. Throughout the process there will be a number of ways for you to learn more about the review and to provide input. Information about the <u>Trustee Determination and Distribution</u> is available on the Board website.

As was communicated to families in May, we are looking ahead to the 2021-2022 school year. Our goal is to create a learning model within the provincial funding allocation that meets public health requirements and is centred on the safety and well-being of our students and staff members. To help meet this goal, we are planning to implement a hybrid model of learning for elementary and secondary schools, a model several other school boards have been using during this current school year. Through this model, families will continue to have the ability to opt for in-person or remote learning, and placement for all students will be in their home school. I know there are many questions about what this will look like and what to expect in September. The Board continues to provide as much information as possible and has shared some frequently asked questions on the Board website about the model change for 2021-2022. This page will continue to be updated. As planning continues and information becomes available, we will provide regular updates to families. Please know that the health and safety of our students, staff and families remain our top priority. You can also continue to find information on the Board website at <u>www.yrdsb.ca</u> and on Twitter <u>@YRDSB</u>.

As we go into the summer months, I want to thank you once again for your support over the past year, and to wish you all a safe, healthy and enjoyable summer.

As the school year comes to a close, I want to wish you and your families a safe, healthy and happy summer. I look forward to a time when we can welcome your children back into our schools again. We know that families have questions about what the return to school will look like. We will continue to share information with you as it becomes available. In the meantime, we encourage you to continue following public health guidelines and to stay connected.

YRDSB Student and Family Surveys - Now Available

The 2020-21 YRDSB Student and Family Surveys are now available online between May 26 and June 18.

These surveys will provide the Board and our schools with valuable information about the experiences of students and families. Results will be used to guide Board and school planning to support student achievement and well-being.

Students and families have received a link to their respective surveys by email. If you do not want your child(ren) to participate in this survey, but missed the deadline on May 24, 2021 to opt your child(ren) out of receiving the link to the surveys, please advise your child(ren) to not participate. Families who do not want to participate in the Family Survey may disregard the email invitation.

The Family Survey is available online in:

- <u>Arabic</u>
- <u>Chinese (simplified)</u>
- <u>Chinese (traditional)</u>
- Farsi
- English
- <u>Gujarati</u>
- <u>Hebrew</u>
- <u>Korean</u>
- Punjabi
- Russian
- <u>Tamil</u>
 Turkish
- <u>Turkis</u>
 Urdu
- <u>Urdu</u>
- <u>Vietnamese</u>

As our first partners in education, we value parent/guardian input and encourage parents/guardians to complete the survey. The information provided will be anonymous, considered confidential and kept in strict accordance with all relevant legislation. Please contact <u>research.services@yrdsb.ca</u> if you have any questions or visit the <u>Board website</u> to learn more.

Grade 12 Pathways to Success Survey

As per the Ministry of Education, school boards are required to report 2020/2021 board-level data as part of the Student Success Strategy. The Ministry has provided questions to assess how the <u>Creating Pathways to Success</u> policy and program is helping students to develop the knowledge and skills they need for effective education and career/life planning. Students in Grade 8 and 12 are required to complete the exit survey as per Ministry requirements. All grade 12 students should complete the survey between May 21 and June 11.

Grade 12 students can access the survey through their My Pathway Planner accounts by doing the following:

- 1. Go to <u>www2.yrdsb.ca</u>.
- 2. Click on the "<u>Online Student Tools</u>" button.
- 3. Click on the "<u>My Pathway Planner</u>" button.
- 4. Log into their account using their YRDSB credentials.
- 5. Click on the "Complete Survey" button in the blue banner on the homepage.
- 6. Complete the survey questions in the Google Form that opens.

Free Math Tutoring

TVO Mathify is available to support Grade 6-10 students online, Monday - Friday, 9:00 a.m. - 9:00 p.m., and on Sunday from 3:30 p.m. - 9:00 p.m.

TVO Mathify provides free 1:1 Grade 6-10 tutoring support.

All tutors are Ontario Certified Teachers. Please click the following link to find out more: <u>TVO Mathify: Students</u>

Ontario Technological Skills Competition Winners

Congratulations to the UHS Skills team for representing UHS and YRDSB at the Ontario Technological Skills Competition(OTSC). This year the competition was held virtually (on-line) due to the COVID 19 pandemic safety restrictions. York Region's best were competing against students from all across Ontario in various skills competitions. From the feedback we have gathered, the students gained valuable experience competing against other students from other schools and boards.

UHS students won the following medals in this year's competition:

Graphic Design – Presentation	Maddy Hutchison	Silver
Graphic Design – Presentation	Casey Shen	Bronze
Graphic Design - Studio Production	Wilbur Zhang	Gold
IT Network Systems Administration	Jonathan Sun	Silver
IT Network Systems Administration	Nimish Patri	Gold
Mechanical CAD	Jonathan Xie	Bronze
Photography	Alex Nielson	Bronze
Web Design and Development	Winston Zhao	Silver

Wilbur Zhang and Nimish Patri represented UHS, YRDSB and Team Ontario at the Canadian National Skills Competition this past week.

Thank you to Ms. Cheung, Ms. Wong, Mr. Anandarajan, Ms. Mcleod, Mr. Clodd, and Mr. Pan for their recommendations, support and advocacy. Thanks also to Mr. Kotsopoulos and Mr. Cho for coordinating and coaching the UHS Skills team this year.



<u>June 2021</u>

Art From Our Hearts

Hey Wolves! The UHS Wellness Council is hosting this year's wellness arts competition, "Art From Our Hearts," to bring our creativity together and break down the barriers surrounding mental health. The purpose of this competition is to promote artwork that communicates the message of this year's Mental Health Week: Understanding and Expressing Our Emotions. Your artwork can be about this theme, mental health, youth wellness and anything that encourages or talks about issues within mental health and wellness!

This is YOUR opportunity to create works of art including videos, songs, poetry, posters, etc. (the possibilities are endless!) and submit them to us for a chance to win a \$50 Chipotle Gift Card and have your work shared publicly and promoted by Wellness Council for years to come. The student body will vote to select a winner using an anonymous Google Form to ensure fairness.

Please keep all submissions appropriate and visit our submission Google Form for more information. If you have any questions or concerns feel free to message the @uhshealthandwellness Instagram account. We're looking forward to seeing all your pieces and the creativity that UHS students have to offer!

Sign Up Form Link: <u>https://forms.gle/3QXq7stZgnttT4CW7</u>

Sign Up Form Deadline: FRIDAY, MAY 28, 2021 @11:59 PM

Chef It Up!

Hey Wolves! The UHS Wellness Council wants YOU to join us in this year's Chef it Up live online event to promote healthy nutrition! We will be making customizable crêpes together on a Google Meet, along with hosting trivia games and fun icebreakers. It'll be a MasterChef style competition and you'll have a chance to vote for your favourite crepes at the end! Prizes will be given out throughout the event including 2 \$25 Chipotle Gift Cards and a Felix and Norton \$20 gift card or 24 cookie voucher!

We will be providing the recipe ahead of time for participants! Sign up using the Google Form to spend a fun evening making crepes with us and earning prizes! Registrants will be receiving an email with more information afterward. We're looking forward to learning more about nutritional health with you, but will you 'Chef It Up'? If you have any questions, feel free to visit and message our Instagram page @uhshealthandwellness.

SIGN UP FORM LINK: https://forms.gle/kGVmPg4ZPWGUu7z79

FORM DEADLINE HAS NOW BEEN EXTENDED TO: Tuesday June 1, 2021 @11:59PM

UHS Feed the Need

Attention UHS community! The UHS Feed The Need Initiative organized by Grade 12 students to combat food insecurity in York Region is asking for your help. The COVID-19 pandemic continues to see an increase in food insecure households. Did you know that our own community is currently seeing a 50% increase in new users of the food bank? A small donation of \$5 or dropping off non-perishable food donations at your local donation site can go a long way in supporting our cause and helping our food insecure families. Please take a few minutes to check out our Instagram @uhsfeedtheneed and website https://fbyr.ca/uhs/ for more information. We are incredibly grateful for the support received thus far in our campaign. As a result, we've decided to extend the initiative to allow for more donations to increase the positive impact of UHS on our community. We invite all UHS students who donate to enter our raffle to win awesome prizes! Please see the google form below for more details. As a reminder, if you made a monetary donation please fill out the appropriate google form. If you donate non-perishable food items for our initiative, please fill out the corresponding google form.

Thank you from the HFA4U1 UHS Feed the Need Team!

Google form link for monetary donations:

https://docs.google.com/forms/d/e/1FAIpQLSdhvvu5nUpkHqI7VsFSeWMIZvyt2APf 1qgOIL1HxVrnPZT-JA/viewform

Google form link for non-perishable food items: <u>https://forms.gle/A4epFBh7ic5JmXVw7</u>

Thanks to Guest Speaker, Almond Au, Head of Customer Engineering at Google

On Friday, May 21, the **Computer Science Executive Team** hosted guest speaker Almond Au, a prominent figure in the Canadian Cloud Engineering team at Google. Our session provided opportunities for students to consider different post-secondary paths and careers. In addition, students engaged in a Q&A with Mr. Au. With an audience of more than 80 participants, the presentation was tremendously well received by students and teachers alike. Thanks to Almond for taking time out of his schedule, and we invite any curious students to attend our many club sessions in the future!



Virtual Lobby: @105gibson.youth

We've created a *free* and safe space for students to gather through Discord. This is where our online high school programs happen. We have games, events, community groups, and personal connections. Students register once through our online registration. Check out what we have planned for the next few weeks.

Sign Up

Game Nights on Tuesdays at 7 PM: Game nights are designed to build community, have fun, and win some prizes sponsored by different universities!

June 2 Goosechase Virtual Scavenger Hunt: *Prize: Swag bag (t-shirt, candy, Starbucks gift card, etc.) sponsored by Redeemer University*

June 3 University & College: Tong Xu, Student Recruitment Officer

June 9 Tournament: Prize Hoodies sponsored by York University

June 10 Volunteer + Job Search: *Mirja Raita, Executive Director of Volunteer Markham and Erica Ciappa, Youth Job Specialist of YMCA of Greater Toronto*

Workshops on Thursdays at 7 PM: Build Your Own Future is a **free** future-focused workshop series for students to explore topics of interest.

Summer Programs:

Along with these, we are looking forward to some summer programs to build community and have fun. We are hoping these programs will be in-person, pending the local restrictions.

- Sports Day: June 30, 10 am-4 pm Poster Register
- Youth Camp: Thursday evenings 3:30-8 pm, July 8-August 5 Poster Register
- Basketball Camp: August 9-13, 10 am-4 pm Poster Register

Find Out More

YRDSB seeks Parent, Family and Community Engagement Advisory Committee Members

York Region District School Board is accepting applications for membership on the Board's <u>Parent</u>, <u>Family and Community Engagement Advisory Committee (PEAC)</u>.

Parents/guardians interested in serving as a member of PEAC are asked to submit an electronic application by **June 15, 2021**.

PEAC supports, encourages and enhances parent engagement at the Board level in order to improve student achievement and well-being. It represents the collective voice of parents who have children attending public schools in York Region. Members are expected to attend a minimum of five meetings each year at the Education Centre in Aurora or virtually during the current pandemic. The first meeting date for the new membership is September 23, 2021.

Applications should be submitted using ONE of the methods below:

- submit the <u>ONLINE Application Form</u> or;
- email <u>leadership.development@yrdsb.ca</u> or;
- call Leadership Development and Engagement at 905-727-0022 ext. 3650.

Information Session

Interested applicants are invited to attend a virtual information session to <u>learn more</u> about this parent <u>engagement opportunity</u>.

Date and Time	Registration Information
Monday, May 31, 2021 7:30 p.m.	 Listen only, telephone access: 647-497-9386; access code 148-686-198
	Online virtual registration link: <u>https://attendee.gotowebinar.com/register/856753069566720014</u>

More information is available on the YRDSB website.

York Region District School Board is the third largest school district in Ontario with over **127,000** students in **180** elementary schools and **33** secondary schools. York Region students consistently perform above average in provincial testing and the Board is one of the top achievers in Ontario. For more information about the York Region District School Board, please visit the Board <u>website</u> and follow YRDSB on <u>Twitter</u>, Instagram, YouTube and LinkedIn.

For more information contact Corporate.communications@yrdsb.ca.

ARTS UNIONVILLE MUSICIANSHIP ASIAN HERITAGE MONTH PLAYLISTS

The Period Two Senior AU Musicianship class has spent the last while creating a number of projects in celebration of Asian Heritage Month, including a video of songs, instrumental works, stories, poems, presentations and messages of hope and advocacy.

In addition, please find links below to Asian Heritage Month Spotify playlists, curated by Lisa Liu and Rahul Vivekanandan with help from others in the class. There are four in total divided by genre: Pop, R&B, Ballad, and Traditional. Each playlist has 15 songs, except for Traditional which has 25.

POP: <u>https://open.spotify.com/playlist/1kOla2KVVAmkd7AgsKh28M?si=fe25fbe042684863</u>

R&B: <u>https://open.spotify.com/playlist/2KHYzQErNho07pAwbPftmR?si=2878f773174344b4</u> BALLAD: <u>https://open.spotify.com/playlist/0Kg1AFHL8ACpEyG76sMG3f?si=36909a6683e34b95</u> TRADITIONAL: <u>https://open.spotify.com/playlist/79cTkz1qwSesNtHZdE0JkW?si=e34a8de132bc4ff1</u>

Enjoy and thank you for your support!

Trustee Determination and Distribution Study

To prepare for the 2022 Municipal Election, York Region District School Board is undertaking a review of school board trustee electoral areas in what is officially called a Trustee Determination and Distribution Study. The Board of Trustees is committed to ensuring that, as the region's population changes, electoral areas reflect the communities we serve. To achieve this, the Board has retained the services of a consultant team to conduct a review and prepare recommendations for the Board's consideration on the trustee electoral area boundaries.

You are welcome to provide input through a <u>survey</u> that will be available **May 14 - June 18**.

Information on the trustee electoral areas review, including process, timelines, presentations and reports will be available on the Board's <u>website</u>.

Your input is important to the Board of Trustees. We invite you to complete the online survey by **June 18** and attend public meetings as they are scheduled.

Should you have questions about the review process, please email trustee.services@yrdsb.ca.

2021 Summer Learning Programs Available

During the month of July, YRDSB continues to offer credit and non-credit summer school program opportunities for elementary, secondary and adult students. Traditional in-class face-to-face summer programs will move to a remote learning delivery model. Registration is now open for the following programs:

Elementary Credit and Non-Credit Programs:

- Elementary Summer School (Grades 6 8 non-credit reinforcement)
- Grade 8 Reach Ahead

Secondary Credit Programs:

- Online-Learning
- Remote Learning

Please view the following links for information regarding each model and how to register:

Secondary Program Flyer

Summer School Update April 20, 2021

How to Register

Note to students: A sign-off form is NOT required. Disregard this step. Your alpha counsellor will review your registration and will send an email confirmation to your GAPPS account confirming that the course has been approved. If there are any concerns with your summer school selection, you will be contacted directly by your alpha counsellor.

Adult Learning Programs:

- Adult Literacy and Basic Skills
- English as a Second Language
- Citizenship Classes

For more information about summer learning programs and registration please visit <u>www.yrdsb.ca</u> and follow us on Twitter @YRDSB.

Scholarship News

Continue to check the Guidance Moodle for upcoming scholarship information as well as application and eligibility details. Scholarship information is intended for graduating students that plan to attend a post secondary institution in 2021-2022.

Upcoming Scholarship Information:

The Scholarship Report (PDF located on the Guidance Moodle)

University Listing Scholarships - Fall 2021 Entrance (PDF located on the Guidance Moodle)

College Listing Scholarships - Fall 2021 Entrance (PDF located on the Guidance Moodle)

<u>June 1st, 2021:</u>

Canadian Pediatric Stroke and Acquired Brain Injury Survivors Scholarship Application

www.achievingbeyondbraininjury.com

June 11th, 2021: School sponsored scholarships (due as one file to Ms. Hawkins by 3:00 p.m.)

Southeast Collector Environmental Services Award (\$1000 Bursary)

This Award is available for current Grade 12 students pursuing post-secondary studies in advanced education in the environmental field in universities, colleges and certificate or apprenticeship programs leading to an environmental trade.

Markham Dental Award (\$300)

Students are encouraged to apply if they meet the eligibility requirements. For those who a) have involvement in community and school activities, as well as demonstrate a genuine interest in dentistry through extra-curricular activities OR b) may be interested in studying dentistry in the future or c) are studying Science or Life Sciences at University in September 2021.

Lieutenant Governor's Student Volunteering Award

U.H.S. has been asked to nominate an exceptional student from our graduating class to receive the Lieutenant Governor's Community Volunteer Award for Students. It pays tribute to those who go above and beyond the required number of volunteer hours.

<u>June 18, 2021</u>

Black Education Fund - Back Education Fund Inaugural Scholarship

July 30th, 2021 - direct application

The Learning Disabilities Association of York Region is proud to announce our first LDAYR Scholarship (\$5,000)

Scholarship 2021 – Learning Disabilities Association of York Region

<u>July 31st, 2021:</u>

Black Foundation of Community Networks (BFCN) - 10th Annual BFCN Scholarship and 7th Annual BFCN Aim to Achieve Award

Crisis Mental Health Support for Students

For a variety of support services and agencies, please refer to the following list:

- 310-COPE www.yssn.ca: 905-310-COPE (2673) or 1-855-310-COPE (2673) available 24/7
- <u>www.KidsHelpPhone.ca</u>: 1-800-668-6868, text 686868 available 24/7
- Mental Health Helpline <u>https://www.ontario.ca/page/mental-health-services</u>: 1-866-531-2600 available 24/7
- York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30-4:00 pm; for children & youth (0-18 years), parents, caregivers or adult supporters. Visit <u>www.yorkhills.ca</u> for more information.
- Markham Stouffville Hospital <u>www.msh.on.ca</u>: 905-472-7000
- Poison Control <u>www.ontariopoisoncentre.ca</u>: 1-800-268-9017
- Lesbian Gay BI Trans Youth Line <u>www.youthline.ca</u>: 1-888-687-9689
- Trans Lifeline www.translifeline.org: 1-877-330-6366
- Black Youth Helpline <u>www.blackyouth.ca</u>: 1-833-294-8650
- York Region Children's Aid Society <u>www.yorkcas.org</u>: 905-895-2318
- York Region Abuse Program <u>www.centralhealthline.ca</u>: 905-895-3646
- Police-Fire-Ambulance 911

Black Student Success Network



The Come Up

Virtual Summer Program 2021

Navigating Secondary School and Beyond

 Are you a YRDSB student?
 Are you entering grade 9 in September?
 Interested in earning your first full high school credit?
 Do you self-identify as Black?

Registration Deadline: June 16



Registration: <u>bit.ly/3f3qeiL</u> For more information please email: Bssn@yrdsb.ca

Click to Register



^{°°} Monday to Friday July 7 - July 30 (9:00 a.m. - 3:30 p.m.)

Here is what you will earn:

Full High School Credit Weekly Lunch Card Swag Bag Gift Cards & Giveaways

Topics include:

Positive Identity Formation Financial Literacy Social Media & Self Image Career Pathways Hip Hop Education & More

Black Student Success Network



Navigating Secondary School and Beyond

Virtual Black Parent/Guardian Workshop Series

Is your child a YRDSB student?

Is your child transitioning to Grade 9 in September?

Does your child self-identify as Black?

Join us for a workshop series on navigating the secondary school system



For more information email: Bssn@yrdsb.ca



Tuesday, June 29, 2021 - 6:30pm - 8:00pm Session # 1 - Understanding the Secondary System (structure, rights, policies, & more)

Tuesday, July 13, 2021 - 6:30pm to 7:30pm Session # 2 - Supporting your Child (Mental health supports, tips and Strategies)

Tuesday, July 27, 2021 - 6:30pm to 7:30pm Session # 3 - School/Community Resources (Accessing Supports)

Families of all students for the virtual summer school program will receive registration information for the Virtual Black Parent/ Guardian Workshop Series via email once student registration is complete.

COVID-19 Vaccines What you need to know

Vaccination is a safe and effective way to prevent disease. Vaccines save millions of lives each year.

When a large percentage of the population becomes immune to COVID-19, spread of the virus will slow down or stop. Vaccination is our best shot for individuals, families and workers to safely resume normal life.

ABOUT THE VACCINES

Only vaccines that are safe and effective are approved by Health Canada.

- Each vaccine has been rigorously tested in a series of large-scale trials
- Vaccines are tightly regulated and closely monitored in Canada
- Health Canada will only approve a vaccine that is safe for widespread use
- COVID-19 can have serious, life-threatening complications, and if you get sick, you could spread the disease to friends, family and others around you
- People who are vaccinated gain protection without the serious potential consequences of COVID-19
 infection
- You cannot get COVID-19 from the vaccines; they do not contain the virus

COVID-19 vaccines are approved by Health Canada. Age recommendations are subject to change. Visit <u>vork.ca/COVID19VaccineInfo</u> for the latest updates and vaccine roll out of eligible groups

Pfizer BioNTech vaccine (approved for 12+)

• mRNA vaccine, two doses

AstraZeneca/COVISHEILD vaccine (approved for 18+)

• Viral vector vaccine, two doses (first doses currently paused, effective May 11, 2021; see <u>york.ca/COVID19VaccineInfo</u> for details)

Moderna vaccine (approved for 18+) • mRNA vaccine, two doses

Janssen (Johnson & Johnson) vaccine (approved for 18+) • Viral vector vaccine, one

dose

Beginning about two weeks after the first dose, all COVID-19 vaccines currently approved are very effective at preventing COVID-19 infection, serious illness, hospitalization and death.

The type of vaccine you receive will depend on the storage and transportation requirements of the vaccines as well as current supply in Ontario.

The COVID-19 vaccine is free and voluntary.



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HOW DO COVID-19 VACCINES WORK?

The vaccine works by teaching our bodies to build a strong immune response against the COVID-19 spike protein. Once triggered, this helps us fight infection if we are exposed to the real virus in the future.

Region

SIDE EFFECTS

Temporary side effects of the vaccine are typically mild to moderate and may include:

- Soreness at the injection site
- Body chills
- · Feeling tired or feverish

Some side effect symptoms can be part of the body's response to developing immunity. As some side effects can also be similar to symptoms of COVID-19, speak to your health care provider to determine if you need further assessment if you have any concerns. Side effects may be more common with the second dose. Serious side effects after receiving the COVID-19 vaccine are rare; however, if you develop any of the following reactions within three days of receiving the vaccine, seek medical attention right away or call 911 if you are severely unwell:

• Hives, swelling of the face or mouth, trouble breathing, very pale colour and serious drowsiness, high fever (over 40°C), convulsions or seizures, other serious symptoms

ALLERGIES

/ACCINE

- If you experienced a severe allergic reaction (anaphylaxis) to an ingredient of, or previous dose of, the <u>Pfizer-BioNTech</u>, <u>Moderna</u>, <u>AstraZeneca/COVISHEILD</u> or Janssen (Johnson & Johnson) vaccine, you should not receive it
- If you experienced a less severe allergic reaction to a previous dose or a component of the Pfizer-BioNTech, Moderna, AstraZeneca/COVISHEILD or Janssen (<u>Johnson & Johnson</u>) vaccine, you must talk to your health care provider before you receive the vaccine and are required to bring a letter from your health care provider indicating the vaccine can be administered

Detailed vaccine ingredient lists can be found at canada.ca/COVID19

PRECAUTIONS FOR GETTING THE VACCINE

Please <u>delay</u> vaccination if you have a fever or COVID-19 symptoms, are confirmed or suspected to have

COVID-19, or have received a flu shot or other vaccine in the past 14 days

A consultation with your health care provider <u>is required</u> before receiving the vaccine if you:Have a weak immune system from an illness or therapy, or an autoimmune condition **AND** are undergoing certain treatments; in this case, you are required to bring a completed <u>Attestation Form</u> to your appointment to receive a vaccine. Treatments include:

• Stem cell therapy, Immune checkpoint inhibitors, CAR-T therapy, Chemotherapy, Monoclonal antibodies (e.g. Rituximab), Other targeted agents (e.g. CD4/6 inhibitors, PARP inhibitors etc.)

A consultation with your health care provider <u>is recommended</u>, <u>but not required</u> before receiving the vaccine if you:

- · Are pregnant, could be pregnant or are breastfeeding
- Have an autoimmune condition, immunodeficiency condition or are immunosuppressed but are **NOT** on any of the treatments listed above, and you have received information/counselling on all of the points listed below:

 A review of the risks and benefits of the COVID-19 vaccine, of the potential risks/consequences of a COVID-19 infection and a review of the risk of acquiring a COVID-19 infection

 $_{\odot}\,$ The insufficiency of evidence for the use of COVID-19 vaccines in these populations and possible decreased vaccine effectiveness in those who are immunosuppressed

CONTINUE FOLLOWING PUBLIC HEALTH SAFETY MEASURES AFTER VACCINATION

Studies are ongoing to determine the long-term protection of COVID-19 vaccines. There is still a chance you can contract COVID-19 after being vaccinated and it is currently unknown if you can transmit the virus after being immunized.

Visit york.ca/COVID19VaccineInfo or speak to your health care provider.





Two Ways to WIN this Bike Month!

Celebrate Bike to Work Day in a new way!

Join our photo contest for a chance to WIN a \$100 Spoke O'Motion gift card!

Participating is super easy!

- Hop on your bike on Monday, May 31st for any reason to get to work, run an errand, for exercise, to pick up takeout or just for fun!
- 2. Take a photo on your bike ride (can be a selfie or scenery)
- 3. Email your photo to <u>info@sccy.ca</u> OR tag us **@smartcommutecy** in your social media post on Instagram, Facebook or Twitter to be entered to WIN.

BONUS! The first 20 people to send or post photos on MONDAY, MAY 31st will receive a FREE Bike Month t-shirt and a swag bag of goodies.

Photos must be submitted or posted by 11:59 p.m on Monday, Mat 31, 2021

XXXXX



Bike Month Bingo Ride, Play, WIN!

Play Bike Month Bingo for a chance to WIN one of six \$50 e-gift cards or a grand prize \$100 e-gift card (choose from a list of select businesses).

How to Play!

- 1. Create a Bike Month account or login to your account at bikemonth.ca
- 2. Click "Bike Bingo" on the top menu then select "York Region" on the side menu.
- Complete as many activities as possible between May 31 and June 30. Mark them off via the online bingo card OR print off your bingo card and submit a photo of the completed activities to Smart Commute using this link: <u>surveymonkey.com/r/YRbikebingo</u>
- 4. Complete all the activities on the bingo card to achieve a blackout and earn 5 extra ballots!

Earn Bonus Entries!

Participants have the option of submitting photos of their cycling activities (either a selfie or their bike at a location) using this link: <u>surveymonkey.com/r/YRbikebingo</u> one photo = one extra ballot. Questions? <u>info@sccy.ca (</u>905) 898-5900



UNIONVILLE HIGH SCHOOL 2021

UHS Click Contest

LOVE PHOTOGRAPHY? THE CLASS OF AWQ-201 IS HOLDING A PHOTOGRAPHY CONTEST!

1-10 JUNE 2021

To participate in the contest and for more information, please check out the UHSclicks Google classroom!



One Overall Winner will be rewarded a \$25 Starbucks gift card

Contest runs from June 1-10, 2021

Please contact Ms. Cheung for details. (may.cheung@yrdsb.ca)



Parent Engagement Event (Mandarin session)

How to use your child's report card as a tool to encourage and affirm their learning and achievements

成績單回家了,怎麼跟孩子談?

讓我們一起來學習,如何傾聽和表達,才能走進孩子的內心

<u>Guest Speakers / 普通話講座嘉賓</u>

Julia Shen 沈近嘉

Certified NVC Trainer Candidate 非暴力溝通認證培訓師候選人 Supervisor, WeSupport 加華心理健康互助平台培訓師

Alice Wan-Ling Chu 朱老師

Teacher Liaison – Chinese Heritage Community Inclusive School and Community Services, YRDSB

华人社区华系老华 华克区教育局共融校園及社区华源部

Sandra Li 李幗先 MSW, RSW, RP, School Social Worker, YRDSB

华克区教育局學校社工.社會工作碩士.註冊社工.註冊心理治療師

Performance Plus 學校 - Milliken Mills, Highgate, 和Wilclay公立學校

YRDSB 約克區教育局共融校園和社區資源服務部

FSYR - Family Services York Region 約克區家庭服務中心

WeSupport 加華心理健康互助平台日期:2021年6月7日

時間:晚上7:00-9:00

<u>點這裡報名</u>

bit.ly/3fNEXOi

報名截止日期2021年6月6日