

UNIONVILLE MEADOWS MESSENGER October 2014

Principal - Leeanne Hughes-Fernandes

Vice Principal - Marion Ahrens

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Website: www.unionvillemeadows.ps.yrdsb.ca

OCTOBER AT A GLANCE!

- 2 Curriculum Night Healthy Schools Assembly
 7—Grade 8 High School Information Night Bill Crothers SS for Grade 8 students and families
 8-10 - GROW Interactive Presentations Grades 1-8
 8 - *iwalk* - International Walk to School Day
 9 - School Council Meeting at 6:30 pm in the Learning Commons
 10 - Grade 7 Hep B shots, Grade 8 girls HPV shots Regional Cross Country
 13 - Thanksgiving - NO SCHOOL
 15-17 - Grade 8 Pine Crest Trip
 24 - ART Series - Duane Gibson K-8
- 27 PA Day No school for students
- 31 MUSTANG BOWL Intermediate Harvest Dance



Baby News!!!

Congratulations on the birth of three baby girls in August and September! Mrs. Kolga welcomed a daughter, Helena in August, Ms. Phillips-Shiner welcomed Cadence on August 31 and Ms. Puddy gave birth to Natalie on September 18. Moms, dads and daughters are all well and enjoying this time together.

Message from the Principal's Desk

It has been an amazing start to the 2014/2015 school year at Unionville Meadows Public School. Thank you to all staff, students and families for your support. Students are settling into routines and teachers are enjoying getting to know their learners and building community in their classrooms.

Safety is always a main priority at our school. As a board we are committed to providing safe learning environments for all students. On the PA Day in September all staff were involved in safety training ranging from general health and safety to anaphylaxis and epi-pen training. On October 2nd we will have our first healthy schools assembly focusing on getting to and from school safely. On October 8th we will be participating in *iwalk* the International Walk to School Day. We have also planned safety and fire drills which will continue throughout October. When the fire department came to do a fire drill at UMPS last week they shared with us how impressed they were with our procedures and the way the students knew exactly what to do during the drill. Way to go Mustangs!

In October we will once again have GROW come to UMPS to continue our work on empowering students when it comes to issues of building confidence and challenging bullying.

We are very excited to meet our new families and reconnect with everyone on Curriculum Night. on October 2!

Leeanne Hughes-Fernandes & Marion Ahrens

Bullying vs. conflict

When talking to children about events that they encounter it is important to distinguish between bullying and conflict. Both issues need to be addressed, however the strategies to do so are different and we need to help children recognize the difference between the two.

Bullying is a persistent pattern of unwelcome or aggressive behaviour that involves an imbalance of power, and/or the intention to harm or humiliate someone.

Conflict on the other hand is generally a disagreement or difference in opinion between peers who typically have equal power in their relationships. It's usually an inevitable part of a group dynamic.

Grade 8 High School Information Nights

Bill Crothers SS

Bill Crothers Secondary School (BCSS) is a system-wide school with a focus on healthy active living and sport. The school is open for Grade 9 to 12 students. Students and parents from across the region are invited to attend an information evening. Information will be shared regarding the vision, mission, schedule, programs, transfer policy and application process.

All information sessions will occur at Bill Crothers Secondary School, 44 Main Street, Unionville, Ontario, L3R 2E4 from 7 – 8:30 in the cafetorium.

October 7 and/or October 15, 2014 7pm

Due to building capacity regulations, we request that only students and parents interested in attending BCSS for the school year 2014 - 2015, attend one of these evening. Parking is limited so we ask that parents carpool or park at the GO Station. Markham By-law officers regularly enforce the parking regulations on school property.

ARTS at Unionville High School

ARTS Unionville High School will have an information night on **Tuesday, November 4, 2014 7pm at Flato Markham Theatre.**

Markville Secondary School

Markville Secondary School will also have an information night on **Wednesday, January 14, 2015 7pm.**



@UMPSMarkham

Hear about special events, important days, and celebrations of learning!

Also, check out our website:

http://unionvillemeadows.ps.yrdsb.ca/



Parlez français!

octobre	October
jouer	« Je joue au soccer au parc. »
to play	"I play soccer at the park."
feuille	« Tu vois les feuilles changeants? »
leaf	"You see the changing leaves?"
maison	« Ma maison est chaud ! »
house	<i>"My house is warm!"</i>
parce que	«parce que je suis content »
because	" <i>because I'm happ</i> y"
c ombien?	« combien sont dans ta famille? »
how much/man	y "How many in your family?"

Please remember to send forks and spoons with your child(ren). We can not provide these on a daily basis.





School zone safety

The rush of cars, buses and children arriving at school can create many dangers. Help keep kids safe on the way to and from school.

Drivers:

- Slow down and be ready to stop for school buses and pedestrians
- Respect the crossing guard's instructions
- Be aware of children running in front or behind buses or other obstructions (snow banks)
- Make sure your child gets out from the passenger side of your vehicle
- Park away from the school and walk your child onto school property

Teach your children to:

- Stop, look, listen and make eye contact with drivers before crossing
- Walk only on the sidewalk and follow the crossing guard's instructions
- Not use cell phones or ear phones when walking



For more information, visit www.york.ca/injuryprevention

> **Community and Health Services Public Health**

York Region Health Connection

1-800-361-5653

TTY: 1-866-252-9933



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It's your head... use it!

Head injuries are the leading cause of serious injury and death to kids on wheels. Wearing a properly fitted, certified helmet can reduce the risk of serious head injury by 85 per cent. Children and youth (under 18) are required by law to wear a helmet when bicycling. Helmets must fit properly to protect your child in the event of a crash.

Remember the 2V1 Shake, Shake, Shake rule:

- 2: The helmet should cover the top of your child's head and sit two finger widths above their eyebrows (a helmet that is too big will not provide proper protection).
- V: Adjust the side straps so they form a V-shape under their ears.
- 1: Only one finger should fit between your child's chin and the fastened straps.

Shake, Shake, Shake:

Have your child shake their head up and down and side to side to make sure the helmet is snug

For more information visit www.york.ca/injuryprevention

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York Region Health Connection

Community and Health Services Public Health

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Our school is planning to celebrate IWALK or International Walk to School Day 2014 on **Wednesday, October 8. Please** plan to walk, bike, bus or park and walk a block or two!!! We hope to continue to promote the use of Active school travel every Wednesday until the end of the school year. The Benefits...Reduced traffic congestion and increased safety for our students are the main concern of our school. Numerous other benefits include: increasing daily physical activity, less idling and pollution and perhaps most important, it is social and fun to walk with neighbors and friends!!!.

For many parents around the world, the car has become the main means of transporting children to and from school. Did you know Active Kids Canada's 2014 report card says: "*rather than let them bike or walk, 62 % of Canadian parents say their kids aged 5-17 are always driven from school - this is especially likely if parents think driving their kids will save them time, is more convenient and is safer!* "

So please let help reverse this trend and join us to experience all benefits of Active school travel this school year...



Wednesday October 8th is the INTERNATIONAL WALK TO SCHOOL DAY!

Let's see how many Mustangs will walk to school!