# WESTMOUNT CI

October 23 - November 3, 2017

Attendance: 905.882.0277 x 238



Principal: Sheri Epstein

Vice-Principal: Barb Caravella

Vice-Principal: Todd Taylor



# <u>Please check our website</u> <u>regularly for updates.</u>



**NEWS & EVENTS** 

**PARENTS** 

**SCHOOL CALENDAR** 

**ANNOUNCEMENTS** 

**GUIDANCE** 

# Message from Admin Team

Dear Families and Community Members:

It is so nice to be able to speak to you on a regular basis. We are almost at the halfway point of the semester, and it is truly amazing how many wonderful things go on here each and every day.

On Thursday, October 19<sup>th</sup> we invited the community to attend our ARTS WESTMOUNT Open House. Our staff and students did a wonderful job of demonstrating what our ARTS classes look like, feel like and sound like. Those who attended were amazed by the high quality of the performances and how well our students were able to articulate what they learn and why they enjoy being an ARTS student at Westmount.

We also hosted our annual Holocaust Assemblies. Two different Holocaust survivors, with very different stories, came to the school and met with most of our Grade 10 and Grade 11 students. The students were very moved by what they heard and I know they were impacted by what our guests had to say. We are very grateful that these speakers were able to come to the school. We thank Ms. Jennifer Feldman for organizing this annual event.

Graduating students should be paying attention to all the tweets from the Guidance department as they contain some very important information. On October 26, all graduating students will be attending grad preparation assembly during period 2. Any student who has lunch or a spare that period should make sure they attend this assembly! In addition, all graduating students should be booking their grad photos online at <a href="mailto:bookmygrad.ca">bookmygrad.ca</a> using the school code WTT.

Parents Night is Thursday, October 26, beginning at 6:30 pm and ending at 8:30 pm. 6:30 pm – 7:20 pm will be in the Atrium where you can meet your child's teachers and have a quick "hello". 7:20 pm to 8:30 pm will be for appointments. Your sons/daughters received information about Parents' Night with their Interim Report Card. If you would like to make an appointment with a teacher, please use the form you received or contact the teacher directly.

Friday, October 20<sup>th</sup> is a PD Day. While the students will be busy sleeping in and making their own plans, all staff at school will be busy with professional learning. Our focus for this PD Day will be looking at the results of our "Student Climate Data" that over 400 students participated in last spring. This very important "student perceptional" data is useful as it helps us tailor the programs we offer to our students.

Our next School Council meeting will be Wednesday, November 8. Our guest speaker for this meeting will be Ms. Vera Katyshev, who will be explaining our Specialized High Schools Major programs. She will let us know what they are and how they benefit our students. We know this will be very interesting and informative.

Some very important upcoming dates:

- Wednesday November 1: All of our grade 9 students will be participating in "Take Your Kids to Work Day". There
  will be no classes for grade 9 students that day. We know that the students do enjoy spending a day at work with
  family or friends. Also on that day, we will be having the grade 8 students from our elementary partner schools
  attend WCI for the day to experience what high school is like and what they should expect next year.
- Thursday November 2: We will host our annual "Grade 8 Open House". Please tell friends and family in the WCI neighbourhood to attend this evening to find out more about high school and Westmount.
- Friday November 10: All students will be attending our Remembrance Day Assembly.
- Monday November 20: All students will receive their mid-term report cards.

From sports to student council events, art displays to DECA, from homework to the school play, our students get involved. We are all pleased with the sense of purpose and belonging that our students have. We are proud that Westmount Collegiate Institute is able to foster the social- emotional and the academic side of each student.

I continue to look forward to working with you to make this year a success for all.

Ms. Sheri Epstein

Principal

## Monday, October 23

• Modern Dance Workshop - City Playhouse - Catalano, Hopkins

# Wednesday, October 25

- Ontario Science Centre Gorewicz, Folmeg, Feldman Z, Tobias, Draxler, Hamilton
- Cross Country Boyd Conservation Area Soon Shiong, Alweyn
- Varsity Girls Basketball St. Joan of Arc Tarver, Hamilton

## Friday, October 27

Veteran's Trip - Sunnybrook - Vaccarelli

# Monday, October 30

Modern Dance Workshop - City Playhouse - Catalano, Hopkins

### Tuesday, October 31

• Speakout Conference - Sheraton Parkway - Folmeg

## Thursday, November 2

Music Trip - Thompson Hall - Nixon, Morgan

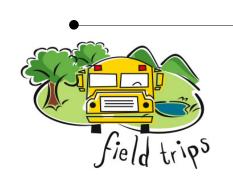
# Friday, November 3

• University Visits - Jackson, Conte

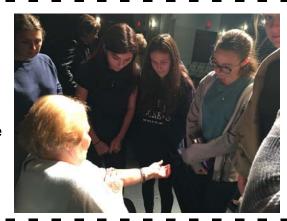
# **Holocaust Education Week**

This week students attended assemblies as a part of "Holocaust Education Week", where they heard from survivor speakers Gershon Willinger and Magda Wilf.

The event was very inspiring and emotional. Students were engaged and asked thoughtful questions at the survivors.







# **DECA**

DECA Westmount is now set to compete across the 28 individual and team oral and 10 written business categories! We have 208 members registered for the Regional competitions and all are now training in preparation over the coming weeks.

Regional Exams (set by DECA Ontario) take place: <u>Monday, October 30th at 3:30 pm.</u> The exam is 70 minutes in duration (100 multiple choice). Students can use either the school computers or their own laptop to do the online exam - as long as they do it at Westmount using our IP address and our teacher supervision.

Regional Competitions take place (for all individual and team oral events): **Sunday, November**19th at Ryerson University - Ted Rogers School of Business. Five buses will leave from Westmount at 7:15 am and will depart Ryerson at approximately 6:15 pm returning to Westmount at approximately 6:45-7:00 pm. All students go down together, stay together and return together on their assigned bus. Students will require professional business attire and approximately \$10 for lunch. It is recommended that they bring their practice case resources and additional school work to do in the time they wait for their case presentation / awards ceremony.

# **Grade 11 Photography**

Top images from Grade 11 Photography's project "The Money \$hot: Objects of Desire". Students are learning to photograph objects while considering light, form and texture. These students captured beautiful objects by using their light, composition, and camera settings to create stunning and impactful photographs. Great work grade 11s! These photographs are captured and have **no digital manipulation.** 





# Westmount Athletics "Of all the hazards fear is the worst." – SAM SNEAD

Last week a senior member of the **Westmount Golf team** qualified and went to Kingsville Golf & Country Club, just outside Windsor, to compete against a very tough OFSAA field. After a promising OFSAA qualifier at 4 over par 76, Nathan Laraia was sitting in 12<sup>th</sup> place in a field of about 80 top golfers. Senior Nathan Laraia was hungry for a victory and came out swinging in the very difficult wet, cold and windy conditions for day 2. Nathan finished the second round with an 81 -which placed him 21<sup>st</sup> overall. We are very

proud of Nathan's accomplishments this season, his tournament ball from the YRAA championship has been added

to the Westmount's athletic trophy case.

Coach WCI GOLF Robert Grossi



# **Girls Golf OFSAA**

Congratulations to Jacky Goldshlager, Gaby Goldshlager and Lulu Cong for qualifying for OFSAA golf. The girls spent three days in beautiful North Bay showing representing Westmount and making us proud. All girls played exceptionally well through freezing cold mornings and warm afternoons. Personal bests were achieved.







# **Westmount Athletics**

Congratulations to the **Westmount Swim Team** who competed on October 16, in the West Region Swim Prep Meet. Excellent performances from everyone were on hand! A special shout out goes to the students who have now qualified for the YRAA championships, in December.



- Maia Koloditzky: 200 Meter Girls Freestyle (Open) 3rd place | 100 Meter Girls Freestyle (Open) 2nd place | 200 Meter Girls IM Relay (Open) 1st place | 100 Meter Girls Breaststroke (Open) 1st place
- David Sung: 200 Meter Boys Freestyle (Open) 2nd place | 50 Meter Boys Freestyle (Open) 1st place | 100 Meter Boys Butterfly (Open) 2nd place
- Max Dimov: 200 Meter Boys Freestyle (High School) 1st place | 50 Meter Boys Freestyle (High School) 2nd place | 100 Meter Boys Freestyle (High School) 1st place
- Rachel Klotz: 100 Meter Girls IM (Open) 1st place | 100 Meter Girls Freestyle (Open) 4th place | 200 Meter Girls IM Relay (Open) 1st place
- **Skylar Cohen:** 50 Meter Girls Freestyle (High School) **3rd place** | 200 Meter Girls IM Relay (Open) **1st place** | 50 Meter Girls Backstroke (High School) **3rd place**
- Madeleine Schwartz: 50 Meter Girls Freestyle (Open) 2nd place |100 Meter Girls Butterfly (Open) 3rd place |100 Meter Girls Freestyle (Open) |3rd place / 200 Meter Girls IM Relay (Open) |1st place

After years of waiting, **WCI Library** is thrilled to announce that we now have Overdrive -- an online sign-out system for digital books. Bookmarks with login information are now available at our Library circulation desk. Our Board has generously provided all YRDSB schools with a seed collection of books. In time, our library will be adding copies of fiction to the Board supplied titles.

Our non-fiction is well stocked already, with our 165,000+ sets of password-protected <u>EBSCO</u> ebooks, 127 <u>GALE encyclopedias</u>, the <u>Bloom's literary criticism</u> collections, and numerous other digital books and videos, all accessible via our <u>WCI Collections</u> page. Please be reminded that registration instructions for certain resources are posted online where necessary. Alternately, passcodes are available (to our school population only) at our circulation desk.

Also, we always welcome questions on how to use any of the resources. As well, we invite everyone to visit our <u>New Books</u> page to view new titles already processed and ready for circulation, and/or already ordered and awaiting either shipment or cataloguing.

# A note about Halloween

Halloween is a very exciting day at Westmount C.I. Our Student Council has been very busy planning activities including, a Haunted House, treats, and a photo booth, that will take place in the Atrium over both periods 3 and 4.

Please remind your sons/daughters to exercise good judgment when planning their Halloween costumes. If a student is unsure about the appropriateness of their intended costume, please encourage them to discuss their costume idea with you or someone at school prior to the school day.

Costumes that appropriate someone's social identity or perpetuate a stereotype of someone's culture, gender, gender expression, race, ethnicity, sexual orientation, ability, heritage, religion, class, etc. are both oppressive and offensive. Such costumes are not permitted to be worn at WCI.

Students' costumes should adhere to the school's dress code – keeping the following guidelines in mind:

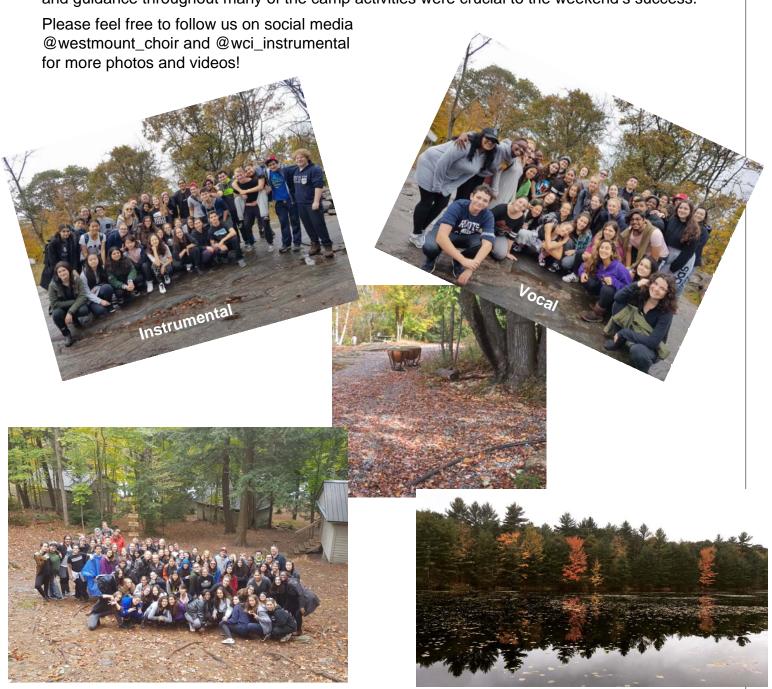
- 1. Costumes and props must be appropriate to a school setting (ie. fake weapons are not allowed).
- 2. To ensure everyone's safe participation **NO MASKS** are allowed.
- 3. Costumes that are provocative, offensive, or reveal too much of the body are not permitted.
- 4. Costumes that depict violence, alcohol, or drugs are not permitted.

Thank you for your assistance in helping all our students understand these costume guidelines.

WCI is going to have a ghoulish good time on October 31<sup>st</sup>!

# **ARTS Westmount Music**

Congratulations to the ARTS Westmount Music Department who enjoyed their first music retreat, held on Oct.13-15<sup>th</sup> 2017 at *Camp Pinecrest*, located in the Muskoka Lakes. The weekend was a huge success, with over 72 music students participating. This retreat gave students a chance to not only rehearse choral & instrumental repertoire, but also provided an opportunity to develop musical abilities, focus on building performance excellence; in addition to developing a sense of community with each other. The Music Department came together as a whole, fostering bonds and long lasting relationships in both vocal and instrumental strands; as well as teaching our students important social, learning and life skills. Special thanks go out to Ms. Hamilton, Ms. Alweyn, and Ms. Capsa who volunteered their invaluable time and effort to supervise and chaperone our weekend and thank you to the staff at YMCA Camp Pinecrest whose support and guidance throughout many of the camp activities were crucial to the weekend's success.



# Your Guidance Team welcomes you to a NEW school year.

### **NEWS**

All grade 12 students are required to **follow @WCIGuidance** on Twitter. If you are in grade 12 and plan to graduate please ensure you have Twitter and you are following @WCIGuidance. If you do not have Twitter please sign up for a free account and follow @WCIGuidance. Twitter can be accessed on any Smartphone, computer, laptop or tablet. By following @WCIGuidance you will get direct notifications about graduation news, important information and events – such as the Graduation Ceremony and PROM. If you have any questions please see Guidance.

### **COMMUNITY INVOLVEMENT**

Check out our updated <u>Community Involvement Information Page</u> at <a href="https://sites.google.com/site/wciguidance/community-service-hours">https://sites.google.com/site/wciguidance/community-service-hours</a>. Community involvement opportunities will be tweeted out using #wcigetinvolved. Follow us @WCIGuidance.

# **DROPPING A COURSE**

Grade 11 and 12 students may drop a semester 1 course at anytime during the semester if going from 4 to 3 courses. Wednesdays is "<u>Drop a Course</u>" drop in day. Go to <a href="https://sites.google.com/site/wciguidance/dropping-a-course">https://sites.google.com/site/wciguidance/dropping-a-course</a> to learn how. Gr. 11 and 12 Full Disclosure is Tuesday, Nov. 28. #wcidropacourse

### **CHANGING YOUR TIMETABLE**

If you need to change your timetable for next semester here is how you do it <a href="https://sites.google.com/site/wciguidance/timetable-changes">https://sites.google.com/site/wciguidance/timetable-changes</a> #wcitimetable

### MARK YOUR CHILD'S CALENDAR...

Check the main page of the Guidance website for an updated list of Guidance related dates and events. Dates and events are tweeted using #wcievent. Follow us @WClGuidance.

# Post-Secondary Destination Fair @ Alexander Mackenzie High School

Wednesday, Nov. 1

7 pm to 9 p.m.

A list of Post-Secondary Destination Fair across the Board is posted on the <u>quidance website</u>

#wcigrad #onuniversity #oncollege

# **Grade 9 Information Night for Grade 8 Students and Parents/ Guardians**

Thursday, Nov. 2

6:30 to 8:30 p.m.

#wcievent

# Senior Bus Tour to McMaster, Waterloo and Laurier Friday, Nov. 3

8:30 to 4:30 p.m. #wcigrad #onuniversity

Success IDEA

KEEP ON DOING

AND
AGAIN

AGAIN

THINK

# Stay in the Loop

Follow @WCIGuidance on Twitter. Visit the Guidance website regularly for important news, information and announcements.

https://sites.google.com/site/wciguidance/home

### **Guidance Appointments**

Need an appointment with your Guidance Counselor?

Here's how to book an appointment:

https://sites.google.com/site/wciguidance/

Follow us on twitter @WCIGuidance or check the website regularly for updates as to when you can begin booking Guidance appointments.



**WCIGuidance** 

# Join our bus tour to:







# Friday, Nov. 3<sup>rd</sup>

Information Meeting

Monday, Oct. 16 3:30 Room 106



Grade 8 Students and Parents/Guardians Annual

# **Gr. 9 Information Evening**

Thursday, November 2, 2017



# The Agenda

6:30 to 7:00 p.m.

Special Education in High School

A presentation for parents with a child coming to high school with an I.E.P. (Individual Education Plan)

7:00 to 7:30 p.m.

Main Event: Introduction to your

High School Adventure

7:30 to 8:30 p.m.

Self-Guided tour through our

subject areas of study



# Wednesday November 1 st, 2017

6:00 p.m. to 6:30 p.m.

Main Event

7:00 p.m. to 9:00 p.m.

# Alexander Mackenzie High School

300 Major Mackenzie High School, Richmond Hill, Ontario, L4C 3S3

# Join us for the opportunity to:

# Meet representatives from:

- The Ontario workplace
- Ontario Skilled Trades
- Apprenticeship Programs/OYAP
- Ontario Colleges
- Ontario Universities
- Explore new programs
- Discover career new pathways
- Discover who you could become

E-mail your confirmation to:

Shirin.juma@yrdsb.ca

For further information, contact:

Sheila Juma@ 905-884-0554 ext. 420



# PRESENTED BY...

Alexander Mackenzie High School,
Bayview Secondary School
Maple High School
Stephen Lewis Secondary School
Westmount Collegiate Institute



For more information or to register please call Shawna Sidney at 416-638-7800 x 6215 or visit our website at jfandcs.com/groups

# groups & workshops

As with all of our programs, registration is required. Our groups and workshops are open to all members of the community regardless of cultural, religious and/or racial background and we offer a sliding scale for those who require fee reductions.

WIDOW/WIDOWERS under 65 BEREAVEMENT A six session evening group for men and women under 65 years of age and who have recently lost a partner or spouse. Topics to be discussed may include: coping with grief, living with loneliness, changing relationships, and new beginnings.	Tues Oct 31   7:30pm-9pm 4600 Bathurst St Lipa Green Centre
MIND BODY CONNECTION FOR WOMEN PART 2 *BRAND NEW*  Join us for a 6 session series that continues building on the practice of Mindfulness for those who have already taken the part 1 group. Topics include: reducing stress and anxiety; gaining insights into limiting thoughts and habits; exploring self-worth and self-esteem; fostering positivity and happiness.	Thurs Nov 2   10am-11:30am 4600 Bathurst St OR Wed Nov 8   6:30pm-8pm 35 Madison Ave
MIND BODY CONNECTION FOR MEN*BRAND NEW*  Join us for this brand new 7 session program for men who want to learn mindfulness and meditation in a safe and supportive group setting. Topics will include: stress and anxiety reduction, connecting with your mind and body, self-worth and self-esteem and general relaxation and happiness.	Mon Nov 6   7pm to 8:30pm 9600 Bathurst St Lebovic Community Centre
LOOKING AHEAD  A six session group for newly separated or divorced individuals who are dealing with the initial feelings of loss, anger, loneliness and wanting to let go of the past and move forward.	Mon Nov 6   7pm-9pm 9600 Bathurst St Lebovic Community Centre
MIND, BODY, CONNECTION FOR WOMEN PART 1  Join us in a multi-session group for women who want to learn the practice of mindfulness and meditation in a safe and supportive group setting. Topics will include: stress and anxiety reduction, connecting with your mind and body, enhancing your self-worth and self-esteem, and learning about general relaxation and happiness.	Tues Nov 7   2pm-3:30pm OR Tues Nov 7   7pm-8:30pm 4600 Bathurst St Lipa Green Centre
THE CHALLENGE OF ANGER FOR WOMEN  A six session group for women who want to learn how to express their anger in an assertive, non-aggressive way. Topics include: understanding what triggers your anger; emotional and physical responses to anger and alternative techniques to express your anger.	Tues Nov 7   7:30pm-9pm 4600 Bathurst St Lipa Green Centre
WIDOW/WIDOWERS 65+ BEREAVEMENT A six session daytime group for men and women over 65 years of age and who have recently lost a partner or spouse. Topics to be discussed may include: coping with grief, living with loneliness, changing relationships, and new beginnings.	Wed Nov 8   1:30pm-3pm 4600 Bathurst St Lipa Green Centre
EFFECTIVE PARENTING  A four session group to help parents learn what they can do to raise a happy, motivated and well behaved child. For parents of children ages 2 to 10 years. Topics include: how to nurture self-esteem; encourage problem solving; increase communication and set appropriate limits and discipline.	Wed Nov 8   7pm-9pm 4600 Bathurst St OR Tues Nov 14   7pm-9pm 9600 Bathurst St
LIVING WITH TEENS	Wed Nov 8   7:30pm-9pm

Parenting your adolescent without losing your cool. A six session group for parents of teenagers. Topics

include: setting appropriate limits; learning to let go; parent's rights and responsibilities; keeping the lines

of communication open; realistic expectations, and the pressures of drugs, alcohol, dating and sexuality.

9600 Bathurst St

Lebovic Community Centre



For more information or to register please call Shawna Sidney at 416-638-7800 x 6215 or visit our website at jfandcs.com/groups

# groups & workshops

As with all of our programs, registration is required. Our groups and workshops are open to all members of the community regardless of cultural, religious and/or racial background and we offer a sliding scale for those who require fee reductions.

### ADULT CHILDREN LOSING A PARENT

A six session group for adult children who have recently lost a parent. Topics include: coping with grief, loss and legacy and resolving unfinished business.

Wed Nov 8 | 7:30pm-9pm 4600 Bathurst St Lipa Green Centre

### ONE FAMILY, TWO HOMES

A six session series for families experiencing separation and divorce. Children participate in separate age appropriate groups which will help them to: feel better, deal with some of the myths and know where to get support. Topics for parents include: tips for keeping the kids out of the conflict, trends in family law and the impact of separation and divorce on children.

Thurs Nov 9 | 6:30pm-8pm 4600 Bathurst St Lipa Green Centre

### WHAT'S YOUR FAMILY'S NORMAL \*BRAND NEW\*

A one session workshop for parents, caregivers or professionals who may be supporting young people struggling with mental health, addiction, and/or behavioural problems. Topics include: learning skills for building healthy relationships with your youth; enhancing skills for communicating across challenging emotional experiences.

Thurs Nov 16 | 7pm-9pm 4600 Bathurst St Lipa Green Centre

### PARENTING THE CHILD/TEEN WITH ADHD

This is a four week group for parents of children/teens diagnosed with ADHD who are wanting to learn more about ADHD and develop strategies for assisting their children at home and at school.

Thurs Nov 21 | 7pm-9pm 4600 Bathurst St Lipa Green Centre

# NOVEMBER 2017

Su	Mon	Tue	Wed	Thu	Fri	Sa
			1 * TYKTW * Gr 8 Visits * Pst-Secondary Destination Fair - Alex Mac - 7-9pm	* Gr. 8 Open House	3	4
5	6 * Grad Photos * "Berlin Diary" perform- ance - City Playhouse	7 * Grad Photos	8 * Grad Photos * School Council	9 * Grad Photos * Last day of Term 1	* Grad Photos * First day of Term 2 * Remembrance Day Assembly	11
12	13 * Grad Photos	14 * Grad Photos	15 * Grad Photos * Quest	16 * Grad Photos * Quest	17 * Grad Photos * Quest	18
19	* Mid Term reports distrib- uted	* Part time status request opens	22	23	PA Day	25
26	27	28 * Full Disclosure	* Spirit Day - Dress Up: Sweater Weather Wednesday	30		

# **SCHOOL BUS CANCELLATION NOTICE**

Please remember that if the school buses are cancelled in the morning, then they will NOT operate in the afternoon. Therefore, if you drive your children to school in the morning, you must also pick them up from school at 3:50 p.m. When buses are cancelled, it does not necessarily mean that schools are closed. Schools usually remain open with a modified program. To find out whether or not the buses are cancelled, please check the following website: www.schoolbuscity.com or access the following radio or television stations:

### Radio

CFRB 1010 AM CHUM 1050 AM CHUM 104.5 CHIN 1540 AM NEWS 680 AM CJEZ 97.3 CKDX 88.5 AM CHFI 98.1 FM CHIN 100.7 CBC 99.1 FM

CKFM 99.9 FM Q107.1 FM

### Television

CITY TV, CFTO TV, THE WEATHER CHANNEL

A bus cancellation message will also be available at 1-877-330-3001.

