Westinnounit CI

Principal: Sheri Epstein

Vice-Principal: Barb Caravella

Vice-Principal: Todd Taylor

<u>Please check our website</u> <u>regularly for updates.</u>

- NEWS & EVENTS
- PARENTS
- SCHOOL CALENDAR
- ANNOUNCEMENTS
- **GUIDANCE**





Westiniouinit CI

Hello Westmount Families and Community Members,

We hope that this e-bulletin finds you and your family members well. Some days the self-quarantine feels great; the quiet, the lack of plans, are a nice break from the usual fast-paced life we all usually lead. On other days, the isolation feels tedious; we are itching to get back to the craziness of life. We hope that you are all finding the time with family a precious gift to make some wonderful memories. Maybe you are doing puzzles, playing board games, or doing some crafts together. Also it is important to maintain connections with extended family and friends through Zoom, FaceTime, or even good "old-fashioned" phone calls. Your Westmount family is here as well! Our teachers and administrators love to hear from you and especially from the students. We miss you and hearing from our WCI family definitely helps us to feel connected as well.

We wanted to take this opportunity to fully explain the current Assessment & Evaluation Policy to you. As was stated by the Ministry of Education, all students are guaranteed the mark, or the percentage they had in each course as of Friday, March 13. For the remainder of the school year – from April 6 until June 26 – marks can only go up, they cannot go down. This is being done to ease the anxiety of our students. It is a directive that is coming from a place of empathy. We know that our students, like all students in the province, are each having a very different experience during this time of isolation and with emergency on-line learning. We have students who are adapting very well: they are students who are self-motivated, can monitor their own learning and are able to figure out for themselves the appropriate school-life balance. On the other hand, we also know that we have many students who are struggling; students who really miss their teachers, the face-to-face interactions, being with friends and/or the structure of a regular school day. We do not want our students focusing on the grade but instead we want them to focus on the learning. This is a great time to focus on learning new information, trying out new skills such as poetry writing, writing a persuasive essay or maybe developing a new fitness workout. We want our students to try something that is "stress free" – without the pressure or worry of obtaining a certain mark or grade, of comparing themselves to others, or even the worry of whether they are meeting parental expectations – we just want them to learn and try!

Does this mean that some students will do nothing – unfortunately yes. However, we have to remind our students that when we resume school – hopefully back in our beautiful school – our teachers are going to be picking up where we left off in June. It is important that our students keep learning and keep trying because what they do does matter for next year. Learning is important and the passion to learn is really an innate human quality that carries them throughout their lives. Our kids to have something to do each day (besides sleeping in, baking cookies, working out, playing video games, etc. – all good things though – keep doing them!). Each day our fabulous teachers are preparing lessons, posting readings, recording videos, having class discussions, etc. with which they hope their students are engaging. The teaching staff will keep providing the students with relevant and meaningful work that encourages our students to learn, to think and to explore. Keep being involved, keep being engaged, and keep learning! We will all come out of this isolation better people for having gone through this Pandemic together.

We are here for you and your children. Reach out to teachers and reach out to us if you need anything! We have to support one another; that is how we will get through this. Thank you for always supporting us!

Take Care and Stay Safe! Sheri Epstein, Barb Caravella, and Todd Taylor

Westiniouinit CI

NEW! Grade 8 Reach Ahead 2020 Summer Credit Language Program & Grade 9 to 12 Students (Spanish & Mandarin)

- Grade 8 students can now take a Grade 9 credit course this summer in Spanish or Mandarin.
- Grades 9 to 12 students can now take Level B or C summer credit courses in Spanish or Mandarin.
- Prerequisites are not required for any Level B international languages course.

This is an 18-day program (July 6-29, Monday to Friday, 8:45 a.m. to 3:33 p.m. daily) for one credit introductory (Level B) international languages course.

How to Register

YRDSB Students - Registration opens March 9, 2020

 Register online using <u>myPathway Planner</u>. Please refer to the My Pathway Planner <u>tip sheet</u> to register.

Non-YRDSB Students - Registration opens March 9, 2020

- Complete the <u>registration form</u>.
- Forms can be dropped off Monday through Friday at the Continuing Education Services office located on the main floor of the Dr. Bette Stephenson Centre for Learning (36 Regatta Ave., Richmond Hill) between 8:00 am to 4:00 pm.

This program is available at the following summer school locations:

- Langstaff SS, Richmond Hill
- Milliken Mills HS. Markham
- Sir William Mulock SS, Newmarket
- Tommy Douglas SS, Vaughan

More information is available from Continuing Education.

http://www.yrdsb.ca/Programs/ConEd/Pages/International-Languages-Secondary-Program.aspx

Westinnounnit CI

Grade 9 Arts West

Students from Ms. Folmeg's Grade 9 Arts West class were posed a challenge: They completed their clay relief sculptures inspired by Egyptian, Greek, or Roman folklore but they are sadly locked up in the kiln room waiting to be glazed. So, what were they to do? They continued the inspiration of the Ancient Times, recreating scenes with material around the house. Extremely creative and ingenious - these students are truly taking advantage of the physical quarantine world around them.































Westinnouint CI

Grade 11 Photography

Students from Ms. Folmeg's Grade 11 Photography class have been manufacturing some beautiful still life shots in quarantine. They were to use objects lying around the house, to create a strong lighting source - natural or manufactured, and situate their work to create an effective composition. This is what they came up with! Giving them strong praise for their ingenuity during these unprecedented times.















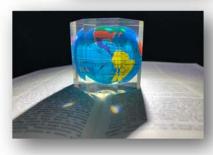














Guidance Updates

@WClGuidance







YOUR GUIDANCE DEPARTMENT MISSION STATEMENT

Support and promote students' well-being and continuous growth in three areas: personal (student) development, interpersonal development, and career development in order to help them develop resilience and realize their potential (success) as individuals and as valuable members of society.

-Ontario School Counsellors' Association, 2015

Guidance is OPEN from HOME

Your counsellors are home and available to you by e-mail. Please reach out to your ALPHA Counsellor if you have any questions or concerns.

Mrs. C. Pearlstein, Guidance Secretary

E-mail: cindy.pearlstein@yrdsb.ca

Last Name Alpha: H to P

E-mail: cynthia.jackson@yrdsb.ca

Mr. R. Conte, Head of Guidance

Last Name Alpha: A to G

E-mail: roderick.conte@yrdsb.ca

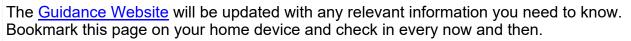
Mrs. N. Popiel

Last Name Alpha: Q to Z

E-mail: natasha.popiel@yrdsb.ca

Stay in the Loop

Mrs. C. Jackson





Follow @WCIGuidance and @WCI_YRDSB for real time notifications. During this time, Twitter has become the most effective way of updating information and making announcements.

Spread the word. Remind friends and family of the Westmount community to follow us on Twitter.

Graduation 2020

Although our Graduation Ceremony for 2020 has been postponed we are still asking for Awards of Excellence applications and a Class of 2020 Valedictorian.

Awards of Excellence Applications are due Friday, June 5th, 2020

Nominations for Valedictorian are due Friday, May 15th, 2020

On-line VOTING for Valedictorian takes place Wednesday, May 20 to Friday, May 22nd, 2020For complete information, application and nomination forms go to https://sites.google.com/site/wciguidance/graduation #wciguidance/graduation

Guidance Updates

@WClGuidance

Summer School

Registration is OPEN for in-class summer school. Visit http://www.yrdsb.ca/Programs/ConEd/Pages/Secondary-School-Summer.aspx for all the information you need and instructions on how to register.

Summer school e-learning has not opened for registration yet. Please follow Twitter for updates.

Summer School Sign-Off Form

Please email Ms. Pearlstein the guidance secretary a signed copy of your son/daughter SIGN-OFF form or an e-mail from a parent/guardian authorizing them to take the summer school course. This is a directive from the board. Cindy.pearlstein@yrdsb.ca

OUAC/OCAS Grades Transmission

Mid-term grades were transmitted to OUAC and OCAS on April 23rd. Grade 12 students should check their OUAC and OCAS accounts by Monday, April 27th to ensure the grades are correct. **#wcidropacourse**

Grade 11 and 12 Semester 2 Full Disclosure is Friday, May 8. Go to https://sites.google.com/site/wciguidance/dropping-a-course for more information. #wcidropacourse

Westmount CI Bingo Quarantine Edition

Tag us in your responses! @WCI_YRDSB

MASTERED A NEW SKILL	WATCHED AN ENTIRE SERIES	BAKED AT LEAST 3 DIFFERENT FOODS	JOINED A CLASS GOOGLE MEET	TIE DYE OR DIY CLOTHING
FOLLOWED ONE OF MS. TARVER'S RECIPES	SLEPT IN PAST 2:00 PM	DID AT LEAST 3 WORKOUTS	MADE A TIK TOK	WENT TO BED PAST 2:00 AM
CELEBRATED A BIRTHDAY	BAKED BANANA BREAD	Ouline school	DRESSED UP TO GO NOWHERE	READ A BOOK
REWATCHED A SHOW OR MOVIE	CALLED A FAMILY MEMBER	PAINTED A PICTURE	VIDEO CALLED FRIENDS	WORN SWEATPANTS FOR A WEEK STRAIGHT
REACHED OUT TO SOMEBODY YOU HAVEN'T SPOKEN TO IN A WHILE	LOOKED ONLINE FOR THINGS TO DO	GONE ON A WALK EVERYDAY FOR A WHOLE WEEK	COOKED A MEAL FOR YOUR FAMILY	WISHED SCHOOL WOULD RESUME IN PERSON



WESTMOUNT PICTURE SCAVENGER HUNT

HOW MANY CAN YOU CHECK OFF? SNAP A PIC...

Strike a pose by a tree
Walking by WCI (or any school)
Find chalk art
Any animal (dogs count!)
An inspirational message
Flowers
Lawn ornament/decorations
Canadian Flag
Walking by a friend's house
A bird
A cool cloud
By a place you miss
Cool picture of your running shoes
The sun (BONUS: Sunset or Sunrise)
Someone you're thankful for!



Tag #WCIScavengerHunt @WCI_YRDSB







THE DURATION OF THE VIRUS



THE GLOBAL SPREAD



IMPACT ON THE LOCAL ECONOMY



CLOSURES OF BUSINESSES



YOUR WORK/LIVING SITUATION



THE ATTITUDE **OF THOSE AROUND YOU**



THE IRRATIONAL

THE HEALTH **OF YOUR LOVED ONES**









POSITIVE WORDS OF AFFIRMATION
TO YOUR FAMILY AND YOURSELF



PHONE/VIDEO CALLS TO LOVED ONES



EATING HEALTHY EVERY DAY



DAILY



GOING OUTSIDE



YOUR HANDS



YOUR BREATHING



COURAGE IN THE FACE OF CHALLENGES



ACTS OF SERVICE FOR YOUR FAMILY



TO CHARITIES



SUPPORTING SMALL BUSINESSES





Services during COVID-19

For more information please visit www.jfandcs.com/covid-19

MAY 2020

Jewish Family and Child Service (JF&CS) is closely watching the COVID-19 situation. In our response, we are following the advice of Public Health authorities. Please check our website regularly for further updates. We will continue to work with our communities as much as possible to support those who need us most at this critical time. Click here for a list of helpful resources.

If any member of the public or professional have a concern about the safety and/or well-being of a child or youth under 18, they should immediately contact their local Children's Aid Societies or Indigenous Child and Family Well-Being Agency. To contact JF&CS please call 416-638-7800 x 6234

All services are being consolidated out of our Central Branch

Lipa Green Centre | 4600 Bathurst Street, First Floor | Toronto, ON | M2R 3V3

What does that mean about our other locations?

There are physical office closures at the following locations:

Many programs are still running. Please see below.

One Open Door (York Region Branch) 9600 Bathurst St

The Family Resource Centre (The FRC) 1 Promenade Circle

Gordon S. Wolfe

(Downtown Branch) 365 Bloor St E Just A Second Shop

Jerome D. Diamond Adolescent Centre 196 Keewatin Ave The shop is closed and donation bins located city-wide will not be collected.

The following JF&CS Programs continue to run remotely and are accepting new referrals:

- Counselling
- Child Welfare
- Financial Assistance
- Poverty Reduction programs
- School Social Work
- Changing Family Program
- Woman Abuse Services
- LGBTQ+ parent support group
- Chaplaincy Services
- Volunteer Services (tutoring, Big/Little Program, friendly telephone check-ins, delivery drivers)
- Virtual Group Programs (please call Intake to confirm)
- Hospice counselling support, social work, spiritual care
- Bereavement support* individual grief counselling
- Emergency financial assistance and support program for Holocaust Survivors
- Restitution services for Holocaust Survivors (urgent matters)
- Jerome D. Diamond Adolescent Centre (JDD)
- The Family Resource Centre (FRC) outreach and online Circle Time accessible through Facebook
- Support Ability Program (formerly Family Support Program for families with children with disabilities)

* JF&CS Jewish Hospice Program is accepting new referrals for bereavement support for those whose grieving experience has been impacted by COVID-19.

Service will be available to those who have experienced a death loss due to COVID-19, those who were not able to be with a loved one due to current precautions as well as those who recently experienced a death and do not have access to supports and mourning rituals due to the current situation. Individual grief counselling will be provided by our social work team.





The Jewish Rainbow Alliance

A support group for parents, family members and allies of LGBTO+ individuals.

Cost: Free | Registration is required



Monthly group meetings on Wednesdays:

May 13, June 10, July 8, 2020

7:00-9:00 pm

Meeting via ZOOM

For more information or to register, please call 416.638.7800 x 6215

REGISTER ONLINE

www.jfandcs.com/groups









VPL Songwriting Contest

Vaughan Public Libraries is launching a Songwriting Contest that asks York Region songwriters and aspiring songwriters to write and perform a song on the theme: **How the COVID 19 pandemic has changed me and my world.**

A Review Panel composed of local musicians will select the top 10 entries and provide those songwriters with feedback and tips for improvement. Winners will receive time in our sound studio with an engineer who will help each winner record their song professionally. Completed songs will be included in an album. If you are interested in this exciting opportunity, please review the following:

Submission Instructions and Guidelines:

- Enter the competition via Eventbrite where you will be asked for your personal information and song information. Eventbrite page: https://www.eventbrite.ca/e/songwriting-competition-registration-103241381752
- 2. Songs may have up to seven writers/performers; however, one person will be the spokesperson for each song and that person will submit the Eventbrite entry
- 3. Video record yourself/yourselves performing the song
- 4. Post the video recording of your song on either Facebook or Instagram using the hashtag #VPLSongwriting2020. Please ensure your post is set to public on Facebook, or your account is set to public on Instagram, to enable the judges to view your video.
- 5. If you wish to submit your song privately, request to join our Vaughan Public Libraries Songwriting Event on Facebook @vaughanpl
- 6. Your song cannot be longer than 4 minutes
- 7. Multiple entries are permitted
- 8. No obscenities
- 9. You may create tracks and loops using software such as Garageband, however no backing tracks are permitted.
- 10. Each entry should be an original work. Entry submission gives Vaughan Public Libraries permission to publish and distribute the song.
- 11. Parents' permission will be required for participants under 18 years of age.

Entries will only be accepted if all guidelines and instructions are adhered to.

Questions can be directed to: Sekoia Johnson, Adult Services Librarian, sekoia.johnson@vaughan.ca

Submission Deadline: Monday June 1, 2020

Good Luck!



Digital Songwriting Resources

You can create free accounts on Hoopla Digital and Lynda using your library card. Don't have one? Visit http://www.vaughanpl.info/online registration and obtain a temporary digital card for free.

List of recommended titles available on Hoopla Digital for immediate download:

Recommended Titles

Courses available in Lynda.com:

Improve Your Songwriting Skills

Become a Songwriter

Songwriting Techniques and Chords

Write a Song

Learning Songwriting: Garageband

Garageband Essential Training