

1000 NEW WESTMINISTER DR, THORNHILL, ON, L4J 8G3

WESTMOUNT CI



My 21—June 1, 2018

Attendance: 905.882.0277 x 238

Inspire Learning!

Principal: Sheri Epstein

Vice-Principal: Barb Caravella

Vice-Principal: Todd Taylor



Please check our [website](#) regularly for updates.



- ☐ [NEWS & EVENTS](#)
- ☐ [PARENTS](#)
- ☐ [SCHOOL CALENDAR](#)
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Message from the Admin Team

As we move into the home stretch

Spring has finally arrived, and as expected, events at Westmount are in full swing.

Last evening, we had a very successful Prom at the Avani Event Centre in Vaughan. Over 300 students (and their guests) dined and danced the evening away, making memories to last a lifetime. Thanks to the staff and students organizers for such a beautiful event.

As a reminder, as we move towards the end of the school year, temptation to relax is great. Students who are on track to graduate and proceed to post-secondary options next year are reminded that all offers are conditional at this point and successful completion of the Grade 12 year is required to move on. Should you have any issues, please speak to your child's Vice Principal as soon as possible.

Last week, the Grade 11 ArtsWest Drama class presented 7 Stories, by Canadian playwright Morris Panych. With an stellar ensemble performance over two nights, excellent delivery and humour through, Ms. Lambert's Grade 11 Drama class was truly inspiring. And that's just the start of our spring performances! Up next, our intergenerational **Art Collaborative** between WCI and Baycrest culminates in a gala showcase of students' art work, based on the experience of senior residents, next Wednesday, on May 23rd. The ArtsWest Drama students have been working hard on their production of **Bye Bye Birdie**, including a sneaky gorilla marketing campaign that took over the school's atrium in a fake Prom-posal earlier this week. It's going to be a great show, so make sure to attend one of the performances on May 30th, 31st or June 1st. Our annual **Spring Dance Show** happens at the City Playhouse Theatre on June 5th and 6th. Students are in final rehearsals and their performances are really starting to come together. The ArtsWest Music Department will host its annual **SpringFest** on June 7th. Please join us at the City Playhouse as our music students showcase their talents, including special performances from our graduating music students. We'd be remiss not to thank our entire Arts West Teaching Staff (Mr. Dolha, Ms. Lambert, Ms. Clarfield, Mr. Bonder, Ms. Burgis, Mr. Nixon, Ms. Morgan, Ms. Catalano and Ms. Hopkins) for all their hard work in ensuring that our spring showcases come together.

Of note for students in Grade 9 Math semester, the EQAO Math testing will occur on June 11th and June 12th. Accommodations for extra time and other IEP-identified supports will be provided by math teachers, as well as student's individual Special Education Resource Teachers. Should you have any questions, please contact your child's teacher.

With the end of one school year, comes the planning for another. To that end, the school hosted its annual Student Council Election yesterday. Also, we had a run-off election for two Grade 12 Valedictorian nominations, to decide who will become this year's valedictorian. For more information, please see the write up later on, in this Newsletter.

As a further update to timetabling, School Administration has been building constructing the physical timetable for next year's school year. To date, the Grade 9 – 11's have been timetabled and are currently frozen (from making any changes). Once the Grade 12 timetable is set, the entire timetable will be turned over to the Guidance Department who will deal with any scheduling conflicts. Any course change requests will be dealt with, on a case by case, basis in the fall. Keep an eye out for more information about course changes in later parent newsletters.

Todd Tylor,
Vice Principal

Tuesday, May 22

- Kortright Centre—Lambert, Wagman

Wednesday, May 23

- Ultimate Frisbee—TDSS—Wodlinger, Folmeg
- Baycrest Health Sciences Centre—Clarfield

Thursday—Friday, May 24-25

- Slopitch—Dorchester—Hamilton

Wednesday, May 30

- Step Out Dance Comp—ArtsWest Dance Gr. 12— Catalano

Thursday, May 31

- Ultimate Frisbee—Fletchers Field—Wodlinger, Folmeg



Arts Westmount Instrumental Music

On March 9, the Arts Westmount Music-Instrumental, and Westmount Jazz students visited Yorkhill Elementary school. They did a performance for the school and ran some musical activities for the kids in grades 4-8. It was a really great day and wonderful collaboration.

Check it out on their Instagram feed:

[https://www.instagram.com/wci_instrumental ... #artswest](https://www.instagram.com/wci_instrumental...#artswest)



National Denim Day

Thank you to those who participated in this year's National Denim Day.
\$94.50 will be donated to the CURE Foundation for Breast Cancer Research!

School Council Meeting

The May 9th School Council meeting has been rescheduled to May 23rd.
See attached flyer.

Westmount Apparel

Please see attached flyer for details on styles, sizes and prices.

Please come to **Bare Necessities** between 8:15 and 8:35 and 12:30-12:45 Monday-Friday to load your student / staff card with cash (with Mr. Coates). Then return to the store, at your convenience, to process your order with a student employee. Our first orders will be placed April 16th.

The Library is please to announce:

NEW HARDCOPY NON-FICTION TITLES

MAY 2018

Carney, Lora Senechal (forthcoming - awaiting cataloguing)

- [Canadian Painters in a Modern World 1925-1955](#) - call#: 759.11 SEN (not yet available)

Reid, Dennis

- [A Concise History of Canadian Painting](#) - call#: [759.11 REI](#)

Silcox, David P.

- [The Group of Seven and Tom Thomson](#) - call#: [759.11 SIL](#)

Murray, Joan

- [A Treasury of Tom Thomson](#) - call#: [759.11 THO MUR](#) Please visit our Library's [NEWBOOKS](#) page for regular updates.
-

#KeepCalmandStudyOnWCI

As exams approach Westmount will be launching a #KeepCalmandStudyOnWCI initiative. We are hoping to offer workshops to help support student success during the final semester evaluations. Follow @WCI Guidance on Twitter for details.

Signing Out Important message to all parents / guardians

If there is any type of emergency that requires a student to leave class between 3:00-3:20 PM, we will need an adult to come into the building to pick up their child. We will not be able to take phone request of this nature.

Best Buddies Prom

Last Wednesday, our community class attended the Best Buddies Prom at Le Parc. Our students had lots of fun dancing to the music by Magen Boys. There was a delicious hot lunch served along with pop, juice, and ice cream. Hong Hong Nip received his certificate of completion and was extremely proud. We will all miss him and wish him well.



@WCIGuidance Team UPDATES

NEED AN APPOINTMENT WITH A COUNSELLOR?

Book an appointment. It's really easy!

- Your child can drop by the Guidance office and Mrs. Pearlstein will book the next available appointment with their Counsellor.
- Mrs. Pearlstein will give your child a date and time for their appointment.
- Please tell your child to let Mrs. Pearlstein know if you will be attending the meeting so we can book extra time if necessary.
- Come to Guidance on the day and time of your appointment.

Have a quick question? Your child can do the following...

- **Drop-in** to see their Counsellor. We can answer a quick question on-the-spot
- **Check-out** the YRDSB, Westmount and Guidance website
- <https://sites.google.com/site/wciguideance/home>
- **Follow** @WCIGuidance on Twitter. Get real-time notifications regarding news, events and more. You can even tweet or direct message your question to us.



MARK YOUR CALENDAR...

Check the main page of the [Guidance website](https://sites.google.com/site/wciguideance/home) for an updated list of Guidance related dates and events. Dates and events are tweeted using #wcievent. Follow us @WCIGuidance.

GRADUATION CLASS NEWS

The Graduating Class NEWS page of the Guidance website has been updated. Please visit <https://sites.google.com/site/wciguideance/graduation> Follow @WCIGuidance on Twitter for real-time #wcigrad updates.

Graduation Ceremony IMPORTANT NOTE!

Friday, June 1 is the last day to RSVP for the Graduation Ceremony. You must pick-up your cap, gown and tickets by end of day Friday, June 1st! #wcigrad

Extra Grad Ceremony tickets will go on sale Monday, June 11 in the Guidance office. Follow @WCIGuidance on Twitter for real-time notifications and updates. #wcigrad

Class of 2018 Valedictorian

Congratulations to Jacob Levy on being selected by his peers as this year's Valedictorian. #wcigrad

University Applications

May 29 is the latest date all high school applicants can expect a response from an Ontario university.

COMMUNITY INVOLVEMENT

Community involvement opportunities will be tweeted out using #wcigetinvolved. Grade 12 students need to have their 40 hours of community service completed by May 31, 2018 in order to be eligible for graduation. <https://sites.google.com/site/wciguideance/community-service-hours>

Stay in the Loop

Follow @WCIGuidance on Twitter. Visit the Guidance website regularly for important news, information and announcements.

<https://sites.google.com/site/wciguideance/home>

Guidance Appointments

Need an appointment with your Guidance Counselor?

Here's how to book an appointment:

<https://sites.google.com/site/wciguideance/>

Follow us on twitter @WCIGuidance or check the website regularly for updates as to when you can begin booking Guidance appointments.



[@WCIGuidance](https://twitter.com/WCIGuidance)

School Council Meeting

Wednesday, May 23rd, 2018

7:00 pm—8:30 pm— in the Library

Please join us on Wednesday to talk about

HOW IS A SCHOOL TIMETABLE CREATED?

What factors are used when creating the timetable?

Why do some classes get cancelled?

How is it decided how many classes of a particular course run each year?

Why doesn't my child get exactly what they want?

Our Guest Speakers will be Ms. Sheri Epstein,
Mr. Todd Taylor and Ms. Barb Caravella



We hope you able to join us!
We look forward to seeing you there!

1000 New Westminster Dr
Thornhill, Ontario
L4J 8G3
905-882-0277
westmount.ci@ydsb.ca

WESTMOUNT COLLEGIATE INSTITUTE

RELAY FOR LIFE

THURSDAY, MAY 24, 2018 12:30 pm – 8:30 pm

With special marketing promotions all week in the atrium

THURSDAY, MAY 17th – WEDNESDAY, MAY 23rd, 2018



SCHEDULE FOR THE DAY

8:40 am – 12:30 pm – Period 1-5 classes

12:00 – 5:00 pm → Relay Registration opens up/ Participates can pick up their relay baskets and merch for the day

12:30 – 3:30 pm

Carnival Foods (Hosted by Grade 11 Marketing) → Fire It Up BBQ, Ice cream truck, Poutine truck, Kernels popcorn & Cotton Candy - all proceeds go to the Canadian Cancer Society

Rides → Bouncing / sinking obstacle course, Bouncing Shark Slide, Bubble soccer, Sumo Wrestling, Hoops Games & Mechanical Bull Riding

12:30 - 7:30pm Shield Initiative → information open for donations

DJ (Aaron Korman) → spinning the latest tracks

Luminaries → open for decorating

3:30 pm Carnival Foods End

3:45 pm → Opening Ceremonies for Relay

4:00 – 5:30 pm → Coffee House Talent Show → Scavenger Hunt, Games with Prizes → Rides and bouncy castles remain open

5:30 - 7:30 pm

→ Relay for Life Food Trucks (BBQ truck, Roasted Corn, Yogurty's and Beaver Tails)

7:00 pm → Colour Run

7:30 - 8:30 pm → Cancer survivors speak and luminary ceremony

8:00 – 8:30 → Closing ceremonies



COATES SECURITIES PRESENTS:
PRESS RELEASE

MARKETING THE FINAL CHALLENGE - SEASON 18

THE MARKETING EVENTS AT RELAY FOR LIFE

THURSDAY, MAY 24, 2018 12:30 pm – 3:30 pm

With special promotions all week in the atrium
THURSDAY, MAY 17th – WEDNESDAY, MAY 23rd, 2018



Season 18 of *The Director* has seen many a strong candidate step up to the plate to prove their marketing abilities. The Director, one of two ultimate eighteen-week job interviews, has candidates competing over the duration of the semester in a series of rigorous marketing tasks, that require both street smarts and book smarts to conquer, trying to prove to Mr. Coates, the boss, that they are the best candidate for his company. Rather than becoming The Apprentice (as in Entrepreneurship), or The Agent (as in Sports & Entertainment Marketing) the selected candidate becomes The Marketing Director for Coates Securities – spearheading a variety of branding initiatives for the organization. For this final task, the teams have been challenged to host an event that is designed to raise money and donations for the charity (The Canadian Cancer Society). The team, and ultimately the individual, that runs their event(s) the best and raise the most amount of money / donations, will likely stand the best chance of becoming The Director. All candidates will ultimately be sent to the boardroom, where Mr. Coates and his hired associates, Ms. Savalanpour, Mr. Federman, Ms. Falkenstein, Ms. Eshel, Mr. Shereck, Mr. Krestell Sr., Mr. Frank, Ms. Cohen, Mr. Freedman, Ms. Small, Mr. Criconet, Ms. Geva, Ms. Bleiwas, Mr. Rival, Ms. Liederman, Mr. Shulman, Mr. Levitin, Mr. Gerlock, Ms. Yancovitch, Ms. Elgalal & Mr. Solway judge the job applicants on their performance in the final marketing task, as well as their work done over the semester. Who will succeed? Who will be ordering a taxi? And who will be The Director?

The current season of "The Director" include five marketing teams who are challenged to combine both "Street Smarts" and "Book Smarts" as they have gone head-to-head to see which team was most creative and enterprising. As the tasks have become tougher, the judging has become harder, and the contestants have become fiercer.

In the end, the question will be answered in the showdown of the semester – The Final Event – (May 17 – May 24, 2018 in the atrium and on the grounds of Relay for Life).

Who will take their well deserving spot this semester, on the other side of the boardroom table, in the Executive Suite?



FIRE IT UP



May 24th Periods 4 & 5
Burgers & Hotdogs \$6.00
Drinks \$2

ADVENTURE



With Olympic Softee Inc.'s Truck

WE ALL SCREAM FOR ICE CREAM

Receive your ice cream treat at Relay for Life on
 May 24th, 2018 from 12:30 to 3:30pm



Purchase in the atrium between May 17 - May 23 to be entered for a chance to win Toronto FC tickets!

TORONTO FOOTBALL CLUB

Ice Cream Cone / Slushie (S/M/L): \$2.75 / \$3.25 / \$3.75
 Ice Cream Sundae: \$4.25 Milkshake: \$5.25

FEELING HUNGRY?



\$4.50 for fries! **\$6.00 for poutine!**

Stop by the Relay for Life on May 24 from 12:30-3:30 to try some delicious french fries & poutine courtesy of Prince Edward's Fries and to show your support for the cause of cancer. See you there!




Blue Jays Raffle!

Cotton Candy for \$2.00

Available at Relay for Life from 12:30 - 3:30 on May 24



RELAY FOR LIFE



PUT SOME POP IN YOUR WALK!

EXTRAORDINARY POPCORN FOR AN EXTRAORDINARY EVENT!



Creamy Caramel
 Butter Salt
 Jalapeño Jack

Join us at Relay for Life on May 24th at
 12:30 PM - 3:30 PM to purchase a
 bag of popcorn for \$2!

CENTURIA CO.






FAST TRACK Student Conference

Dear Parents and Guardians,

The York Region District School Board are pleased to invite your child to the annual ***Fast Track Student Conference***, which takes place on **Tuesday, May 22, 2018**, from 9:00 AM to 2:30 PM at the Edward Village Hotel (50 East Valhalla Drive, Markham).

The focus of the ***Fast Track Student Conference*** is to celebrate the success of graduating students who will be seeking full-time employment, apprenticeship or entrepreneurship opportunities, or other post-secondary education upon completion of high school at the end of this semester. This day promises to be both exciting and informative. Students will attend a special presentation on life management, inspiring students to take control of their own life to start creating the future they desire. Students will then hear keynote speakers sharing information with regards to the transition to the world of work, apprenticeship information, finding jobs, employment resources in York Region, and entrepreneurship. All of the activities are designed to heighten their awareness of employment/pathways opportunities and skills required for the world of work in the 21st Century.

In the afternoon, students are invited to attend a *Pathways and Career Expo* which will provide a valuable opportunity for these students to:

- Become informed about local services to assist with their preparation for entry to the workplace, to begin an apprenticeship or start a small business;
- Connect with local employers, trade unions, industry representatives, training agencies and small business to discover opportunities for which students may be eligible;

Explore post-secondary pathways and potential career opportunities.

Transportation and lunch will be provided for all registered students, and they will be supervised by teachers from their high school. Please make sure your son/daughter contacts a teacher in one of the following departments to request to be registered for the conference: Co-op, Guidance, Personalized Alternative Education, Student Success or Technology. Spaces are limited, and students must be registered by Monday, May 7th, 2018.

FAST TRACK

EXPLORE YOUR FUTURE

GRADE 12 STUDENT CONFERENCE CELEBRATE YOUR SUCCESS – YOU MADE IT!

WHO?

GRADE 12 GRADUATING STUDENTS entering the workforce, apprenticeship and/or starting your own small business.

WHAT?

CELEBRATE YOUR SUCCESS – YOU MADE IT!

- Become informed about local services to prepare you for entry to the workplace, begin an apprenticeship or start a small business.
- Explore different pathways and career opportunities to help you start out after high school.

NEW FOR THIS YEAR— PATHWAYS & CAREER EXPO!

- Connect directly with local employers, trade unions, industry representatives, small business supports, and post-secondary programs to discover opportunities for which you may be eligible.

WHERE?

EDWARD VILLAGE HOTEL, MARKHAM

WHEN?

**TUESDAY, MAY 22, 2018
9:00 AM TO 2:30 PM**

HOW?

REGISTER TODAY! SEE YOUR GUIDANCE, CO-OP, PAE, TECHNOLOGY OR STUDENT SUCCESS TEACHER



YORK REGION DISTRICT SCHOOL BOARD



EQUITY AND INCLUSIVITY ADVISORY COMMITTEE (EIAC) ANTISEMITISM SUB-COMMITTEE

You are invited to attend a community consultation regarding:

Antisemitism at YRDSB schools

We are seeking youth, families and community members to provide input related to antisemitism in York Region public schools. EIAC will be providing recommendations to the board based on these consultations.

There are three community consultations hosted by York Region District School Board's Equity and Inclusivity Advisory Committee. Please join us.

April 29	9:45 – 11:45am	Thornhill Woods PS, 341 Thornhill Woods Drive, Thornhill, ON L4J 8V6
May 10	7pm – 9pm	Richmond Green SS, 1 William Bell Parkway, Richmond Hill, ON L4S 2T9
May 16	7pm – 9pm	Dr John M Denison SS, 135 Bristol Road, Newmarket, ON L3Y 8J7

[Registration online is preferred however not mandatory.](#)

For more information, accessibility, childminding, transportation or translation requirements, please contact:

Freyja Phillips by email at: freya.phillips@yrdsb.ca

Light kosher refreshments will be provided.

**Do you want to show school
spirit and donate to an
excellent cause?**



**For a limited time
only,
WESTMOUNT
VS.
EVERYBODY**

**t-shirts will be
available on cash-
online for \$10.00**

**All proceeds will be donated to
Relay for Life to support the
Canadian Cancer Society.**



WESTMOUNT APPAREL



Hype Pull-On Hoodie



Black Fitted Mid Profile Cap



Long Sleeve Shirt



Short Sleeve T-Shirts



Black Knit Skull Cap



Hooded Sweatshirt

Please load student card with Mr. Coates for total purchase amount at Bare Necessities, Monday-Friday 8:15-8:35 am and 12:30-12:45 pm - then submit order form and make final purchase (with student card) at Bare Necessities with student employee. Please choose sizes carefully. All orders are made to order. Sizing samples are available at Bare Necessities.



Westmount Collegiate Institute - Apparel 2018

Student Name: _____

Daytime Phone #: _____ Period 2 Teacher: _____



Hype Pull-Over Hoodie

100% Performance Polyester
Fleece With Full Front
Decoration

100% Premium Fully
Embroidered Logo

	S	M	L	XL	2XL
Black Marle					
Black					
White					

x \$65.00

Personalization

to appear on lower back
(First Name or Last Name)

x \$7.00

TOTAL: _____



Hooded Sweatshirt

50/50 Cotton/Polyester
2 Colour Imprint Front Logo

	S	M	L	XL	2XL
Dark Heather					
Black					
White					

x \$35.00

Personalization

to appear on lower back
(First Name or Last Name)

x \$7.00

TOTAL: _____



Long Sleeve Shirt

100% Cotton
2 Colour Imprint Front Logo

	S	M	L	XL	2XL
Dark Heather					
Black					
White					

x \$20.00

Personalization

to appear on lower back
(First Name or Last Name)

x \$7.00

TOTAL: _____



Short Sleeve T-Shirt

100% Cotton
2 Colour Imprint Front Logo

	S	M	L	XL	2XL
Dark Heather					
Black					
White					

x \$15.00

Personalization

to appear on lower back
(First Name or Last Name)

x \$7.00

TOTAL: _____



Black Knit Skull Cap

100% Cotton
Embroidered Front Logo

QTY: _____ x \$18.00

TOTAL: _____



Black Fitted Mid Profile Cap

97/3 Washed Cotton/Spandex Twill
Embroidered Front Logo

QTY: _____ x \$20.00

TOTAL: _____

GRAND TOTAL

Prices include all applicable taxes



Parent, Family and Community Engagement Advisory Committee (PEAC)

Call for Membership Applications

Online Applications Begin: **May 1, 2018**

Online Applications Close: **June 15, 2018**

Available Positions

A. York Region District School Board (YRDSB) invites parents/guardians of students attending schools in the following areas:

- Central – ONE Elementary Position
- North – ONE Elementary Position
- West – ONE Elementary Position and ONE Secondary Position
- East – ONE Elementary Position

Membership is available for one-year or two-years on the Parent, Family and Community Engagement Advisory Committee (PEAC) to commence in November 2018. The Board will approve membership terms, as required. There are currently five (5) positions available. (To check the respective areas that schools are in use our [school locator](#).)

B. York Region District School Board invites one (1) community member from any part of the region to participate as an advisor for a term of up to four (4) years.

- Regional – ONE Position – Not required to have child/ren in school

PEAC supports encourages and enhances parent engagement at the Board level in order to improve student achievement and well-being. PEAC does this by providing information and advice on parent engagement to the Board, communicating with and supporting school councils and undertaking activities to help parents support their children's learning. The Committee's mandate is to:

- a) develop strategies and initiatives that the Board and the Board's Director of Education could use to effectively communicate with parents/guardians and to effectively engage parents/guardians in improving student achievement and well-being.
- b) advise the Board and the Director of Education on ways to use the strategies and initiatives referred to above.
- c) communicate information from the Ministry to school councils of schools of the Board and to parents/guardians of pupils of the Board.
- d) work with school councils of schools of the Board and, through the Board's Director of Education, with employees of the Board to;

- i. share effective practices to help engage parents/guardians, especially parents/guardians who may find engagement challenging, in their children's learning.
 - ii. identify and reduce barriers to parent engagement.
 - iii. help ensure that schools of the Board create a welcoming environment for parents/guardians of its pupils.
 - iv. develop skills and acquire knowledge that will assist the Parent, Family and Community Engagement Advisory Committee and school councils of the Board with their work.
- e) determine, in consultation with the Board's Director of Education and in keeping with the Board's policies and procedures, how funding, if any, provided under the Education Act for parent involvement is reported.

The Parent, Family and Community Engagement Committee (PEAC) is established according to Ministry legislation and members must be prepared to attend each meeting. PEAC meetings are generally scheduled on the second Tuesday of the month. Members are required to attend a minimum of six meetings and will have opportunities to participate in other workshops and events. The first meeting date for the new membership is November 13, 2018.

PEAC is composed of:

- 12 parents/guardians (2 Elementary and 1 Secondary for each Community Education Center)
- 1 Director of Education or Designate
- 1 Trustee and 1 alternate
- 1 Special Education Advisory Committee member
- 1 Equity and Inclusivity Advisory Committee member
- 1 Community Member at Large

Members are selected based on principles of representation that include diversity in all its manifestations, a variety of skills, experiences, location and knowledge. The contents of the Membership Applications are kept strictly confidential.

Two references are required, one of whom should be any YRDSB staff member. Parents/guardians who are also employees of the Board are asked to self-identify when applying. References are kept strictly confidential.

Further information about the role of PEAC may be found at the Ontario Ministry of Education website [School Councils and Parent Involvement Committees](#). Parents/guardians interested in serving as a member of PEAC are asked to submit an electronic application between **May 1, 2018** and **June 15, 2018** (final deadline) using the on-line [Application Form](#) or calling Education and Community Services at 905 727-0022 ext 2242 to submit a paper application.



groups & workshops

MAY 2018

For more information or to register please call Shawna Sidney at 416-638-7800 x 6215 or visit our website at jfandcs.com/groups

As with all of our programs, registration is required. Our groups and workshops are open to all members of the community regardless of cultural, religious and/or racial background and we offer a sliding scale for those who require fee reductions.

THE CHALLENGE OF ANGER FOR WOMEN

A six session group for women who want to learn how to express their anger in an assertive, non-aggressive way. Topics include: understanding what triggers your anger; emotional and physical responses to anger and alternative techniques to express your anger.

Wednesday, May 2, 2018
1:30pm to 3:00pm
4600 Bathurst St
Lipa Green Centre

MIND, BODY, CONNECTION for Women PART 1

Join us in a six session group for women who want to begin learning the practice of mindfulness and meditation in a safe and supportive group setting. Topics will include: stress and anxiety reduction, connecting with your mind and body, enhancing your self-worth and self-esteem, and learning about general relaxation and happiness.

Wednesday, May 2, 2018
2:00pm to 3:30pm OR
7:00pm to 8:30pm
4600 Bathurst St
Lipa Green Centre

WIDOW/WIDOWERS over 65+ BEREAVEMENT

A six session daytime group for men and women over 65 years of age and who have recently lost a partner or spouse. Topics to be discussed may include: coping with grief, living with loneliness, changing relationships, and new beginnings.

Thursday, May 3, 2018
1:30pm to 3:00pm
4600 Bathurst St
Lipa Green Centre

MIND BODY CONNECTION FOR WOMEN PART 2 * BRAND NEW*

Join us for a 6 session series that continues building on the practice of Mindfulness for those who have already taken the part 1 group. Topics include: reducing stress and anxiety; gaining insights into limiting thoughts and habits; exploring self-worth and self-esteem; fostering positivity and happiness.

Thursday, May 3 | 2-3:30pm
4600 Bathurst St
OR
Tuesday, May 8 | 6:30-8pm
35 Madison Ave

LIVING WITH TEENS

Parenting your adolescent without losing your cool. A six session group for parents of teenagers. Topics include: setting appropriate limits; learning to let go; parents rights and responsibilities; keeping the lines of communication open; realistic expectations, and the pressures of drugs, alcohol, dating and sexuality.

Thursday, May 3, 2018
7:30pm to 9:00pm
4600 Bathurst St
Lipa Green Centre

MIND BODY CONNECTION FOR MEN * BRAND NEW*

Join us for this brand new 6 session program for men who want to learn mindfulness and meditation in a safe and supportive group setting. Topics will include: stress and anxiety reduction, connecting with your mind and body, self-worth and self-esteem and general relaxation and happiness.

Monday, May 7 | 7:30-9pm
9600 Bathurst St
Lebovic Community Centre
OR
Wednesday, May 9 | 7:30-9pm
4600 Bathurst St
Lipa Green Centre

LIFE SKILLS FOR TODAY'S WOMAN

A six session wellness group for women wanting to discuss relevant issues and wanting to make a change in their lives. Topics include: Time and stress management; building self-esteem; becoming more assertive and improving communication skills.

Wednesday, May 9, 2018
7:00pm to 9:00pm
9600 Bathurst St
Lebovic Community Centre



facebook.com/jfandcs

IT'S NEVER TOO LATE TO DATE

A one session workshop for men and women in midlife (40+) who have been single for 2 or more years and are looking for information on how to nurture a lasting relationship. Topics include: dating myths and facts, the 5 stages of dating, the difference between the dating behaviours of men and women.

Tuesday, May 15, 2018
7:00pm to 9:30pm
4600 Bathurst St
Lipa Green Centre

EFFECTIVE PARENTING

A four session group to help parents of children ages 2 to 10 years, learn what they can do to raise a happy, motivated and well behaved child. Topics include: how to; nurture self- esteem, encourage problem solving, increase communication and set appropriate limits and discipline.

Wednesday, May 16, 2018
7:00pm to 9:00pm
4600 Bathurst St
Lipa Green Centre

PARENTING THE CHILD/TEEN WITH ADHD

This is a four week group for parents of children/teens diagnosed with ADHD who are wanting to learn more about ADHD and develop strategies for assisting their children at home and at school.

Thursday, May 17, 2018
7:00pm to 9:00pm
4600 Bathurst St
Lipa Green Centre

JUNE 2018

Su	Mon	Tue	Wed	Thu	Fri	Sa
					1 * Drama Show	2
3	4 * Extra Grad ticket sales * Dance Rehearsal * Venture Week * Grade 9 Arts Drama Musical (Playhouse) 7:30 p.m.	5 * Dance Show * Venture Week	6 * School Council * Dance Show * Venture Week	7 * Springfest * Venture Week	8 * Venture Week	9
10	11 * Gr. 9 EQAO * Yearbook Distribution (P1 only)	12 * Gr. 9 EQAO	13 * Grd 9 EQAO(back up date) * Grade 10 ARTS Drama performances (evening) * Spirit Day - WCI Day Dress Up: Wear school colours	14 * Gr. 10 Arts drama—Studio 150 at 7:30 PM	15	16
17	18 * Sem 2 Gr. 12 Exams (Period 4)	19 * Sem 2 Gr. 12 Exams (Period 3)	20 * Period 1 Exams (Grades 9 - 12)	21 * Period 5 Exams (Grades 9 - 12)	22 * Period 2 Exams (Grades 9 - 12)	23
24	25 * Period 3 Exams (Grade 9 -11)	26 * Period 4 Exams (Grade 9-11) * Graduation Ceremony	27 * Exam Feedback Day	28 PA Day	29 PA Day	30

SCHOOL BUS CANCELLATION NOTICE

Please remember that if the school buses are cancelled in the morning, then they will NOT operate in the afternoon. Therefore, if you drive your children to school in the morning, you must also pick them up from school at 3:50 p.m. When buses are cancelled, it does not necessarily mean that schools are closed. Schools usually remain open with a modified program. To find out whether or not the buses are cancelled, please check the following website: www.schoolbuscity.com or access the following radio or television stations:

Radio

CFRB 1010 AM	CHUM 1050 AM	CHUM 104.5	CHIN 1540 AM	NEWS 680 AM
CJEZ 97.3	CKDX 88.5 AM	CHFI 98.1 FM	CHIN 100.7	CBC 99.1 FM
CKFM 99.9 FM	Q107.1 FM			

Television

CITY TV, CFTO TV, THE WEATHER CHANNEL

A bus cancellation message will also be available at 1-877-330-3001.

