

Sir Wilfrid Laurier PS = Parent Library BOOK LIST 2014-2015

| <u>Subject Area</u>      | <u>Titles and Authors</u>   |
|--------------------------|---|
| Anger<br>Intense child   | <b>The Explosive Child</b> (R. Green) 2010<br><b>Raising your Spirited Child</b> – Guide for more intense, sensitive, perceptive, energetic child (2006)  |
| Anxiety/ Depression      | <b>Is your child depressed? Answers to your toughest questions</b> (Naparstek) 2005<br><b>Your anxious child, how parents and teachers can relieve anxiety in children</b> (J. Dacy) 2000   |
| Bereavement              | <b>Parenting through Crisis</b> – helping kids in times of loss and grief (B. Coloroso) 2000  |
| Books                    | <b>Chapters Guide to Children's Books</b> 1998 donated  |
| Boys                     | <b>It's a boy</b> understanding your son's development from birth to age 18 (M. Thompson) 2008  |
| Bullying (incl. CD)      | <b>No kidding about Bullying</b> 125 read to use activities 2010 + CD   |
| Communication            | <b>How to Talk So Kids Will Listen &amp; Listen So Kids Will Talk</b> (Faber & Mazlish) 2012<br><b>50 rules kids won't learn in school</b> (C. Sykes) 2007<br><b>Put Yourself in Their Shoes</b> – Understand how your child sees the world (B Meltz) 1999 donated  |
| Confidence / self esteem | <b>Free Range Kids</b> – How to raise safe, self reliant children (L. Skenazy) 2010<br><b>The Self Esteem trap</b> raising confident &compassionate kids (P.Eisendrath) 2009<br>CD - <b>The Gifts of Imperfect Parenting</b> – Raising Children courage, compassion, connection (2013)  |
| Culture–3 language       | <b>Growing Up With 3 Languages: Birth to Eleven</b> (Xiao-lei Wang) 2008  |
| Discipline               | <b>Raising Kids without raising your voice</b> (S. Radcliffe) 2009<br><b>Honey I wrecked the Kids</b> (A. Schaefer) 2009 donated<br><b>Kids, Parents and Power Struggles</b> (M. Kurcinka) 2000 donated<br><b>Kids Are Worth It</b> – Giving your child the gift of inner discipline (B. Coloroso) 1995 donated<br><b>Easy To Love Difficult to Discipline</b> – The 7 Basic Skills for turning Conflict into Cooperation(2001) |
| Divorce                  | <b>Parenting apart</b> - How separated and divorced parents can raise happy and secure kids (C. McGhee) 2010  |
| Family                   | <b>Equally Shared Parenting</b> rewriting the rules of a new generation of parents (Vachon) 2011  |
| French learning CD       | <b>Living Language Complete French Living Language / 2010 – booklet and 3 CDs per level</b><br><br>Please circle:        ESSENTIAL            INTERMEDIATE            ADVANCED<br>125,126,127            128,129,130            131,132,133   |
| Gifted                   | <b>Parenting Gifted Children – A guidebook</b> (D. Treffinger) 2010   |
| Happiness                | <b>Beyond Smart</b> Boosting your child's academic, social and emotional potential (L. Morgan) 2010<br><b>Have you filled a bucket today?</b> Children's book (C.Mccloud) 2007 -- This heartwarming book encourages positive behaviour as children see how very easy and rewarding it is to express kindness, appreciation and love on a daily basis.   |
| Illness                  | <b>Living with Childhood Cancer – Practical guide to help parents cope</b> (Woznick) 2002   |
| Learning Tips            | <b>How to Talk so Kids Can Learn</b> at home and in school (Faber & Mazlish)1995 + CD   |

|                         | A Mind at a Time – America's top learning expert shows how every child can succeed (Levine) 2002   |
|-------------------------|--|
| <b>Subject Area</b>     | <b>Titles and Authors for 2013-2014</b>  |
| Learning Disabilities   | Learning Disabilities: A to Z A complete guide from preschool to adulthood (C. Smith) 2010<br>The ADD & ADHD Answer Book Professional answers to 275 top questions (S. Ashley) 2005<br>The Kid friendly ADHD and Autism Cookbook – the gluten free Casein free diet (2009)   |
| Manners                 | 365 Manners Kids should know (S. Eberly) 2011<br>Just Because It is not Wrong doesn't make it Right (B. Coloroso) 2005 donated   |
| Nutrition               | Good Food to Go - Healthy lunches your kids will eat and love (B. Bradshaw) 2011<br>What's eating your child–The hidden connection bet. food & childhood ailments<br>Secrets of Feeding a Healthy Family – How to eat, How to raise good eaters, how to cook (2008) Satter<br>The Eat Clean Diet for Family and Kids –Simple strategies for health & fitness (2008) Reno<br>Red Light, Green Light, Eat Right – The food solution that lets kids be kids (2009) Dolgoff<br>The Sneaky Chef – Simple strategies for hiding healthy foods in favourite meals (2007) Lapine<br>The Sneaky Chef to the Rescue – 101 all new recipes and Sneaky tricks (2009)<br>The Speedy Sneaky Chef – Quick healthy fixes for favourite packaged foods (2011) |
| Only Child              | The Case for the Only Child (S Newman PhD) 2011  |
| Peer Pressure           | Hold on to your kids – Why Parents need to matter more than peers(2005) Mate   |
| Responsibility          | CD - Duct Tape Parenting – Teach them well and let them go (2013)  |
| Self Image and Weight   | Body Image and Appearance – The Ultimate Teen Guide (K. Gay) 2009<br>Your Childs Weight – Helping without Harming (2005) Satter<br>A Parents Guide to Childhood Obesity – A Roadmap to health (2006)   |
| Single Parenting        | Single parenting that works: 6 Keys to raising happy healthy children in a single parent home (K Leman) 2006   |
| Shyness and Sensitivity | Nurturing the Shy Child, practical help for raising confident /socially skilled kids/teens (G, Markway PhD) 2006<br>The Highly intuitive Child, A guide to understanding/parenting sensitive & empathetic kids (Crawford) 2009   |
| Sleeping habits         | Healthy Sleep Habits, Happy Child from infant to teen (Marc Wiessbluth) 1999   |
| Stress                  | Parenting your Stressed Child - 10 practices to help your child manage stress (M. Bailey) 2011<br>Organizing the disorganized child- simple strategies to succeed in school 2009<br>That crumpled paper was due last week – Helping distracted boys succeed in school/ life.(Homayoun)2010   |
| Tweens and Teens        | How to raise a drug free kid – the straight dope for parents (J. Califano) 2009<br>How to talk so Teens will listen and listen so teens will talk (2006)<br>How to hug a Porcupine- Negotiating the prickly points of the Tween years (2008) Rosi  |
| Technology              | Talking back to Facebook – The Guide to raising kids in the Digital Age (2012)<br>Teens gone wired – Are you ready? (L Green) 2011   |
| Values                  | The Entitlement Trap – How to rescue your child with a new family system of choosing, earning (2011)<br>Nurtureshock – New thinking about Children (2011) Bronson  |